

Boys basketball

Bensalem defeats Neshaminy. **C3**

SPORTS



Okafor working to regain offensive form

By TOM MOORE
STAFF WRITER

PHILADELPHIA — Jahlil Okafor's recent on-court struggles are strictly due to his off-court issues. That was 76ers' coach Brett Brown's assessment of his rookie center following Wednesday's practice in preparation for Thursday's game against the Nets in Brooklyn. "He's gone through a hell of a hard time — the most dramatic

time, I'm sure, of his life," Brown said. "To think that's not going to impact how you're going to play in front of 18,000 people and be on national TV again and put yourself out there where you're scrutinized in your performance is quite naive, I think."

In the four games since getting into a pair of fights on the streets of Boston early Thanksgiving morning, Okafor is shooting 16-for-51

SIXERS



from the field (31.4 percent) and averaging 10.5 points. He averaged 18.4 points and shot 47.5 percent in his first 16 outings. The Sixers suspended Okafor on Dec. 2 for two games, then Okafor was getting over a chest cold during his return in Monday's 51-point home loss to the Spurs. Okafor went 3-for-14 with 10 points against San Antonio, which rested one of his idols, Tim Duncan.

"I wouldn't call it a slump or anything like that," Okafor said. "I think it's fine. It's all part of the process." While his low-post skills and size (6-foot-11, 265 pounds) would seem to make Okafor's natural position at center, Brown believes Okafor is more versatile than that at the offensive end. "In my heart of hearts, I feel like he's almost more of a 4-man of the (Karl) Malone-, (Carlos) Boozer-type than he is Al Jefferson," Brown

said. "Finding him a home, putting him at an elbow are all things that are on my mind to help Jahlil ultimately grow to. Right now, the league is scouting him and the world he lives in and they're doing a good job of guarding him." Brown said guard Tony Wroten, who has played two games since returning from ACL surgery, would be limited to 16 minutes Thursday but sit out Friday's home date with the Pistons. See **SIXERS**, Page **C5**



PHOTOS BY WILLIAM THOMAS CAIN / FOR THE COURIER TIMES
Pennsbury's Nicole Costello placed second in last year's District One meet.

Raising the bar

Diver Nicole Costello hopes to lead Pennsbury girls to great heights.

By KAREN SANGILLO
STAFF WRITER

Nicole Costello is always aiming higher. The Pennsbury junior is ready for her third season of diving and hopes to improve on what has already been a standout career. Last year, she was the Suburban One League National Conference champion with a meet-record score of 534.60 points. She went on to take second at the District One Class AAA competition and finished sixth at the PIAA meet. "Honestly, I was surprised by how well last year turned out for me," Costello said. "I had a good season." But for Costello, improvement isn't about where she places. "I'd like to raise the bar," she said. "I want to do harder dives in competition and earn higher scores. I think if you do those things, then the places will



Swimming preview, **C2**

just come. I think it's good to keep trying new dives that are more difficult. That's what helps you improve as a diver. I think it makes the sport more interesting." Costello took second at the District One meet to North Penn's Marie Yacopino. "Marie is back this year and she's going to be tough to beat, but that's what makes it interesting," Costello said. "In fact, there's a lot of good competition in our district. I'm looking forward to that challenge." Pennsbury has a solid group of returnees and some good newcomers. Last year, the Falcons were tied with Council Rock North heading into the conference meet. CR North ended up with the league trophy, but Pennsbury See **COSTELLO**, Page **C2**

McCoy plans to avoid Kelly

By ED KRACZ
STAFF WRITER

PHILADELPHIA — It's going to be quite the reunion when LeSean McCoy returns home Sunday with the Buffalo Bills.

There will be a hug for Duce Staley, his former running backs coach. Hearty handshakes for a few former teammates and assistant coaches. Some conversation with owner Jeffrey Lurie. For Chip Kelly, there will be nothing at all. McCoy, who played six seasons with the Eagles and became the team's all-time leading rusher, said he won't even shake hands with his former coach prior to the 1 p.m. kickoff between the Birds and Bills at Lincoln Financial Field. "For what?" McCoy said during a conference call with Philadelphia media Wednesday. "What are we shaking hands for? We've got nothing to shake hands for. There's some dudes over there I'm going to shake their hands. And (owner Jeffrey) Lurie. I'm probably going to talk to Lurie for a little bit. A couple different coaches. A lot of players over there that I'm still tight with. I'm going to give Duce a big hug. But yeah, that's pretty much it." McCoy was asked why Kelly will be given the cold shoulder. "What are we shaking hands for?" he said. "I have nothing See **EAGLES**, Page **C4**



Bills at Eagles
Sunday
1 p.m.
TV: CBS



ED ZURGA / ASSOCIATED PRESS
(File) Bills running back LeSean McCoy runs for a touchdown against the Chiefs' Marcus Peters on Nov. 29.

Phillies beat writer Kevin Cooney is in Nashville all week covering the Baseball Winter Meetings. He will have two daily video reports at buckscounty.couriertimes.com that will be posted at 1 and 7:30 p.m. Stay tuned all week.

ON C5

Phils appear ready to select Rays outfielder with top Rule 5 pick.

Giles traded to Astros for 4 players, pending physicals

By KEVIN COONEY
STAFF WRITER

NASHVILLE — The sun rose on Wednesday morning in Nashville with the Phillies adding a power throwing right-hander to the back end of their bullpen. By the time the sun faded and the couple of million Christmas lights lit up the Opryland hotel on the final full day of Baseball's Winter Meetings, it appeared that another fireballer was on his way

PHILLIES

out the door. In the biggest move of this offseason, the Phillies traded 24-year-old closer Ken Giles to the Houston Astros on Wednesday evening for three pitching prospects and a minor league outfielder. The deal is not yet official, as team sources indicated that

physicals must be completed. But in exchange for Giles, the Phillies will get pitchers Vincent Velasquez and Brett Oberholtzer, along with outfielder Derek Fisher. A fourth player — believed to be a pitcher — will be named later. But it is complete barring any unforeseen circumstances. The Phillies' new closer would appear to be David Hernandez, who signed a one-year free agent

contract Wednesday morning with the club. Financial terms on the contract for the 30-year-old were not announced, but it was reported by Yahoo! Sports that the contract was worth \$3.9 million with incentives for games finished. The trade is a calculated risk. Giles seemed to respond well to being the closer after Jonathan See **PHILLIES**, Page **C5**

Boys basketball

Quakertown falls to Emmaus. **C5**

SPORTS



Vare earns state player of year honors

By TODD THORPE
STAFF WRITER

His team went 26-0 and won the program's first PIAA championship. He scored 42 goals on the season, and the final one was spectacular in the first half of the state championship game against Seneca Valley last month. Postseason honors are nothing new for Central Bucks East senior Evan Vare, but last week, he learned that more were headed his way. For the second straight year, the Lafayette commit received

BOYS SOCCER

Pennsylvania Soccer Coaches Association honors, and NSCAA Region II All-American honors. This season, however, Vare was one of three Pennsylvania players selected to the national All-America team, and he was also named the state's player of the year. "Coach (Mike) Gorni called me a week ago and told me," said Vare on

Wednesday night from North Carolina, where he is playing with his club team Lehigh Valley United this weekend. "I was shocked when I found out I got player of the year for Pennsylvania. "It's a huge honor. I'm so thankful for my teammates. I couldn't have done what I did without my teammates. They believed in me, and without them, we couldn't have had the success that we did." Vare has some CB East company in See **VARE**, Page **C5**



Evan Vare
INTELLIGENCER
FILE PHOTO



PHOTOS BY WILLIAM THOMAS CAIN / FOR THE INTELLIGENCER
Pennridge's Brittany Weiss' favorite event is the butterfly.

Golden thoughts

Pennridge's Brittany Weiss is looking to move up a spot on the PIAA medal stand.



Coach Jacob Grant says Weiss is versatile and can score a lot of points in many different events.

By BILL KEEN
STAFF WRITER

PERKASIE — The good thing about finishing second at states is that you'll be going home with a medal. The bad thing is it's not the gold one. Her whisker-thin loss in the finals of the butterfly at last season's PIAA Class AAA swimming championships has occupied Pennridge senior Brittany Weiss' thoughts since practice began in November. The fly is more than just another race. "My favorite event is the butterfly," said Weiss, although that wasn't the case in the beginning. "The first time I swam it, I was probably 8 years old. When I was put in it, I cried, because

See **WEISS**, Page **C4**

Swimming
preview, **C4**

McCoy plans to bypass Kelly

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See **EAGLES**, Page **C3**



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Video online



ED ZURGA / ASSOCIATED PRESS
(File) Bills running back LeSean McCoy runs for a touchdown against the Chiefs' Marcus Peters on Nov. 29.

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ON C6

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PHILLIES

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The trade is a calculated risk. Giles seemed to respond well to being the closer after Jonathan Papelbon was traded to the Nationals at the July 31 deadline.

See **PHILLIES**, Page **C6**

GIRLS SWIMMING PREVIEW: 2015-16

TEAM CAPSULES

Abington

Coach: Joe Lennon (17th year)
Last year: 7-4 (3-3 SOL National)
Key performers: Jr. Allison Erwin (freestyle, backstroke, breaststroke); Sr. Emma O’Neil (freestyle, butterfly); Jr. Emma Serianni (freestyle, butterfly, backstroke); Fr. Kailey Horton (freestyle, backstroke); Fr. Catherine Brown (freestyle, backstroke)

The season: A large freshman class will add to the depth lost to graduation. Several girls who just missed qualifying for districts last season should get there for a team that’s only getting stronger.

Archbishop Wood

Coach: Charlie Stillwell (20th year)
Last year: 10-1 (8-0 PCL, District 12 AA champs)
Key performers: Sr. Katharine Buliga (distance freestyle, backstroke); Sr. Caitlin Bedesem (butterfly, distance freestyle); Sr. Megan Cook (distance freestyle); Sr. MaryGrace McDonald (sprint freestyle); So. Aubrey McDonough (backstroke, breaststroke, individual medley); Sr. Taylor Goldstein (backstroke); Sr. Kaeleigh Mahon (sprint freestyle, butterfly); So. Molly Prior (sprint freestyle).

The season: Coming off last season’s fantastic showing, the Vikings are looking to repeat in the league and the district. It may not be as easy, but it says here they should get the job done.

Central Bucks East

Coach: Tom Kane (40th year)
Last year: 8-3
Key performers: Sr. Tara Weber (freestyle); Sr. Summer Holland (backstroke); Sr. Iona Einset (distance free); Jr. Kirsten Mortimer (freestyle, individual medley); Jr. Erin Lengel (freestyle, butterfly, backstroke); Jr. Kylene Gillick (diving); So. Stephanie Chell (freestyle, individual medley); So. Caroline Cassidy (individual medley, backstroke, butterfly)

The season: Some very talented seniors graduated, but this is a team determined to continue the program’s record of excellence in the league and district. Some promising freshmen will fill the gaps and help keep the Patriots in the hunt for gold.

Central Bucks South

Coach: Kevin Whelan (third year)
Last year: 8-4
Key performers: Sr. Amanda Keagy (freestyle, butterfly); Sr. Bethany Matsick (breaststroke, individual medley); Sr. Lauren McCarthy (sprint free); Sr. Sam Mrozinski (breaststroke); Sr. Lindsay Steinberg (backstroke, butterfly, individual medley); Jr. Natalie Keck (butterfly, freestyle); So. Maggie Hiegl (butterfly, freestyle); So. Elizabeth Pluznyk (freestyle)

The season: Last season was a record-setter for the Titans, one the returning letter-winners are determined to repeat or better. There is depth and talent aplenty on a team that bears watching.

Central Bucks West

Coach: Vibeke Swanson (25th year)
Last year: 4-7
Key performers: Sr. Collette Strong (backstroke, individual medley, 100 free); Jr. Sarah Stim (diving); Sr. Jackie McDowell

WHAT TO LOOK FOR THIS SEASON ...

5 SWIMMERS TO WATCH (listed alphabetically)

Karli Carminati, Germantown Academy: She is the latest in the long line of Patriots who won the 500 freestyle at Easterns. She took home the gold last season and was third in the 200 free. And she’s only a junior.

Morgan Scott, Pennridge: She exploded on the high school scene in her freshman season, winning gold in both the 100 and 200 free at districts and finishing second in both at states. The sky’s the limit.

Allie Szekely, Gwynedd Mercy Academy: The six-time District One AA champion has four golds to her credit at the PIAA meet. It will be a huge upset if she doesn’t double in both during her final high school season.

Brittany Weiss, Pennridge: She’s extremely familiar with the awards podium at districts and states, but she has yet to visit the highest step. Judging from the intensity of her workouts, odds are heavily in her favor that she’s going to get there.

Marie Yacopino, North Penn: She’s been the area’s finest diver in districts each of her first three seasons. The only color medal she has failed to bring back from states is gold. Her final try should take care of that.

(freestyle, backstroke, butterfly); Sr. Tricia Mulligan (butterfly, individual medley); So. Katie Button (distance free, backstroke); So. Rileigh Thompson (breaststroke, individual medley); So. Meghan Sampson (breaststroke, butterfly, individual medley); Jr. Lizzie Gallagher (distance free, breaststroke)

The season: The team is working extremely hard in the preseason to get back to where it was a few years ago. Nobody will outwork the Bucks, but it remains to be seen how much they can improve on last year’s record.

Germantown Academy

Coach: Jeff Thompson (second year)
Last year: 7-1
Key performers: Sr. Katie Aemisegger (50 free); Jr. Karlee Carminati (distance free); Jr. Lauren Henasey (butterfly, freestyle); Fr. Erin Merke (sprint free, backstroke, butterfly); Sr. McKensie Meyer (individual medley, butterfly); So. Caroline Osman (backstroke, 200 free); Jr. Alaina Schulman (diving); Sr. Laura Brown (sprint free)

The season: Graduation took the last of the powerhouse lineup of the past three seasons, but this is still a team that has a lot of talent. They might not win as many duals, but they’ll be a force at Easterns.

Gwynedd Mercy Academy

Coach: Maura Gillies (second year)
Last year: 6-4 (second at states)

5 TEAMS TO WATCH (in order of predicted strength)

North Penn: For dual meets as well as postseason competition, nobody does it better than the Maidens. They graduated some talented swimmers, but they have talented swimmers to replace them.

Pennridge: The Rams have the firepower to not only win the team title at districts, but at states as well. They may not dominate in dual meets, but nobody has a stronger group tailor-made for the postseason.

Germantown Academy: This group may not have the talent level of its immediate predecessors, but tradition is enough to drive them to make major strides as the season progresses. They’ll be a force at Easterns.

Gwynedd Mercy Academy: Pure and simple, the Monarchs are loaded. Last season’s state silver-medal team is a heavy favorite to win it, after they take care of business and dominate the District One Class AA meet.

Archbishop Wood: Running roughshod over the Philadelphia Catholic League may not be as easy as last season, but the Vikings are determined to give it a try. Undeclared or not, they should win the District 12 meet and take a large group to states.

5 MEETS TO WATCH

Upper Moreland at Lower Moreland, Tuesday, 3:30 p.m.: It’s always a fun meet to watch when the “two Morelands” face off. The Golden Bears are young, and a win here would give them a boost as they head toward the league season.

Upper Dublin at North Penn, Dec. 17, 6 p.m.: The Maidens have had the better of the Trojans the last few seasons, but this early season showdown will be a great one for diehard fans to see.

Central Bucks East at North Penn, Jan. 8, 3:45 p.m.: The start of the new year will feature this old-fashioned donnybrook for the Patriots. Good competition makes a team better, and nobody is better than the Maidens.

Souderton at Pennridge, Jan. 15, 3:30 p.m.: These two have had some memorable meetings over the years, and the Indians will be ready, knowing the Rams will be favored. Mark this one in your date book.

Gwynedd Mercy at Villa Maria, Jan. 16, 3:30 p.m.: The cream of District One’s Class AA crop go head-to-head in a dual-meet battle that is a must see for anybody who wants to scope out the postseason.

Key performers: Sr. Allie Szekely (backstroke); Jr. Steph Szekely (distance freestyle); Sr. Hannah Blaser (sprint free); Fr. Annie O’Dare (breaststroke)

The season: Led by Allie Szekely, one of the nation’s finest high school swimmers, the Monarchs are ready to have a banner year. The main goal is to see more girls qualify for states, which could make this the team to beat when they get there.

Hatboro-Horsham

Coach: Kip Emig (25th year)
Last year: 12-2

Key performers: Sr. Barb Schmele (individual medley); Sr. Grace Emig (sprint free); Sr. Elyse Bedics (freestyle); Jr. Colleen Claggett (sprint free); Jr. Grace Riemenschneider (butterfly); Jr. Sophie Stasio (utility); Jr. Katie Moore (individual medley, breaststroke); Jr. Amber McElrath (diving); Jr. Marlee Murry (freestyle)

The season: With a solid group of returning vets from a team that has won 24 dual meets over the past two seasons, the Hatters again look to be one of the area’s best and a safe bet to be well represented at states.

Lansdale Catholic

Coach: Bob Birnbrauer (21st year)
Last year: 2-5

Key performers: Sr. Cassidy Fries (breaststroke); Jr. Courtney Fries (backstroke, freestyle); So. Hailey Gianoni (individual medley, butterfly, freestyle); So. Samantha Razzi

(freestyle, butterfly); So. Lauren Kristofco (freestyle, breaststroke); So. Madeleine Kulik (freestyle); So. Joey Lamorticello (backstroke); So. Meghan Primus (breaststroke, freestyle); So. Caitlin Courchain (backstroke); So. Talia Gallo (freestyle)

The season: The Crusaders are young, but most of the squad is back, a year older and considerably more determined to have a better season. Several talented newcomers have come aboard and will see immediate action, and that will make the lineup a lot more formidable.

North Penn

Coach: Matt Weiser (eighth year)
Last year: 12-0 (SOL Continental and District One AAA champs, third at states)

Key performers: Sr. Marie Yacopino (diving); Sr. Erin O’Neill (breaststroke); Sr. Leah Brown (freestyle); Sr. Aimee Baur (freestyle); Jr. Kailyn Evans (freestyle, individual medley); So. Megan Zartman (individual medley, backstroke); So. Rachael Fisher (diving)

The season: Seven state qualifiers are back and will be joined by an extremely promising group of freshmen. Translation: The strong get stronger, and the Maidens should make a run at improving last season’s third-place finish at states.

Pennridge

Coach: Jacob Grant (first year)
Last year: 5-6 (second District

One, fourth at states)
Key performers: Sr. Brittany Weiss (breaststroke, butterfly); Sr. Hannah Zurmuhl (sprint free); So. Anna Beno (backstroke); So. Morgan Scott (freestyle); Fr. Reese Trauger (50 free, butterfly)

The season: This is a team that’s built to win a state championship. Four girls who make up two state relay teams are all back, and three of them had second-place finishes at states last season. The Rams are a powerful “tournament team” built for postseason greatness.

Quakertown

Coach: Mike Peters (first year)
Last year: 4-8
Key performers: Sr. Vivian Ha (breaststroke); So. Kaylee Heimes (sprint free); So. Alex Keeny (individual medley)

The season: The Panthers were the surprise team of the season with their 4-8 record. A talented freshman class helped tremendously, and now they’re a year older. This program is on the way up and can no longer be taken lightly.

Souderton

Coach: Caitlyn Warren (fourth year)
Last year: 7-2 (5-2 SOL Continental)
Key performers: Sr. Amber Rogers (distance free); Sr. Ariana Crossgrove (backstroke); Sr. Lauren Harkins (sprint free); Sr. Shannon Hanrahan (freestyle); Sr. Julia Rostron (utility); Sr. Tori Rest (diving); Jr. Emily Hodges (breaststroke, freestyle); So. Jenny Rogers (freestyle, butterfly)

The season: Graduation hit the team hard, but there is a solid group of returning swimmers who look to have sprint free, backstroke and breaststroke covered. If newcomers can fill holes in distance free, this team could surprise.

Upper Moreland

Coach: Mel Rowland (13th year)
Last year: 2-12
Key performers: Sr. Tyneisha Scott (breaststroke, freestyle); Jr. Colleen Rodrigues (diving); So. Kaylee Herman (diving); So. Colleen Davis (butterfly); So. Johanna Spaeter (backstroke); Fr. Anna-Maria Stylianou (backstroke)

The season: Once again, the Golden Bears are hurting in the depth department, but practices have been spirited as the girls have pushed themselves to improve. If past seasons are any indication, this is a team that will peak just in time for the league championships and districts.

William Tennent

Cooach: Meghan Forlini (first year)
Last year: 4-8
Key performers: So. Kirsten Brasch (butterfly, freestyle); So. Mary Mansfield (butterfly, freestyle); Sr. Regan Crognale (breaststroke, freestyle); Sr. Zoe Elliot (backstroke, diving, freestyle); So. Andjelina Blagojevic (freestyle, backstroke); So. Haleigh Leneghan (utility); So. Maya Rojas (breaststroke, freestyle)

The season: The team goal is to drop times and improve in each meet with an eye on a good showing in the postseason.

— Bill Keen



William Thomas Cain / For The Intelligencer
Pennridge’s Brittany Weiss first swam the butterfly at age 8.

Weiss

Continued from Page C1

I was scared. I didn’t want to do it, but I guess it went pretty well and, ever since, it’s been my favorite.”

Considering that she been at it for nearly a decade and that she almost won gold as a junior at Bucknell, she feels she still has things to learn.

“I’m still mastering it; it’s still not where it should be,” Weiss said. “I still have work that needs to be done on it as far as technique, but it’s always been a nice flow and rhythm for me.”

When she isn’t practicing the fly, she’s working on the breaststroke, where she and Central Bucks East’s Hannah Wittman had some memorable battles over the last three years.

With Wittman now at the University of Pittsburgh, their rivalry is a thing of the past. That doesn’t mean Weiss won’t have somebody pushing her.

“I’m going to push myself mentally and physically to make sure I’m going fast and getting

new PRs (personal records),” said Weiss, who will get some help from one of her teammates. “(Sprint freestyle specialist) Hannah Zurmuhl pushes me to go faster. She’s a great training partner and a great friend. I’m thankful for her and that we’re there for each other.”

Weiss has the ability to contend in just about every event, something that makes life easier for new coach Jacob Grant.

“Brittany is very versatile, and she can score a lot of points in a lot of different events,” Grant said. “I have a lot of freshmen coming up that may want to do certain events, so I can put Brittany in pretty much anything to make sure we’re still getting the same amount of points from her.”

There is one other thing that is driving Weiss. She, Zurmuhl and sophomores Morgan Scott and Anna Beno won a silver at states in the medley relay and a bronze in the 400 free relay.

“We’re all very excited that we’re back,” said Weiss, as her smile kept growing larger. “We can’t wait to see what we can do this year.”

Bill Keen: 215-345-3185; e-mail bkeen@caikins.com

Up to the task

SPORTS



William Tennent's Mark Preedy will be leaned on heavily this winter.

By **KAREN SANGILLO**
STAFF WRITER

It is truly a season of change for Mark Preedy.

The senior captain for the William Tennent swim team is the lone returnee from last year's 200-yard freestyle relay that finished 13th at the PIAA Class AAA championships.

In addition to carrying the load in the pool, Preedy has to help lead a team that lost its leader. Head coach Lisa Forlini, at the helm for 25 years, lost an eight-year battle with breast cancer on Nov. 14.

That wound is still fresh. "It's hard to be on the deck without her," Preedy said. "She was so encouraging and a big part of every meet for us. But at the same time she'd want us to move forward so that's what we're trying to do."

See **PREEDY**, Page **B4**

More on B4

- The 5s — a look at the best swimmers, teams and meets this season
- Team-by-team capsules

RICK KINZEL / PHOTOJOURNALIST

Sixers bring in Colangelo

By **TOM MOORE**
STAFF WRITER

PHILADELPHIA — In a surprise to just about everyone, the 76ers hired former USA Basketball Director Jerry Colangelo to be the team's Chairman of Basketball Operations and special adviser to managing owner Josh Harris.

Harris said he initiated the move, which was announced at an afternoon news conference, 10 days ago in an effort to utilize Colangelo's 40-plus years of experience in the game.

Colangelo served as everything from head coach to general manager to chairman/CEO of the Suns during his affiliation there from 1968-2012. The 2004 Naismith Basketball Hall of Fame inductee also led an ownership group that brought the MLB's Arizona Diamondbacks into existence in 1998 and won the World Series in 2001, marking the the quickest an expansion team has won a title.

The USA men's basketball team is 75-1 since Colangelo's arrival and owns a 63-game winning streak dating back to 2006. The Americans won consecutive Olympic gold medals (2008 and 2012) and consecutive World Championship titles (2010 and 2014) for the first time in history.

The 76-year-old Colangelo, a four-time NBA Executive of the Year who plans to remain living in Phoenix, said he likes challenges.

See **76ERS**, Page **B2**



CHRIS SZAGOLA / ASSOCIATED PRESS
76ers managing owner Josh Harris (right) watches Monday's game against the Spurs with special adviser to the managing general partner and Chairman of Basketball Operations Jerry Colangelo. The Sixers were trounced 119-68. **Game story, B2**

Messages getting through to Eagles



Ed Kracz

They wore white from head to toe. Maybe not the best idea given that white is the international sign of surrender.

Except the Eagles stood and fought, doing so in their white jerseys and pants. Nowhere was a white flag to be seen.

When it was over, they were no longer the same red-faced bunch they had been the previous two weeks when they were outscored 90-31 to losing teams named the Bucs and Lions. When it was over, and the Eagles had vanquished a New England Patriots team that rarely loses inside Gillette Stadium 35-28, they found themselves still in the hunt to be one of the final six NFC teams that will qualify for the postseason.

There are still issues that need to be overcome, and one of those on Sunday was that they had trouble closing this one out. You knew Tom Brady wasn't going to go quietly into the chilly New England air and that a comeback would happen. But the Eagles made it easier for him when Zach Ertz muffed an onside kick and Kenjon Barner fumbled with a little more than a minute to go.

There's also the concern that the last time the Eagles won a game, in Dallas on Nov. 8 to even their record at 4-4 and put themselves in control of the NFC East, they lost three straight.

See **KRACZ**, Page **B5**



Eagles Rewind

A look back at Sunday's win over the Patriots, **B5**

Phillies moving into strong spot with Giles' suitors

Phillies beat writer Kevin Cooney is in Nashville all week covering the Baseball Winter Meetings. He will have two daily video reports at buckscounty.couriertimes.com that will be posted at 1 p.m. and 7:30 p.m. Stay tuned all week.



On the Web

New GM says Howard looking forward to 2016 with Phillies.

NASHVILLE — Six floors above the atrium, where the swarms of baseball people were gathered under the Biodome that is the Opryland Hotel, Matt Klentak had his back turned toward the window.

Klentak may be young, but he's old enough to know he has one player on his roster who could turn heads at this Winter Meetings — if the Phillies general manager decided to part with him.

"My canned response would be that Ken Giles fits for any

team and every team could use a cheap controllable player," Klentak said.

But there are times and places where the stars just naturally start coming together. And these meetings are starting to look like the perfect time for the Phillies to get a big haul back for Giles — if they should want to dive in.

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Aroldis Chapman to Los Angeles for two minor league prospects. However, a Yahoo! Sports report reported the deal was held up after an alleged domestic incident.

If Chapman is really headed to the Dodgers, then the market for Giles just became a whole lot sweeter for the Phillies.

Think of the options that have been out there this year among closers and backend bullpen pieces: Chapman, Francisco Rodriguez and Darren O'Day

See **COONEY**, Page **B2**

BOYS SWIMMING PREVIEW: 2015-16

WHAT TO LOOK FOR THIS SEASON ...

5 Teams to Watch

(listed in order of predicted strength)

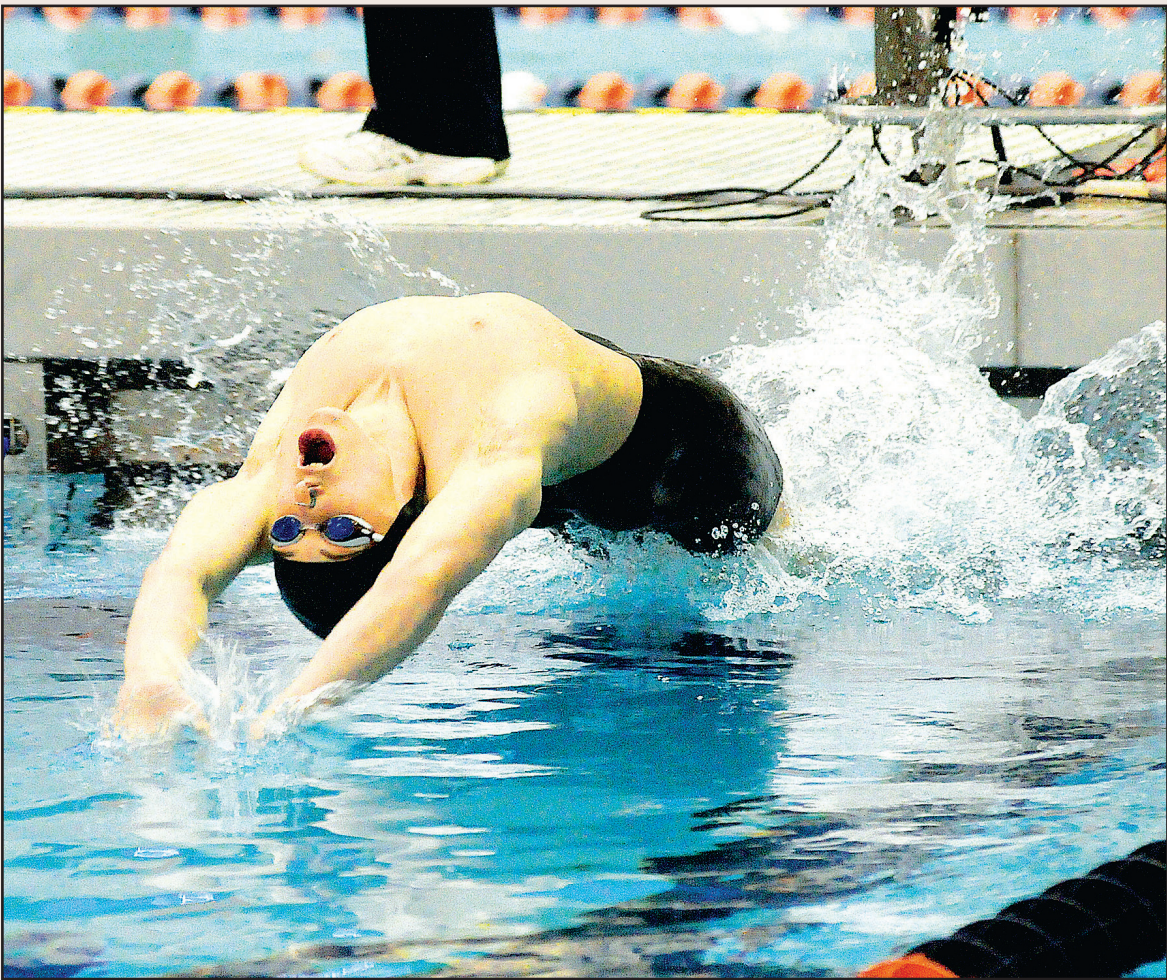
Pennsbury: The Falcons won the SOL National Conference title last year after a near miss in the 1013-14 season. They are the team to beat but will have to fend off some good competition.

Council Rock South: The Golden Hawks have made strides in the past few seasons and look particularly strong this year. An influx of new talent could be the difference maker for them this year.

Council Rock North: Last year, the Indians saw their string of four consecutive SOL National conference titles come to an end as they finished second. They would like to get it back and will be in the mix.

William Tennent: The Panthers have a nice core of returnees. If the new swimmers step up as expected, they should have a good year.

Neshaminy: After being decimated by graduation following the 2013-14 season, Neshaminy rebounded nicely. This trend should continue this year.



Pennsbury's Connor Doyle

CHLOE ELMER / PHOTOJOURNALIST

5 Swimmers to Watch

(listed alphabetically)

Connor Doyle, Pennsbury: The junior was fifth at the PIAA Class AAA meet in the 100 backstroke last year. He was third at the District One meet in both the backstroke and the 200 individual medley and won the SOL National Conference title in both events.

David Kneiss, Neshaminy: The senior burst onto the scene last year by qualifying for the PIAA Class AAA championships in the 50 and 100 freestyles. He was the SOL National Conference champion in the 100 freestyle and took third in the 200 freestyle, and was eighth in both the 50 and 100 at the District One meet.

Matt O'Donnell, Council Rock South: The senior was a PIAA Class AAA qualifier in the 100 breaststroke. He was fourth at the District One meet in the breaststroke and was the SOL National Conference champion in that event.

Mark Preedy, William Tennent: The senior is the only returning member of Tennent's state qualifying 200 freestyle relay. He was a District One Class AAA qualifier in the 100 breaststroke.

Allen Shmurak, Council Rock North: The senior was the SOL National Conference champion in the 200 freestyle and the runner-up in the 500 freestyle last year. He qualified for the District One Class AAA meet in both events.

5 Meets to Watch

William Tennent at CB South, Dec. 15, 6 p.m.: Over the past few years this meet has become a 'Pink' meet in honor of Tennent coach Lisa Forlini. This will be the first time the meet has been contested without Forlini, who died on Nov. 14.

Pennsbury at CR North, Jan. 8, 3:30 p.m. Pennsbury won this meet last year, snapping a four-year win streak for the Indians. The Falcons subsequently went on to take the SOL National Conference crown from CR North last year.

Father Judge at Archbishop Wood, Jan. 20, 6 p.m.: The Crusaders won this Philadelphia Catholic League dual meet last year by 10 points and finished just ahead of the Vikings in the final league standings, with Judge taking third and Wood fourth.

Pennsbury at CR South, Jan. 22, 3:30 p.m.: The Falcons need to win this meet if they want to defend their SOL National Conference crown, but CR South has made big gains so this should be a good one.

CR North at CR South, Jan. 29, 3:30 p.m.: This will be the 14th meeting between the district and SOL National rivals since the split into two high schools in the fall of 2002. CR North leads the series 12-1, with CR South's lone win coming in the 2005-06 season.

— Karen Sangillo

TEAM PREVIEW CAPSULES

Archbishop Wood

Coach: Charlie Stillwell (19th season)

Last year: 6-2 (6-2 PCL)

Key performers: Sr. Timothy Quigley (breaststroke, butterfly, IM); Jr. Conor Lynskey (sprint freestyle, breaststroke, IM); So. Peter Gori (sprint freestyle); Sr. Lucas Dyke (distance freestyle, backstroke, IM); Fr. Matthew Quigley (bfreaststroke, butterfly, IM); So. Kevin Harte (butterfly); So. Daniel Johnston (backstroke, sprint freestyle).

The season: The Vikings are coming off their best season and have another influx of good young swimmers. Together with their strong upper class they look to once again be competitive in the Catholic League.

Bensalem

Coach: D.J. Mergard (third season)

Last year: 0-10 (0-6 SOL National)

Key performers: Sr. Joey O'Boyle (breaststroke, butterfly); Sr. Luke Gosick (IM, breaststroke).

The season: O'Boyle is the strongest returning swimmer and he narrowly missed a spot at the District One meet last year, so that will be a goal. The Owls have also had a few new swimmers join the program who are going to play key roles on the team.

Council Rock North

Coach: Brian Johnson (20th season)

Last year: 8-3 (5-1 SOL National)

Key performers: Sr. Allen Shmurak (freestyle); Sr. Joe Segel (butterfly, IM); So. Ryan Lawlor (butterfly); Jr. Nico Buentello (freestyle); Jr. Brandon Heese (freestyle); Jr. Kevin Brandbergh (freestyle); Fr. Blake Eshelman (freestyle); So. Angelo Iapalucci (diving).

The season: With a strong group of returnees and a solid showing during tryouts from the freshman class, the Indians are excited for the upcoming season.

Council Rock South

Coach: George Eastburn (first season)

Last year: 8-3 (4-2 SOL National)

Key performers: Sr. Matt O'Donnell (breaststroke, sprint freestyle); So. Mason Sjostedt (freestyle, butterfly); Jr. Andrew Harman (freestyle); So. Ian Palau (backstroke); Sr. Noah Palau (distance freestyle); Sr. AJ Fesmire (sprint freestyle); Jr. Andrew Ridings (butterfly).

The season: This is a nice core group that is joined by some talented newcomers. The team is looking to move up in the league standings this year.

George School

Coach: Bob Kupperman (second season)

Last year: 5-6 (4-2 Friends League)

Key performers: Sr. Chris Stack (all strokes); Sr. Grant Denmark (freestyle); So. Jonathan Lesiohadi (breaststroke); Jr. Tyler Mahlmann (sprint freestyle, backstroke).

The season: The Cougars took second at the Friends League championship meet last year. With their senior and junior leadership and some promising freshmen and sophomores they seek to improve on last year's results.

Holy Ghost Prep

Co-coaches: Sheree Marsh (ninth season), Ed Roussel (ninth season)

Last year: 6-5

Key performers: Sr. Dan Denoncour (butterfly); Sr. Kyle Harris (breaststroke); Sr. Zach Frye (freestyle); Jr. Erik Fenstermaker (all strokes); Jr. Zach Geiser (all strokes); Jr. Nicholas Klein (freestyle, breaststroke); Jr. Walter Marcinkowski (all strokes); Jr. Bobby McLoughlin (all strokes); Jr. Thomas Theuer (breaststroke, IM); Jr. Ricky Wang (breaststroke); So. Robert Braun (freestyle, butterfly); So. Matt Doucette (all strokes); So. Dan Hoyt (butterfly, IM).

The season: The coaches are pleased to see six freshmen after

losing some good seniors. "As of now we are still at the learning stages and trying to make the transition from grade school to high school," Marsh said.

Neshaminy

Coach: Brian Suter (13th season)

Last year: 3-8-1 (2-4 SOL National)

Key performers: Sr. David Kneiss (all strokes); Sr. Robert Dukat (freestyle); Sr. Akaki Kezherashvili (freestyle, breaststroke); Sr. Jake Mount (distance freestyle); Sr. John Stay (freestyle, butterfly); Jr. Joshua Hartley (all strokes); So. Matthew Alfrey (freestyle, breaststroke); So. Michael Kalika (all strokes); So. Ryan Link (diving); So. Brian O'Connell (freestyle, breaststroke); Fr. Chris Elliott (freestyle); Fr. Vasyl Hrytskiv (freestyle); Fr. Raymond Presutti (freestyle, breaststroke); Fr. Alexey Sidorov (freestyle).

The season: Led by a strong senior class including captains Kneiss and Stay, Neshaminy returns its strongest team in years. The goal is to add to the team's presence at states.

Pennsbury

Coach: Greg Stoloski (fourth season)

Last year: 11-0 (6-0 SOL National champions)

Key performers: Jr. Connor Doyle (freestyle, backstroke); Fr. Matt Hunbert (diving); Jr. Ihar

Piatdevich (butterfly, freestyle, IM); Jr. Denis Vinokurov (freestyle, backstroke, butterfly); Jr. Colin Hanlon (freestyle, breaststroke); Jr. Connel Nadel (freestyle); Sr. Phillip Chrzanowski (freestyle); Fr. Liam White (freestyle, backstroke); So. Matt Babel (freestyle); Jr. Ben Cusick (breaststroke, IM); Jr. Dean Wadley (all strokes); Fr. Matt Steele (freestyle); So. Luke Fernandez (freestyle, backstroke).

The season: The Falcons lost a large number of very talented seniors from last year but the underclassmen have been working hard. With the addition of several new members the team hopes to eclipse the success it had last year.

William Tennent

Coach: Meghan Forlini (first season)

Last year: 6-6 (3-3 SOL National)

Key performers: Sr. Mark Preedy (freestyle, breaststroke, IM); Sr. Jacob Stotler (breaststroke, freestyle, IM); Sr. Dayton Stahl (breaststroke, backstroke, IM); Jr. Mike Kane (butterfly, freestyle, IM); Jr. Connor Harris (backstroke, freestyle); Jr. Ian Yannuzzi (freestyle); So. Will Gwynn (breaststroke, IM); So. Will Clift (all strokes).

The season: Versatility is the name of the game for this team. Most of the athletes are able to contribute in many areas.

— Karen Sangillo

Preedy

Continued from Page B1

Last year, Preedy helped give Forlini the gift of a final trip to the state meet when he anchored the 200 freestyle relay for seniors Brennan Bastian, Tom Del Conte and Matt Patrick. The four-some took fifth at the District One meet to clinch the final automatic spot for states.

"That was a great time and I'm glad we were able to get to states for her one last time," Preedy said. "This year, we have a lot of people to replace but we have some good new people to fill those spots. I'm definitely looking forward to seeing how this season turns out and see what relays we come up with. Relays have a strong tradition at Tennent and that's something we'd like to continue."

He also has some personal goals.

"I'd like to go under a minute in the breaststroke and I'd like to get to states in an individual event," he said. "We're still playing around with the relays so

I don't know which ones I'll be swimming or what leg I'll be swimming. But if I'm on the 200 free relay I'd like to go under a 21.7 on a flat start."

Preedy is the last of his line. Older siblings Matt (2007) and Megan (2009) both swam at Tennent and Matt did a stint as an assistant for the Panthers.

"They swam so, of course, I did too," Preedy said. "They've been very supportive. They come to the meets and when Matt was coaching here he was very helpful."

Meghan Forlini has stepped into her mother's role as head coach, and Preedy is one of the swimmers she will rely on the most.

"His experience will definitely be an asset to the coaching staff," Forlini said. "We'll rely on his ability to be a good leader. Mark has high expectations for himself and works hard to achieve his goals so that's a great example for the rest of the team. He wants his teammates to succeed as much as he wants to succeed himself."

Karen Sangillo 215-345-3070; email: ksangillo@calkins.com; Twitter @KarenSangillo



RICK KINTZEL / PHOTOJOURNALIST

William Tennent swimmer Mark Preedy is the third member of his family to swim at Tennent.



ART GENTILE / STAFF PHOTOGRAPHER

SPORTS

Gold digger

Souderton's Ryan Witoslawski is putting in work in search of a PIAA gold medal.

By **BILL KEEN**
STAFF WRITER

FRANCONIA — The breaststroke is an event many individuals never seem to master no matter how much effort they put into it. Souderton's Ryan Witoslawski tried it about seven years ago and found he liked it more than the stroke he had been swimming.

"I've been swimming breaststroke since middle school, probably sixth or seventh grade," said the Indians senior, whose junior season featured his first trip to states. "I used to be a backstroker but backstroke got hard, breaststroke got easier and that's what happened. I like the fact I get to take a breath every stroke, so (making the switch) was easy."

Last year, Witoslawski got better the deeper he got in the postseason, a journey that started with a personal wakeup call that hit him in November when preseason practice got underway. "I've always been a lazy kind of kid," he said. "Last season, I came in more determined when I was swimming laps. I knew I was going to put

down a pretty good time and I felt good about it. Now I'm coming back this year and I'm going for it all."

He took the silver in the SOL Continental meet and a bronze at districts, but he knocked nearly two full seconds off his previous best time. At states, he surprised himself by going faster still in the

See **WITOSLAWSKI**, Page **B4**

More on B4

- The 5s — a look at the best swimmers, teams and meets this season
- Team-by-team capsules

Sixers bring in Colangelo

By **TOM MOORE**
STAFF WRITER

PHILADELPHIA — In a surprise to just about everyone, the 76ers hired former USA Basketball Director Jerry Colangelo to be the team's Chairman of Basketball Operations and special adviser to managing owner Josh Harris.

Harris said he initiated the move, which was announced at an afternoon news conference, 10 days ago in an effort to utilize Colangelo's 40-plus years of experience in the game.

Colangelo served as everything from head coach to general manager to chairman/CEO of the Suns during his affiliation there from 1968-2012. The 2004 Naismith Basketball Hall of Fame inductee also led an ownership group that brought the MLB's Arizona Diamondbacks into existence in 1998 and won the World Series in 2001, marking the the quickest an expansion team has won a title.

The USA men's basketball team is 75-1 since Colangelo's arrival and owns a 63-game winning streak dating back to 2006. The Americans won consecutive Olympic gold medals (2008 and 2012) and consecutive World Championship titles (2010 and 2014) for the first time in history.

The 76-year-old Colangelo, a four-time NBA Executive of the Year who plans to remain living in Phoenix, said he likes challenges.

See **76ERS**, Page **B2**



76ers managing owner Josh Harris (right) watches Monday's game against the Spurs with special adviser to the managing general partner and Chairman of Basketball Operations Jerry Colangelo. The Sixers were trounced 119-68. **Game story**, B2

CHRIS SZAGOLA / ASSOCIATED PRESS

Messages getting through to Eagles

Ed Kracz



They wore white from head to toe. Maybe not the best idea given that white is the international sign of surrender.

Except the Eagles stood and fought, doing so in their

white jerseys and pants. Nowhere was a white flag to be seen.

When it was over, they were no longer the same red-faced bunch they had been the previous two weeks when they were outscored 90-31 to losing teams named the Bucs and Lions. When it was over, and the Eagles had vanquished a New England Patriots team that rarely loses inside Gillette Stadium 35-28, they found themselves still in the hunt to be one of the final six NFC teams that will qualify for the postseason.

There are still issues that need to be overcome, and one of those on Sunday was that they had trouble closing this one out. You knew Tom Brady wasn't going to go quietly into the chilly New England air and that a comeback would happen. But the Eagles made it easier for him when Zach Ertz muffed an onside kick and Kenjon Barner fumbled with a little more than a minute to go.

There's also the concern that the last time the Eagles won a game, in Dallas on Nov. 8 to even their record at 4-4 and put themselves in control of the NFC East, they lost three straight.

See **KRACZ**, Page **B5**



Eagles Rewind

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See **COONEY**, Page **B6**

BOYS SWIMMING PREVIEW: 2015-16

TEAM PREVIEW CAPSULES

Witoslawski

Continued from Page B1

“I was expecting maybe a 58 but then I saw a 57 (57.84) and it was, like, ‘wow,’ “ Witoslawski said. “There was no chance of me getting in the top eight (for a spot in the championship finals), but making the top 16 as a junior in my first time ever at states, it really felt good.”

The change in Witoslawski’s work ethic was obvious long before the first dual meet of the season.

“What I loved was the way he stepped it up at practice, districts and states,” fourth-year coach Caitlin Warren said. “What was awesome was that he showed a different side of himself at Bucknell, where he was very, very confident.

“After his last swim at states, he told me and the other coaches and some of his teammates that he was coming in this year ready to go to states and that he was going to win. That was cool. He has really put himself out there for this season and I’m excited to see what he can do.”

Witoslawski was quite specific about what he is shooting for at Bucknell, where a 55.16 carried North Penn’s Thanas Kountroubis to last season’s Class AAA gold.

“I’m planning to swim about a 55,” he said. “I want to place at states and that’s my goal for the breaststroke.”

Considering the determined look in his eye, don’t bet against him.

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TheIntelligencer

WHAT TO LOOK FOR THIS SEASON ...

5 Teams to Watch (listed in order of predicted strength)

North Penn: The earth revolves and the seasons change, but what doesn’t change is the Knights holding down the title of the area’s best team. And they shall again.

Central Bucks East: Of the talented teams in the SOL Continental, the Patriots could be the best one not named North Penn. A nucleus of talented seniors should keep East in every dual meet but one.

Germantown Academy: The guard changed last season and the team finished with a .500 dual meet record. With more experience this season should see more wins than losses and a better placing at Easterns.

Souderton: Talk to the athletes and coaches and it’s easy to see this is a team eager to get started. Clearly a dark horse but one with a chance to really surprise in the league championships and maybe even districts.

Abington: The one things the Galloping Ghosts will not be hurting for is depth. Numbers are way up and the attitude is as good going into the season as it has been in quite a while. Don’t count them out.

5 Swimmers to Watch (listed alphabetically)

Andrew Abruzzo, Germantown Academy: The heir to the Patriots’ domination in the 500 at Easterns. He won it last season as a freshman and was third in the IM. He’s one of the area’s best young swimmers.



Nash Nickerson, Central Bucks South: After finishing second in the District One championship meet, he surprised with a fourth-place finish at states. The senior has been working hard to reach the top step this season.

Corey Smith, North Penn: As a junior he had a pair of fifth-place finishes at Districts in the individual medley and the backstroke. With the graduation of double state champ Michael Thomas, Smith could take his place atop the top step this season in both events.

Collin Villari, Central Bucks East: He finished eighth at the District One meet in the individual medley and bears watching this season as the field in that event is wide open. He’s a definite threat to win it.

Ryan Witoslawski, Souderton: He surprised even himself with his third-place finish at districts in the breaststroke and qualified for the consolation final at states. He has been working hard in the off season and is ready for a banner senior year.

5 Meets to Watch

Upper Dublin at North Penn, Dec. 17, 6 p.m.: This one has turned into quite a battle over the last five seasons. It should be an excellent early season test for the Knights.

Central Bucks East at North Penn, Jan. 8, 3:45 p.m.: Starting the new year with a bang, the Patriots will see how they stack up against the best and where they have to improve before the postseason.

Souderton at Pennridge, Jan. 15, 3:30 p.m.: Two teams that should know a lot about themselves by this date, will know a lot more when this meet is over.

William Tennent at Abington, Jan. 19, 3:30 p.m.: The Ghosts host the Panthers in a battle between teams with numbers, enthusiasm and hopes for a good showing at the SOL National meet.

Peddie at Germantown Academy, Jan. 20, 4 p.m.: The Patriots face arguably their toughest opponent in Peddie. They’ll see more of them at Easterns but this will give GA an good idea of what to expect when they get there.

— Bill Keen

Abington

Coach: Joe Lennon (12th season)

Last year: 3-8

Key performers: Sr. Wyatt Whitney (freestyle, breaststroke); Sr. Hunter Mackenzie (backstroke, individual medley); Sr. Alec Leibsch (sprint free); Jr. Axel Martinez (freestyle, individual medley); Fr. Carter Meyers (freestyle, breaststroke); Fr. Nathan Suit (freestyle, backstroke); Fr. Nicholas Suit (freestyle, butterfly); Fr. Sam Henninger (diving)

The season: Numbers are way up and most of last season’s top point producers are back. Distance free and breaststroke will be especially strong and there is more depth across the board. If new swimmers contribute early, this team could surprise.

Archbishop Wood

Coach: Charlie Stillwell (20th season)

Last year: 6-2

Key performers: Sr. Timothy Quigley (breaststroke, butterfly, individual medley); Jr. Conor Lynskey (sprint free, breaststroke, individual medley); So. Peter Gori (sprint free); Sr. Lucas Dyke (distance free, backstroke, individual medley); Fr. Matthew Quigley (breaststroke, butterfly, individual medley); So. Kevin Harte (butterfly); So. Daniel Johnston (backstroke, sprint free)

The season: The Vikings had an outstanding season a year ago and that alone has pushed the attitude in practice to a fever pitch. Look for Wood to again be a factor in the PCL and District 12 with a goal of sending even more athletes to states.

Central Bucks East

Coach: Ed Walsh (34th season)

Last year: 6-5

Key performers: Sr. Collin Villari (freestyle, individual medley, backstroke); Sr. Hunter McRee (breaststroke, individual medley); Sr. Nick DiLemmo (breaststroke); Sr. Dan Powell (freestyle, butterfly); So. Jackson Green (freestyle); Sr. Ruyan Noseworthy (freestyle); Fr. Connor Lenahan (freestyle); Fr. Trevor Mislan (breaststroke, freestyle)

The season: Only three seniors graduated and there is a lot of talent among the returning seniors. Depth could be a problem early but don’t cry for the Patriots, who will again be a major factor all season.

Central Bucks South

Coach: Jeff Lake (12th season)

Last year: 6-6

Key performers: Sr. Nash Nickerson (diving); So. Dan Han (sprint free, butterfly); So. Ben Komita (butterfly); So. Caleb Matsick (backstroke); So. Brian Lee (sprint free); So. Matt Guo (distance free)

The season: After seeing eight seniors graduate, this season’s Titans will be young. Senior diver Nash Nickerson should contend for a district title and his fourth trip to states, but the rest of the team will have to mature quickly in the rugged Continental.

Central Bucks West

Coach: Zach Wilson (second season)

Last year: 3-9

Key performers: Jr. Peter Baltes (distance free); Jr. Evan Washington (sprint free, butterfly); So. Ian Kuo (freestyle, breaststroke); So. Dylan Friedman (diving)

The season: This team is young and depth could be a problem but it will be offset in part because many swimmers are able to swim multiple strokes. Look for the Bucks to be a presence at the league championships as they push to shine at districts.

Germantown Academy

Coach: Jeff Thompson (second season)

Last year: 4-4

Key performers: Sr. Tommy

Whitman (100 free, distance free); Sr. Chris Hayburn (backstroke, distance free); Jr. Brien Collier (middle distance free, individual medley, butterfly); Sr. Greg Callahan (middle distance freestyle); Sr. Andrew Karr (middle distance freestyle); Fr. Jack Lafond (utility); Fr. Gabe Levy (utility)

The season: The days when GA won simply by showing up are gone, but last season’s break-even dual meet record shows the Pats are on the road back. The field at Easterns will again be daunting but this hard-working lineup could surprise in the final standings.

Hatboro-Horsham

Coach: Kip Emig (10th season)

Last year: 9-4

Key performers: Sr. Adam Thron (freestyle); Jr. Tim McPoyle (sprint free); So. Andy Thomas (utility); Jr. Chris McPoyle (breaststroke); Jr. Matt Hammer (butterfly); Jr. Nick Zumpino (diving); So. John Scully (backstroke)

The season: Michael Thomas moved on and took his multiple state titles with him. Numbers are down but there’s a solid group of freshmen ready to step into the gaps, and the returning vets are capable of winning in multiple events. The Hatters are definite threat in the postseason.

Lansdale Catholic

Coach: Bob Birnbrauer (21st season)

Last year: 0-6

Key Performers: Sr. Garhett Moore (middle distance free); So. Nick Picozzi (breastroke); So. Tyler Arsuaga (butterfly, individual medley); Jr. John Rex (freestyle); Fr. Brian Allen (utility)

The season: After going winless in dual meets a year ago, this is a team ready to turn that around. There is no shortage of determination. Whether that translates into wins remains to be seen, but nobody will work harder than the Crusaders.

North Penn

Coach: Jeff Faikish (fourth season)

Last year: 12-0

Key performers: Jr. Ian Boland-Bintner (diving); Jr. Bryce Hoch (diving); Sr. Corey Smith (individual medley, backstroke); Sr. Harrison Friel (breaststroke, freestyle); Sr. Ryan Yocum (freestyle); So. Aidan Daly (distance freestyle)

The season: Graduation took a heavy toll in team leaders but we’re talking North Penn. The Knights may be tested by some traditionally strong opponents, but they will once again be the cream of this year’s crop.

Pennridge

Coach: Jacob Grant (first season)

Last year: N/A

Key performers: Jr. Hayden Sandt (freestyle); Fr. James Sandt (freestyle, breaststroke); So. Nick Bland (backstroke, butterfly); Fr. Adam Stumpf (backstroke, butterfly); Fr. Ethan Lionetti (breaststroke)

The season: A new head coach brings an emphasis on harder work in practice that should pay off as the season progresses. This is a young team but one with athletes talented enough to swim multiple events and swim them well. They’ll get better with an eye on districts.

Quakertown

Coach: Mike Peters (first season)

Last year: N/A

Key performers: Sr. Mike Deiroff (sprint free, breaststroke); Sr. Dan Reigh (individual medley, butterfly); Jr. Noah Guckavan (butterfly)

The season: Things are looking up for the program. There is strong leadership from the captains and some first-time swimmers who bring with them lots of potential. Breaststroke, butterfly and sprint free should be team strengths.

Souderton

Coach: Caitlyn Warren (fourth season)

Last year: 8-1

Key performers: Sr. Brendon Loux (utility); Sr. Ryan Witoslawski (breaststroke); Sr. Spencer Smith (distance free); Sr. David Pfahler

(freestyle, butterfly); Sr. Dan Palmer (backstroke); Sr. Zeke Flandro (diving); Sr. Andrew Gordon (diving); Jr. Cristian Musterait (sprint free); So. Spencer Nice (utility)

The season: Seven seniors will provide a ton of leadership for a promising group of freshmen while six returning district qualifiers will keep the Indians strong at the league and district meets. This team has some big goals this year and will be fun to watch.

Upper Moreland

Coach: Jess Healy (third season)

Last year: 3-11

Key performers: Sr. Devon Pickard (distance free); Sr. Jake Winter (freestyle); Sr. Jeff Davis (backstroke, freestyle); Jr. Dylan Walker (diving); Jr. Brennan Coleman (distance free); Jr. Jake Matthews (butterfly); So. Zach Litvin (utility)

The season: Numbers seem to be a problem every year and will be again, but that means newcomers will find a ton of openings and a chance to contribute from the get-go. Freestyle will be a strength for a team aiming to excel in the postseason.

William Tennent

Coach: Meghan Forlini (first season)

Last year: 6-6

Key performers: Sr. Mark Preedy (freestyle, breaststroke, individual medley); Sr. Jacob Dotler (breaststroke, freestyle, individual medley); Sr. Dayton Stahl (breaststroke, backstroke, individual medley); Jr. Mike Kane (butterfly, freestyle, individual medley); Jr. Connor Harris (backstroke, freestyle); Jr. Ian Yannuzzi (freestyle); So. Will Gwynn (breaststroke, individual medley); So. Will Clift (utility)

The season: The good news is this is an extremely versatile group of athletes with the ability to contribute in many different events. The bad news is dual-meet wins in the SOL National may be hard to come by, but the Panthers should peak when it counts.

— Bill Keen

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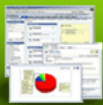
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States the goal for North Penn, Gwynedd Mercy girls

By [Kev Hunter](#)

Updated: December 2, 2015



North Penn diver Marie Yacopino arcs through the air competing against Souderton during their meet at North Penn High School. Thursday, Jan. 22, 2015. (Mark C Psoras/The Reporter)

Loaded with postseason experience, the North Penn and Gwynedd Mercy girls go into this season intent on making it a very memorable one.

"This has the potential to be one of Gwynedd swimming's best years in recent times," said Monarchs coach Maura Gillies. "We are hoping to have numerous girls qualify for districts and make the state meet. The girls know that this can be a big year for them and I am excited to see what they will be able to accomplish."

Second at the state meet last year in Class AA, GMA's highest finish since 2001, the Monarchs return most of that special core, including multiple state medalist Allie Szekeley and fellow senior Hannah Blaser.

Bringing some other people along will be the focus in the early months.

"We would like to see more girls make their respective district cuts then last year and more girls make it to the state championship meet," Gillies said, "especially amongst our younger swimmers, to get them experience at bigger meets."

North Penn, third in the state in Class AAA last year, is a senior-led group. Diver Marie Yacopino, who is headed west to San Diego State next year, aims for her fourth state medal.

"After a strong third-place showing at the PIAA Meet last year, and the return of seven state

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qualifiers," coach Matt Weiser said, "the Maidens are looking to improve their finish."

Talent on the boards extends over to the boys side at NP, with Ian Boland-Bintner and Bryce Hoch back for the Knights.

The Suburban One League Continental Conference will again be one of the finest collections of athletes in the state, and includes the likes of Pennridge's Imposing duo of Hannah Zurmuhl, who is headed to Penn State next year, and Brittany Weiss, who will swim at Liberty.

The Upper Dublin girls aim for an amazing 27th straight conference crown, as they defend the top spot in the SOL American, while the Archbishop Wood girls are the favorite once again in the Philadelphia Catholic League.

"Coming off our most successful year, winning the PCL Championship and District 12 Championship," coach Charlie Stillwell said, "our team is large with lots of depth. Repeating our championships from last year will be difficult, with lots of competition in the league.

"Our team is heavy on upper classmen, which gives our team great leadership. We look to have another great season and hope to repeat what we started last year."

Following is a team-by-team look at the area.

BOYS

ARCHBISHOP WOOD

Coach: Charles Stillwell (20th season)

Last Year's Record: 6-2; Fourth in the Philadelphia Catholic League; Fourth in District 12

Key Performers Lost: John Waltrich, distance free/back; Sean Harney, fly/IM/free

Key Returners: Timothy Quigley, Sr., breast/fly/IM; Conor Lynskey, Jr., sprint free/breast/IM; Peter Gori, So., sprint free; Lucas Dyke, Sr., distance free/back/IM; Kevin Harte, So., fly; Daniel Johnston, So., back, sprint free

Others to Watch: Matthew Quigley, Fr., breast/fly/IM; Daniel Lips, Fr., free; Patrick Byrne, Fr., free/fly/breast

Strengths: Good infusion of youth with an excellent returning upper class

Question Marks: Need stronger freestyle relays and distance freestyle depth

Coach Stillwell Says: "Coming off our best season, we have another influx of good young swimmers. Together with our strong upper class, we look to once again be competitive in the Catholic League and take the next step to compete with the top teams in the league. Our goal is to make a mark in our championship meets and qualify some swimmers for the State Championship meet."

CENTRAL BUCKS WEST

Coach: Zach Wilson (second season)

Key Performers Lost: Henry Mackensen, fly/IM; Andrew Evans, sprint/free; Will Lambert, breast/free

Key Returners: Evan Washington, Jr.; freestyle; Peter Baltes, Jr., distance free

HATBORO-HORSHAM

Coach: Kip Emig (10th season)

Last Year's Record: 9-4

Key Performers Lost: Mike Thomas

Key Returners: Adam Thron, Sr., free; Tim McPoyle, Jr., sprints; Andy Thomas, So., all-around; Chris McPoyle, Jr., breast; Matt Hammer, Jr., fly; Nick Zumpino, Jr., diving; John Scully, So., back

Coach Emig Says: "We are solid in strength but short on numbers. A good freshman class should make this team stronger as the season goes on."

LANSDALE CATHOLIC

Coach: Bob Birnbrauer (21st season)

Last Year's Record: 0-6 In the Philadelphia Catholic League; third in District 12

Key Performers Lost: Brian Lockhart, third in the fly and fourth in the 100 free at districts; James Kulik, 10th in 50 free at districts

Key Returners: Garhett Moore, Sr., second in the 200 free and fifth in the 100 free at districts; Nick Picozzi, So., relays; Tyler Arsuaga, relays

Others to Watch: John Rex, Jr.; freestyle; Brian Allen, Fr., all-around

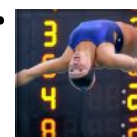
Strengths: Moore will be strong in the freestyle events and Arsuaga will handle fly and IM events. Picozzi will return after qualifying for districts in the breaststroke event.

Question Marks: Sophomore Nick Picozzi is recovering from a football injury, and a lack of depth is negative for the dual-meet season.

Coach Birnbrauer Says: "We're looking for improvement in last-year swimmers and to advance in



Gwynedd Mercy Academy swimmer Allie Szekely does the backstroke competing in a 200 Yard IM event during the AACA Swimming and Diving Championship at Upper Dublin High School on Saturday, Feb. 7, 2015. (Mark C Psoras/The Reporter)



States the goal for North Penn, Gwynedd Mercy girls

Loaded with postseason experience, the North Penn and Gwynedd Mercy girls go...



Boys Soccer: The All-Delco Team

First Team Matt Freese, Episcopal Academy, Jr. GK Matt DePillis, Episcopal Academy,...



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Finally, the 2015-16 area basketball season is upon us. One team stands...



Cochran has transformed W.C. Rustin into Ches-Mont power

district competition, and for new swimmers to make an immediate impact.”



North Penn diver Ian Boland-Bintner twists through the air competing against Souderton during their meet at North Penn High School on Thursday, January 22, 2015. (Mark C Psoras/The Reporter)

NORTH PENN

Coach: Jeff Faikish (fourth season)

Last Season's record: 12-0; SOL Continental Champs; District One Class AAA Champs; Fourth at PIAA's

Key Performers Lost: Thanas Kountroubis, free/breast; Liam Kelly, free; Brett Else, free; Shane Hennessey, free; Quinton Mitchell, diving; Mike Kern, free; Kyle Supko, IM/free

Key Returners: Ian Boland-Bintner, Jr., diver; Bryce Hoch, Jr., diver; Corey Smith, Sr., IM/Back; Harrison Friel, Sr., Breast/Free; Ryan Yocum, Sr., Free; Aidan Daly, So., Distance Free

Others to Watch: Michael Collins, Sr., Free; Ryan Dormer, Sr., Diving; Will Gillespie, Sr., Fly; David Grove, Sr., Free; Aaron Jordan, Sr., Fly; Mike Sisko, Sr., Free

Coach Faikish Says: "The North Penn Knights are a big team with a lot of depth and experience looking to compete for another Suburban One League and District 1 title. After losing a big senior class, the Knights underclassmen are

ready to step up and be strong contenders at the District 1 Championships and PIAA State Championships."

PENNRIDGE

Coach: Jacob Grant (first season)

Key Performers Lost: Max Coulter, IM/breast; Kyle Frerichs, middle distance

Key Returners: Eric Jordan, Sr., fly; Hayden Sandt, Jr., sprint free; John Handy, Jr., diving; Jakob Algeldinger, Jr., diving

SOUDERTON AREA

Coach: Caitlin Warren (fourth season)

Last Year's Record: 8-1, 6-1 in the SOL Continental

Key Performers Lost: Ryan Kierstan; James Beldham; Matt Holcombe

Key Returners: Brendon Loux, Sr., all-around; Ryan Witoslawski, Sr., breast; Spencer Smith, Sr., distance; David Pfahler, Sr., free/fly; Dan Palmer, Sr., back; Zeke Flandro, Sr., diving; Andrew Gordon, Sr., diving; Cristian Musteraite, Jr., state qualifier in sprint free; Spencer Nice, So., state qualifier, all-around

Others to Watch: Storm Krader, all-around; T.J. Yaglenski, all-around; Jake Kramer, free; Ethan Moyer, free/fly; Michael Dechert, all-around

Strengths: Greater depth than years past; several athletes that will excel in multiple events

Coach Warren says: "This year, we have seven seniors that bring a variety of swimming and diving experience to the team that complement the personalities of the incoming freshmen. In addition, we have six district qualifiers returning. We plan to send as many athletes as possible to the district and state competition. This team has some big goals this year and will be fun to watch."

UPPER DUBLIN

Coach: Geoff Scheuer (fourth season)

Last Year's Record: 11-1 overall; SOL American Champs; Second In District One Class AAA; Seventh at States

Key Performers Lost: Bart Scherpbier; Andrew Rearson; Tom Bantley; Joe Regan

Key Returners: Asher Kim, Sr.; Wyatt Amdor, Sr.; Michael Jensen, Sr.; Ogden Leyens, Sr.; Scott Luttmann, Sr.; Devon Polak, Sr.; Doug Brown, Sr.; Jake Easton

Others to Watch: Alex Flynn

Strengths: Return all state qualifiers, should have strong relays

Question Marks: Depth

Outlook for the Season: Trying to send off a strong senior class on a high note



Upper Dublin's Michael Jensen won the 200 yard freestyle final in 1:35:31 at the PIAA Swimming Championships on March 13, 2015. (Bob Raines/Montgomery Media)

GIRLS

ARCHBISHOP WOOD

Coach: Charlie Stillwell (20th season)

Last Year's Record: 10-1, 8-0 in the PCL; PCL Champs; District 12 Champs

Key Performers Lost: Dominique DiRienzo, diving; Brigid Grant, fly

Key Returners: Katharine Buliga, Sr., distance free/back; Caitlin Bedesem, Sr., fly/distance free; Megan Cook, Sr., distance free; MaryGrace MacDonald, Sr., sprint free; Aubrey McDonough, So., back/breast/IM; Taylor Goldstein, Sr., back; Kaeleigh Mahon, Sr., sprint free/fly; Molly Prior, So., sprint free

Others to Watch: Kaley Hence, Fr., back/fly/free

Strengths: Large team with a strong senior class with great depth

Question Marks: Relays need to be stronger, need to improve freestyle sprinting

There has been a lot of change on the area basketball landscape...



2015-16 Chester County Area Preview Capsules

Ches-Mont League National Division Avon Grove Coach: Ken Riale 2014-15 record: 2-20...



Mercury Area Wrestling Preview

BOYERTOWN Coach: Pete Ventresca, 11th year. Last year's record: 9-0 PAC-10, 21-2 overall....



Six PAC-10 players named Mini Max award winners

Six Pioneer Athletic Conference players have been named 2015 Mini Max Football...



Sorber resigns as Abington coach after 16 seasons

Tim Sorber's resignation as Abington football's head coach might be more of...



Owen J. Roberts' Montes making move to Hofstra

Asked about some of the key attributes that made Nettie Montes a...

CENTRAL BUCKS WEST

Coach: Vibeke Swanson (24th season)

Last Year's Record: 4-7

Key Performers Lost: Kelly Magri, diver; Maddie Seiden, distance free

Key Returners: Collette Strong, Sr., back, IM and 100 fr, Sarah Stim, Jr., diving; Jackie McDowell, Sr., free/back/fly; Tricia Mulligan, Sr., fly/IM; Katie Button, So., distance free/back

Others to Watch: Rileigh Thompson, So., breast/IM; Meghan Sampson, So., breast/fly/IM; Lizzie Gallagher, Jr., distance free/breast

Strengths: Solid, hard-working group with versatility

Coach Swanson Says: "We are looking to improve on our dual-meet record and individual times."

GWYNEDD MERCY ACADEMY

Coach: Maura Gillies (second season)

Last Year's Record: 6-4; Fourth in Catholic Academies League; Third in District One Class AA; Second at PIAA's

Key Performers Lost: Mary Kate Curley; Kiergah McMenamin

Key Returners: Allie Szekely, Sr., 100 back; Hannah Blaser, Sr., 50 free

Others to Watch: Steph Szekely, Jr., 200 free; Annie O'Dare, Fr., 100 breast

Strengths: Experienced and talented senior class

HATBORO-HORSHAM

Coach: Kip Emig (26th season)

Last Year's Record: 12-2

Key Performers Lost: Haley Sutton; Perie Sumner; Sam Schmitt

Key Returners: Barb Schmele, IM; Grace Emig, sprints; Elyse Bedics, free; Colleen Claggett, sprints; Grace Riemenschneider, fly; Sophie Stasio, all-around; Katie Moore, IM/breast; Amber McElrath, diving; Marlee Murry, freestyle

Coach Emig Says: "We still have a nice core of seasoned swimmers. A strong Freshman class should keep us in contention."

NORTH PENN

Coach: Matt Weiser (eighth season)

Last Season's Record: 12-0; SOL Continental Champs; District One Class AAA Champs; Third at PIAA's

Key Performers Lost: Olivia DiStefano, free/back; Madison Tanis, diver; Anna Haggerty, fly; Caroline Miller, breast

Key Returners: Marie Yacopino, Sr., diver; Erin O'Neill, Sr., breast; Leah Brown, Sr., free; Aimee Baur, Sr., free; Kailyn Evans, Jr., free/IM; Megan Zartman, So., IM/back; Rachael Fisher, So., diving

Others to Watch: Shannon Quinn, Sr., breast; Maddy Little, Sr., diving



PENNRIDGE

Coach: Jacob Grant (first season)

Key Performers Lost: Erin Finley, sprint freestyle; Keri Salanik, distance freestyle; Elizabeth Yardley, distance freestyle

Key Returners: Brittany Weiss, Sr., breast/IM /middle distance; Hannah Zurmuhl, Sr., sprint free/back; Claire Beno, Jr., middle distance/IM; Sam Vargo, Jr., sprint free

Brittany Weiss places second with a time of 54.45 in the 100 yard butterfly final for Pennridge at the PIAA Swimming Championships on Friday, March 13, 2015. (Bob Raines/Montgomery Media)

SOUDERTON AREA

Coach: Caitlin Warren (fourth season)

Last Year's Record: 7-2, 5-2 SOL Continental

Key Performers Lost: Rickilee Hodges, sprint free; Shannon Paparella, free; Sarah Hershey, distance; Hannah Boland, all-around; Amanda

Wimmer, sprint

Key Returners: Amber Rogers, Sr., distance; Ariana Crossgrove, Sr., back; Lauren Harkins, Sr., sprint; Shannon Hanrahan, Sr., free; Julia Rostron, Sr., all-around; Tori Rest, Sr., diving; Emily Hodges, Sr., state qualifier, breast/free; Jenny Rogers, state qualifier, free/fly

Others to Watch: Kayla Elliott, diving; Maureen Morris, back; Ali Kurlak, all-around; Clara Burrell, all-around

Strengths: The Big Red girls have plenty of experienced swimmers in the sprint, stroke, and diving events; will need a few swimmers to step it up in the distance events

Coach Warren Says: "The Souderton girls are a class act and very focused. I expect great things out of this small, but mighty crew."

UPPER DUBLIN

Coach: Patrick Redican (third season)

Last Year's Record: 8-3-1; SOL American Champs

Key Performers Lost: Casey O'Neill; Lina Brouse; Sarah Gallagher; Sammi Starosta

Key Returners: Megan Paris, Sr., sprint free; Brynn Reese, Sr., breast; Caitlin McMorrow, Sr., free/back; Jenna Johns, Jr., free/fly, state finalist; Samie Hubbard, Jr., distance free; Rebecca Pendleton, So., fly/IM; Saemmi Yoon, So., sprint free; Emma Rearson, So., distance free/IM

Strengths: With 32 athletes, there will be strong depth, but with 22 of those as ninth and 10th graders, they will need to gain experience

Question Marks: Back/sprints

Coach Redican Says: "We're hoping to maintain a tradition of success in the league and district, and qualify relays for states."

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PCL SWIMMING: ARCHBISHOP WOOD 88, ARCHBISHOP RYAN 71 (GIRLS); ARCHBISHOP WOOD 92, ARCHBISHOP RYAN 67 (BOYS)

Archbishop Wood sweeps Archbishop Ryan

By KAREN SANGILLO
STAFF WRITER

PHILADELPHIA — While it may have lost a little of its luster, the Philadelphia Catholic League rivalry between the Archbishop Wood and Archbishop Ryan swim teams is still a big one.

Of late, Archbishop Wood has dominated, and that trend continued as Wood's girls team beat the Ragdolls 88-71 and the boys beat the Raiders 92-67 at the Northeast Philadelphia Swim Coaches Association's Alberta Morris Natatorium.

The Vikings won nearly every event, but it was their depth that pulled them through, especially for the boys.

"Our team has grown so much," said Wood junior Kevin Harte. "There was a time when we wouldn't have done well in this meet, but we've really pushed it over the last few years and it shows.

"We have so much more depth and we're stronger in so many events, and I'm excited to be a part of that."

Conor Lynskey won the 200-yard freestyle in 2:02.41 and the 100 breaststroke

Boys: Archbishop Wood 92, Archbishop Ryan 67

200-yard medley relay: 1. Archbishop Wood (Peter Gori, Timothy Quigley, Kevin Harte, Lucas Dyke), 1:49.60; 2. Archbishop Ryan, 1:51.89; 3. Archbishop Wood, 2:06.62;
200 freestyle: 1. Conor Lynskey (AW), 2:02.41; 2. Jack Sliva (AR), 2:02.55; 3. Dyke (AW), 2:05.12;
200 IM: 1. T. Quigley (AW), 2:17.44; 2. Matthew Quigley (AW), 2:28.72; 3. Brian Yost (AR), 2:29.18;
50 freestyle: 1. Daniel Lips (AW), 25.25; 2. Connor Gripman (AR), 25.62; 3. Robert Fanning (AW), 26.68;
Diving: not contested;
100 butterfly: 1. John Goncalves (AR), 57.62; 2. Gori (AW), 1:02.62; 3. Harte (AW), 1:03.45;
100 freestyle: 1. Lips (AW), 56.25; 2. Fanning (AW), 57.78; 3. Gripman (AR), 59.00;
500 freestyle: 1. Dyke (AW), 5:40.69; 2. Lou Marano (AR), 5:40.78; 3. Colin Oyer (AW), 6:29.56;
200 freestyle relay: 1. Archbishop Wood (Lynskey, Lips, Fanning, Dyke), 1:41.68; 2. Archbishop Ryan, 1:41.88; 3. Archbishop Wood, 1:45.09;
100 backstroke: 1. Gori (AW), 1:00.59; 2. Goncalves (AR), 1:00.77; 3. Yost (AR), 1:06.99;
100 breaststroke: 1. Lynskey (AW), 1:09.49; 2. Michael Schoeffling (AW), 1:11.40; 3. Sliva (AR), 1:12.91;
400 freestyle relay: 1. Archbishop Wood (T. Quigley, Lips, Lynskey, Gori), 3:53.05; 2. Archbishop Wood, 4:12.90; 3. Archbishop Ryan, 4:38.45.
Records: Archbishop Wood (4-1, 4-0 Philadelphia Catholic League); Archbishop Ryan (N/A).

(1:09.49), Daniel Lips captured the 50 freestyle (25.25) and 100 freestyle (56.25), Timothy Quigley took the 200 individual medley (2:17.44), Lucas Dyke prevailed in the 500 freestyle (5:40.69) and Peter Gori took first in the 100 backstroke (1:00.59) for Wood.

Gori, Quigley, Harte and Dyke won the 200 medley relay (1:49.60). Lynskey, Lips, Robert Fanning and Dyke captured the 200 freestyle relay (1:41.88), and Quigley, Lips, Lynskey and Gori took the 400 freestyle relay (3:53.05).

The victory set up next week's PCL girls showdown, when Wood hosts St. Hubert

on Wednesday. The Vikings are the defending PCL girls champion, but the Bambies gave them a run for it last season.

"This is a big rivalry and it feels good to win it," Wood senior Caitlin Bedesem said of the Ryan meet. "We feel really good about the rest of the season and we want to win the league again this year.

Girls: Archbishop Wood 88, Archbishop Ryan 71

200-yard medley relay: 1. Archbishop Wood (Taylor Green, Aubrey McDonough, Kaeleigh Mahon, MaryGrace MacDonand), 2:05.41; 2. Archbishop Wood, 2:09.19; 3. Archbishop Ryan, 2:13.49;
200 freestyle: 1. Megan Cook (AW), 2:11.40; 2. Caitlin Bedesem (AW), 2:14.63; 3. Natalie Rizzo (AR), 2:16.52;
200 IM: 1. Katharine Buliga (AW), 2:27.20; 2. McDonough (AW), 2:34.60; 3. Sarah McGee (AR), 2:38.52;
50 freestyle: 1. MacDonand (AW), 27.70; 2. Mahon (AW), 27.51; 3. Sydney Aston (AR), 27.67;
Diving: not contested;
100 butterfly: 1. Buliga (AW), 1:09.16; 2. Kristen Johnson (AR), 1:14.73; 3. Emma Foley (AW), 1:14.75;
100 freestyle: 1. Aston (AR), 1:01.12; 2. Green (AW), 1:01.42; 3. Bedesem (AW), 1:10.67;
500 freestyle: 1. Cook (AW), 5:56.46; 2. McGee (AR), 6:04.59; 3. Rizzo (AR), 6:15.52;
200 freestyle relay: 1. Archbishop Wood (Cook, Mahon, Bedesem, Buliga), 1:52.99; 2. Archbishop Wood, 1:53.72; 3. Archbishop Ryan, 1:53.96;
100 backstroke: 1. Green (AW), 1:09.56; 2. Taylor Goldstein (AW), 1:12.94; 3. Kayley Hence (AW), 1:14.89;
100 breaststroke: 1. McDonough (AW), 1:17.50; 2. Sarah Gudas (AR), 1:18.17; 3. Molly Prior (AW), 1:23.31;
400 freestyle relay: 1. Archbishop Wood (Cook, Bedesem, McDonough, Buliga), 4:12.11; 2. Archbishop Wood, 4:17.81; 3. Archbishop Ryan, 4:25.06.
Records: Archbishop Wood (5-1, 4-0 Philadelphia Catholic League); Archbishop Ryan (N/A).

200 freestyle relay (1:52.99), and Cook, Bedesem, MacDonand and Buliga triumphed in the 400 freestyle relay (4:21.11).

The Wood girls won the District 12 Class AA title last year.

"We've had so much success and we want to keep it going," Bedesem said. "We do feel a little pressure of being the champion and having to defend that, but we're going to do our best."

With La Salle and St. Joe's Prep dominating the boys competition, Wood's boys team will have different goals.

"We understand that Prep and La Salle are very tough teams to beat," Harte said. "We focus more on best times and, if we do that, we'll be happy."

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SWIMMING NOTEBOOK

William Tennent's Leneghan perserveres

It's been a rough year for Haleigh Leneghan.

But the William Tennent sophomore is using swimming as her anchor.

"It's been such a rough year for me, and sometimes I do lose my focus, but swimming really helps me," she said. "It just brings me right back to where I should be."

She lost her grandmother, a beloved aunt and Tennent coach Lisa Forlini all within a year's time.

"That's been hard to deal with, but swimming has helped me to find my inner strength," she said. "Being a part of a team is a great thing. I love it.

"It's an instant support system, where everyone is your friend and everyone is there for you. It's definitely affected me, but it's also made me stronger. I try to focus on staying motivated and moving forward."

Older brother Ryan also swam for the Panthers, graduating in 2014, but it was Haleigh's idea to try the sport.

"We started swimming together at Maplewood in the summer, but it was my idea," she said. "I was the one who really wanted to do it, and my mom made us all swim to keep us in shape and because it was a good activity.

"It was a good decision for me. I love swimming, and I don't know where I'd be without it."

Her main event is the 500-yard freestyle.

"I definitely want to improve on that," she said. "My goal is to go under a 6:15. I'm going 6:23 right now, so I think I can reach that, but I really just want to improve in everything I do.

"I feel like I still have a lot of time, so there's not as much pressure, and I'm excited to see what I can do and what our team can do."

The Panthers won their first meet Tuesday, topping Suburban One League National Conference rival Neshaminy 97-73.

"It's really good for our team to get that first win," she said.

Stroudsburg Winter Classic

Archbishop Wood last Saturday competed at the Stroudsburg Winter Classic, hosted by the Stroudsburg Area School District at East Stroudsburg University.

The girls won the team title, scoring 265 points,

Sangillo's Top 5

Boys

1. Pennsbury (4-2)
2. Council Rock South (5-0)
3. Council Rock North (3-4)
4. William Tennent (5-1)
5. Neshaminy (0-5)

Girls

1. Council Rock North (4-3)
2. Pennsbury (4-3)
3. Council Rock South (3-2)
4. Archbishop Wood (4-1)
5. William Tennent (1-5)

while the boys finished second with 304 points, just getting nosed out by Philadelphia Catholic League rival Father Judge (306).

Peter Gori won the 100-yard backstroke in 59.65 and was second in the 50 freestyle in (23.53). Timothy Quigley took the 100 breaststroke (1:03.76) and was second in the 100 butterfly (56.25), and Conor Lynskey was third in the 500 freestyle (5:31.00) for the Wood boys.

Lucas Dyke, Quigley, Lynskey and Gori took second in the 200 freestyle relay (1:39.95), and Gori, Dyke, Lynskey and Quigley were third in the 400 freestyle relay (3:37.92).

For the girls, Taylor Goldstein, Aubrey McDonough, Caitlin Bedesem and MaryGrace MacDonand were third in the 200 medley relay (2:05.20). Kaeleigh Mahon, McDonough, Megan Cook and Katharine Buliga were third in the 200 freestyle relay (1:49.74), and Cook, Bedesem, MacDonand and Buliga took third in the 400 freestyle relay (4:06.62).

Meets to watch

On Friday, Council Rock South travels to William Tennent in a Suburban One League National Conference double dual meet at 3:30 p.m.

On Wednesday, Archbishop Wood plays host to Father Judge and St. Hubert for a Philadelphia Catholic League double-dual meet at 6 p.m. at Klinger Middle School.

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PCL SWIMMING: ARCHBISHOP WOOD 88, ARCHBISHOP RYAN 71 (GIRLS); ARCHBISHOP WOOD 92, ARCHBISHOP RYAN 67 (BOYS)

Vikings sweep Archbishop Ryan

By KAREN SANGILLO
STAFF WRITER

PHILADELPHIA — While it may have lost a little of its luster, the Philadelphia Catholic League rivalry between the Archbishop Wood and Archbishop Ryan swim teams is still a big one.

Of late, Archbishop Wood has dominated, and that trend continued as Wood's girls team beat the Ragdolls 88-71 and the boys beat the Raiders 92-67 at the Northeast Philadelphia Swim Coaches Association's Alberta Morris Natatorium.

The Vikings won nearly every event, but it was their depth that pulled them through, especially for the boys. "Our team has grown so much," said Wood junior Kevin Harte. "There was a time when we wouldn't have done well in this meet, but we've really pushed it over the last few years and it shows."

"We have so much more depth and we're stronger in so many events, and I'm excited to be a part of that."

Conor Lynskey won the 200-yard freestyle in 2:02.41 and the 100 breaststroke (1:09.49), Daniel Lips captured the 50 freestyle (25.25) and 100 freestyle (56.25), Timothy Quigley took the 200 individual medley (2:17.44), Lucas Dyke prevailed in the 500 freestyle (5:40.69) and Peter Gori took first in the 100 backstroke (1:00.59) for Wood.

Gori, Quigley, Harte and Dyke won the 200 medley relay (1:49.60). Lynskey, Lips, Robert Fanning and Dyke captured the 200 freestyle relay (1:41.88), and Quigley, Lips, Lynskey and Gori took the 400 freestyle relay (3:53.05).

The victory set up next week's PCL girls showdown, when Wood hosts St. Hubert on Wednesday. The Vikings are the defending PCL girls champion, but the Bambies gave them a run for it last season.

"This is a big rivalry and it feels good to win it," Wood senior Caitlin Bedesem said of the Ryan meet. "We feel really good about the rest of the season and we want to win the league again this year."

"We're a little worried about Hubert, but we've all been working really hard, so we're really excited for that meet."

For the Wood girls, Megan Cook won the 200 freestyle (2:11.40) and 500 freestyle (5:56.46), Katharine Buliga captured the 200 individual medley (2:27.20) and 100 butterfly (1:09.16),

Boys: Archbishop Wood 92, Archbishop Ryan 67

200-yard medley relay: 1. Archbishop Wood (Peter Gori, Timothy Quigley, Kevin Harte, Lucas Dyke), 1:49.60; 2. Archbishop Ryan, 1:51.89; 3. Archbishop Wood, 2:06.62;
200 freestyle: 1. Conor Lynskey (AW), 2:02.41; 2. Jack Silva (AR), 2:02.55; 3. Dyke (AW), 2:05.12;
200 IM: 1. T. Quigley (AW), 2:17.44; 2. Matthew Quigley (AW), 2:28.72; 3. Brian Yost (AR), 2:29.18;
50 freestyle: 1. Daniel Lips (AW), 25.25; 2. Connor Gripman (AR), 25.82; 3. Robert Fanning (AW), 26.68;
Diving: not contested;
100 butterfly: 1. John Goncalves (AR), 57.62; 2. Gori (AW), 1:02.62; 3. Harte (AW), 1:03.45;
100 freestyle: 1. Lips (AW), 56.25; 2. Fanning (AW), 57.78; 3. Gripman (AR), 59.00;
500 freestyle: 1. Dyke (AW), 5:40.69; 2. Lou Marano (AR), 5:40.78; 3. Colin Oyer (AW), 6:29.56;
200 freestyle relay: 1. Archbishop Wood (Lynskey, Lips, Fanning, Dyke), 1:41.88; 2. Archbishop Ryan, 1:41.88; 3. Archbishop Wood, 1:45.09;
100 backstroke: 1. Gori (AW), 1:00.59; 2. Goncalves (AR), 1:00.77; 3. Yost (AR), 1:06.99;
100 breaststroke: 1. Lynskey (AW), 1:09.49; 2. Michael Schoeffling (AW), 1:11.40; 3. Silva (AR), 1:12.91;
400 freestyle relay: 1. Archbishop Wood (T. Quigley, Lips, Lynskey, Gori), 3:53.05; 2. Archbishop Wood, 4:12.90; 3. Archbishop Ryan, 4:38.45;
Records: Archbishop Wood (4-1, 4-0 Philadelphia Catholic League); Archbishop Ryan (N/A).

Girls: Archbishop Wood 88, Archbishop Ryan 71

200-yard medley relay: 1. Archbishop Wood (Taylor Green, Aubrey McDonough, Kaeleigh Mahon, MaryGrace MacDonand), 2:05.41; 2. Archbishop Wood, 2:09.19; 3. Archbishop Ryan, 2:13.49;
200 freestyle: 1. Megan Cook (AW), 2:11.40; 2. Caitlin Bedesem (AW), 2:14.63; 3. Natalie Rizzo (AR), 2:16.52;
200 IM: 1. Katharine Buliga (AW), 2:27.20; 2. McDonough (AW), 2:34.60; 3. Sarah McGee (AR), 2:38.52;
50 freestyle: 1. MacDonand (AW), 27.70; 2. Mahon (AW), 27.51; 3. Sydney Aston (AR), 27.67;
Diving: not contested;
100 butterfly: 1. Buliga (AW), 1:09.16; 2. Kristen Johnson (AR), 1:14.73; 3. Emma Foley (AW), 1:14.75;
100 freestyle: 1. Aston (AR), 1:01.12; 2. Green (AW), 1:01.42; 3. Bedesem (AW), 1:01.67;
500 freestyle: 1. Cook (AW), 5:56.46; 2. McGee (AR), 6:04.59; 3. Rizzo (AR), 6:15.52;
200 freestyle relay: 1. Archbishop Wood (Cook, Mahon, Bedesem, Buliga), 1:52.99; 2. Archbishop Wood, 1:53.72; 3. Archbishop Ryan, 1:53.96;
100 backstroke: 1. Green (AW), 1:09.56; 2. Taylor Goldstein (AW), 1:12.94; 3. Kayley Hencle (AW), 1:14.89;
100 breaststroke: 1. McDonough (AW), 1:17.50; 2. Sarah Gudas (AR), 1:18.17; 3. Molly Prior (AW), 1:23.31;
400 freestyle relay: 1. Archbishop Wood (Cook, Bedesem, McDonough, Buliga), 4:12.11; 2. Archbishop Wood, 4:17.81; 3. Archbishop Ryan, 4:25.06;
Records: Archbishop Wood (5-1, 4-0 Philadelphia Catholic League); Archbishop Ryan (N/A).

MaryGrace MacDonand took the 50 freestyle (27.70), Taylor Green claimed the 100 backstroke (1:09.56) and Aubrey McDonough placed first in the 100 breaststroke (1:17.50).

Green, McDonough, Kaeleigh Mahon and MacDonand won the 200 medley relay (2:05.49). Cook, Mahon, Bedesem and Buliga took the 200 freestyle relay (1:52.99), and Cook, Bedesem, MacDonand and Buliga triumphed in the 400 freestyle relay (4:21.11).

The Wood girls won the District 12 Class AA title last year.

"We've had so much success and we want to keep it going," Bedesem said. "We do feel a little pressure of being the champion and having to defend that, but we're going to do our best."

With La Salle and St. Joe's Prep dominating the boys competition, Wood's boys team will have different goals.

"We understand that Prep and La Salle are very tough teams to beat," Harte said. "We focus more on best times and, if we do that, we'll be happy."

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SWIMMING NOTEBOOK

Record holder who wasn't — yet



Bill Keen

For a few hours Tuesday, it appeared as though Wesley Ahart had achieved a higher score for a six-dive set than anyone had ever recorded at the Souderton Area High School pool.

His 294.35 points not only gave him first place in a dual meet with Central Bucks West, but it was higher than the mark listed on the record board hanging on the natatorium wall. The public address announcer said it was a new standard, a good-sized crowd in the balcony applauded, and one of Ahart's teammates gave him the good news.

"I was in the locker room after the meet, and a teammate came in and said, 'Nice job. I hear you broke the record.' And I was, like, wait, what, because I didn't realize it at first," the sophomore said. "I thought this

can't be right that I beat it. It was my goal, but I didn't think it would be so early on in the year."

As it turned out, he was correct when he thought, "this can't be right," but nobody knew it until head coach Caitlyn Warren did some further checking.

The pool mark, as well as the overall school record, still belongs to Ozzie Moyer. Currently a senior at the University of North Carolina, Moyer was the 2012 Class AAA state champion. He put up a score of 318.30 as a Souderton senior at the pool, and added a score of 356.95 on the road.

Those totals are safe — for now.

The fact that Ahart came within 24 points of the pool record this early in the season is a pretty good indication he could take it down for real. The school record may be a different story, but you have to keep in mind that he has two years after this to continue the quest.

With a little help from her friend

While Wesley Ahart was winning the boys' diving event at Tuesday's meet, CB West's Sarah Stim was taking the girls' competition with a total of 255.50 points. The amazing thing about the victory was that she has a wrist injury. It was originally diagnosed as tendinitis, but she said lately there are times when it almost feels like it's broken.

Last season, she finished sixth in District One and earned a trip to states. After the semifinals, she was ninth, but she slipped a bit and finished 11th, 1.1 points out of the top 10.

Stim is a member of TNT Diving of Fort Washington, where one of her teammates is Ahart. There's also another diver well known to area fans who has a very good reason for not being able to be around all the time.

When Ozzie Moyer was winning the 2012 boys state title, Central Bucks West's Rachel Saunders was finishing

third in the girls' competition. When she has a chance to come home during breaks, Saunders also dives for TNT.

"Rachel is one of my good friends and she's an amazing role model," Stim said. "She has beautiful form, so I'm always looking to match her diving. She's there to supplement what my coaches tell me. She'll tell me, 'Yeah, Sarah, good job.' That motivates me to be better, to be more like her."

Before she was injured, Stim said she was where she wanted to be with her training, and she said she's slowly returning to that point. Her immediate goal is to grab a top-three spot at the District One championship meet. Long-term, she wants to return to states where, at the very least, she wants to crack the top 10.

With encouragement and help from her friend from the University of Pittsburgh, who knows how much higher she can go?

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ICE HOCKEY: ARCHBISHOP WOOD 5, NESHAMINY 4

Archbishop Wood holds off Neshaminy

By RICK WOELFEL
CORRESPONDENT

BRISTOL — It was a victory to savor, if for no other reason than it had been a long time coming.

Archbishop Wood topped Neshaminy 5-4 Wednesday night, overcoming deficits of 2-0 and 3-2 in the Suburban High School Hockey League National Division game at Grundy Arena.

It was the Vikings' first win in SHSHL National after nine consecutive conference losses.

"It's huge for our guys," said Wood coach Sam Galen. "Especially coming back after being down 2-0 like we did. That's definitely a confidence builder."

Neshaminy (3-7-1 overall, 3-6-1 in conference) jumped in front on Ian Dixon's goal with 3:48 left in the first period. Emmitt Shanks, Wood's starting goaltender, was injured in a collision on the play and hit his head on the ice. He was lifted at that point but, according to Gallen, was showing no effects from the collision after the game.

Dixon gave Neshaminy a 2-0 lead on a shorthanded goal 5:38 into the second period when he stole the puck just inside his own blue line at the left point and went end to end to beat Joe Danig, Shanks' replacement in the Vikings' net.

Tim Cordero and Joe Hill scored for the Vikings to tie the game with 8:58 left in the middle period, but Anthony Bickle put Neshaminy back in front with 3:56 left. Cordero's second goal of the night tied the game just 31 seconds into the final session.

But Ryan Kinney's goal was the most memorable of

Archbishop Wood 5, Neshaminy 4

Neshaminy	121-4
Archbishop Wood	023-5
First-period goals:	Ian Dixon (N) from Brandon Kinest, 15:12 (pp).	
Second-period goals:	Dixon (N) unassisted, 5:38 (sh); Tim Cordero (AW) from Brendon Culura, 6:33 (pp); Joe Hill (AW) from Declan Cole and R.J. Patella, 7:02; Anthony Bickle (N) from Aric Miller and Chase Jordan, 12:04.	
Third-period goals:	Cordero (AW) from Pat Sheehan, :31; Ryan Kinney (AW) unassisted, 2:09; Culura (AW) from Panella and Cordero, 3:27; Anthony Sabatini (N) from Miller, 10:32.	
Shots:	Neshaminy 27, Wood 27. Saves: Steven Glik (N) 22; Emmitt Shanks (AW) 9; Joe Danig (AW) 14.	
Records:	Neshaminy (3-7-1, 3-6-1 SHSHL National Division); Wood (4-9, 1-9 SHSHL)	

the night. It also turned out to be the winning goal.

The Vikings' sophomore one-timed a shot from the left faceoff circle. The puck found the top right corner of the net. Neshaminy goaltender Steven Glik appeared to be screened on the play and didn't react until the puck was past him 2:09 into the period.

"I just saw the puck sitting there," Kinney said, "so I figured I'd just throw it on net and hope for the best."

Brendan Cullura extended Wood's lead to 5-3 at the 3:27 mark, but Neshaminy didn't go away, although it failed to score

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during a two-man advantage that lasted 1 minute, 42 seconds.

Anthony Sabatini's goal during a four-on-four situation with 5:28 left made it a one-goal game once more, but the Vikings held on. Fittingly enough,

Kinney blocked a shot from the point in the closing seconds before enjoying the feels of a win afterward.

"It feels good," he said. "We've had opportunities, but we really haven't been taking the best out of it. It just feels good to get a win."

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PCL SWIMMING: ARCHBISHOP WOOD 95, ST. HUBERT 73 (GIRLS); FATHER JUDGE 90, ARCHBISHOP WOOD 78 (BOYS)

Wood beats St. Hubert, falls to Father Judge

By KAREN SANGILLO
STAFF WRITER

UPPER SOUTHAMPTON — It was the meet it had been nervous about all season, but, when the time came, the Archbishop Wood girls swim team came through.

The Vikings defeated Philadelphia Catholic League rival St. Hubert 95-73 on Wednesday night at Klinger Middle School.

In the boys' meet, Father Judge bested Wood 90-78.

The Wood girls took over the lead after the first individual event and continued to build on it for the victory.

"This meet was really close last year, so we were a little worried about it," said Megan Cook, a senior captain for Wood. "But we knew what we had to do and we were able to do it."

"As the meet went on, we got more confident, and that helped us to swim better and do what we needed to do."

The Wood girls won nearly every individual event.

Katharine Buliga took the 200-yard freestyle in 2:06.23, MaryGrace MacDonand captured the 50 freestyle (27.65), Caitlin Bedesem prevailed in the 100 butterfly (1:00.18), Taylor Green placed first in the 100 backstroke (1:09.74) and Aubrey McDonough won the 100 breaststroke (1:16.93) for the Vikings.

Kaeleigh Mahon, Bedesem, Cook and Buliga took the 200 freestyle relay (1:50.82), and Cook, Bedesem, MacDonand and Buliga captured the 400 freestyle relay (4:06.25).

The defending PCL champion Vikings have league meets remaining against Lansdale Catholic, Little Flower and Archbishop Carroll before heading into the league championship meet.

"Winning this was a huge

Archbishop Wood 95, St. Hubert 73

200-yard medley relay: 1. St. Hubert (Jordan Frye, Kaelyn Dougherty, Victoria Coyle, Lauren Budney), 2:01.90; 2. Archbishop Wood, 2:02.21; 3. Archbishop Wood, 2:11.12;

200 freestyle: 1. Katharine Buliga (AW), 2:06.23; 2. Megan Cook (AW), 2:11.66; 3. Claire DeMarshall (SH), 2:12.11;

200 IM: 1. Dougherty (SH), 2:18.26; 2. Caitlin Bedesem (AW), 2:29.97; 3. Aubrey McDonough (AW), 2:32.36;

50 freestyle: 1. MaryGrace MacDonand (AW), 27.65; 2. Kaeleigh Mahon (AW), 27.69; 3. Frye (SH), 28.07;

100 butterfly: 1. Coyle (SH), 1:13.71; 2. Emma Foley (AW), 1:13.81; 3. Samantha Rudden (SH), 1:15.26;

100 freestyle: 1. Bedesem (AW), 1:00.18; 2. Paige Cameron (SH), 1:01.51; 3. Taylor Green (AW), 1:02.10;

500 freestyle: 1. Dougherty (SH), 5:24.26; 2. Buliga (AW), 5:41.71; 3. Cook (AW), 6:06.71;

200 freestyle relay: 1. Archbishop Wood (Mahon, Bedesem, Cook, Buliga), 1:50.82; 2. Archbishop Wood, 1:53.29; 3. St. Hubert, 1:53.30;

100 backstroke: 1. Green (AW), 1:09.74; 2. DeMarshall (SH), 1:09.78; 3. Frye (SH), 1:11.47;

100 breaststroke: 1. McDonough (AW), 1:16.93; 2. Molly Prior (AW), 1:22.58; 3. Meghan McFadden (SH), 1:24.89;

400 freestyle relay: 1. Archbishop Wood (Cook, Bedesem, MacDonand, Buliga), 4:06.25; 2. St. Hubert, 4:07.53; 3. Archbishop Wood, 4:10.75.

Records: St. Hubert (N/A); Wood (6-1, 5-0 PCL).

Boys: Father Judge 90, Archbishop Wood 78

200-yard medley relay: 1. Father Judge (J. Comas, Kaminski, M. Purcell, McNamee), 1:45.13; 2. Archbishop Wood, 1:53.81; 3. Archbishop Wood, 1:55.29;

200 freestyle: 1. Sauer (FJ), 1:55.00; 2. Batley (FJ), 1:57.01; 3. Lucas Dyke (AW), 2:17.41;

200 IM: 1. Reilly (FJ), 1:58.91; 2. B. Comas (FJ), 2:14.16; 3. Connor Lynskey (AW), 2:18.83;

50 freestyle: 1. Peter Gori (AW), 23.57; 2. Green (FJ), 23.77; 3. McKinstry (FJ), 23.91;

100 butterfly: 1. Reilly (FJ), 54.22; 2. Timothy Quigley (AW), 57.31; 3. R. Comas (FJ), 58.43;

100 freestyle: 1. Madeja (FJ), 51.88; 2. McKinstry (FJ), 53.73; 3. Daniel Lips (AW), 55.93;

500 freestyle: 1. Sauer (FJ), 5:20.34; 2. Lynskey (AW), 5:37.17; 3. Colin Oyer (AW), 6:29.31;

200 freestyle relay: 1. Father Judge (Reilly, Madeja, Green, McKinstry), 1:34.73; 2. Archbishop Wood, 1:42.85; 3. Archbishop Wood, 1:45.06;

100 backstroke: 1. Batley (FJ), 59.39; 2. Gori (AW), 59.53; 3. Madeja (FJ), 1:00.53;

100 breaststroke: 1. T. Quigley (AW), 1:05.54; 2. Green (FJ), 1:06.96; 3. Michael Schoeffling (AW), 1:11.57;

400 freestyle relay: 1. Archbishop Wood (Lips, Dyke, T. Quigley, Gori), 3:45.69; 2. Father Judge, 3:55.72; 3. Archbishop Wood, 4:05.80.

Records: Judge (N/A); Wood (4-3, 4-2 PCL).

confidence boost for us," Cook said. "This was a big win. We really showed our depth in this one."

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SWIMMING NOTEBOOK

Bobby McLoughlin is following in his brother's footsteps.

But the Holy Ghost Prep junior is making his own path.

"My brother went to Holy Ghost, and that's also what I chose," said McLoughlin, a junior who lives in Yardley. "But it's because that's honestly what I wanted. It was the right choice for me. I love it at Ghost."

Older brother J.P. graduated in 2015 and ran track and cross country for the Firebirds. He now does the same at Duquesne University.

"I started swimming eight years ago and I got really into it," McLoughlin said. "The rest is history. I've played football, baseball and basketball, but I narrowed it down to swimming."

He has been on the team since his freshman year.

"We got off to a slow start this year, but I think Holy Ghost is going to do some

great things," he said. "I'm really looking forward to districts."

The Firebirds compete in District One Class AA.

"Having the experience of swimming at districts before is a big help," McLoughlin said. "You know what to expect, you know who your competition is. Those things can really make a difference for you."

Last year, he reached the PIAA Class AA competition in the 100-yard backstroke and as a member of the 400 freestyle relay.

"That was a great experience, and I really want to go back," he said. "I didn't do as well as I'd hoped in the backstroke, so I'd like to go back again this year and get a best time."

He would like to swim in college but has not chosen a school yet.

"I'd like to go Division I, but Division III is fine, too," he said. "I'm really open-minded about where I'm going and nothing's set. Right now, I'm focusing on doing my best at districts and states and attracting the attention of college coaches."

"I want to put up good times and get good grades.

Sangillo's Top 5**Boys**

1. Pennsbury (5-2)
2. Council Rock South (6-0)
3. Council Rock North (4-4)
4. William Tennent (6-1)
5. Neshaminy (0-6)

Girls

1. Council Rock North (5-3)
2. Pennsbury (5-3)
3. Council Rock South (3-2)
4. Archbishop Wood (5-1)
5. William Tennent (2-5)

I'm very serious about academics, and it's hard to balance swimming and school, but you just have to live with it."

He is considering majoring in political law or any field of business with an eye toward law school.

Record setters

Pennsbury's Nicole Costello and Connor Doyle both broke pool records at Central Bucks South.

Costello scored a 298.60 points to eclipse the previous six-dive record of 295.35 held by Rachel Saunders of Central Bucks West.

Doyle swam the 100-yard backstroke in 51.71,

lowering the old standard of 52.02 set by Hatboro-Horsham's Michael Thomas.

Schedule changes

Meets have been moved up from Friday to Thursday, in anticipation of the big snowstorm forecast for Friday into Saturday.

In the Suburban One League National Conference, Pennsbury will swim Council Rock South at Council Rock North, and Council Rock North will travel to Abington on Thursday, moving those meets up 24 hours. Both are at 3:30 p.m.

"It just seemed like the smart thing to do," CR North boys coach Brian Johnson said. "We have William Tennent and Council Rock South next week, so we didn't want to try to jam a third meet into the week if we could avoid it."

Meets to watch

On Thursday, Council Rock South plays host to Pennsbury for a Suburban One League National Conference double dual meet at 3:30 p.m. at Council Rock North.

Local Scoreboard**Schedule****BOYS BASKETBALL**

New Hope-Solebury at Phil-Mont Christian, 6 p.m.

Council Rock South at Abington, 7 p.m.

Conwell-Egan at Bishop McDevitt, 7 p.m.

Souderton at Central Bucks West, 7 p.m.

Pennsbury at Bensalem, 7 p.m.

Harry S. Truman at Council Rock North, 7 p.m.

William Tennent at Neshaminy, 7 p.m.

GIRLS BASKETBALL

Bensalem at Pennsbury, 7 p.m.

Abington at Council Rock South, 7 p.m.

Council Rock North at Harry S. Truman, 7 p.m.

Upper Dublin at Upper Moreland, 7 p.m.

Neshaminy at William Tennent, 7 p.m.

Upper Merion at Central Bucks South, 7 p.m.

Upper Moreland at Methacton, 7 p.m.

SWIMMING

Council Rock North at Abington, 3:30 p.m.

Pennsbury at Council Rock South, 3:30 p.m.

ICE HOCKEY

Council Rock South vs. Neshaminy (at Warwick), 7:10 p.m.

Archbishop Wood vs. Pennsbury (at Wintersport), 7:20 p.m.

Central Bucks West vs. North Penn (at Hatfield Ice), 7:20 p.m.

St. Joseph's Prep vs. Holy Ghost Prep (at Skatium), 8 p.m.

Wissahickon vs. Hatboro-Horsham (at Warwick), 8:50 p.m.

Results**BOYS BASKETBALL**

North Penn 45, Lansdale Catholic 43

Hill School 78, Solebury School 56

Valley Forge Military Academy 53, Christopher Dock 45

GIRLS BASKETBALL

Calvary Christian 43, Bristol 39

Archbishop Wood 73, Bonner-Prendergast 34

Lansdale Catholic 52, West Catholic 38

Penn Wood 42, Souderton 34

Solebury School 37, Germantown Friends 30

Archbishop Ryan 53, Conwell-Egan 16

WRESTLING

Solebury School at Phil-Mont Christian

Valley Forge Military Academy at New Hope-Solebury

Archbishop Wood 75, Conwell-Egan 6

Council Rock South 51, Council Rock North 15

Harry S. Truman at Bensalem

Hatboro-Horsham 53, Central Bucks West 21

Palisades at Wilson

North Penn 34, Pennridge 30

Quakertown 48, Central Bucks East 23

Souderton at Central Bucks South

Upper Moreland at Cheltenham

Abington 60, William Tennent 20

BOYS SWIMMING

Hatboro-Horsham at Central Bucks West

Peddle School 122, Germantown Academy 61

Father Judge 90, Archbishop Wood 78

GIRLS SWIMMING

Hatboro-Horsham at Central Bucks West

North Penn 4, Abington 0

Germantown Academy 95, Peddie School 88

Archbishop Wood 95, St. Hubert 73

ICE HOCKEY

Abington vs. William Tennent

BOYS BOWLING

Holy Ghost Prep 4, Jenkintown, 0

Plymouth Whittemarsh 3, Hatboro-Horsham 1

Norristown 3, Upper Moreland 1

Abington 3, North Penn 1

Pennridge 4, Upper Dublin 0

GIRLS BOWLING

Upper Moreland 4, Norristown 0

North Penn 4, Abington 0

Pennridge 3, Upper Dublin 1

Hatboro-Horsham 4, Plymouth Whittemarsh 0

COLLEGE SPORTS**MEN'S BASKETBALL**

Delaware Valley 72, Fairleigh Dickinson-Florham 60

WOMEN'S BASKETBALL

Fairleigh Dickinson-Florham 67, Delaware Valley 58

ICE HOCKEY: WILLIAM TENNENT 9, ABINGTON 3

William Tennent pulls away from Abington

By RICK WOELFEL
CORRESPONDENT

BRISTOL — On the scoreboard, it was an easy win.

Alec Dugan and Eric Kreider each delivered hat tricks as William Tennent continued its winning ways with a 9-3 Suburban High School Hockey League National Division win over Abington on Wednesday night at Grundy Arena.

Officially, the Panthers have prevailed in 10 of their last 11 starts. One of those was a forfeit victory over North Penn in a game that was originally recorded as a 3-3 tie. On the ice, Tennent has won eight of its last nine.

But it took the Panthers (10-2 overall, 9-1 in league play) a while to get going on Wednesday night. The reason was Abington. A neutral observer would have never surmised that the Galloping Ghosts took the ice with an 0-9-1 record.

"I've got to give Abington a ton of credit," said Tennent coach Nick D'Aurizio. "That team played a system and they played it well. Every single guy on that team worked."

Dugan opened the scoring for Tennent 4:24 into the opening period when he stopped a clearing attempt with his hand, knocked it to the ice and scored on a one-timer from just inside the Abington blue line.

Tom Panella answered

William Tennent 9, Abington 3

Abington 111-3
William Tennent 252-9

First-period goals: Alec Dugan (WT) unassisted, 4:26; Tom Panella (A) from Tommy Carroll, 5:40;

Dugan (WT) from Charlie Feeney and Sean Ovington, 13:09.

Second-period goals: Ovington (WT) from Dugan, 3:24; Tim McNamie (WT) unassisted, 10:41;

Chris Kreider (WT) from Gavin George and Blake Nagano, 11:33; Carroll (A) from Hayden O'Mara, 13:59 (pp); McNamie (WT) from Jack McKeever and Andre Trozzi, 14:23; Dugan (WT), 15:25 (sh).

Third-period goals: Kreider (WT) from Anthony Andriozio, 7:48; Kreider (WT) from Feeney, 11:40; Carroll (A) from Tyler Kramer, 15:37.

Shots: Abington 19, Tennent 43. **Saves:** Kyle Burke (A) 34; Eric Lineman (WT) 16.

Records: Abington (0-10-1, 0-10-1 SHSHL National); Tennent (10-2, 9-1 SHSHL National)

for Abington just 74 seconds later, when he put in a rebound of Tommy Carroll's original shot. Dugan's second goal came with 2:51 left in the period, and it was apparent Abington wasn't going away any time soon.

"They outworked us in the beginning," D'Aurizio said, "and that's why they kept it close in that first period. The way that they worked hard. They just brought the intensity, and we didn't."

Abington coach Steve Schoor was absent Wednesday night, so former head coach Pat Croce, now an assistant, was behind the bench along with Rob Gerlach, a former Abington player.

"We're still learning and developing as a team," Gerlach said, "but we tell them every day they've got to bring it at the start if they want to hang with the big boys."

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WINTER SPECIAL

SWIMMING: GERMANTOWN ACADEMY 95, PEDDIE SCHOOL 88 (GIRLS); PEDDIE SCHOOL 122, GERMANTOWN ACADEMY 61 (BOYS)

Germantown Academy girls nip Peddie at wire

By BILL KEEN
STAFF WRITER

WHITEMARSH — One year ago, Germantown Academy’s girls swimming team lost to arch-rival Peddie School in a meet that wasn’t decided until the very last event, the 400-yard freestyle relay.

Apparently elephants aren’t alone in having long memories. The Patriots remembered “the agony of defeat” all too well Wednesday, when the return engagement between the two powers again came down to the last event of the day.

Like last season, Peddie finished first, in 3:42.30. Unlike 2015, it wasn’t enough, because GA came home second and third to seal a thrilling 95-88 victory that had Patriots senior Lauren Henasey all smiles long after it was over.

“We knew beforehand that we had to get second and third and we would win, so we got the whole team pumped up because we had to swim out best,” Henasey said. “It all came down to our B’ relay, and we were all cheering, so this is pretty exciting.”

The visitors, however, were considerably stronger than the GA boys. Peddie doubled the Patriots’ score in a 122-61 boys win.

Boys: Peddie School 122, Germantown Academy 61
200-yard medley relay: 1. Peddie (Kyle Halbrecht, Reona Yamaguchi, Noah Houskeeper, Michael Blank), 1:36.66; 2. Peddie, 1:41.82; 3. Germantown Academy, 1:45.09
200 freestyle: 1. Roman Horoszewski (P), 1:47.56; 2. Andrew Garcia (P), 1:48.79; 3. Trey Ike (P), 1:51.70
200 IM: 1. Yamaguchi (P), 1:56.97; 2. Brien Collier (GA), 1:59.15; 3. Houskeeper (P), 1:59.21
50 freestyle: 1. Blank (P), 21.78; 2. Nathan Stern (P), 21.84; 3. Jimmy Parker (GA), 22.66
Diving: 1. Jake Rabbiner (GA), 98.75; 2. Ace MacDonald (GA), 68.70; 3. Justin Stokes (GA), 66.20
100 butterfly: 1. Houskeeper (P), 52.65; 2. Michael Chen (P), 54.44; 3. Collier (GA), 54.60
100 freestyle: 1. Stern (P), 47.75; 2. Jared Fitzgerald (P), 47.88; 3. Parker (GA), 49.63
500 freestyle: 1. Horoszewski (P), 4:54.30; 2. Garcia (P), 4:57.12; 3. Greg Callahan (GA), 5:07.10
200 freestyle relay: 1. Peddie (Blank, Stern, Horoszewski, Fitzgerald), 1:26.75; 2. Germantown Academy, 1:30.68; 3. Peddie, 1:32.17
100 backstroke: 1. Halbrecht (P), 55.57; 2. Chris Hayburn (GA), 55.59; 3. Blank (P), 56.53
100 breaststroke: 1. Yamaguchi (P), 59.27; 2. Alex Encinar (P), 1:03.58; 3. Fitzgerald (P), 1:06.91
400 freestyle relay: 1. Peddie (Stern, Fitzgerald, Houskeeper, Horoszewski), 3:15.34; 2. Germantown Academy, 3:20.66; 3. Peddie, 3:22.33

Girls: GA 95, Peddie School 88
200-yard medley relay: 1. Peddie (Sophia Furigay, Elizabeth Demoiné, Katie Hensler, Vanessa Ruiz), 1:52.71; 2. Germantown Academy, 1:54.44; 3. Germantown Academy, 1:58.31
200 freestyle: 1. Karlee Carminati (GA), 1:56.11; 2. Hensler (P), 2:00.76; 3. Sariyah Sherry (P), 2:03.58
200 IM: 1. Lauren Henasey (GA), 2:13.04; 2. McKensie Meyer (GA), 2:15.62; 3. Demoiné (P), 2:19.71
50 freestyle: 1. Nika Blank (P), 24.17; 2. Katie Aemissegger (GA), 25.86; 3. Nina Tang (GA), 26.19
Diving: 1. Alaina Schumann (GA), 243.70 (school record); 2. Lauren Rajauski (GA), 185.60; 3. Amanda Parker (GA), 127.20
100 butterfly: 1. Henasey (GA), 58.54; 2. Ruiz (P), 1:00.11; 3. Lydia Choi (P), 1:02.36
100 freestyle: 1. Blank (P), 53.99; 2. Sherry (P), 55.39; 3. Lauren Brown (GA), 56.50
500 freestyle: 1. Hensler (P), 5:18.22; 2. Meyer (GA), 5:22.23; 3. Sook-He Evans (GA), 5:24.00
200 freestyle relay: 1. Peddie (Blank, Carleen Chen, Demoiné, Sherry), 1:43.52; 2. Germantown Academy, 1:48.13; 3. Germantown Academy, 1:53.49
100 backstroke: 1. Furigay (P), 1:02.07; 2. Erin Merke (GA), 1:02.45; 3. Choi (P), 1:03.66
100 breaststroke: 1. Ruiz (P), 1:11.59; 2. Demoiné (P), 1:13.23; 3. Brianna Owen (GA), 1:14.27
400 freestyle relay: 1. Peddie (Blank, Sherry, Furigay, Ruiz), 3:42.30; 2. Germantown Academy, 3:45.78; 3. Germantown Academy, 3:52.41

Some in the crowd may not have recalled the way last season’s meet ended, but GA coach Jeff Thompson made sure his charges did. He called both the girls and boys together under the record board after the completion of diving and gave them a fire-and-brimstone reminder.

“I told them we were down a swimmer,” said Thompson, referring to junior Karlee Carminati, who left after winning the 200 free

because she wasn’t feeling up to par. “I told them they may have to do some things that might make them uncomfortable (because of lineup changes), but if we were going to have a chance to come up on top, some people were going to have to step up.

“Nobody said a word, they took a look at the lineup and took care of business.”

Henasey was one of them. She followed Carminati’s win with a victory

in the individual medley, and returned to win what Thompson calls, “her baby,” the butterfly.

“I am so proud of my teammates because they came together so much, it was amazing. Our loss last year just made this win so much better,” Henasey said. “We had a lot of faith in all the training that we have been doing over the season.

“We can’t be 100 percent certain about anything, but I felt confident that we could do it.”

GA’s girls had a 21-point lead after diving, but five consecutive firsts, starting with the 100 free and ending with the breaststroke, pulled Peddie to within nine before the 400 free relay.

“Going into that relay, we would win if we got second and third,” Thompson said. “If Peddie got first and third, then we would tie. Tying is nice, but I like winning better.

“Everybody just had to do their job. Lauren knew (the butterfly) was an event that she had to win because we needed those points. ... Everybody did their job, and that’s what a team is.”

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PCL SWIMMING: ARCHBISHOP WOOD 95, ST. HUBERT 73 (GIRLS); FATHER JUDGE 90, ARCHBISHOP WOOD 78 (BOYS)

Wood beats St. Hubert, falls to Father Judge

By KAREN SANGILLO
STAFF WRITER

UPPER SOUTHAMPTON — It was the meet it had been nervous about all season, but, when the time came, the Archbishop Wood girls swim team came through.

The Vikings defeated Philadelphia Catholic League rival St. Hubert 95-73 on Wednesday night at Klinger Middle School.

In the boys’ meet, Father Judge bested Wood 90-78.

The Wood girls took over the lead after the first individual event and continued to build on it for the victory.

“This meet was really close last year, so we were a little worried about it,” said Megan Cook, a senior captain for Wood. “But we knew what we had to do and we were able to do it.

“As the meet went on, we got more confident, and that helped us to swim better and do what we needed to do.”

The Wood girls won nearly every individual event.

Katharine Buliga took the 200-yard freestyle in 2:06.23, MaryGrace MacDonald captured the 50 freestyle (27.65), Caitlin Bedesem prevailed in the 100 butterfly (1:00.18), Taylor Green placed first in the 100 backstroke (1:09.74) and Aubrey McDonough won the 100 breaststroke (1:16.93) for the Vikings.

Kaeleigh Mahon, Bedesem, Cook and Buliga took the 200 freestyle relay (1:50.82), and Cook, Bedesem, MacDonald and Buliga captured the 400 freestyle relay (4:06.25).

The defending PCL champion Vikings have league meets remaining against Lansdale Catholic, Little Flower and Archbishop Carroll before heading into the league championship meet.

“Winning this was a

Archbishop Wood 95, St. Hubert 73
200-yard medley relay: 1. St. Hubert (Jordan Frye, Kaelyn Dougherty, Victoria Coyle, Lauren Budney), 2:01.90; 2. Archbishop Wood, 2:02.21; 3. Archbishop Wood, 2:11.12;
200 freestyle: 1. Katharine Buliga (AW), 2:06.23; 2. Megan Cook (AW), 2:11.68; 3. Claire DeMarshall (SH), 2:12.11;
200 IM: 1. Dougherty (SH), 2:18.26; 2. Caitlin Bedesem (AW), 2:29.97; 3. Aubrey McDonough (AW), 2:32.36;
50 freestyle: 1. MaryGrace MacDonald (AW), 27.65; 2. Kaeleigh Mahon (AW), 27.69; 3. Frye (SH), 28.07;
100 butterfly: 1. Coyle (SH), 1:13.71; 2. Emma Foley (AW), 1:13.81; 3. Samantha Rudden (SH), 1:15.28;
100 freestyle: 1. Bedesem (AW), 1:00.18; 2. Paige Cameron (SH), 1:01.51; 3. Taylor Green (AW), 1:02.10;
500 freestyle: 1. Dougherty (SH), 5:24.26; 2. Buliga (AW), 5:41.71; 3. Cook (AW), 6:06.71;
200 freestyle relay: 1. Archbishop Wood (Mahon, Bedesem, Cook, Buliga), 1:50.82; 2. Archbishop Wood, 1:53.29; 3. St. Hubert, 1:53.30;
100 backstroke: 1. Green (AW), 1:09.74; 2. DeMarshall (SH), 1:09.78; 3. Frye (SH), 1:11.47;
100 breaststroke: 1. McDonough (AW), 1:16.93; 2. Molly Prior (AW), 1:22.58; 3. Meghan McFadden (SH), 1:24.89;
400 freestyle relay: 1. Archbishop Wood (Cook, Bedesem, MacDonald, Buliga), 4:06.25; 2. St. Hubert, 4:07.53; 3. Archbishop Wood, 4:10.75.
Records: St. Hubert (NA); Wood (6-1, 5-0 PCL).

Boys: Father Judge 90, Archbishop Wood 78
200-yard medley relay: 1. Father Judge (J. Comas, Kaminski, M. Purcell, McNamee), 1:45.13; 2. Archbishop Wood, 1:53.81; 3. Archbishop Wood, 1:55.29;
200 freestyle: 1. Sauer (FJ), 1:55.00; 2. Batley (FJ), 1:57.01; 3. Lucas Dyke (AW), 2:17.41;
200 IM: 1. Reilly (FJ), 1:58.91; 2. B. Comas (FJ), 2:14.16; 3. Connor Lynskey (AW), 2:18.83;
50 freestyle: 1. Peter Gori (AW), 23.57; 2. Green (FJ), 23.77; 3. McKinstry (FJ), 23.91;
100 butterfly: 1. Reilly (FJ), 54.22; 2. Timothy Quigley (AW), 57.31; 3. R. Comas (FJ), 58.43;
100 freestyle: 1. Madeja (FJ), 51.88; 2. McKinstry (FJ), 53.73; 3. Daniel Lips (AW), 55.93;
500 freestyle: 1. Sauer (FJ), 5:20.34; 2. Lynskey (AW), 5:37.17; 3. Colin Oyer (AW), 6:29.31;
200 freestyle relay: 1. Father Judge (Reilly, Madeja, Green, McKinstry), 1:34.73; 2. Archbishop Wood, 1:42.85; 3. Archbishop Wood, 1:45.06;
100 backstroke: 1. Batley (FJ), 59.39; 2. Gori (AW), 59.53; 3. Madeja (FJ), 1:00.53;
100 breaststroke: 1. T. Quigley (AW), 1:05.54; 2. Green (FJ), 1:08.96; 3. Michael Schroeffling (AW), 1:11.57;
400 freestyle relay: 1. Archbishop Wood (Lips, Dyke, T. Quigley, Gori), 3:45.69; 2. Father Judge, 3:55.72; 3. Archbishop Wood, 4:05.80.
Records: Judge (NA); Wood (4-3, 4-2 PCL).

huge confidence boost for us,” Cook said. “This was a big win. We really showed our depth in this one.”

Karen Sangillo: 215-345-3070; email: ksangillo@calkins.com; Twitter: @KarenSangillo

SWIMMING NOTEBOOK

North Penn wins girls showdown No. 1

It is said time waits for no man, but the same is true for illness and injury.

The long-awaited girls swimming showdown between North Penn and Pennridge almost certainly

Bill Keen would have been a heck of a lot more exciting, especially in the relays, were it not for an illness that robbed the

Rams’ Hannah Zurmuhl of a week-and-a-half of training, and an ankle injury that hampered her teammate Morgan Scott.

Had the two standouts been at full strength, it may have made the final score a lot closer, but, in all likelihood, would not have changed the outcome.

The Maidens’ depth this season is outstanding; the same can be said for the Knights, who also won convincingly against Pennridge. Both had such a huge lead after the 200 freestyle relay they swam the final three events in exhibition.

What a healthy Zurmuhl and Scott might have done is given the Rams a better chance of winning the medley and 200 freestyle relays.

North Penn’s Megan Zartman, Erin O’Neill, Claudia Thamm and Leah Brown won the medley in 1:48.26 with the 1:48.51 for Zurmuhl, Scott, Anna Beno and Brittany Weiss leaving them in second.

In the 200 free relay, Kailyn Evans and Aimee Baur joined O’Neill and Brown; their 1:37.95 gave them first. Zurmuhl, Beno, Weiss and Scott had a 1:38.09 and again came up just short of the win.

The Suburban One League Continental Conference regular-season meeting



RICK KINTZEL / STAFF PHOTOGRAPHER

Pennridge’s Hannah Zurmuhl is shown on her way to the 50-yard freestyle gold at the District One class AAA championships when she was a freshman. Now a senior, an illness kept her out of the Rams’ lineup for more than a week prior to Tuesday’s showdown with North Penn. She finished third in the 50 and second in the butterfly but is expected to be in top shape for the postseason.

is history. The nice thing about those relay teams is that they very well could go head-to-head three more times.

First up is the Continental Conference championships. The second of the three would be the District One championships, while the third would be a pretty big meet in Lewisburg around St. Patty’s Day.

If the swimming gods cooperate, fans of really exciting relays should plan to be there. It says here they’ll be memorable to the Nth degree.

Apparently, you can go home again

Look at the records board hanging above the pool at Germantown Academy and you’ll see the pool record for diving belongs to Tom Henninger, the same Tom Henninger who is the new diving coach at his alma mater.

Henninger and teammate Jeff Cragg dominated the springboard in the middle part of the 21st century’s first decade. After graduation, Henninger went on to other challenges, but fate brought him to the attention of second-year Patriots head coach Jeff Thompson at just the right time.

“Diving may not be my thing, but I know how to build a team,” Thompson said. “I’ve collected a group of coaches that are fantastic, and Tommy Henninger is no different. What he has been able to do with those kids is really incredible.”

Thompson was, of course, referring to the Patriots’ divers, led by junior Alaina Schuman. Tuesday against Agnes Irwin, Schumann rang up a total of 228.20 points. It was significant because it broke the school girls record that had stood for the last 12 years.

Wednesday against Peddie School, she did it again, shattering her own record with a total of 243.70.

Schumann and the others have the chance to learn from Henninger, because Thompson made a call to a friend, back home in Indiana.

“I was looking for a diving coach all last year, and I believed GA’s (divers) deserved something great,” Thompson said. “We plucked Tommy out of the state of Indiana.

“I reached out to a friend, and he said, ‘Hey, I have a guy who’s working for me, and I believe he’s from out there.’ A week later, this

Local Scoreboard

Schedule

BOYS BASKETBALL

New Hope-Solebury at Phil-Mont Christian, 6 p.m.
Council Rock South at Abington, 7 p.m.
Cornwell-Egan at Bishop McDevitt, 7 p.m.
Souderton at Central Bucks West, 7 p.m.
Pennsbury at Bensalem, 7 p.m.
Harry S. Truman at Council Rock North, 7 p.m.
William Tennent at Neshaminy, 7 p.m.
GIRLS BASKETBALL
Bensalem at Pennsbury, 7 p.m.
Abington at Council Rock South, 7 p.m.
Council Rock North at Harry S. Truman, 7 p.m.
Upper Dublin at Upper Moreland, 7 p.m.
Neshaminy at William Tennent, 7 p.m.
Upper Merion at Central Bucks South, 7 p.m.
Upper Moreland at Melhnacton, 7 p.m.
SWIMMING
Council Rock North at Abington, 3:30 p.m.
Pennsbury at Council Rock South, 3:30 p.m.
ICE HOCKEY
Council Rock South vs. Neshaminy (at Warwick), 7:10 p.m.
Archbishop Wood vs. Pennsbury (at Winttersport), 7:20 p.m.
Central Bucks West vs. North Penn (at Hatfield Ice), 7:20 p.m.

Results

BOYS BASKETBALL

North Penn 45, Lansdale Catholic 43
Hill School 78, Solebury School 56
Valley Forge Military Academy 53, Christopher Dock 45
GIRLS BASKETBALL
Calvary Christian 43, Bristol 39
Archbishop Wood 73, Bonner-Pendergast 34
Lansdale Catholic 52, West Catholic 38
Penn Wood 42, Souderton 34
Solebury School 37, Germantown Friends 30
Archbishop Ryan 53, Cornwell-Egan 16
WRESTLING
Solebury School at Phil-Mont Christian
Valley Forge Military Academy at New Hope-Solebury
Archbishop Wood 75, Cornwell-Egan 6
Council Rock South 51, Council Rock North 15
Harry S. Truman at Bensalem
Hatboro-Horsham 53, Central Bucks West 21
Palisades at Wilson
North Penn 34, Pennridge 30
Quakertown 48, Central Bucks East 23
Souderton at Central Bucks South
Upper Moreland at Cheltenham

Abington 60, William Tennent 20
BOYS SWIMMING
Hatboro-Horsham at Central Bucks West
Peddie School 122, Germantown Academy 61
Father Judge 90, Archbishop Wood 78
GIRLS SWIMMING
Hatboro-Horsham at Central Bucks West
North Penn 4, Abington 0
Germantown Academy 95, Peddie School 88
Archbishop Wood 95, St. Hubert 73
ICE HOCKEY
Abington vs. William Tennent
BOYS BOWLING
Holy Ghost Prep 4, Jenkintown 0
Plymouth Whitemarsh 3, Hatboro-Horsham 1
Norristown 3, Upper Moreland 1
Abington 3, North Penn 1
Pennridge 4, Upper Dublin 0
GIRLS BOWLING
Upper Moreland 4, Norristown 0
North Penn 4, Abington 0
Pennridge 3, Upper Dublin 1
Hatboro-Horsham 4, Plymouth Whitemarsh 0
COLLEGE SPORTS
MEN’S BASKETBALL
Delaware Valley 72, Fairleigh Dickinson-Florham 60
WOMEN’S BASKETBALL
Fairleigh Dickinson-Florham 67, Delaware Valley 58

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PCL SWIMMING

Wood swimmers sweep O'Hara

Girls: Archbishop Wood 84, Cardinal O'Hara 72

200-yard medley relay: 1. Cardinal O'Hara (Julia Boyle, Morgan Mack, Hanna Blewett, Kylie Swanick), 2:03.80; 2. Archbishop Wood, 2:04.62; 3. Archbishop Wood, 2:12.34; **200 freestyle:** 1. Caitlin Bedesem (AW), 2:14.26; 2. Aubrey McDonough (AW), 2:22.28; 3. Kayley Hence (AW), 2:27.18; **200 IM:** 1. Megan Cook (AW), 2:40.01; 2. Andrea Martino (AW), 2:54.96; 3. Erin Gibson (AW), 3:01.48; **50 freestyle:** 1. Blewett (CO), 25.26; 2. MaryGrace MacDonald (AW), 27.64; 3. Kaeleigh Mahon (AW), 28.34; **Diving:** 1. none (); 2. (); 3. (); **100 butterfly:** 1. Blewett (CO), 1:02.07; 2. Katharine Buliga (AW), 1:10.02; 3. Mahon (AW), 1:12.16; **100 freestyle:** 1. MacDonald (AW), 1:02.01; 2. Cook (AW), 1:02.89; 3. Elizabeth Derr (AW), 1:04.60; **500 freestyle:** 1. Bedesem (AW), 6:12.34; 2. Swanick (CO), 6:18.82; 3. Kallie Karensky (AW), 6:29.07; **200 freestyle relay:** 1. Archbishop Wood (Cook, Mahon, MacDonald, Buliga), 1:50.59; 2. Cardinal O'Hara, 1:53.62; 3. Archbishop Wood, 1:57.01; **100 backstroke:** 1. Swanick (CO), 1:09.47; 2. Megan Ashworth (CO), 1:43.08; **100 breaststroke:** 1. Mack (CO), 1:25.66; 2. Darien McAnulla (CO), 2:09.26; **400 freestyle relay:** 1. Cardinal O'Hara (Bridget O'Shea, Emily Quinn, Kylee Nugent, Lylee Swanick), 4:45.18; 2. Cardinal O'Hara, 5:57.55; **Records:** Wood (2-1, 1-0 PCL); O'Hara (1-2, 0-1 PCL).

Boys: Archbishop Wood 84, Cardinal O'Hara 78

200-yard medley relay: 1. Archbishop Wood (Peter Gori, Conor Lynskey, Tim Quigley, Dan Lips), 1:53.04; 2. Archbishop Wood, 1:57.25; 3. Archbishop Wood, 2:07.78; **200 freestyle:** 1. Lynskey (AW), 2:03.86; 2. Kevin Harte (AW), 2:15.91; 3. Phillip Boyle (CO), 2:18.04; **200 IM:** 1. T. Quigley (AW), 2:16.00; 2. Cullen Boyle (CO), 2:19.62; 3. Lucas Dyke (AW), 2:21.08; **50 freestyle:** 1. Gori (AW), 24.00; 2. Jack Gibson (CO), 25.41; 3. Grant Delia (AW), 27.33; **Diving:** 1. none (); 2. (); 3. (); **100 butterfly:** 1. Harte (AW), 1:02.90; 2. Matthew Quigley (AW), 1:10.78; 3. Michael Wheilhan (AW), 1:15.63; **100 freestyle:** 1. C. Boyle (CO), 54.73; 2. Lips (AW), 56.33; 3. Robert Fanning (AW), 1:00.02; **500 freestyle:** 1. Lynskey (AW), 5:36.62; 2. Dan Bieler (CO), 6:15.88; 3. Dan Fagan (CO), 6:44.44; **200 freestyle relay:** 1. Archbishop Wood (T. Quigley, Lips, Dyke, Gori), 1:40.43; 2. Cardinal O'Hara, 1:44.16; 3. Archbishop Wood, 1:51.62; **100 backstroke:** 1. Ian Patterson (CO), 1:25.32; 2. Aaron Bernatowicz (CO), 1:32.18; 3. Steven Swanick (CO), 1:32.72; **100 breaststroke:** 1. Kieran Hassard (CO), 1:21.20; 2. Connor Ogden (CO), 1:28.90; 3. Justin Meredith (CO), 1:39.24; **400 freestyle relay:** 1. Cardinal O'Hara (Bieler, Gibson, P. Boyle, C. Boyle), 3:56.27; 2. Cardinal O'Hara, 5:34.00; 3. none.; **Records:** Wood (2-1, 1-0 PCL); O'Hara (1-2, 0-1 PCL).

By BILL KEEN
STAFF WRITER

UPPER SOUTHAMPTON — Anyone who wasn't there might think Archbishop Wood and Cardinal O'Hara went down to the wire in Tuesday's Philadelphia Catholic League double dual swimming meets.

Officially, Wood scored a 84-72 win on the girls' side and 84-78 in the boys. What that doesn't reflect is that Wood coach Charlie Stillwell had both teams swim exhibition in the final three events when he saw how far ahead they were after the 200-yard freestyle relays.

Coming away with victories in the 200 and 500 freestyles was a girl whose family knows a thing or two about winning. Caitlin Bedesem's grandfather was the late football coach Dick Bedesem, whose brilliant career included stays at Wood, Bishop Egan, Neshaminy, Villanova and what was then Delaware Valley College.

Surprisingly, the senior is not normally a distance specialist.

"Normally I swim the 100 butterfly and 100 free, but I'll do any event my coach puts me in," she said. "I found out I'd be doing the 2 and the 5 when I walked out onto the pool deck. It does change how I approach them a little bit, because I'm not used to swimming them. But I was just going to do my best and do it for my team."

Her 2:14.28 in the 200 led a 1-2-3 sweep, but she had to work harder in the 500 to pull away from O'Hara's Kylie Swanick.

Bedesem explained why she opened it up a bit after the first 100 yards.

"My teammates were cheering me on from the side and it really motivated me," Bedesem said. "If it wasn't for that, I wouldn't have pushed myself that hard. But once I got past (Swanick), I guess I pushed myself harder and went faster."

In the boys' meet, senior Tim

Quigley went against tradition and only swam one individual event, the individual medley, which he won in 2:16 flat. He did the breaststroke in the opening medley relay and swam leadoff in the 200 and 400 free relays.

"I think the three relays was only for this meet; usually I swim the breaststroke and either the butterfly or the IM," Quigley said. "In the IM, breaststroke is my best stroke and my worst is the back, so today I decided to work on the back a bit more. I was definitely tired (after the closing relay), and I was pushing myself."

"The medley relay is so good because you have four swimmers each in their best stroke, and I think that's why it's one of the better events to watch. It's always a great race. Our 400 free time wasn't bad, but we'll drop a lot of time when we taper. Hopefully we'll do a lot better at the end of the year."

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SOL NATIONAL BOYS BASKETBALL: COUNCIL ROCK NORTH 46, NESHAMINY 34

CR North topples Neshaminy

By BILL MCFARLAND
CORRESPONDENT

MIDDLETOWN — Neshaminy made things as difficult as possible, but Council Rock North managed to escape with a hard-fought, 46-34 victory Tuesday night in a Suburban One League National Conference boys basketball game.

"They have some pretty athletic guys, and they made things tough for us defensively," said the Indians' Will DeSautelle, who scored 16 points and grabbed 14 rebounds. "We were coming off three tough losses, so it was good to get back into the win column."

"That's his job," said Council Rock coach Derek Wright about DeSautelle's rebounds. "Because of our lack of size, we need him to be (under the basket). He owned the glass tonight because of his effort."

While the scoring was somewhat spread out among the starting five, it was DeSautelle and Riley

Thompson who combined for 13 points to help the Indians jump off to a 15-6 lead after the opening frame.

Neshaminy, though, came out in a man-to-man press in the second quarter to narrow the gap by halftime (23-18) and make the second half more interesting.

"They pressed a little more and went into a full-court press in the second quarter and during parts of the second half," said Wright. "We did a decent job of breaking out of it and getting some easy baskets."

"I'm happy with our effort," said Neshaminy coach Jerry Devine. "It was probably one of our best efforts (of the season). It came down to not making timely shots. I think our guys were getting open looks, but we weren't converting them."

Neshaminy's shooting was a problem. It's not as though they didn't have chances. On the contrary, they had their fair share, but

Council Rock North 46, Neshaminy 34	
Council Rock North	
Nowmos 1 1-2 3; Thompson 4 12-13 20; McAlister 2 0-0 5; DeSautelle 6 4-7 16; Ehlin 1 0-1 2; Spicer 0 0-0 0; Baniewicz 0 0-0 0; Levine 0 0-0 0. Totals:	
14 17-23 46.	
Neshaminy	
Thomas 5 1-2 12; Warren 2 0-0 4; Robles 4 1-2 9; Tredway 2 3-3 7; Rutteveel 0 0-0 0; Arcidiacono 1 0-0 2; Campbell 0 0-0 0; Papeo 0 0-0 0; McGinty 0 0-0 0. Totals:	
14 5-7 34.	
Council Rock North	15 8 10 13-46
Neshaminy	6 12 9 7-34
3-point goals: CRN — McAlister; N — Thomas.	

for some reason, the shots were falling.

"In and out," Devine said. "That's been a theme for us all year. We get the offense going, but the shots aren't going in. I think it gets to us mentally."

"We're not making shots right now, and we have to get that monkey off our backs because the guys are starting to look like it's weighing on their shoulders. We're getting the effort, but that effort is not being rewarded (when the shots don't fall)."

Had Neshaminy converted its opportunities, the

outcome might have been different, because it wasn't for lack of effort. Neshaminy came to within two points (29-27) late in the third quarter and scored twice to open the fourth period, but that's when the Indians pretty much put the game away.

Leading by three points (33-30) early in the final frame, first DeSautelle scored, and Matt McAlister followed with a 3-point bucket to take the steam out of Neshaminy's engine.

"That was big," said DeSautelle about McAlister's 3-point jump shot. "When he knocked that one down, we really got going."

Neshaminy resorted to fouling at that point, and CR North went 8-for-11 on free throws down the stretch to seal the win.

Thompson led all scorers with 20 points, and 12 of them came at the foul line. Shammond Thomas scored 12 points to lead Neshaminy.

SOL NATIONAL BOYS BASKETBALL: ABINGTON 56, BENSALEM 43

Bensalem comes up short against Abington

By JARRAD SAFFREN
CORRESPONDENT

ABINGTON — Abington came into this season riding the best stretch of basketball in program history.

The Ghosts reached states the last two years, won three straight Suburban One League National Conference titles and went 41-1 against league foes during that span.

No one in the program expected a drop-off in 2015-16, even though Abington returns just one starter and lost 1,000-point scorers Amir Hinton and Matt Penecale.

The new hope in the program is 6-foot-6 freshman Eric Dixon. He has been the go-to guy from his first varsity game 21 days ago.

"I kind of felt pressure my first couple games," Dixon said. "Now I'm just coming out here with the guys. It's not just all me on offense. I still have Robbie (Heath) and a couple other guys who can help me."

Dixon and Heath, a sophomore guard, led Abington to a 56-43 win over Bensalem Tuesday night in an SOL National Conference boys basketball game.

Dixon scored 21 points, taking full advantage of Bensalem's small frontcourt. Heath added 11 and fed Dixon all night.

"I usually go bounce pass. Fake a pass to make a pass," Heath said. "Dixon) likes the bounce pass. I asked him before the season."

Abington won its fourth straight game since inserting point guard Dion Greene into the starting lineup. Greene allows the Ghosts to push the tempo more often than they were in their first four games.

"Dion definitely helped us play how we want to play, get up and down the floor a little bit," Abington coach Charles Grasty said. On Tuesday night,

Abington 56, Bensalem 43	
Bensalem (1-5)	
Richard Dean 3 0-1 6; BJ Jones 1 0-0 3; Johni Dumeny 3 0-0 8; Anthony Greene 1 0-0 2; Taco Douglas 0 6-6 6; Ward Roberts 4 0-0 11; Brian Quarterman 3 0-0 7. Totals:	
15 6-7 43.	
Abington (6-2)	
Eric Dixon 8 5-7 21; Eric Dougherty 1 0-0 3; Jack Steinman 1 0-0 2; Robbie Heath 3 5-6 11; Lucas Monroe 0 2-2 2; Joe O'Brien 3 0-0 6; Brian Close 4 3-6 11. Totals:	
20 15-21 56.	
Bensalem	10 7 14 12-43
Abington	13 13 13 17-56
3-point goals: A-Dougherty; B-Jones, Dumeny 2, Roberts 3, Quarterman.	

Grasty said Bensalem was athletic enough to run with Abington.

"They do a good job of playing their style of basketball," Grasty said. "They want to up tempo it. They want to turn you over. They want to get you to take bad shots."

Abington avoided bad shots by feeding the beast in the paint. Dixon has led the Ghosts in scoring in all eight games, and Abington is 6-0 when he scores 20 points or more. The Ghosts are 0-2 when he scores less than 20.

But it wasn't just Dixon. The Ghosts scored 36 points in the paint as a team.

Bigs Joe O'Brien, Brian Close and Jack Steinman combined for 19 points and, along with Dixon, kept Bensalem's speedy wings away from the basket. The Owls only stayed in the game because they made six 3-pointers in the second half.

As Tuesday night's game showed, Grasty has a surplus of big men, in addition to Dixon. That helps the freshman in practice.

"A lot of guys help me. Joe helps me. Jack helps me," Dixon said. "But especially playing against Joe, because Joe's really big, he's athletic, he's strong. And Brian goes hard. He's heady. It helps me get acclimated to all different types of players."

They also treat Dixon like every other freshman.

"Carrying the balls and water and stuff like that," Dixon said, chuckling. "But nothing too bad."

TUESDAY'S HIGHLIGHTS

CR North's McIlwain named state player of year

Council Rock North senior Brandon McIlwain was named the Class AAAA Football Player of the Year on Tuesday by a vote of the Pennsylvania Football Writers' Association.

McIlwain, a quarterback who has verbally committed to South Carolina, threw for

1,720 yards and rushed for 1,545 yards this season to help the Indians go 7-4 and qualify for the District One Class AAAA playoffs.

McIlwain, also a baseball standout, threw 17 touchdown passes and rushed for a whopping 30 scores.

Boys basketball	
William Tennent 49, Council Rock South 43	
Council Rock South (3-4)	
Austin Thomas 1 2-2 4; Jim Rebholz 2 2-4 7; Alex Nordenholt 6 2-4 15; Kevin Newbert 2 0-0 6; Ryan McNamee 1 0-0 2; Mike Stock 3 1-2 7; Kenny Brightcliffe 1 0-0 2. Totals:	
16 7-12 43	
William Tennent (3-5)	
Anthony Woodard 2 1-2 5; Pat McCauley 2 1-2 7; John Ryan 6 5-9 18; Matt Berndmaier 5 3-4 15; Brendan Carter 1 2-6 4. Totals:	
16 12-23 49	
Council Rock South	12 10 7 14-43
William Tennent	4 11 19 15-49
3-point goals: WT- McCauley 2, Ryan, Berndmaier 2; CRS- Rebholz, Nordenholt, Newbert 2.	
Conwell-Egan 49, Father Judge 44	
Father Judge (3-3)	
Denota 2 0-0 4; Fleming 4 3-3 14; Reid 2 0-0 6; Rodriguez 4 4-4 15; O'Connor 1 0-0 3; Justee 1 0-0 2. Totals:	
14 7-7 44	
Conwell-Egan (5-1)	
Daniel Green 1 0-0 3; Darien Simmons 1 0-1 2; Karon	
Johnson 4 6-6 18; LaPri McCray-Paee 2 6-8 10; Eric Esposito 3 0-0 9; James Leible 2 0-0 4; Vinny Dalesandro 2 1-3 3. Totals:	
14 13-18 49	
Father Judge	13 8 11 12-44
Conwell-Egan	11 10 10 18-49
3-point goals: CEC- Johnson 4, Esposito 3, Green; FJ- Fleming 3, Reid 2, Rodriguez 3, O'Connor	
Girls basketball	
Harry S. Truman 37, Pennsbury 36	
Pennsbury	
Abigail Wick 2 0-3 4; Grace Purcell 2 0-0 4; Niasia Boone 1 6-10 8; Kate Mix 3 3-6 9; Sydney Buell 4 2-6 11. Totals:	
14 11-25 36	
Harry S. Truman (3-8)	
Danella McMillan 1 0-0 2; Daeja Moore 2-2 6; Jayda Campbell 0 0-1 0; Alexis McCoy 6 1-2 13; Tykira Rogers 1 0-0 2; Sabria Lytes 4 2-6 10; Briana Cliney 1 2-4 4. Totals:	
15 7-15 37	
Pennsbury	11 8 10 7-36
Harry S. Truman	6 8 10 13-37
3-point goals: P- Sydney Buell	

Local Scoreboard

Schedule
Wednesday
GIRLS BASKETBALL
Souderton at Council Rock South, 3:30 p.m.
WRESTLING
Hatboro-Horsham at Central Bucks South, 4 p.m.
Central Bucks East at North Penn, 7 p.m.
Council Rock South at Bensalem, 7 p.m.
Pennridge at Central Bucks West, 7 p.m.
Pennsbury at Council Rock North, 7 p.m.
Quakertown at Souderton, 7 p.m.
Upper Moreland at Wissahickon, 7 p.m.
William Tennent at Harry S. Truman, 7 p.m.
BOYS SWIMMING
Pennsbury at Central Bucks South, 3:30 p.m.
Methacton at Hatboro-Horsham, 3:30 p.m.
GIRLS SWIMMING
Pennsbury at Central Bucks South, 3:30 p.m.
Methacton at Hatboro-Horsham, 3:30 p.m.

Results
Tuesday
BOYS BASKETBALL
Christopher Dock 66, Christian Academy 53
Abington 56, Bensalem 43
Calvary Christian at Bristol
Conwell-Egan 49, Father Judge 44
CB South 48, CB East 45
CB West 61, North Penn 49
William Tennent 49, Council Rock South 43
Faith Christian at Devon Prep
Hatboro-Horsham 50, Quakertown 43
Pennsbury 86, Harry S. Truman 42
Lansdale Catholic at West Catholic
Phil-Mont Christian at Morrisville
Pennridge 83, Souderton 64
Upper Moreland 57, Springfield 46
CR North 46, Neshaminy 34

GIRLS BASKETBALL
CR South 44, William Tennent 27
Central Bucks South 41, Central Bucks East 22
Gwynedd Mercy Academy 55, Villa Maria 40
Abington 69, Bensalem 41
Neshaminy 37, CR North 36
Bristol at Faith Christian
Villa Joseph Marie at St. Hubert
North Penn 63, CB West 51
Quakertown 42, Hatboro-Horsham 34
Harry S. Truman 37, Pennsbury 36
Pennridge 52, Souderton 43
Springfield 42, Upper Moreland 21
WRESTLING
Palisades 38, Catasauqua 27
Council Rock South at Bensalem, ppd.
BOYS SWIMMING
Archbishop Wood 84, Cardinal O'Hara 78
Boyertown at Souderton
Upper Moreland at Neshaminy
Upper Perkiomen at Souderton

GIRLS SWIMMING
Archbishop Wood 84, Cardinal O'Hara 72
Boyertown at Souderton
Upper Moreland at Neshaminy
Upper Perkiomen at Souderton
BOYS BOWLING
Morrisville at Jenkintown
Bristol at Devon Prep
Hatboro-Horsham 4, Upper Dublin 0
GIRLS BOWLING
Morrisville at Jenkintown
Bristol at Devon Prep
Hatboro-Horsham 4, Upper Dublin 0



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WRESTLING NOTEBOOK

Tuesday matches would have been better

Drew Markol



- Top 5
- 1. Pennridge
 - 2. North Penn
 - 3. Quakertown
 - 4. Palisades
 - 5. Central Bucks East

What a difference a day would have made.

If all of the dual meets scheduled for Wednesday night (and there's plenty of them) had been switched to Tuesday, I'd have nothing to gripe about here.

But, they weren't.

Instead, just 24 hours before Santa gets ready to make his rounds, there will be matches galore.

Yes, I get it, if the matches were moved to Tuesday, it would be difficult to have gym space at night because Tuesday is a big basketball night.

A solution? Wrestle at 3:30 on Wednesday. Or, maybe, don't wrestle at all. (Note: Hatboro-Horsham and

Central Bucks South moved their match up to 4 p.m. Wednesday at South.)

I know, teams have to get their league matches in on Wednesdays, and heaven forbid they wrestle league matches on a Saturday and miss the chance to wrestle in some dual-meet tournament in East Jerkwater against schools we've never heard of.

I just would have liked to have seen the wrestlers get a short break before Christmas (i.e. maybe getting the chance to eat something) before having to cut weight again for all of the holiday tournaments next week.

Silly me.

Wow!

Winning a Beast of the East title isn't supposed to be easy, but Pennridge's Kyle Gentile made it look that way last weekend at the University of Delaware.

Gentile, a Lehigh commit,

simply decimated the 182-pound field en route to the title. He became the second Ram in the last three years — 2014 Pennridge grad Scott Parker was the other — to win a Beast title. Parker and Gentile will be teammates at Lehigh next year.

Gentile, who was seeded second, wrestled four matches on the way to the finals and, in those four, he had two pins and two major decisions. And the pins came in the quarterfinals and semifinals, and both were in the first period. Bravo.

In the title match, he defeated Malvern Prep sophomore and top seed Mike Beard 7-2. As a freshman, Beard placed second at 170 at the National Prep School Tournament.

Gentile's 5-0 showing at the Beast pushed his career win total to 127, putting him within striking distance of Parker's school-record mark of 149 victories.

Parker's younger brother Matt, a junior at Pennridge, placed third at 113.

Pirates milestone

Congrats go out to Palisades senior Jacob Wasser for picking up his 100th career win Tuesday night.

Wasser, who placed fourth at states as a freshman and also qualified for states as a sophomore, reached the century mark by notching a 13-0 major decision over Catasauqua's Ryan Greene at 138 pounds.

Matches to watch

Central Bucks East at North Penn, Wednesday, 7 p.m.: A good test for both teams. The Knights are pretty tough in the middle of the lineup, and that could put them over the top in this one.

Upper Moreland at Wissahickon, Wednesday, 7 p.m.: How good are the Golden Bears? We'll start to find out in this one.

Drew Markol: 215-345-3141; email: dmarkol@calkins.com; Twitter: @DrewMarkol

SPORTS BRIEFS

MLB

LOS ANGELES — Hall of Famer **John Smoltz** was promoted to Fox's lead baseball analyst and will work alongside play-by-play man **Joe Buck**, displacing **Harold Reynolds** and **Tom Verducci**.

Fox made the announcement Tuesday. Network spokesman **Dan Bell** said Fox was discussing different roles with Reynolds, who also works for the MLB Network, and Verducci, who also works for the MLB Network and Sports Illustrated.

■

ST. LOUIS — Free agent pitcher **Mike Leake** and the St. Louis Cardinals agreed to an \$80 million, five-year contract.

General manager **John Mozeliak** announced the deal at a news conference on Tuesday.

A 28-year-old right-hander, Leake is 64-52 with a 3.88 ERA in six big league seasons. He was 11-10 with a 3.70 ERA for Cincinnati and San Francisco last season, totaling 30 starts and 190 innings.

Ace **Adam Wainwright**, who returned late in the season from a torn left Achilles tendon, heads a rotation that includes **Carlos Martinez**, who was sidelined in September by a shoulder injury but is anticipated to be ready for spring training.

Soccer

ZURICH — FIFA told **Michel Platini** he cannot bypass its appeals process by challenging his eight-year ban directly at the Court of Arbitration for Sport.

Platini was hoping to cut out the required FIFA appeals procedure as he races to try to overturn his ban before the Feb. 26 presidential election.

FIFA says it wrote to Platini's lawyers on Tuesday to confirm that the UEFA leader can only go to CAS if the governing body's appeals committee first rejects his request.

Platini was banned Monday for eight years along with **Sepp Blatter** over a 2011 payment of 2 million Swiss francs (\$2 million) from FIFA that the president authorized for the former France captain.

College football

Stanford running back **Christian McCaffrey** is The Associated Press college football player of the year, becoming the first non-Heisman Trophy winner to earn the honor in six years.

McCaffrey was the runner-up for the Heisman Trophy to **Derrick Henry**, but received 29 of 60 votes from the AP Top 25 media panel to edge the Alabama running back.

Henry received 16 votes and Clemson quarterback **Deshawn Watson** was third with 11. Navy quarterback **Keenan Reynolds** and Oklahoma quarterback **Baker Mayfield** each received two votes.

IAAF

LONDON — The IAAF says the director of president **Sebastian Coe**'s office is temporarily stepping down pending an ethics probe into emails linked to Russian doping cases.

A French newspaper report alleged that **Nick Davies** tried to delay public identification of alleged Russian drug cheats ahead of the 2013 world championships in Moscow. Davies was IAAF communications director at the time, with **Lamine Diack** still president.

In a statement on Tuesday, Davies says "in order to demonstrate that I am willing to have all allegations of unethical behavior on my part in 2013 properly and fairly investigated I have referred my emails" to the IAAF ethics board.

From The Associated Press

BOWLING NOTEBOOK

Dock bests HGP

Joe Jones



- Top 5 Boys
- 1. North Penn
 - 2. Pennridge
 - 3. Christopher Dock
 - 4. Abington
 - 5. Upper Moreland
- Girls
- 1. Abington
 - 2. North Penn
 - 3. William Tennent
 - 4. Pennridge
 - 5. Upper Moreland

The Bicentennial Athletic League will have its bowling teams play each other three times this season, and it appears that the boys

race could be a wicked one between Christopher Dock, Bristol and Holy Ghost Prep.

Christopher Dock swept Holy Ghost Prep on Friday at Bristol Pike Lanes.

The Pioneers won the total pins battle 2,475-2,318, so the Firebirds certainly weren't a pushover.

Dan Hackman led Christopher Dock with a 554 series.

To show you how good Christopher Dock can be, it dropped a 3-1 decision to defending Suburban One League Continental champion North Penn on Thursday.

Matt Lynch had a 647 series, and Hackman bowled a 610.

North Penn got a 650 series from Dylan Bailey-Smith, a 626 from Tyler Sharpe, a 612 from Lucas Denton and a 611 from Colin Nast.

The Knights won the total pins battle 2,957-2,779.

Danielle Godshall had a 534 series as North Penn swept the girls match.

Abington girls beat North Penn

It looks like Abington and North Penn have a chance to put on a nip-and-tuck battle in the SOL Continental girls race all season long.

The Ghosts came up with a 3-1 win over the Maidens on Dec. 14 and are 19-1 in league matches.

But, the totals pins was just 2,400-2,368, so it looks like we're dealing with a pair of evenly matched teams.

Erica Dahling had a 536 series to lead Abington, and Godshall bowled a 570 to lead the Maidens, the defending league champions.

North Penn swept the boys match with Sharpe bowling a 632 series.

Matt Dandon had a match-high 659 series for the Ghosts.

Joe Jones: 215-949-4215; email: jjones@calkins.com; Twitter: @courierjj

South

Continued from Page C1

fresh legs in a lot."

South (6-1 overall, 3-1 SOL) controlled Tuesday's game from the outset, and it was the first quarter that set the tone. After Dietzel spotted the Titans a 4-0 lead, East's Kyra Scaliti (seven points, eight rebounds) scored to make it a 4-2 game.

Taylor Dunn, who led all scorers with 14 points, connected on one of two from the foul line to put the Titans on top 5-2.

It remained a 5-2 game until Jordan Vitelli (11 points) turned a Melissa Veal pass into an easy bucket. Vitelli stole the inbounds on the press and coasted in for a layup.

A putback by Veal was followed by a driving bucket by Haley Meinel. When Dunn banked home a 3-pointer, the Titans led 16-2, and they weren't finished yet.

Freshman Alexa Brodie came up with a steal on the defensive end and buried a 3-pointer in the quarter's closing second to put the Titans on top 19-2. Five different players contributed scoring in the Titans' 14-0 run in the final 2:40 of the frame.

"We just were so excited for this game," Dunn said. "We knew it was a big game for us in the league, and we really wanted to get out to a good start."

The scoring slowed down for the Titans in the second quarter, but they still took a 21-8 lead into halftime. Any thoughts of an East comeback were put to rest when Vitelli connected on back-to-back baskets to open the third quarter — the first on a drive and the second a 3-pointer that put the Titans on top 29-8.

CB South 41, CB East 22

Central Bucks East (5-2)
Megan Lapioli 0 0-0 0; Bridget Birkhead 2 2-2 6; Kyra Scaliti 3 0-0 7; Bailey McManus 0 0-0 0; Bri Talbot 2 2-2 7; Grace Stewart 0 0-0 0; Maggie Vetter 0 0-0 0; Megan Browne 0 0-0 0; Melanie Wetzell 1 0-0 2; Abby Charlton 0 0-0 0. **Totals:** 8 4-4 22

Central Bucks South (6-1)
Taylor Dunn 4 3-4 14; Chloe Entenberg 0 0-0 0; Jordan Vitelli 5 0-0 11; Courtney Dietzel 2 0-0 4; Mackenzie Ehresman 0 0-0 0; Melissa Veal 1 0-0 2; Alexa Brodie 1 0-0 3; Meghan Kuypers 0 0-0 0; Tnoia DeCesare 1 0-0 2; Haley Meinel 2 0-0 4; Courtney Taylor 0 0-0 0; Madeleine McShane 0 1-2 1. **Totals:** 16 4-6 41

Central Bucks East 26 77-22
Central Bucks South 19 514 34-41
3-point goals: CBS-Dunn 3, Vitelli, Brodie; CBE-Scaliti, Talbot.



RICK KINTZEL / PHOTOJOURNALIST

CB South's Alexa Brody looks to pass as CB East's Briana Talbot defends during Tuesday's game.

A Dunn 3-pointer made it a 32-8 game, and this night belonged to the Titans.

"I thought we came out with a purpose on the defensive end," South coach Beth Mattern said. "We put a lot of pressure on the ball and we executed well. We also rebounded the ball well."

The loss was the second in three

games for the Patriots (5-2, 2-2 SOL) after a 4-0 start.

"Tonight, it was poor decision-making in the first quarter, and after the first quarter, I thought we did some good things," East coach Liz Potash said. "We came out in the third, and they went on that little run again. We just can't have those lapses."

PCL SWIMMING

Archbishop Wood swimmers sweep O'Hara

By BILL KEEN
STAFF WRITER

UPPER SOUTHAMPTON — Anyone who wasn't there might think Archbishop Wood and Cardinal O'Hara went down to the wire in Tuesday's Philadelphia Catholic League double dual swimming meets.

Officially, Wood scored a 84-72 win on the girls' side and 84-78 in the boys. What that doesn't reflect is that Wood coach Charlie Stillwell had both teams swim exhibition in the final three events when he saw how far ahead they were after the 200-yard freestyle relays.

Coming away with victories in the 200 and 500 freestyles was a girl whose family knows a thing or two about winning. Caitlin Bedesem's grandfather was the late football coach Dick Bedesem, whose brilliant career included stays at Wood, Bishop Egan, Neshaminy, Villanova and what was then Delaware Valley College.

Surprisingly, the senior is not normally a distance specialist.

"Normally I swim the 100 butterfly and 100 free, but I'll do any event my coach

puts me in," she said. "I found out I'd be doing the 2 and the 5 when I walked out onto the pool deck. It does change how I approach them a little bit, because I'm not used to swimming them. But I was just going to do my best and do it for my team."

Her 2:14.28 in the 200 led a 1-2-3 sweep, but she had to work harder in the 500 to pull away from O'Hara's Kylie Swanick.

Bedesem explained why she opened it up a bit after the first 100 yards.

"My teammates were cheering me on from the side and it really motivated me," Bedesem said. "If it wasn't for that, I wouldn't have pushed myself that hard. But once I got past (Swanick), I guess I pushed myself harder and went faster."

In the boys' meet, senior Tim Quigley went against tradition and only swam one individual event, the individual medley, which he won in 2:16 flat. He did the breaststroke in the opening medley relay and swam lead-off in the 200 and 400 free relays.

"I think the three relays

Wood 84, Cardinal O'Hara 78	Wood 84, Cardinal O'Hara 72
BOYS	GIRLS
200-yard medley relay: 1. Archbishop Wood (Peter Gori, Conor Lynskey, Tim Quigley, Dan Lips), 1:53.04; 2. Archbishop Wood, 1:57.25; 3. Archbishop Wood, 2:07.78;	200-yard medley relay: 1. Cardinal O'Hara (Julia Boyle, Morgan Mack, Hanna Blewett, Kylie Swanick), 2:03.80; 2. Archbishop Wood, 2:04.62; 3. Archbishop Wood, 2:12.34;
200 freestyle: 1. Lynskey (AW), 2:03.88; 2. Kevin Harte (AW), 2:15.91; 3. Phillip Boyle (CO), 2:18.04;	200 freestyle: 1. Caitlin Bedesem (AW), 2:14.28; 2. Aubrey McDonough (AW), 2:22.28; 3. Kayley Hencle (AW), 2:27.18;
200 IM: 1. T. Quigley (AW), 2:16.00; 2. Cullen Boyle (CO), 2:19.62; 3. Lucas Dyke (AW), 2:21.08;	200 IM: 1. Megan Cook (AW), 2:40.01; 2. Andrea Martino (AW), 2:54.96; 3. Erin Gibson (AW), 3:01.48;
50 freestyle: 1. Gori (AW), 24.00; 2. Jack Gibson (CO), 25.41; 3. Grant Della (AW), 27.33;	50 freestyle: 1. Blewett (CO), 25.26; 2. MaryGrace MacDonald (AW), 27.64; 3. Kaeleigh Mahon (AW), 28.34;
Diving: 1. none (.), 2. (.), 3. (.);	Diving: 1. none (.), 2. (.), 3. (.);
100 butterfly: 1. Harte (AW), 1:02.90; 2. Matthew Quigley (AW), 1:10.78; 3. Michael Wheelihan (AW), 1:15.63;	100 butterfly: 1. Blewett (CO), 1:02.07; 2. Katharine Buliga (AW), 1:10.02; 3. Mahon (AW), 1:12.16;
100 freestyle: 1. C. Boyle (CO), 54.73; 2. Lips (AW), 56.33; 3. Robert Fanning (AW), 1:00.02;	100 freestyle: 1. MacDonald (AW), 1:02.01; 2. Cook (AW), 1:02.89; 3. Elizabeth Dern (AW), 1:04.60;
500 freestyle: 1. Lynskey (AW), 5:36.62; 2. Dan Bieler (CO), 6:15.38; 3. Dan Fagan (CO), 6:44.44;	500 freestyle: 1. Bedesem (AW), 6:12.34; 2. Swanick (CO), 6:18.82; 3. Kallie Karensky (AW), 6:29.07;
200 freestyle relay: 1. Archbishop Wood (T. Oigley, Lips, Dyke, Gori), 1:40.43; 2. Cardinal O'Hara, 1:44.16; 3. Archbishop Wood, 1:51.62;	200 freestyle relay: 1. Archbishop Wood (Cook, Mahon, MacDonald, Buliga), 1:50.59; 2. Cardinal O'Hara, 1:53.62; 3. Archbishop Wood, 1:57.01;
100 backstroke: 1. Ian Patterson (CO), 1:25.32; 2. Aaron Bernatowicz (CO), 1:32.18; 3. Steven Swanick (CO), 1:32.72;	100 backstroke: 1. Swanick (CO), 1:09.47; 2. Megan Ashworth (CO), 1:43.08;
100 breaststroke: 1. Kieran Hassard (CO), 1:21.20; 2. Connor Ogden (CO), 1:28.90; 3. Justin Meredith (CO), 1:39.24;	100 breaststroke: 1. Mack (CO), 1:25.68; 2. Darian McAnulla (CO), 2:09.26;
400 freestyle relay: 1. Cardinal O'Hara (Bieler, Gibson, P. Boyle, C. Boyle), 3:56.27; 2. Cardinal O'Hara, 5:34.00; 3. none.	400 freestyle relay: 1. Cardinal O'Hara (Bridget O'Shea, Emily Quinn, Kylie Nugent, Lylee Swanick), 4:45.18; 2. Cardinal O'Hara, 5:57.55;
Records: Wood (2-1, 1-0 PCL); O'Hara (1-2, 0-1 PCL).	Records: Wood (2-1, 1-0 PCL); O'Hara (1-2, 0-1 PCL).

was only for this meet; usually I swim the breaststroke and either the butterfly or the IM," Quigley said. "In the IM, breaststroke is my best stroke and my worst is the back, so today I decided to work on the back a bit more. I was definitely tired (after the closing relay), and I was pushing myself.

"The medley relay is so

good because you have four swimmers each in their best stroke, and I think that's why it's one of the better events to watch. It's always a great race. Our 400 free time wasn't bad, but we'll drop a lot of time when we taper. Hopefully we'll do a lot better at the end of the year."

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NFL NEWS

League conducting investigation of Broncos' Manning

DENVER — The NFL says it is conducting a comprehensive review of allegations that Broncos quarterback Peyton Manning had human growth hormone delivered to his house.

There's no timetable to complete the investigation, but it's not expected before the Denver plays Carolina in the Super Bowl on Feb. 7.

League spokesman Brian McCarthy says the inquiry, which began weeks ago, involves reviews of records, interviews and coordination with other agencies.

Al Jazeera reported last month that an intern at an Indianapolis anti-aging clinic was secretly recorded suggesting that Manning's wife received deliveries of HGH, which is banned by the league. Manning, then with the Colts, was rehabbing from shoulder surgeries.

The intern, Charles Sly, has since recanted his story.

Manning angrily denied using performance-enhancing substances and called the report "complete garbage."

DENVER — Peyton Manning isn't saying that Super Bowl 50 is his grand finale.

He's just saying it could be.

NFL Network cameras caught the exchange between Manning and New England coach Bill Belichick after Denver's 20-18 win over the Patriots in the AFC championship game on Sunday.

When they embraced, Manning leaned in and told Belichick, "Hey listen, this might be my last rodeo. So, it sure has been a pleasure."

Belichick responded, "You're a great competitor ..."

Neither spoke of their exchange afterward.

Seahawks

BELLEVUE, Wash. — Police Chief Steve Mylett has defended his department's investigation into the car crash involving Seattle Seahawks fullback Derrick Coleman, saying his confidence level is "rock solid" in the investigation and charging recommendations.

Mylett spoke Tuesday, a day after the police report in Coleman's case was

released.

Bellevue police have recommended charges of vehicular assault and hit-and-run against Coleman and forwarded the case to the King County Prosecutor's Office.

Mylett was particularly irritated by comments by Coleman's attorney. Mylett said he understands the attorney is attempting to defend his client but crossed a line when he "attacked" the integrity of the police department.

Coleman was arrested Oct. 14 after a crash that left the driver of the other vehicle with a broken collarbone and a concussion.

Giants

EAST RUTHERFORD, N.J. — New York Giants placekicker Josh Brown and cornerback Dominique Rodgers-Cromartie are going to the Pro Bowl.

The Giants announced the honors on Tuesday, saying Brown and Rodgers-Cromartie were replacing a pair of injured New England Patriots.

Brown will replace Stephen Gostkowski and Rodgers-Cromartie takes over for Malcolm Butler. They will join teammates Eli Manning and Odell Beckham Jr. in Sunday's game in Honolulu.

Rodgers-Cromartie, who had touchdown returns on a fumble recovery and an interception this season, is the first Giants cornerback to play in the Pro Bowl since Mark Haynes in 1984. It will be his second Pro Bowl.

Jets

ST. CHARLES, Mo. — New York Jets defensive lineman Sheldon Richardson will avoid jail time after pleading guilty to reduced charges connected to a high-speed police chase in suburban St. Louis.

A St. Charles County judge sentenced the former University of Missouri star Tuesday to two years of probation and community service after his July arrest for driving a Bentley Silver Spur at 143 mph on an interstate highway near his off-season home. The five misdemeanor charges included one for resisting arrest.

Richardson's guilty plea to the most serious offense will be expunged if he successfully completes probation.

Eagles

Continued from Page C1

gives Celek two more years at a salary of just more than \$4 million.

The deal saves the Eagles a little money under the salary cap.

The contract comes on the heels of Monday's announcement that the team had signed tight end Zach Ertz to a five-year extension through 2021 that will pay him \$8.5 annually.

With Trey Burton still under contract, the Eagles are well-stocked at tight end. Burton could also be a fullback in Doug Pederson's offense should Pederson go that route.

As for Celek, he was picked in the fifth round of the 2007 NFL Draft out of the University of Cincinnati and is now the second-longest tenured Eagles player behind long snapper Jon Dorenbos.

Celek has appeared in 149 career games, including playoffs, with 120 starts.

Former head coach Chip Kelly said that Celek is what an Eagles player should look like, meaning he is hard-nosed, reliable and always gives 100 percent.

He has missed only one game in his pro career,

compiling 371 catches for 4,713 yards and 30 touchdowns in 143 regular season games. His 371 receptions ties him for fifth-most in franchise history and his career yardage total is the 10th-highest in team history. He trails only Pete Retzlaff among Eagles tight ends in receiving yards, receptions and receiving touchdowns.

Last year, Celek finished with 27 catches for 398 yards and three touchdowns.

Jenkins Pro Bowl bound

Eagles safety Malcolm Jenkins, who finished as the team's leading tackler with 120 last season, was a late addition to the Pro Bowl roster.

Jenkins will take the place of Arizona's Tyrann Mathieu, who tore his ACL during the Arizona Cardinals' game against the Eagles on Dec. 20.

Mathieu tweeted that Jenkins should have been a first-ballot selection to Pro Bowl.

Either way, he will be the fourth player to earn a spot on the roster, joining defensive lineman Fletcher Cox, offensive lineman Jason Peters and kick returner Darren Sproles.

The game will be held in Hawaii on Sunday evening.

Ed Kracz can be reached at ekracz@calkins.com. Twitter: @kracz

WRESTLING NOTEBOOK

Wood gearing up for playoffs



Top 5
1. CR South (9-0)
2. Neshaminy (11-3)
3. CR North (9-5)
4. Harry S. Truman (9-6)
5. Archbishop Wood (6-5)

Archbishop Wood will host Archbishop Carroll on Wednesday at 6:30 p.m., and a victory will give the Vikings the Philadelphia Catholic League small-schools division title.

Wood will compete in Saturday's Vanguard Invitational at Sun Valley, but the team is already pointing to Monday. That's when the Vikings will likely host La Salle in the league semifinals. The other semifinal will probably be Bishop McDevitt at Father Judge.

Wood assistant coach Chris Meister said the program can't wait to see La Salle. A key matchup will come at 220 pounds, when Wood's Connor Bishop will face La Salle's Garrett Zobel.

"We match up real well with them," Meister said. "We feel we can beat them."

Father Judge will almost certainly await the Wood/La Salle winner in the final, scheduled for Feb. 3.

"We're looking to win the PCL this year. We're probably going to have to through Judge to do that," Meister said.

The Catholic League champ will face the Philadelphia Public League winner on Feb. 4 for the District 12 Class AAA championship. The Public League favorite is Northeast, coached by former Conwell-Egan coach Mike Siravo.

The following day, there

will be a "true second-place" match, likely between the Public League champ and the Catholic League runner-up.

Two teams will advance to the PIAA duals.

Wood's top two wrestlers this season have been the Shaffer brothers — Max (18-7 at 106) and Alex (19-7 at 120).

"Alex and Max have done a great job all year," Meister said.

Other Vikings doing well include Brett Yoos (132), Austin Gillick (138), Harry Green (182) and Bishop. Green has faced six returning state qualifiers.

The Vikings weren't deterred by the snow, practicing Sunday and Monday at Meister's gym in Hatboro.

Upper Dublin postponed its scheduled match with Wood for Tuesday because it did not have any practice time due to school being closed on Monday.

Meister said the team has been working hard.

"The boys are very focused," he said.

District duals upcoming

Council Rock South earned the second seed in the District One Class AAA Dual Meet Tournament, which begins on Thursday night.

The Golden Hawks will host No. 15 Downingtown West.

Neshaminy and Council Rock North will also wrestle at the same site and time.

No. 9 Neshaminy will take on eighth-seeded Spring-Ford. No. 10 CR North will face seventh-seeded Owen J. Roberts.

TUESDAY'S HIGHLIGHTS

McLoughlin leads Holy Ghost past Wood

Bob McLoughlin won a pair of individual events to help Holy Ghost defeat Archbishop Wood 92-78 in a non-league boys swimming meet Tuesday.

McLoughlin claimed the 200-yard individual medley in 2:11.96, and also won the 100 backstroke (1:00.21).

Holy Ghost Prep 92, Archbishop Wood 78
200-yard medley relay: 1. HGP (McLoughlin, Theuer, Fenstermaker, Doucette), 1:47.52; 2. Wood, 1:49.22; 3. HGP, 1:52.27
200 freestyle: 1. Erik Fenstermaker (HGP), 1:58.79; 2. Lucas Dyke (AW), 2:02.76; 3. Walt Marinkowski (HGP), 2:05.51
200 IM: 1. Bob McLoughlin (HGP), 2:11.96; 2. Andrew Iannaccone (HGP), 2:13.08; 3. Connor Lynskey (AW), 2:19.48
50 freestyle: 1. Peter Gori (AW), 23.28; 2. Erik Fenstermaker (HGP), 24.34; 3. Thomas Theuer (HGP), 24.55
Diving: N/A
100 butterfly: 1. Timothy Quigley (AW), 57.82; 2. Matt Doucette (HGP), 1:01.43; 3. Kevin Harte (AW), 1:03.70
100 freestyle: 1. Peter Gori (AW), 51.86; 2. Alex Gosek (HGP), 53.64; 3. Daniel Lipd (AW), 57.49
500 freestyle: 1. Connor Lynskey (AW), 5:35.46; 2. Thomas Theuer (HGP), 5:44.15; 3. Walt Marinkowski (HGP), 5:50.37
200 freestyle relay: 1. Wood (Dyke, Quigley, Lips, Gori), 1:39.01; 2. HGP, 1:40.53; 3. Wood, 1:47.66
100 backstroke: 1. Bob McLoughlin (HGP), 1:00.21; 2. Alex Gosek (HGP), 1:04.31; 3. Lucas Dyke (AW), 1:05.34
100 breaststroke: 1. Andrew Iannaccone (HGP), 1:04.99; 2. Timothy Quigley (AW), 1:05.44; 3. Matt Doucette (HGP), 1:09.40

400 freestyle relay: 1. HGP (Fenstermaker, Marcinkowski, Theuer, McLoughlin), 3:40.71; 2. Wood, 3:53.95; 3. HGP, 3:56.70.

William Tennent 93, Council Rock North 90

200-yard medley relay: 1. WT (Harris, Stotler, Kane, Greene), 1:50.12; 2. CRN, 1:50.48; 3. WT, 1:57.57

200 freestyle: 1. Kevin Brandenberg (CRN), 1:54.86; 2. Will Clift (WT), 1:56.19; 3. Brandon Heese (CRN), 1:56.26

200 IM: 1. Mark Preedy (WT), 2:07.95; 2. Ryan Lawlor (CRN), 2:09.82; 3. Nico Buentele (CRN), 2:14.31

50 freestyle: 1. Mike Kane (WT), 23.26; 2. Blake Eshelman (CRN), 23.84; 3. Davis Wojnowich (CRN), 24.37

Diving: 1. Angelo Iapalucci (CRN), 2:11.55; 2. Chris Laub (WT), 1:46.10; 3. John Roz (CRN), 1:29.35

100 butterfly: 1. Mike Kane (WT), 56.18; 2. Joseph Segal (CRN), 57.00; 3. Ryan Lawlor (CRN), 57.59

100 freestyle: 1. Mark Preedy (WT), 50.60; 2. Kevin Brandenberg (CRN), 51.26; 3. Brandon Heese (CRN), 53.19

500 freestyle: 1. Will Clift (WT), 5:13.20; 2. Jacob Stotler (WT), 5:17.49; 3. Blake Eshelman (CRN), 5:28.12

200 freestyle relay: 1. WT (Green, Yannuzzi, Clift, Preedy), 1:36.32; 2. CRN, 1:36.72; 3. WT, 1:44.88

100 backstroke: 1. Joseph Segal (CRN), 59.11; 2. Zach Birkbeck (CRN), 1:05.48; 3. Dayton Stahl (WT), 1:05.51

100 breaststroke: 1. Jacob Stotler (WT), 1:07.16; 2. Will Gwynn (WT), 1:08.08; 3. Charlie Alt (CRN), 1:13.02

400 freestyle relay: 1. Tennent (Green, Kane, Clift, Preedy), 3:24.19; 2. CRN, 3:27.02; 3. CRN, 3:36.55

Records: Tennent (9-2, 4-2 SOL).

Girls swimming

Council Rock North 112, William Tennent 60

200-yard medley relay: 1. CR North (Goroshko, Booth, Segal, Rounsaville), 1:58.93; 2. Tennent, 2:09.49; 3. CR North, 2:12.87

200 freestyle: 1. Rachel Samson (CRN), 2:06.26; 2. Kirsten Brasch (WT), 2:08.72; 3. Abby Cirincione (CRN), 2:10.53

200 IM: 1. Emily Booth (CRN), 2:30.81; 2. Katie Erlandsen (CRN), 2:35.57; 3. Leah Mitchell (CRN), 2:41.48

CR North edged Owen J. Roberts 36-35 in the season-opening Brian Bealer Memorial Bear Duals at Boyertown. If the Indians win again, they'll likely see rival CR South in the second round. The Hawks downed the Indians 51-15 a week ago.

It's almost certain that South will advance to the final to meet top-seeded Boyertown.

The top four finishers qualify for the PIAA duals, but the District One champion has a much easier route to the state finals than the runner-up. The District One runner-up would likely have to go through Belle Vernon and Bethlehem Catholic to get to the final.

In Class AA, only three teams entered the field. A maximum of four are eligible.

Second-seeded Bristol will square off with No. 3 Pope John Paul II on Feb. 6 at Upper Dublin. The winner will get top-seeded New Hope-Solebury. Bristol suffered a 45-21 loss to New Hope earlier this month.

Meets to watch

On Thursday night, Council Rock South will host District One Class AAA Dual Meet Tournament matches on four mats. The second-seeded Golden Hawks will face No. 15 Downingtown West. Other matchups include ninth-seeded Neshaminy vs. No. 8 Spring-Ford and seventh-seeded Owen J. Roberts vs. No. 10 Council Rock North. Action gets under way at 7 p.m.

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Local Scoreboard

Schedule

Wednesday

BOYS BASKETBALL
Germantown Academy at Haverford School, 4 p.m.
Souderton at Perkiomen Valley, 7 p.m.

GIRLS BASKETBALL
Faith Christian at Morrisville, 6 p.m.
Central Bucks West at Souderton, 7 p.m.

WRESTLING

Abington at Council Rock North, 7 p.m.
Bensalem at William Tennent, 7 p.m.
Central Bucks East at Central Bucks West, 7 p.m.
Central Bucks South at Quakertown, 7 p.m.
Neshaminy at Harry S. Truman, 7 p.m.
Norristown at Upper Moreland, 7 p.m.
North Penn at Souderton, 7 p.m.
Pennridge at Hatboro-Horsham, 7 p.m.
Pennsbury at Council Rock South, 7 p.m.

ICE HOCKEY

North Penn vs. Pennridge (at Hatfield Ice), 7:20 p.m.

Results

Tuesday

BOYS BASKETBALL
CB South at CB East
Academy New Church 68, George School 42
Germantown Academy at Haverford School, ppd. (Wednesday)

Abington at Bensalem
Christopher Dock at Bristol
North Penn 48, Central Bucks West 47
Council Rock North 60, Neshaminy 40
William Tennent at CR South
Quakertown at Hatboro-Horsham
Pennsbury at Harry S. Truman, ppd. (Feb. 5)
Morrisville at Devon Prep
Palisades 61, Wilson 53
Pennridge at Souderton
Jenkintown at Plumstead Christian
Upper Moreland 41, Springfield 35

GIRLS BASKETBALL
Council Rock South 50, William Tennent 32
George School at Academy of New Church
Nazareth Academy at Villa Joseph Marie
New Hope-Solebury 41, Lower Moreland 24
Neshaminy 49, Council Rock North 45
Bensalem at Abington, 7 p.m.

St. Huberts at Archbishop Wood
CB South at CB East
North Penn 49, Central Bucks West 46
West Catholic at Conwell-Egan
Hatboro-Horsham 45, Quakertown 30
Harry S. Truman at Pennsbury, ppd. (Feb. 5)
Lansdale Catholic at Bormer and Pedergerast
Palisades 61, Wilson 30
Souderton at Pennridge
Springfield at Upper Moreland

WRESTLING

Westtown School at George School
BOYS SWIMMING
Lansdale Catholic at Archbishop Ryan
Abington at Pennsbury
Holy Ghost Prep 92, Archbishop Wood 78
CB East at Pennridge
CB South at North Penn
William Tennent 93, Council Rock North 90
Plymouth Whitemarsh at Upper Moreland
Penn Charter at Germantown Academy
Hatboro-Horsham at Souderton
Neshaminy 99, Bensalem 59

BOWLING

Archbishop Wood at Conwell-Egan

Wrestling

PIAA District One Class AAA Dual-Meet Tournament
(top four teams advance to PIAA state duals)
First Round
Thursday
No. 1 Boyertown vs. No. 16 Unionville, 7 p.m. (at West Chester Rustin)
No. 9 Neshaminy vs. No. 8 Spring-Ford, 7 p.m. (at Council Rock South)
No. 5 North Penn vs. No. 12 WC Rustin, 5:30 p.m. (at WC Rustin)
No. 13 West Chester East vs. No. 4 Upper Darby, 7 p.m. (at WC Rustin)
No. 3 Downingtown East vs. No. 14 Quakertown, 5:30 p.m. (at WC Rustin)
No. 11 Garnet Valley vs. No. 6 Pennridge, 7 p.m. (at CR South)
No. 7 Owen J. Roberts vs. No. 10 Council Rock North, 7 p.m. (at CR South)
No. 15 Downingtown West vs. No. 2 CR South, 7 p.m. (at CR South)

Quarterfinals and semifinals, Feb. 5 (at Upper Dublin)
Finals and consolations, Feb. 6 (at Upper Dublin)

Class AA
(champion advances to PIAA state duals)
Semifinals
(at Upper Dublin)
Feb. 6

No. 1 New Hope-Solebury has a bye
No. 3. Pope John Paul II vs. No. 2 Bristol

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Holiday Tournament Schedule

Boys basketball

WILLIAM TENNENT HOLIDAY CLASSIC
(at William Tennent)
Monday
Upper Perkiomen vs. Gloucester Tech, 3 p.m.
Swenson vs. William Tennent, 6:30 p.m.
Tuesday
Consolation Game, 1:30 p.m.
Championship Game, 5 p.m.
DEBY RECUPIDO MEMORIAL TOURNAMENT
(at Neshaminy)
Tuesday
Phil-Mont Christian vs. Upper Merion, 5:30 p.m.
Kipp-DuBois Academy vs. Neshaminy, 7 p.m.
Wednesday
Consolation Game, 3:30 p.m.
Championship Game, 7 p.m.
ROBERT HOPF TOURNAMENT
(at Jenkintown)
Monday
Upper Moreland vs. Franklin Towne Charter, 2 p.m.
Jenkintown vs. Calvary Baptist, 3:45 p.m.
Tuesday
Consolation Game, 2 p.m.
Championship Game, 5:30 p.m.
SAN DIEGO SURF-N-SLAM TOURNAMENT
(Boys “Sun” Division)
Monday
Central Bucks East vs. Lowell (Calif.), 10 a.m.
Tuesday
Central Bucks East vs. Scripps Rand (Calif.) or Life Christian (Wash.), 1:15 p.m.
Wednesday
Central Bucks East vs. TBD, Time TBA
ATHLETES HELPING ATHLETES CLASSIC
(at Council Rock North)
Tuesday
St. Paul’s vs. Ben Franklin, 6 p.m.
Central Bucks South vs. Council Rock North, 7:30 p.m.
Wednesday
Consolation Game, 6 p.m.
Championship Game, 7:30 p.m.
DICK DOUGHERTY HOLIDAY TOURNAMENT
(at Bensalem)
Monday
Northeast vs. Delaware County Christian, 6 p.m.
Bristol vs. Bensalem, 7:30 p.m.
Tuesday
Consolation Game, 6 p.m.
Championship Game, 7:30 p.m.
NORRISTOWN TRIANGLE CLUB TOURNAMENT
(at Norristown)
Monday
Father Judge vs. Pottsgrove, 6:30 p.m.
Norristown vs. Hatboro-Horsham, 8 p.m.
Tuesday
Consolation Game, 6:30 p.m.
Championship Game, 8 p.m.
FRANKLIN ROAD ACADEMY HOLIDAY CLASSIC
(Nashville, Tennessee)
Monday
Central Bucks West vs. Montgomery Bell Academy, 4:30 p.m.
Tuesday
Central Bucks West vs. TBD, Time TBA
Wednesday
Central Bucks West vs. TBD, Time TBA
BOYERTOWN HOLIDAY TOURNAMENT
(at Boyertown)
Monday
Pennridge vs. Governor Mifflin, 4:30 p.m.
Southern Lehigh vs. Boyertown, 7:30 p.m.
Tuesday
Consolation Game, 4:30 p.m.
Championship Game, 7:30 p.m.
SALISBURY CHRISTMAS TOURNAMENT
(at Salisbury)
Monday
Quakertown vs. Lincoln Leadership, 5:30 p.m.
Northampton vs. Salisbury, 7:30 p.m.
Tuesday
Consolation Game, 5:30 p.m.
Championship Game, 7 p.m.
WEST CHESTER RUSTIN WINTER CLASSIC
(at West Chester Rustin)
Monday
Conestoga vs. Souderton, 5 p.m.
Church Farm vs. Council Rock South, 6:30 p.m.
Rustin vs. Harvest Prep, 8 p.m.
Tuesday

Harvest Prep vs. Council Rock South, 5 p.m.
Church Farm vs. Souderton, 6:30 p.m.
Rustin vs. Conestoga, 8 p.m.
PERKIOMEN VALLEY TOURNAMENT
(at Perkiomen Valley)
Tuesday
North Penn vs. Methacton, 5 p.m.
Perkiomen Valley vs. Wissahickon, 6:30 p.m.
Wednesday
Methacton vs. Wissahickon, 5 p.m.
Perk Valley vs. North Penn, 6:30 p.m.
JACK SCHOTT MEMORIAL HOLIDAY TOURNAMENT
(at Holy Ghost Prep)
Tuesday
Bishop McDevitt vs. Lincoln, 5:30 p.m.
Harry S. Truman vs. Holy Ghost Prep, 7 p.m.
Wednesday
Consolation Game, 5:30 p.m.
Championship Game, 7 p.m.
PRIME TIME CHRISTMAS TOURNAMENT
(at Trenton Catholic)
Sunday
Frank Messanat Bracket
Solebury School vs. Archbishop Carroll, 3:30 p.m.
Doug Hice Bracket
Conwell-Egan vs. Bartram, 5 p.m.
Monday
Frank Messanat Bracket
Consolation Game, 3 p.m.
Championship Game, 6 p.m.
Doug Hice Bracket
Consolation Game, 4:30 p.m.
Championship Game, 7:30 p.m.
MESA BASKETBALL CHALLENGE
(at Mesa, Arizona)
Monday
Mountain View vs. Archbishop Wood, 8:30 p.m.
Tuesday
Mountain Ridge vs. Archbishop Wood, 1 p.m.
Wednesday
Red Mountain vs. Archbishop Wood, 2:30 p.m.
Thursday
Archbishop Wood vs. TBA, 10 a.m.
PETE AND JAMEER NELSON CLASSIC
Tuesday
(at Widener University)
Pennsbury vs. Coatesville, noon
Abington vs. St. Joseph’s Prep, 5:15 p.m.
Wednesday
(at Chestnut Hill College)
Conwell-Egan vs. Constitution, 4:30 p.m.
Abington vs. Friends Central, 6 p.m.
WHITEHALL TOURNAMENT
Tuesday
Faith Christian vs. Saucon Valley, 5:30 p.m.
North Hunterdon vs. Whitehall, 7 p.m.
Wednesday
Consolation Game, 5:30 p.m.
Championship Game, 7 p.m.
GARNET VALLEY TOURNAMENT
(at Garnet Valley)
Monday
Lansdale Catholic vs. Sun Valley, 6:30 p.m.
Garnet Valley vs. TBA
Tuesday
Consolation Game, 6:30 p.m.
Championship Game, 8 p.m.
TIGER CLASSIC
(at Fleetwood)
Tuesday
Palisades vs. TBA
Wednesday
Palisades vs. TBA
CHRISTOPHER DOCK HOLIDAY TOURNAMENT
(at Christopher Dock)
Tuesday
Springfield vs. Roxborough, 6 p.m.
Christopher Dock vs. Sankofa Freedom, 7:30 p.m.
Wednesday
Consolation, 6 p.m.
Championship, 7:30 p.m.
ROTARY RONDBALL CLASSIC
(at North Charleston, South Carolina)
Monday
Germantown Academy vs. Pine-wood Prep, 2:30 p.m.
Tuesday
TBA
Wednesday
Championship Game, 8:30 p.m.

Girls basketball

WILLIAM TENNENT HOLIDAY CLASSIC
(at William Tennent)
Monday
Upper Perkiomen vs. Palisades, 1:30 p.m.
New Foundations vs. William Tennent, 5 p.m.
Tuesday
Consolation Game, 3 p.m.
Championship Game, 6:30 p.m.
OVER THE RIVER TOURNAMENT
(at South Hunterdon, New Jersey)
Monday
New Hope-Solebury vs. The Christian Academy, 2 p.m.
South Hunterdon vs. Pennsauken Tech, 5:30 p.m.
Tuesday
Consolation Game, 2 p.m.
Championship Game, 5:30 p.m.
DEBY RECUPIDO MEMORIAL TOURNAMENT
(at Neshaminy)
Tuesday
Phil-Mont Christian vs. Quaker-town, 2 p.m.
Conwell-Egan vs. Neshaminy, 3:30 p.m.
Wednesday
Consolation Game, 2 p.m.
Championship Game, 5:30 p.m.
ROBERT HOPF TOURNAMENT
(at Jenkintown High School)
Monday
Upper Moreland vs. Sacred Heart, 5:30 p.m.
Springfield Township vs. Jenkintown, 7:15 p.m.
Tuesday
Consolation Game, 3:45 p.m.
Championship Game, 7:15 p.m.
LADY COLONIALS HOLIDAY CLASSIC
(at Plymouth Whitmarsh)
Tuesday
Bodine Varsity vs. West Chester East, 6 p.m.
Plymouth Whitmarsh vs. Bensalem, 7:30 p.m.
Wednesday
Consolation Game, 6 p.m.
Championship Game, 7:30 p.m.
CARDINAL CLASSIC
(at Upper Dublin)
Tuesday
Spring-Ford vs. Villa Joseph Marie, 5:15 p.m.
Springside Chestnut Hill vs. Upper Dublin, 7 p.m.
Wednesday
Consolation Game, 1 p.m.
Championship Game, 2:45 p.m.
CENTRAL CATHOLIC KRAH CHRISTMAS TOURNAMENT
(at Allentown Central Catholic)
Monday
Souderton vs. Southern Lehigh, 5 p.m.
Council Rock South vs. Allentown Central Catholic, 6:30 p.m.
Tuesday
Consolation Game, 5 p.m.
Championship Game, 6:30 p.m.
DIAMOND STATE CLASSIC
(at St. Elizabeth’s School, Wilmington, Delaware)
First State Orthopedics Cup
Monday
Central Bucks East vs. Padua Academy (Del.), 2:15 p.m.
Wednesday
Consolation Game, 2:45 p.m.
Championship Game, 7:30 p.m.
HOLIDAY JINGLE TOURNAMENT
(at Downingtown West)
Monday
Central Bucks South vs. Upper Darby, 6 p.m.
Downingtown West vs. Notre Dame, 7:30 p.m.
Tuesday
Consolation Game, 6 p.m.
Championship, 7:30 p.m.
BOARDWALK BASKETBALL CLASSIC
(at Wildwood, New Jersey)
John Carlson Memorial Bracket
Tuesday
Downingtown East vs. Ocean City (N.J.), 4:15 p.m.
Council Rock North vs. Berks Catholic, 5:45 p.m.
Wednesday
Consolation Game, 1:30 p.m.
Championship Game, 3 p.m.
CARDINAL O’HARA HOLIDAY CLASSIC
(at Cardinal O’Hara)
Monday
Blue Division
Gloucester Catholic (N.J.) vs. Abington, 6 p.m.
Academy of the Holy Cross (Md.) vs. Friends Central, 7:30 p.m.

Tuesday
Blue Division
Consolation Game, 4:30 p.m.
Championship Game, 7:30 p.m.
SALISBURY HOLIDAY TOURNAMENT
(at Salisbury)
Monday
Hatboro-Horsham vs. Bethlehem Freedom, 1 p.m.
TBA at Salisbury, 3 p.m.
Tuesday
Consolation Game, 1 p.m.
Championship Game, 3 p.m.
NAPLES HOLIDAY SHOOTOUT
(at St. John Neumann, Naples, Florida)
Tuesday
Germantown Academy vs. Lake Highland Prep, 6:30 p.m.
Wednesday
Germantown Academy vs. TBA
Thursday
Germantown Academy vs. TBA
ROCK HOLIDAY CLASSIC
(at Windermere Prep, Windermere, Florida)
Monday
Gwynedd Mercy Academy vs. Whitmer (Ohio), 1:30 p.m.
Tuesday
Gwynedd Mercy Academy vs. TBA
Wednesday
Gwynedd Mercy Academy vs. TBA
GEORGE W. SNEAR TOURNAMENT
(at The Fellowship House, Conshohocken)
Tuesday
Mount St. Joseph vs. Pope John Paul II, 6 p.m.
Lansdale Catholic vs. Agnes Irwin, 7:30 p.m.
Wednesday
Consolation Game, 6 p.m.
Championship Game, 7:30 p.m.
BOYERTOWN HOLIDAY TOURNAMENT
(at Boyertown)
Monday
Pennridge vs. Friere Charter, 3 p.m.
Daniel Boone vs. Boyertown, 6 p.m.
Tuesday
Consolation Game, 3 p.m.
Championship Game, 6 p.m.
Wrestling
MANHEIM HOLIDAY TOURNAMENT
(at Manheim Central)
Tuesday and Wednesday
Includes Palisades, Council Rock North, 9 a.m.
RALPH WETZEL HOLIDAY CLASSIC
(at Hatboro-Horsham)
Tuesday and Wednesday
Includes Central Bucks South, Central Bucks East, Abington, Hatboro-Horsham, William Tennent and Pennsbury, 9 a.m.
CHRISTMAS CITY TOURNAMENT
(at Bethlehem Catholic)
Tuesday and Wednesday
Includes Archbishop Wood, 10 a.m.
TRUMAN HOLIDAY DUALS
(at Harry S. Truman)
Wednesday
Includes Bristol, Harry S. Truman, 7 a.m.
HURRICANE WRESTLING TOURNAMENT
(at Bethlehem Liberty)
Monday and Tuesday
Includes Quakertown, North Penn, CR South, 7:30 a.m.
GOVERNOR MIFFLIN TOURNAMENT
(at Governor Mifflin)
Tuesday and Wednesday
Includes Neshaminy, 10 a.m.
POWERADE TOURNAMENT
(at Canon-McMillan)
Tuesday and Wednesday
Includes Pennridge, 8:30 a.m.

BOWLING NOTEBOOK

Truman JV makes history



- JONES’ TOP 5 Boys**
1. Pennsbury
 2. Truman
 3. Neshaminy
 4. CR North
 5. (tie) CEC and CR South
- Girls**
1. Truman
 2. Pennsbury
 3. Neshaminy
 4. Tennent
 5. Bensalem

Since the focus is on high school varsity sports, we don’t often do much on junior varsity teams. But this week, we make an exception and recognize the efforts of the Harry S. Truman boys junior varsity bowling team. Truman head coach Nick Schulze

But the Tigers would not have qualified for the six-team championship round without the Baker series. Justin Hemphill, Colton Wilcox, Dominic Bloom, Zach Jensen and Eric Schulz combined to bowl Baker games of 257, 183 and 213 to get in. Schulz had a 608 series to lead Truman during the qualifying and Jensen added a 606. The Tigers JV, as the second seed in the Baker-style championship round, was automatically in the semifinals and beat No. 6 Central Dauphin 2-1 to advance to the final.


Truman came very close to leaving with the title, but McCaskey edged the Tigers 188-183 in the third game for the 2-1 victory. Council Rock South’s varsity also participated in the Snow Roller and finished 10th in the qualifying round with 3,413, just 47 pins behind Central Dauphin, which earned the final of six championship-round berths. John Savoca bowled a 635 series during the qualifying round.

John Savoca bowled a 635 series during the qualifying round.



Frain leads Pennsbury girls


Kellie Frain bowled a 638 series, including games of 255 and 212, as the Pennsbury girls team went into the holiday break with a 17-3 record in the Suburban One League National Conference after sweeping Council Rock South on Wednesday.

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Conor Lynskey
ARCHBISHOP WOOD
Swimming


What he did: In Tuesday’s Philadelphia Catholic League meet against Cardinal O’Hara, the junior won the 200 and 500 free, swam the breast-stroke leg on the winning medley relay team and helped close the meet by swimming the third leg of the first-place 400 free relay.

What he said: “I focused on the individual medley last year but this year I switched to the 200 free. Today, I dropped four seconds so I’m pretty satisfied with it. But my coaches say I can go under two minutes, and I hope to do that before I shave and taper. The 500, I just have to work on it more in practice so I can do faster times.”



Out of the pool: Played baseball and soccer when he was younger. During the summer, he stays in shape as a member of the Maplewood Dolphins club team in Southampton.


College choice: Would like to become a police officer. He’s considering attending Bucks County Community College after graduation and would consider his options after that.

Person he would most like to meet: “It would be Elijah Wood, who played Frodo in ‘Lords of the Rings,’ because he’s a pretty cool dude. During my childhood, I watched Lord of the Rings all the time, so I’d like to meet him.”




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SWIMMING NOTEBOOK

O'Boyle trying something different



Top 5

Boys

- 1. Pennsbury 0-0
- 2. CR South 3-0
- 3. CR North 0-2
- 4. William Tennent 2-0
- 5. Neshaminy 0-2

Girls

- 1. Pennsbury 0-0
- 2. CR North 0-3
- 3. CR South 1-2
- 4. Archbishop Wood 1-0
- 5. William Tennent 0-2

It takes a great deal of courage to switch events in your senior year. But that's exactly what Joey O'Boyle is doing.

Bensalem's senior captain is focusing on the 100-yard butterfly and the 100 breaststroke this year. This is a departure from previous seasons, when O'Boyle's main events were the 100 breaststroke and 200 individual medley.

"I'm looking to improve in all my events but specifically those two," O'Boyle said. "The fly is a new event for me this year but I feel that I can excel in it. I dropped the IM in order to swim the fly. I made that decision because I've improved in the fly a lot so I thought it was a good move for me. Also we

have some new swimmers who can do the IM for us so that gives me the chance to experiment with different events."

At last year's Suburban One League National Conference championship meet, he finished 17th in the 100 breaststroke in 1:08.95.

This year's District One Class AAA consideration time in the 100 breaststroke is 1:05.5 and 57.30 in the 100 butterfly.

"I'd really like to get to districts this year because this is my last year and I want to see how far I can go," he said.

Bensalem coach D.J. Mergard is optimistic.

"I think he's got a shot," Mergard said. "He's gotten bigger and I think dropping the IM and going for the fly is a good idea. It's a big decision to change events as a senior but Joey feels good about it and so do I. We had Luke Gosick join the team as a senior and he's been swimming the IM so that's allowed Joey to really focus on the breaststroke and fly.

"Sometimes those gambles pay off and I think this is going to be one of those times. Swimmers who do the same events all the time can get stagnant and I think it's important to change things up once in a while. Mixing it up this year is going to be good for Joey. We're excited and we can't wait to see what happens."

CB East Relays

Central Bucks East kicked off the season with its 43rd annual relay carnival.

William Tennent had four relays in the top finishers.

The boys 200-yard freestyle relay of Mike Kane, Charlie Green, Connor Harris and Mark Preedy took second in 1:33.21. Dayton Stahl, Will Gwynn, Jacob Stotler and Preedy were also second in the 200 breaststroke relay (2:00.35). The boys 200 butterfly relay of Kane, Will Clift, Green and Preedy took second (1:43.11).

The Tennent girls 200 butterfly relay of Mary Mansfield, Lauren Caputo, Devon Fithian and Kirsten Brasch took second (2:00.97).

Archbishop Wood's girls 200 backstroke relay of Taylor Goldstein, Kayley Hence, Aubrey McDonough and Katharine Buliga finished second (2:04.37).

Villa Joseph Marie's Shannon O'Neil, Christie Nemceff, Danielle Shead and Brooke Samonson took second in the girls 200 medley relay (2:02.91).

Meets to watch

On Thursday Council Rock North travels to Central Bucks East for a non-league double dual meet at 3:30 p.m.

On Saturday Upper Dublin hosts the Cardinal Carnival at 10 a.m. Diving will be held on Friday at 4 p.m.

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GIRLS BASKETBALL NOTEBOOK

Wood's Greenberg nearing 1,000 points



Top 5

- 1. Archbishop Wood 2-1
- 2. Neshaminy 3-3
- 3. CR South 4-2
- 4. CR North 2-2
- 5. William Tennent 4-1

averaged 13.2 points a game to lead the Vikings.

Even against a top Philadelphia Catholic League opponent such as Neumann-Goretti, the defending PIAA Class AA champion, Greenberg still scored eight points Tuesday in the Vikings' 45-38 road loss.

Barring something unexpected, Greenberg should get there during the tournament.

Greenberg played her freshman season at Gwynedd Mercy Academy before transferring to Wood for her sophomore year.

Acknowledging that she might have reached 1,000 career points faster with the Monarchs, Greenberg said she likely would have been the focal point of their offense.

Greenberg still is glad for her time at both schools.

"I wish it had been accomplished at one school, but I had a great experience at Gwynedd," Greenberg said. "I made a lot of good friends, so I never would want to take away that one year there, but I'm really happy I transferred to Archbishop Wood because this is the place I was meant to be."

Wood coach Mike McDonald believes Greenberg still can reach the school's 1,000-point club, as she needs between 200 and 300 more points.

"We don't have that many 1,000-point scorers at Wood, because even before me, it's a system that we run where everyone is involved, and we look for every person to make plays, so it's not just one person scoring every game," McDonald said. "Last year and this year, we have looked to Bailey a little bit more than a team did in the past."

McDonald is hopeful that Greenberg can accomplish both feats.

"She is a special player: She is athletic, and she's a rebounder too, which helps, because she gets a lot of offensive put-backs, and she's versatile, so she can step out and shoot the ball," McDonald said. "She plays within our system, but then she makes points out of her own effort and ability."

Morrisville's Sacco honored

Morrisville has earned an early-season DVR alert, according to several

announcements Wednesday evening during the Bulldogs' 52-26 nonleague victory at home over the George School.

FOX29 reportedly will air a brief segment between 8 a.m. and 10 a.m. Saturday on Good Day Philadelphia Weekend about Morrisville senior point guard Denise Sacco as its Athlete of the Week.

The TV station filmed the segment about Sacco on Tuesday.

"It's exciting, just to get a small school on TV," Sacco said. "I'm really grateful to accept the honor."

While Sacco seemed genuinely more excited about the exposure for her school, coach Dave Howell was just as glad for her as a four-year varsity starter.

"It's well-deserved for her," Howell said. "The players put a ton of work in, and for her to be recognized, it was a nice process for her to go through, and she handled it very well. That's the whole goal: to get these players a little bit of recognition as part of their high school experience."

Against the Cougars on Wednesday, Sacco drilled four field goals, all 3-pointers for 12 points, and pulled down five rebounds.

Sacco's highlight game this season came Saturday, Dec. 5, against Bristol in the consolation game of the Bristol Coaches vs. Cancer Tournament, when she scored 31 points, including eight 3-pointers, in a 51-46 victory.



PHOTOS BY CHLOE ELMER / PHOTOJOURNALIST

Neshaminy's Allison Harvey keeps her eye on the ball as William Tennent's Braylin Dougherty looks for the ball Thursday.



William Tennent's Sarah Richie goes for the ball against Neshaminy's Brooke Mullin (20) and Allison Harvey during Thursday's game.

Neshaminy

Continued from Page C1

took an 8-3 advantage into the second quarter.

After Neshaminy had opened up a 17-6 second-quarter lead, Tennent responded with a 6-0 run, highlighted by 3-pointer from sophomore guard Braylin Dougherty. Junior guard and co-captain Kyla Gibson capped the run by making both ends of a one-and-one to get the Panthers within six points, 17-11.

But the Panthers never got any closer.

Leading at halftime by eight points, 21-13, Neshaminy opened with back-to-back 3-pointers from junior forward Devon Storms and from Harvey as part of a 10-2 run to open the third quarter.

"(Tennent has) always been tough, even though we've won every time since I've been here," said Goldenbaum, who finished with 11 points and eight rebounds. "But every time going into this game, I always know it's going to be tough, because they play with passion and will do anything to win. At halftime, we knew we needed to play better in the second half."

With 2:19 left in the third quarter, things got tougher for Tennent, as sophomore forward Brianna

Neshaminy 53, William Tennent 24

William Tennent (4-2, 1-2 SOL)
Kyla Gibson 1 3-7 5; Kelly Scipione 2 2-2 7; Brianna Brocardi 0 0-0 0; Sarah Richie 2 1-2 5; Jess Rutkowski 0 0-0 0; Braylin Dougherty 2 0-0 5; Paige Schmidt 0 0-2 0; Jenna Rodebaugh 0 0-0 0; Bryn Evans 0 2-2 2; Emily Vickalits 0 0-0 0. Totals: 7 8-15 24
Neshaminy (4-3, 3-0 SOL)
Morgan Goldenbaum 5 1-4 11; Tiara Porterfield 0 1-2 1; Devon Storms 3 0-2 8; Brooke Mullin 1 0-0 2; Allison Harvey 4 2-3 14; Emily Alexis 1 2-2 4; Josalime McVaine 0 2-4 2; Taylor Kelly 0 0-0 0; Thyra Tuttle 3 0-0 9; Fiona McDonald 1 0-0 2; Nicole Herb 0 0-2 0. Totals: 18 8-19 53
William Tennent 3 10 6 5 - 24
Neshaminy 8 13 20 12 - 53
3-point goals: WT-Dougherty, Scipione; N-Harvey 4, Tuttle 3, Storms 2

Brocardi, who had pulled in nine rebounds by that juncture, left the game with a right-leg injury.

Neshaminy then went on a 10-0 run that extended into the fourth quarter.

Tennent sophomore guard Kelly Scipione, who finished with a team-high seven points, ended that run with a 3-pointer from the right corner.

The Panthers will look forward to the rematch Jan. 21 in their own building, figuring they can improve their entire game, which also included doing a better job handling Neshaminy's full-court press.

"We'll have to improve on our passing," Scipione said.

"Quite simply, we gave them way too many chances to score," Tennent coach Paul Veltre said. "We turned the ball over way too many times, and kudos to (Neshaminy) for forcing those turnovers."

THURSDAY'S HIGHLIGHTS

Villa Joseph Marie earns league win

Villa Joseph Marie defeated Sacred Heart 58-14 in an Athletic Association of Catholic Academies girls basketball game Thursday.

Freshman Emily Keehfuss led the way with 19 points, including four 3-pointers, as the Jems got out to quick 23-4 lead after the first quarter and never looked back.

Villa Joseph Marie 58, Sacred Heart 14	Hernandez 2, Kemper 2	110-119-138-367, Dan Reilsnyder 148-167-158-473, Ryan Callahan 167-160-186,	R. Jongeneel, D. Powell, J. Gren), 1:35:04; 2. CRN, 1:35:60; 3. CBE, 1:39:25 100 backstroke: 1. Collin Villari (CBE), 56:40; 2. Joseph Segal (CRN), 1:01:17; 3. Kyle Levy (CBE), 1:05:31 100 breaststroke: 1. Trevor Misan (CBE), 1:03:66; 2. Nick Dilemno (CBE), 1:05:26; 3. Hunter McRee (CBE), 1:06:01	Warren (CRN), 26:25 Diving: 1. Kylene Gillick (CBE), 217:20; 2. Jess Traub (CRN), 204:85; 3. ()
Villa Joseph Marie	Phil-Mont Christian 68, Morrisville 40	Morrisville (4-4)	400 freestyle relay: 1. CBE (C. Villari, R. Jongeneel, R. Noseworthy, J. Gren), 3:26:68; 2. CRN, 3:35:02; 3. CBE, 3:39:09	100 butterfly: 1. Erin Langel (CBE), 1:01:10; 2. Becca Segal (CRN), 1:02:28; 3. Madison Schlitterer (CRN), 1:03:81
Hagan 6 0-0 13; Keehfuss 7 1-1 19; Bogiatzis 2 0-0 4; Javardian 0 0-0 0; Morano 4 0-0 10; Elle 2 0-0 4; D. Ebo 2 0-0 4; A. Whalen 1 0-0 2; Abel 1 0-0 2. Totals: 25 11-58	D.Sacco 5 0-0 14; N.Harper 1 0-0 3; M.Cleese 3 1-2 7; E.King 3 0-0 6; G.Fogg 5 0-4 10. Totals 17 1-6 40	Phil-Mont Christian Academy	Records: CB East (2-1), CR North (1-3)	100 freestyle: 1. Kirsten Mortimer (CBE), 55:34; 2. Jacqueline Rounsaville (CRN), 55:53; 3. Rachel Samson (CRN), 58:06 500 freestyle: 1. Kalli Segal (CRN), 5:32:27; 2. Iona Enset (CBE), 5:37:52; 3. Meggie Roberts (CRN), 6:00:04 200 freestyle relay: 1. CRN (J. Goroshko, R. Samson, R. Warren, J. Rounsaville), 1:41:96; 2. CBE, 1:43:29; 3. CRN, 1:49:27
Sacred Heart	K.Griffin 5 2-3 14, J.Jackson 4 0-0 8, L.Tipton 4 1-3 9, Goodman 10 0-2 21, K.Green 7 0-0 14, S.Rennix 1 0-1 2. Totals 31 3-10 68	Philmont Christian Academy 16 20 18 14-68	Records: CB East (2-1), CR North (1-3)	100 backstroke: 1. J. Goroshko (CRN), 1:02:97; 2. Sayde Shiroff (CBE), 1:06:51; 3. Madison MacLean (CBE), 1:07:59
Piombino 3 0-1 8; Webster 0 1-2 1; Kilroy 1 0-2 3; Michniak 1 0-2 2. Totals: 5 1-7 14	Morrisville	3-point goals: Philmont — Griffin 2, Goodman; Morrisville — Sacco 4, Harper	Records: CB East (2-1), CR North (1-3)	100 breaststroke: 1. Emily Booth (CRN), 1:12:99; 2. Stephanie Chell (CBE), 1:06:51; 3. Julia Wieggers (CRN), 1:16:49
Villa Joseph Marie	Philmont Christian Academy			400 freestyle relay: 1. CRN (R. Warren, M. Schlitterer, B. Segal, R. Samson), 3:55:59; 2. CRN, 4:01:15; 3. CBE, 4:03:82
23 19 12 4-58	16 20 18 14-68			Records: C.B. East (2-1), CR North (1-3)
Sacred Heart	3-point goals: VJM-Hagan; Keehfuss 4; Morano 2 SH-Piombino 2; Kilroy			
4 4 3 14				
Academy Park 62, Conwell-Egan 28				
A'Leah Allen 6 1-3 14; Shana Gaytorleeze 2 0-0 4; Lexi Hyska 1 1-3 3; Alexis Michem 1 1-2 3; Carla Colella 1 0-0 2; Elaina Fiducia 1 0-0 2. Totals 12 3-8 28				
Academy Park				
S. Hightower 7 0-2 17; G. Smith 3 0-0 7; R. Street 1 0-2 2; T. Mason 2 0-0 5; E. Hernandez 3 1-1 9; R. Kemper 4 1-2 13; T. Kerr 3 1-2 7; K. Burns 1 0-0 2. Totals 24 3-9 62				
Villa Joseph Marie				
23 19 12 4-58				
Academy Park				
26 9 16 11-62				
3-point goals: CE-Allen; AP-Hightower 2, Smith, Mason,				

Holy Ghost Prep 3, Bensalem 1	500 freestyle: 1. Dan Powell (CBE), 5:07:01; 2. Erik Huuki (CBE), 5:17:17; 3. Blake Eshelman (CRN), 5:28:42 200 freestyle relay: 1. CBE (R. Noseworthy,
Bensalem: Jake Mottershead 230-137-146-513, Hunter Young 147-124-140-411, Calvin Levy 152-157-153-462, Iq Okor 150-115-265, Jordan Love 156-191-347, Matt Weber 112	
Holy Ghost Prep: John Schrenk 148-249-225-622, John Wisniewski 165-189-192-546	Pete Sims

SATURDAY'S HIGHLIGHTS

Wood wins District 12, PCL girls swimming titles

The Archbishop Wood girls swim team successfully defended its District 12 Class AA title on Saturday at La Salle University's Kirk Natatorium.

The Vikings scored 539 points to capture the crown.

Wood's Katharine Buliga won two individual events, taking first in the 200-yard freestyle in 2:01.53 and the 500 freestyle (5:22.68). Aubrey McDonough won the 200 individual medley (2:25.87), and Megan Cook captured the 50 freestyle (25.88) for the Vikings.

Wood girls won all three relays. Taylor Goldstein, McDonough, Kaeleigh Mahon and Kayley Hence placed first in the 200 medley (1:58.17); Buliga, Caitlin Bedesem, Mahon and Cook captured the 200 freestyle (1:45.70); and Buliga, Bedesem, Hence and Cook prevailed in the 400 freestyle (3:52.08).

Lansdale Catholic's Hailey Gianoni won the 100 freestyle (56.92), and

Cassidy Fries took the 100 breaststroke (1:10.70).

Earlier in the day, the Philadelphia Catholic League championships were held.

The Vikings repeated as team champions, scoring 582 points.

Buliga again won the 200 (2:01.80) and 500 (5:22.62) freestyles.

Goldstein, McDonough, Mahon and Hence captured the 200 medley relay (1:56.93); MaryGrace MacDonald, Bedesem, Buliga and Cook won the 200 freestyle (1:45.28); and Cook, Bedesem, MacDonald and Buliga triumphed in the 400 freestyle relay (3:52.63).

Boys bowling

Conwell-Egan fell to La Salle, 4-0, in the Philadelphia Catholic League boys bowling championship match.

Andrew Pirrera led the Eagles with a 623 series that featured a 254 in his third game. Jake Temple followed with a 588 series.

Girls' Swimming

CATHOLIC LEAGUE CHAMPIONSHIPS

At La Salle University

Team Scores: 1. Archbishop Wood, 294; 2. Archbishop Ryan, 207; 3. Little Flower, 203; 4. Saint Hubert, 177; 5. Archbishop Carroll, 147; 6. Cardinal O'Hara, 145; 7. Lansdale Catholic, 109; 8. Bonner-Prendergast, 78; 9. Hallahan, 45.

50 Yard Freestyle: 1. Hanna Blewett, Cardinal O'Hara, 24.45; 2. Kayley Hence, Archbishop Wood, 26.19; 3. Jillian Blaney, Little Flower, 26.29.

100 Yard Butterfly: 1. Kelley McHugh, Little Flower, 1:00.61; 2. Kylie Swanick, Cardinal O'Hara, 1:07.51; 3. Nadhia Engle, Archbishop Ryan, 1:08.06.

200 Yard Freestyle: 1. Katharine Buliga, Archbishop Wood, 2:01.80; 2. Cassidy Fries, Lansdale Catholic, 2:02.22; 3. Megan Cook, Archbishop Wood, 2:06.53.

200 Yard Individual Medley: 1. Kaelyn Dougherty, St. Hubert's, 2:08.63; 2. Kelley McHugh, Little Flower, 2:14.54; 3. Julia Dellaratta, Archbishop Carroll, 2:26.59.

200 Yard Medley Relay: 1. Archbishop Wood (Taylor Goldstein, Aubrey McDonough, Kaeleigh Mahon, Kayley Hence), 1:56.93; 2. St. Hubert's, 1:56.95; 3. Little Flower, 1:58.77.

200 Yard Freestyle Relay: 1. Archbishop Wood (MaryGrace MacDonald, Caitlin Bedesem, Katharine Buliga, Megan Cook), 1:45.28; 2. Little Flower, 1:46.27; 3. Cardinal O'Hara, 1:47.19.

DISTRICT 12 CLASS AAA CHAMPIONSHIPS

At La Salle University

Team Scores: 1. Archbishop Ryan, 223; 2. St. Hubert, 172; 3. Little Flower, 138; 4. Cardinal O'Hara, 108; 5. Girls High, 55; 6. Hallahan, 26; 7. Central, 11.

200 Yard Medley Relay: 1. St. Hubert (Jordan Frye, Kaelyn Dougherty, Isabella Goschinski, Lauren Budney), 1:56.90; 2. Archbishop Ryan, 2:08.37; 3. Little Flower, 2:12.86.

200 Yard Freestyle: 1. Kelley McHugh, Little Flower, 1:57.43; 2. Sydney Aston, Archbishop Ryan, 2:09.02; 3. Claire DeMarshall, St. Hubert, 2:09.84.

200 Yard Individual Medley: 1. Kaelyn Dougherty, St. Hubert, 2:07.73; 2. Sarah McGee, Archbishop Ryan, 2:32.30; 3. Isabella Goschinski, St. Hubert, 2:37.79.

50 Yard Freestyle: 1. Hanna Blewett, Cardinal O'Hara, 23.96; 2. Jillian Blaney, Little Flower, 26.08; 3. Julia Boyle, Cardinal O'Hara, 26.11.

100 Yard Butterfly: 1. Kylie Swanick, Cardinal

O'Hara, 1:05.71; 2. Jennifer Campbell, Little Flower, 1:06.98; 3. Victoria Coyle, St. Hubert, 1:07.01.

200 Yard Freestyle Relay: 1. Cardinal O'Hara (Julia Boyle, Morgan Mack, Trish Lacey, Bridget O'Shea), 1:44.91; 2. Little Flower, 1:45.77; 3. St. Hubert, 1:50.16.

DISTRICT 12 CLASS AA CHAMPIONSHIPS

At La Salle University

Team Scores: 1. Archbishop Wood, 239; 2. Archbishop Carroll, 143; 3. Bonner-Prendergast, 107; 4. Lansdale Catholic, 95; 5. Masterman, 62; 6. Carver, 47.

50 Yard Freestyle: 1. Megan Cook, Archbishop Wood, 25.88; 2. Kayley Hence, Archbishop Wood, 26.15; 3. Hailey Gianoni, Lansdale Catholic, 26.34.

100 Yard Butterfly: 1. Julia Dellaratta, Archbishop Carroll, 1:03.14; 2. Badia Weeks, Carver, 1:06.51; 3. Meredith Benson, Bonner-Prendergast, 1:09.26.

200 Yard Freestyle: 1. Katharine Buliga, Archbishop Wood, 2:01.52; 2. Cassidy Fries, Lansdale Catholic, 2:03.36; 3. Tara McBlain, Bonner-Prendergast, 2:15.09.

200 Yard Individual Medley: 1. Aubrey McDonough, Archbishop Wood, 2:25.87; 2. Julianna Fanelli, Bonner-Prendergast, 2:32.50; 3. Badia Weeks, Carver, 2:33.86.

200 Yard Medley Relay: 1. Archbishop Wood (Taylor Goldstein, Aubrey McDonough, Kaeleigh Mahon, MaryGrace MacDonald, Kayley Hence, Katharine Buliga, Megan Cook, Taylor Green), 1:58.17; 2. Archbishop Carroll, 2:02.44; 3. Bonner-Prendergast, 2:07.69.

200 Yard Freestyle Relay: 1. Archbishop Wood (Katharine Buliga, Caitlin Bedesem, Kaeleigh Mahon, Megan Cook, MaryGrace MacDonald, Taylor Green, Aubrey McDonough, Kayley Hence), 1:45.70; 2. Lansdale Catholic, 1:51.65; 3. Archbishop Carroll, 1:52.97.

Boys' Swimming

CATHOLIC LEAGUE CHAMPIONSHIPS

At La Salle University

Team Scores: 1. La Salle, 467; 2. St. Joseph's Prep, 305; 3. Father Judge, 202; 4. Archbishop Wood, 99; 5. Roman Catholic, 80; 6. Archbishop Ryan, 73; 7. Bonner-Prendergast, 68; 8. Archbishop Carroll, 64; 9. Cardinal O'Hara, 48; 10. Lansdale Catholic, 20.

50 Yard Freestyle: 1. Greg Brocato, La Salle, 21.56; 2. David Iuvara, St. Joseph's Prep, Evan Wilt, La Salle, 22.30.

100 Yard Butterfly: 1. Nicholas Belecanech, St. Joseph's Prep, 51.67; 2. Jacob Lubinski, La Salle, 51.74; 3. Thomas Rogers, La Salle, 52.28.

200 Yard Freestyle: 1. Joseph Vizza, La Salle, 1:41.65; 2. Kevin Durning, La Salle, 1:44.91; 3. Nicholas Belecanech, St. Joseph's Prep, 1:47.30.

200 Yard Individual Medley: 1. Jake Sannem, La Salle, 1:54.10; 2. Colin Reilly, Father Judge, 1:56.61; 3. Liam Duffy, La Salle, 1:58.18.

200 Yard Medley Relay: 1. La Salle (JP Venneri, Sean Finlay, Jacob Lubinski, Greg Brocato), 1:36.61; 2. Father Judge, 1:38.64; 3. St. Joseph's Prep, 1:39.66.

200 Yard Freestyle Relay: 1. La Salle (Joseph Vizza, Kevin Durning, Sean Mulligan, Jake Sannem), 1:27.32; 2. St. Joseph's Prep, 1:32.42; 3. Father Judge, 1:33.63.

DISTRICT 12 CLASS AA CHAMPIONSHIPS

At La Salle University

Team Scores: 1. Bonner-Prendergast, 122; Archbishop Carroll, 110; 3. Carver, 73; 4. Cardinal O'Hara, 55; 5. Lansdale Catholic, 39; 6. Beeber, 20.

50 Yard Freestyle: 1. Yaseen Thomas, Beeber, 22.86; 2. Daniel Dwyer, Bonner-Prendergast, 24.07; 3. Matthew Crawford, Archbishop Carroll, 24.50.

100 Yard Butterfly: 1. Sincere Gibbs, Archbishop Carroll, 54.98; 2. Ameen Muhammad, Carver, 1:02.67.

200 Yard Freestyle: 1. Luke McDevitt, Bonner-Prendergast, 1:58.89; 2. Theodore Greiner, Bonner-Prendergast, 2:03.79; 3. Thomas Patota, Archbishop Carroll, 2:12.95.

200 Yard Individual Medley: 1. John Ellis, Bonner-Prendergast, 2:15.94.

200 Yard Medley Relay: 1. Archbishop Carroll (Daniel Kline, Thomas Patota, Sincere Gibbs, Matthew Crawford, Kevin Howard), 1:52.49; 2. Bonner-Prendergast, 1:53.73; 3. Cardinal O'Hara, 2:00.71.

200 Yard Freestyle Relay: 1. Bonner-Prendergast (Daniel Dwyer, John Ellis, Theodore Greiner, Luke McDevitt, Thomas Lusch, Christopher Novelli, Arvin Sequeira, Liam Vogelmann), 1:37.07; 2. Cardinal O'Hara, 1:40.54; 3. Archbishop Carroll, 1:41.02.

DISTRICT 12 CLASS AAA CHAMPIONSHIPS

At La Salle University

Team Scores: 1. La Salle, 295; 2. St. Joseph's Prep, 194; 3. Father Judge, 116; T-4. Roman Catholic, 56; T-4. Archbishop Wood, 56; 6. Archbishop Ryan, 51; 7. Central, 18.

200 Yard Medley Relay: 1. La Salle (JP Venneri, Sean Finlay, Kevin Durning, Samuel Grossi), 1:33.24; 2. Father Judge, 1:38.33; 3. St. Joseph's Prep, 1:39.35.

200 Yard Freestyle: 1. Jake Sannem, La Salle, 1:38.39; 2. Joseph Vizza, La Salle, 1:39.78; 3. Kevin Durning, La Salle, 1:43.48.

200 Yard Individual Medley: 1. Sean Finlay, La Salle, 1:54.19; 2. Colin Reilly, Father Judge, 1:55.84; 3. Liam Duffy, La Salle, 1:56.75.

50 Yard Freestyle: 1. Greg Brocato, La Salle, 20.68; 2. Evan Wilt, La Salle, 22.21; 3. David Iuvara, St. Joseph's Prep, 22.32.

100 Yard Butterfly: 1. Jacob Lubinski, La Salle, 50.86; 2. John Klein, La Salle, 51.87; 3. Nicholas Belecanech, St. Joseph's Prep, 52.04.

200 Yard Freestyle Relay: 1. La Salle (Joseph Vizza, Sean Finlay, Greg Brocato, Sean Mulligan), 1:25.68; 2. Father Judge, 1:30.01; 3. St. Joseph's Prep, 1:32.92.

SWIMMING

RALLY

La Salle, Arch. Wood swim to Catholic League titles

By Matt Breen
STAFF WRITER

La Salle and Archbishop Wood built on their large leads from Friday to easily capture Catholic League swimming championships Saturday afternoon at La Salle University.

The title is the 28th straight boys' championship for La Salle. It came just four months after the passing of longtime coach Frank Lichtner, who died of cancer in October.

La Salle's Joseph Vizza (100-yard freestyle), Jacob Lubinski (100-yard backstroke), Sean Finlay (100-yard backstroke), and Jake Sannem (500-yard freestyle) each finished in first place. Sannem and Vizza were joined on the winning 400-yard freestyle relay team by Kevin Durning and Greg Brocato.

The Explorers finished with 913 team points, which was 354 more than second-place St. Joseph's Prep.

Archbishop Wood's Katharine Buliga won the 500-yard freestyle to help the Vikings capture their second straight girls' title. Buliga was the anchor of the winning 400-yard freestyle relay. She was joined by Megan Cook, Caitlin Bedesem, and MaryGrace MacDonald.

Wood finished with 582 team points, 192.5 points more than second-place Archbishop Ryan.

The Results

CATHOLIC LEAGUE CHAMPS DAY TWO

Boys' Results

Team: 1. La Salle, 913; 2. St. Joseph's Prep, 559; 3. Father Judge, 325; 4. Arch. Wood, 221; 5. Roman Catholic, 127; 6. Bonner-Prend, 105; 7. Archbishop Carroll, 98; 8. Arch. Ryan, 93; 9. Cardinal O'Hara, 48; 10. Lansdale Catholic, 20.
100 Yard Freestyle: 1. Joseph Vizza, La Salle, 47.26; 2. Greg Brocato, La Salle, 47.55; 3. Colin Reilly, Father Judge, 47.78.
100 Yard Backstroke: 1. Jacob Lubinski, La Salle, 53.07; 2. John Klein, La Salle, 54.60; 3. JP Venneri, La Salle, 55.13.
100 Yard Breaststroke: 1. Sean Finlay, La Salle, 59.29; 2. Marcello Garber, St. Joseph's Prep, 1:01.17; 3. Quinn Rademaker, St. Joseph's Prep.
500 Yard Freestyle: 1. Jake Sannem, La Salle, 4:43.33; 2. Liam Duffy, La Salle, 4:49.79; 3. James McElean, La Salle, 4:54.44.
400 Yard Freestyle Relay: 1. La Salle (Jake Sannem, Kevin Durning, Joseph Vizza, Greg Brocato), 3:10.63; 2. Father Judge, 3:20.40; 3. St. Joseph's Prep, 3:20.63.

Girls' Results

Team: 1. Archbishop Wood, 582; 2. Archbishop Ryan, 389.5; 3. St. Hubert, 329; 4. Little Flower, 293; 5. Cardinal O'Hara, 273.5; 6. Archbishop Garroll, 261; 7. Lansdale Catholic, 171; 8. Bonner-Prendergast, 144; 9. Hallahan, 45.
100 Yard Freestyle: 1. Hanna Blewett, Cardinal O'Hara, 53.11; 2. Hailey Gianoni, Lansdale Catholic, 57.63; 3. Kayley Hence, Archbishop Wood, 57.81.
100 Yard Backstroke: 1. Kaelyn Dougherty, St. Hubert's, 59.32; 2. Julia Boyle, Cardinal O'Hara, 1:04.38; 3. Megan Campbell, Little Flower, 1:05.40.
100 Yard Breaststroke: 1. Cassidy Fries, Lansdale Catholic, 1:10.42; 2. Aubrey McDonough, Archbishop Wood, 1:12.16; 3. Molly Prior, Archbishop Wood, 1:16.72.
500 Yard Freestyle: 1. Katharine Buliga, Archbishop Wood, 5:22.62; 2. Megan Cook, Archbishop Wood, 5:50.38; 3. Sarah McGee, Archbishop Ryan, 5:54.08.
400 Yard Freestyle Relay: 1. Archbishop Wood (Megan Cook, Caitlin Bedesem, MaryGrace MacDonald, Katharine Buliga), 3:53.63; 2. St. Hubert, 4:01.51; 3. Archbishop Carroll, 4:02.18.

DISTRICT 12 AAA CHAMPS DAY TWO

Boys' results

Team: La Salle 646, St. Joseph's Prep 399, Father Judge 279, Arch. Wood 173, Roman Catholic 121, Arch. Ryan 98, Central 58.
1 meter dive: 1. William Seeley, La Salle, 409.00.
100 yard freestyle: 1. Greg Brocato, La Salle, 45.26; 2. Colin Reilly, Father Judge, 47.31; 3. Kevin Durning, La Salle, 48.21.
500 yard freestyle: 1. Jake Sannem, La Salle, 4:30.08; 2. Joseph Vizza, La Salle, 4:32.75; 3. Michael Sauer, Father Judge, 5:00.03.
100 yard backstroke: 1. Jacob Lubinski, La Salle, 52.07; 2. John Klein, La Salle, 52.54; 3. JP Venneri, La Salle, 52.62.
100 yard breaststroke: 1. Sean Finlay, La Salle, 56.25; 2. Quinn Rademaker, St. Joseph's Prep, 1:00.74; 3. Marcello Garber, St. Joseph's Prep, 1:01.09.
400 yard freestyle relay: 1. La Salle (Greg

Brocato, Joseph Vizza, Jacob Lubinski, Jake Sannem, Kevin Durning, Sean Mulligan, Evan Wilt, Sean Finlay) 3:04.60; 2. St. Joseph's Prep, 3:21.13; 3. Father Judge, 3:27.55.

Girls results

Team: Archbishop Ryan 463, Saint Hubert 387, Little Flower 310, Cardinal O'Hara 292, Girls High 95, Hallahan 80, Central 22.
100 yard freestyle: 1. Hanna Blewett, Cardinal O'Hara, 52.04; 2. Jillian Blaney, Little Flower, 57.21; 3. Sydney Aston, Archbishop Ryan, 58.85.
500 yard freestyle: 1. Kelley McHugh, Little Flower, 5:12.39; 2. Sarah McGee, Archbishop Ryan, 5:52.51; 3. Nadhia Engle, Archbishop Ryan, 5:59.01.
100 yard backstroke: 1. Julia Boyle, Cardinal O'Hara, 1:04.96; 2. Megan Campbell, Little Flower, 1:05.77; 3. Jordan Frye, Saint Hubert, 1:07.07.
100 yard breaststroke: 1. Kaelyn Dougherty, Saint Hubert, 1:05.58; 2. Frances Schueren, Cardinal O'Hara, 1:17.63; 3. Sarah Gudas, Archbishop Ryan, 1:17.64.
400 yard freestyle relay: 1. Little Flower (Megan Campbell, Jennifer Campbell, Jillian Blaney, Kelley McHugh, Maura Coleman, Haley Waring, Morgan Cye, Allison Ross), 3:49.58.

DISTRICT 12 AA CHAMPS DAY TWO

Boys' results

Team scores: Bonner-Prendergast 254, Archbishop Carroll 196, Lansdale Catholic 102, Cardinal O'Hara 89, Engineering and Science 73, SLA-Beebe 40, Masterman 28.
100 yard freestyle: 1. Luke McDevitt, Bonner-Prendergast, 53.43; 2. Daniel Dwyer, Bonner-Prendergast, 53.90; 3. Nicholas Picozzi, Lansdale Catholic, 55.48.
100 yard backstroke: 1. Sincere Gibbs, Archbishop Carroll, 58.99.
100 yard breaststroke: 1. Yaseen Thomas, SLA-Beebe, 1:02.85; 2. Nicholas Picozzi, Lansdale Catholic, 1:12.19.
400-yd. freestyle relay: 1. Bonner-Prendergast (Daniel Dwyer, John Ellis, Theodore Greiner, Luke McDevitt, Arvin Sequeira, Christopher Novelli, Thomas Lusche, Liam Vogeliman), 3:35.54; 2. Archbishop Carroll, 3:44.48.

Girls' results

Team: Arch. Wood 539, Arch. Carroll 301, Lansdale Catholic 301, Bonner-Prendergast 245, Masterman 133, Engineering and Sci 60.
100 yard freestyle: Hailey Gianoni, Lansdale Catholic, 56.92; 2. Kayley Hence, Archbishop Wood, 57.70; 3. Caitlin Bedesem, Archbishop Wood, 57.86.
500 yard freestyle: 1. Katharine Buliga, Arch Wood, 5:22.68; 2. Megan Cook, Arch Wood, 5:50.57; 3. Julianna Fanelli, Bonner-Prendle, 5:58.43.
100 yard backstroke: 1. Aubrey McDonough, Arch Wood, 1:07.02; 2. Taylor Green, Wood, 1:07.98; 3. Taylor Goldstein, Wood, 1:08.00.
100 yard breaststroke: 1. Cassidy Fries, Lansdale Catholic, 1:10.70; 2. Zoie Octaviano, Archbishop Carroll, 3. Victoria Patota, Archbishop Carroll, 1:16.80.
400 yard freestyle relay: 1. Archbishop Wood (Katharine Buliga, Caitlin Bedesem, Kayley Hence, Megan Cook, Kallie Karensky, Taylor Green, Aubrey McDonough, MaryGrace MacDonald), 3:52.08; 2. Lansdale Catholic, 4:00.87; 3. Archbishop Carroll, 4:02.51.

SATURDAY'S HIGHLIGHTS

Wood girls win Philadelphia Catholic League, District 12 swim titles

The Archbishop Wood girls swim team successfully defended its District 12 Class AA title on Saturday at La Salle University's Kirk Natatorium.

The Vikings scored 539 points to capture the crown.

Wood's Katharine Buliga won two individual events, taking first in the 200-yard freestyle in 2:01.53 and the 500 freestyle (5:22.68). Aubrey McDonough won the 200 individual medley (2:25.87), and Megan Cook captured the 50 freestyle (25.88) for the Vikings.

Wood girls won all three relays. Taylor Goldstein, McDonough, Kaeleigh

Mahon and Kayley Hence placed first in the 200 medley (1:58.17); Buliga, Caitlin Bedesem, Mahon and Cook captured the 200 freestyle (1:45.70); and Buliga, Bedesem, Hence and Cook prevailed in the 400 freestyle (3:52.08).

Lansdale Catholic's Haley Gianoni won the 100 freestyle (56.92), and Cassidy Fries took the 100 breaststroke (1:10.70).

Earlier in the day, the Philadelphia Catholic League championships were held.

The Vikings repeated as team champions, scoring 582 points.

Buliga again won the 200

(2:01.80) and 500 (5:22.62) freestyles.

Goldstein, McDonough, Mahon and Hence captured the 200 medley relay (1:56.93); MaryGrace MacDonald, Bedesem, Buliga and Cook won the 200 freestyle (1:45.28); and Cook, Bedesem, MacDonald and Buliga triumphed in the 400 freestyle relay (3:52.63).

For Lansdale Catholic, Fries won the 100 breaststroke (1:10.42).

SOL National girls swimming

Emma O'Neill of Abington won two individual events at Saturday's Suburban One League National

Conference championships at Council Rock North.

She finished first in the 200-yard freestyle in 1:58.36 and defended her title in the 500 free with her time of 5:20.36.

"It was awesome to win the 500 again," said O'Neill, a senior. "It's my last time here, so I was happy to win it."

Last year, she competed in the 100 butterfly.

"I switched it up and swam the 200 this year, and that was a good decision," she said. "I'm happy with that time, too."

Girls basketball

Abington advanced to the

second round of the District One Class AAAA girls basketball tournament with a 51-25 win Saturday at Great Valley.

The 18th-seeded Ghosts got a game-high 19 points from Leah Simmons and 12 from Lizzie Oleary.

Abington will travel to No. 2 seed Perkiomen Valley on Wednesday.

Despite Devan Rimmer's 16 points, Pennridge was eliminated from the District One Class AAAA girls basketball playoffs Saturday with a 63-38 loss to second-seeded Perkiomen Valley.

Rimmer hit three

3-pointers for the Rams, who were the tournament's No. 31 seed.

Pennridge's Sam Muredda contributed eight points and Brooke Bacthel had six.

Megan Jonassen led Perkiomen Valley with 20 points, and teammate KT Armstrong added 17.

Girls basketball

Gwynedd Mercy Academy 40,
Episcopal Academy 36

Gwynedd Mercy Academy (20-4)
DeCandido 5 2-3 12; Coleman 1 2-4 5; Heineman 4 2-2 10; Cameron 2 0-0 4; Senour 1 3-4 5; Casey 2 0-0 4.
Totals: 15 9-13 40
Episcopal Academy
Mamula 3 0-0 6; Kuntz 2 1-2 7; McNamara 3 0-0 7; Weaver 5 0-2 11; Furey 0 5-6 5. Totals: 13 6-10 36
GMA 11 10 10 9-40
Episcopal Academy 9 6 10 11-36
3-point goals: EA-Kuntz 2, McNamara, Weaver; GMA-Coleman