



Wood Swimming 2013 - 2014

News

ARCHBISHOP WOOD

Coach: Charlie Stillwell (17th year)

Last year: 7-2 (6-1 PCL)

Key performers: Sr. Hannah Cochrane (backstroke, butterfly); Jr. Dominique DiRienzo (diving); So. Katharine Buliga (freestyle); Sr. Claire Cochrane (freestyle, butterfly); So. Megan Cook (freestyle); So. Caitlin Bedesem (freestyle, breaststroke).

The season: The team will have a lot of depth with a few top swimmers. This is a young team, so Stillwell is counting on the second- and third-year swimmers to step up and fill any holes left in the lineup from graduation.

ARCHBISHOP WOOD

Coach: Charlie Stillwell (17th year)

Last year: 3-4-1 (3-4-1 PCL)

Key performers: So. Timothy Quigley (breaststroke, individual medley); Sr. Gus Lawn (freestyle, breaststroke); Fr. Connor Lynskey (freestyle); Fr. Daniel Johnson (backstroke, breaststroke); Sr. Liam Wheillhan (freestyle, butterfly); Jr. John Waltrich (freestyle).

The season: The team has a good mix of older and younger swimmers. With a bigger team and the addition of weight training, the team looks to be competitive in most of its meets and continue to improve from last year.

Archbishop Wood

Coach: Charlie Stillwell (17th year)

Last year: (7-2, 6-1 PCL)

Key performers: Sr. Hannah Cochrane (backstroke, butterfly); Jr. Dominique DiRienzo (diving); So. Katharine Buliga (freestyle); Sr. Claire Cochrane (freestyle, butterfly); So. Megan Cook (freestyle); So. Caitlin Bedesem (freestyle, breaststroke).

The season: Last season's team won a District 12 team title because of quality depth. There is depth again this season but much of it is green. Those younger, untested swimmers will have to mature quickly for the Vikings to contend again.

ARCHBISHOP WOOD

Coach: Charlie Stillwell (17th year)

Last year: 3-4-1

Key performers: So. Timothy Quigley (breaststroke, individual medley); Sr. Gus Lawn (freestyle, breaststroke); Fr. Connor Lynskey (freestyle); Fr. Daniel Johnson (backstroke, breaststroke); Sr. Liam Wheillhan (freestyle, butterfly); Jr. John Waltrich (freestyle).

The season: For a change, the biggest improvement to the team isn't happening in the pool. The addition of weight training will help the swimmers build strength and endurance. There is a good mix of veterans and newcomers who will keep the Vikings competitive in the league as they push to qualify for districts.

5 athletes to watch

(in alphabetical order):

Alison Barahona, Pennsbury: Barahona was the Suburban One League National Conference champion in both the 200 individual medley and 100 breaststroke. She was also a District One Class AAA qualifier in both events, finishing 10th in the breaststroke and 14th in the IM.

Katharine Buliga, Archbishop Wood: Buliga cut a dash as a freshman last year, qualifying for the PIAA Class AA meet in both the 200 and 500 freestyles. She was the District 12 Class AA champion in both events and finished fourth in the 200 and eighth in the 100 freestyle at the Philadelphia Catholic League championships.

Tommie Dillione, Council Rock North: Dillione, a senior, was the Courier Times Girls Swimmer of the Year last year for the second year in a row. She was the District One Class AAA champion in the 200 and 500 freestyles. At the PIAA championships, she was second in the 500 and third in the 200.

Alexa Fabbri, Villa Joseph Marie: Fabbri was the District One Class AA champion in both the 100 butterfly and 100 freestyle last year. She was second at the PIAA Class AA meet in both events, and the junior hopes to do as well this year.

Faye Melekos, Council Rock South: Melekos, a junior, is the returning Suburban One League National Conference champion in the 100 butterfly. She was a District One Class AAA qualifier in the 100 butterfly and 100 backstroke last year.

5 teams to watch

(in order of predicted strength):

Council Rock North: The Indians have won the Suburban One League National Conference title the last six years running and look to be the team to beat again this year. The Indians had a large turnout, which will help score points as they seek to make some noise at the district and state level.

Pennsbury: The Falcons have a lot of good swimmers and divers this year and should be competitive in the hunt for the SOL National Conference crown.

Council Rock South: The Golden Hawks have their third coach in as many seasons, but that shouldn't slow them down. They have a nice nucleus of returning swimmers and should be competitive in the SOL National Conference.

Archbishop Wood: The Vikings are always competitive in the Philadelphia Catholic League and District 12 Class AA, and this year should be no different. A good core of returning swimmers will see them through.

William Tennent: The team is smaller this year, but it still has some talent. How much that talent will be able to help the Panthers overcome the lower numbers will determine the team's level of success.

5 meets to watch

Archbishop Ryan at Archbishop Wood, Jan. 8, 6 p.m.: These teams have dominated the Philadelphia Catholic League in recent years, so this meet is always a big one. Last year, Ryan was the District 12 Class AAA champion and Wood the District 12 Class AA winner.

Abington at Neshaminy, Jan. 9, 3:45 p.m.: The Redskins can demonstrate their readiness to move up in the SOL National Conference standings with a win over the Ghosts.

Council Rock North at Pennsbury, Jan. 14, 3:30 p.m.: This meet features the 2012-13 Suburban One League National Conference champion Indians against the runner-up Falcons. CR North has won the last six meetings between the two, with Pennsbury's last win over the Indians coming in the 2006-07 season.

William Tennent at Council Rock South, Jan. 21, 3:30 p.m.: Both teams need to win this meet in order to make a move up in the SOL National Conference standings.

Council Rock North at Council Rock South, Jan. 30, 3:30 p.m.: This annual clash between district rivals is the Suburban One League National Conference finale for both teams. This will be the 12th meeting since CR South opened in the fall of 2002, and CR North leads the series 11-0.

Wood comes through against Ryan

BY KAREN SANGILLO
STAFF WRITER

UPPER SOUTHAMPTON — Gus Lawn and his teammates on the Archbishop Wood boys swim team can cross one off their bucket list.

The Vikings defeated Philadelphia Catholic League rival Archbishop Ryan 86.5-83.5 in Wednesday's double dual meet hosted by Wood at Klinger Middle School.

"We tied them last year, and we thought that was great, but beating them is even better," said Lawn, a senior captain.

Wood needed to win the final event, the 400-yard freestyle relay, to win the freestyle relay, to win the meet, and the Vikings came through.

John Waltrich, Liam Whelan, Timothy Quigley and Lawn clocked in at 3:47.70 for the victory.

"I think this meet is going to be a turning point for our team," Lawn said. "Our coach (Charlie Stillwell) told us we could do this, and now I think we believe it."

"We only had three wins last year (the team went 3-4-1), and right now we're 2-0, which is amazing."

Lawn was the lone individual-event winner for the Vikings, taking the 200 freestyle (1:58.82).

"Our depth is what won this meet for us," Lawn said. "I had a really something new for us, to have a bigger team, but it's great, and I'm really excited for the rest of the season."

"We're finally in a position to start winning some

meets on our depth instead of losing because of a lack of depth."

The last time the Wood boys beat Ryan was Jan. 10, 2001.

"This is a big win for us," Lawn said. "We had some really good swimmers and some guys who really stepped up and got those third-, fourth- and fifth-place finishes for us and, at the time, you don't think about it, but every point was important."

The Wood girls fell to Ryan 89-87.

The meet was tied 81-81 going into the 400 freestyle relay. "It came down to who ever won that relay and, unfortunately for us, it was them," said Wood sophomore Katharine Buliga. "But we



Video online

swam really well, so we can't be too upset. "We had a lot of people make their district cuts and I'm sure they did, too. This meet is such a big one for both of us. It's a healthy rivalry because it brings out the best in both teams."

"Last year as a freshman, I really didn't understand how important the Ryan meet was. It was just another meet to me. But this year, I really get it, so I was really excited to swim them, and it was much closer this year than it was last year."

"We'll swim them again at the league championships and we'll see what happens



Karen Sangillo

The weather has wrought havoc on area teams as they head into their respective conference championships, but probably no team has had more issues than Archbishop Wood.

The Vikings swim at Klinger Middle School in the Centennial School District. The district was closed due to the weather so Wood was unable to practice at a crucial time in their season.

The team will be very busy Friday and Saturday.

On both days, the Philadelphia Catholic League championships will be held in the mornings at Widener University.

Then it's off to La Salle University for the District 12 championships at night.

This is actually good preparation for any swimmers who make it to the consolation heat or finals of the PIAA competition, since they would be swimming twice in a day.

But the downside is that the swimmers have had very little preparation for those important meets.

"There's nothing I can do about it," Wood coach Charlie Stillwell said. "The pool is closed so we can't practice, and I'm sure we aren't the only ones with this problem."

"We're hoping it will be open on Monday but we're apparently expecting another storm on Wednesday so

SWIMMING NOTEBOOK

Weather having impact on postseason

who knows? We'll just have to wait and see what happens but this does not make for a good championship meet."

The Vikings were able to get some time in at La Salle College High School, which does have its own pool.

"It's not the worst thing in the world that our kids are resting but we need to get in the water," Stillwell said. "We went through a period where we had one practice in two weeks because of the weather and now this."

"This is not making me happy but again, there's nothing I can do about it so we'll just do the best we can."

The Wood girls finished the dual meet season 6-3 overall, 5-2 in the PCL with league losses to Archbishop Ryan and Little Flower. The Vikings had a 14-year win streak against Little Flower going into this season.

The boys are 5-2 overall and in the PCL, up from last year's 3-4-1 record. The Vikings beat two teams that they lost to last year in Roman Catholic and Cardinal O'Hara, and they beat Archbishop Ryan, which they tied with last year.

This is the boys' first winning record for Stillwell, who took the program over in 1998.

Forlini breaks record

Senior Ian Forlini bettered the William Tennent school and pool record in diving at the Panthers' regular season nonleague meet against Holy Ghost Prep.

Forlini posted a six-dive score of 369.90 points, raising the standard

Top 5

Boys

1. Council Rock North (9-1)
2. Pennsbury (5-1)
3. Council Rock South (9-5)
4. William Tennent (7-5)
5. Neshaminy (3-3)

Girls

1. Council Rock North (10-1)
2. Pennsbury (5-1)
3. Council Rock South (5-3)
4. Archbishop Wood (6-3)
5. Neshaminy (4-2)

from 359.10, which he set himself in 2012.

Meets to watch

The Suburban One League National Conference championships will begin Wednesday with diving at William Tennent at 5:30 p.m.

Swimming will be held at Council Rock North. The boys meet will be Friday at 6 p.m. and the girls on Saturday at 9 a.m.

The Philadelphia Catholic League championships will be held Friday and Saturday at Widener University at 8:30 a.m.

The District 12 championships will be held Friday and Saturday at La Salle University at 6 p.m. The winner in each event qualifies for the PIAA championships, slated for March 12-15 at Bucknell University.

Karen Sangillo, 215-345-3070; email: ksangillo@calkins.com

Boys: Archbishop Wood 86.5, Archbishop Ryan 83.5

200-yard freestyle relay: 1. Archbishop Ryan (Lawn, Whelan, Quigley, Ryan) 1:58.82; 2. Archbishop Wood (Waltrich, Whelan, Quigley, Ryan) 2:01.45; 3. Council Rock North (9-1) 2:03.12; 4. Pennsbury (5-1) 2:05.34; 5. Council Rock South (9-5) 2:07.12; 6. William Tennent (7-5) 2:09.12; 7. Neshaminy (3-3) 2:11.12; 8. Archbishop Wood (Waltrich, Whelan, Quigley, Ryan) 2:13.12; 9. Council Rock North (9-1) 2:15.12; 10. Pennsbury (5-1) 2:17.12; 11. Council Rock South (9-5) 2:19.12; 12. William Tennent (7-5) 2:21.12; 13. Neshaminy (3-3) 2:23.12; 14. Archbishop Wood (Waltrich, Whelan, Quigley, Ryan) 2:25.12; 15. Council Rock North (9-1) 2:27.12; 16. Pennsbury (5-1) 2:29.12; 17. Council Rock South (9-5) 2:31.12; 18. William Tennent (7-5) 2:33.12; 19. Neshaminy (3-3) 2:35.12; 20. Archbishop Wood (Waltrich, Whelan, Quigley, Ryan) 2:37.12; 21. Council Rock North (9-1) 2:39.12; 22. Pennsbury (5-1) 2:41.12; 23. Council Rock South (9-5) 2:43.12; 24. William Tennent (7-5) 2:45.12; 25. 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State meet caps year for Doyle



Karen Sangillo

This year's PIAA Class AAA meet is a bonus for Connor Doyle. The Pennsbury freshman

finished ninth at the District One Class AAA meet in the 100-yard backstroke, just missing the podium.

But his time of 53.09 was good enough to make him a time qualifier for the PIAA meet, slated to begin Wednesday at Bucknell.

"I'm very excited and looking forward to it," said Doyle, who is seeded 29th. "I just barely got in and I'm hoping to swim faster at states and move up to a higher place."

He began his swimming career at age 5.

"I've been to big meets before but I'm looking forward to seeing a high-level meet from the high school perspective," he said. "I know the competition is going to be tough and I'll shoot for the consolation heat but if I don't make it I won't have any regrets."

"This is definitely a great way to end my first season of high school swimming. I went as far as you can go."

Because he was a time qualifier and not an

automatic qualifier, Doyle left the district meet unsure if he would make it to states.

"That just adds more excitement to being able to swim there," he said. "I appreciate it more because I wasn't sure I was going to get this opportunity."

He was with his team when he got the news.

"We were working a masters swim meet at the pool and my coach (Greg Stoloski) was checking the website every 20 minutes to see if I got in," Doyle said. "When I found out, the whole team was really supportive."

Even if he doesn't swim as well as he would like, Doyle will consider the meet a success.

"It's about the journey," he said. "If it doesn't work out for me and I don't swim my best there, I can still say that I made it to states as a freshman and hopefully it will motivate me to work harder and get back there next year and do better. As long as I do my best, I'll be happy with myself no matter where I finish."

Record setters

Several school records were broken at the District One meet.

Steven Keashon of Neshaminy lowered his

own mark in the 200-yard freestyle with his 11th-place time of 1:44.45. His previous best was 1:46.16 at last year's district meet.

Keashon also set a school record in the 500 freestyle of 4:38.16, eclipsing the 4:40.41 by Dan Buschmann in 2002.

Neshaminy's 200 medley relay of Keashon, Bobby Winthur, Rob Giannini and David Knies took down one of the oldest records in the program's books with their 17th-place time of 1:40.57.

The previous mark of 1:40.75 was set back in 1977 by Pete Shaffer, Steve Shaffer, Joe Wingert and Andy McCole.

The Council Rock North boys 200 medley relay of Jake Goroshko, Jack Donnelly, Brandon McCredie and Ryan Mitchell lowered their own school record with their sixth-place time of 1:37.38. They swam a 1:37.48 at the Suburban One League National Conference championships in February.

William Tennent's 200 freestyle relay of Brennan Bastian, Tom Del Conte, Matt Patrick and Ian Forlini posted a 1:27.36, topping the 1:27.89 by Andrew Richey, Bastian, Dylan Cooper and Connor Forlini at 2012's district competition.

Sangillo's Top 5

Boys

1. Council Rock North (9-1)
2. Pennsbury (7-2)
3. Council Rock South (6-4)
4. William Tennent (7-5)
5. Neshaminy (3-3)

Girls

1. Council Rock North (10-1)
2. Pennsbury (6-3)
3. Council Rock South (5-3)
4. Archbishop Wood (6-3)
5. Neshaminy (4-2)

At the District 12 meet, Archbishop Wood's Dominique DiRienzo lowered her own school record for 11 dives. DiRienzo scored 401.60 points to crush her previous high of 363.90, set in 2013.

Meet to watch

The PIAA championships will be held at Bucknell University's Albert Kinney Natatorium. Class AAA will be Wednesday and Thursday, while the Class AA meet will be Friday and Saturday.

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PCL SWIMMING: ARCH. WOOD 86.5, ARCH. RYAN 83.5 (BOYS); ARCH. RYAN 89, ARCH. WOOD 87 (GIRLS)

Wood comes through against Ryan

By KAREN SANGILLO
STAFF WRITER

UPPER SOUTHAMPTON — Gus Lawn and his teammates on the Archbishop Wood boys swim team can cross one off their bucket list.

The Vikings defeated Philadelphia Catholic League rival Archbishop Ryan 86.5-83.5 in Wednesday's double dual meet hosted by Wood at Klinger Middle School.

"We tied them last year, and we thought that was great, but beating them is even better," said Lawn, a senior captain.

Wood needed to win the final event, the 400-yard freestyle relay, to win the meet, and the Vikings came through.

John Waltrich, Liam Whelihan, Timothy Quigley and Lawn clocked in at 3:47.70 for the victory.

"I think this meet is going to be a turning point for our team," Lawn said. "Our coach (Charlie Stillwell) told us we could do this, and now I think we believe it."

"We only had three wins last year (the team went 3-4-1), and right now we're 2-0, which is amazing."

Lawn was the lone

individual-event winner for the Vikings, taking the 200 freestyle (1:58.82).

"Our depth is what won this meet for us," Lawn said. "That's really something new for us, to have a bigger team, but it's great, and I'm really excited for the rest of the season."

"We're finally in a position to start winning some meets on our depth instead of losing because of a lack of depth."

The last time the Wood boys beat Ryan was Jan. 10, 2001.

"This is a big win for us," Lawn said. "We had some really good swims and some guys who really stepped up and got those third-, fourth- and fifth-place finishes for us and, at the time, you don't think about it, but every point was important."

The Wood girls fell to Ryan 89-87.

The meet was tied 81-81 going into the 400 freestyle relay.

"It came down to whoever won that relay and, unfortunately for us, it was them," said Wood sophomore Katharine Buliga. "But we swam really well, so we can't be too upset."

Boys: Archbishop Wood 86.5, Archbishop Ryan 83.5

200-yard medley relay: 1. Archbishop Ryan (Matthew Rocchi, Paul Rocchi, Thomas Derer, Ryan Urban), 1:46.99; 2. Archbishop Wood, 1:55.95; 3. Archbishop Ryan, 2:00.58;
200 freestyle: 1. Gus Lawn (AW), 1:58.82; 2. John Waltrich (AW), 2:04.04; 3. Jack Silva (AR), 2:08.27;
200 IM: 1. M. Rocchi (AR), 2:09.17; 2. Timothy Quigley (AW), 2:10.52; 3. Connor Lynskey (AW), 2:27.94;
50 freestyle: 1. Derer (AR), 24.67; 2. Urban (AR), 24.89; 3. Daniel Coyle (AW), 26.17;
Diving: not contested;
100 butterfly: 1. Derer (AR), 1:00.50; 2. John Goncalves (AR), 1:05.49; 3. Kevin Harte (AW), 1:05.63;
100 freestyle: 1. Urban (AR), 55.28; 2. Harte (AW), 55.58; 3. Lucas Dyke (AW), 56.41;
500 freestyle: 1. P. Rocchi (AR), 5:11.93; 2. Lawn (AW), 5:29.98; 3. Robert Jorgensen (AW), 6:47.21;
200 freestyle relay: 1. Archbishop Ryan (P. Rocchi, Derer, Urban, M. Rocchi), 1:37.88; 2. Archbishop Wood, 1:42.46; 3. Archbishop Wood, 1:53.54;
100 backstroke: 1. M. Rocchi (AR), 56.91; 2. Brian West (AR), 1:08.05; 3. Daniel Johnston (AW), 1:09.37;
100 breaststroke: 1. P. Rocchi (AR), 1:04.82; 2. Quigley (AW), 1:05.19; 3. Lynskey (AW), 1:11.92;
400 freestyle relay: 1. Archbishop Wood (Waltrich, Liam Whelihan, Quigley, Lawn), 3:47.70; 2. Archbishop Wood, 3:53.56; 3. Archbishop Ryan, 4:04.73;
Records: Ryan (NA): Wood (2-0), 2-0 Philadelphia Catholic League.

"We had a lot of people make their district cuts and I'm sure they did, too. This meet is such a big one for both of us. It's a healthy rivalry because it brings out the best in both teams."

"Last year as a freshman, I really didn't understand how important the Ryan meet was. It was just another meet to me. But this year, I really get

Girls: Archbishop Ryan 89, Archbishop Wood 87

200-yard medley relay: 1. Archbishop Ryan (Jenna Sheffield, Maria Rocchi, Kara Ozimkiewicz, Nadhia Engle), 2:01.40; 2. Archbishop Wood, 2:10.22; 3. Archbishop Wood, 2:10.63;
200 freestyle: 1. Katharine Buliga (AW), 2:07.88; 2. Mary O'Leary (AR), 2:08.92; 3. Caitlin Bedesem (AW), 2:12.77;
200 IM: 1. Rocchi (AR), 2:21.21; 2. Hannah Cochran (AW), 2:28.08; 3. Ozimkiewicz (AR), 2:35.86;
50 freestyle: 1. Shea McKinstry (AR), 25.48; 2. Claire Cochran (AW), 27.37; 3. MaryGrace MacDonald (AW), 28.71;
Diving: 1. Dominique DiRienzo (AW), 189.95;
100 butterfly: 1. O'Leary (AR), 1:03.67; 2. Bedesem (AW), 1:08.49; 3. Ozimkiewicz (AR), 1:09.74;
100 freestyle: 1. McKinstry (AR), 56.77; 2. Sheffield (AR), 59.64; 3. Cochran (AW), 59.89;
500 freestyle: 1. Buliga (AW), 5:44.60; 2. Engle (AR), 6:02.40; 3. Megan Cook (AW), 6:12.34;
200 freestyle relay: 1. Archbishop Ryan (O'Leary, Rocchi, McKinstry, Engle), 1:48.73; 2. Archbishop Wood, 1:55.04; 3. Archbishop Wood, 1:57.65;
100 backstroke: 1. H. Cochran (AW), 1:05.07; 2. Sheffield (AR), 1:05.65; 3. Taylor Goldstein (AR), 1:12.92;
100 breaststroke: 1. Rocchi (AR), 1:11.27; 2. Allison Cassidy (AW), 1:22.26; 3. Elizabeth Moroz (AR), 1:22.22;
400 freestyle relay: 1. Archbishop Ryan (O'Leary, Rocchi, McKinstry, Engle), 3:55.94; 2. Archbishop Wood, 3:58.80; 3. Archbishop Wood, 4:16.44;
Records: Ryan (NA): Wood (2-1), 2-1 Philadelphia Catholic League.

it, so I was really excited to swim them, and it was much closer this year than it was last year."

"We'll swim them again at the league championships and we'll see what happens there."

Karen Sangillo, 215-345-3070; email, ksangillo@calkins.com

Pennsbury fares well at Pirate

Karen Sangillo



Led by freshman Connor Doyle, the Pennsbury boys swim team finished second in team scoring at the 35th annual Pirate Invitational, hosted over the weekend by West

Windsor-Plainsboro (N.J.) South.

Pennsbury scored 238 points to finish behind the host Pirates, who scored 257.

Doyle was a double winner, taking the 200-yard individual medley in 2:01.53 and the 100 backstroke in 55.64.

Doyle also led off the winning 400 freestyle relay (3:21.67) for Nick Lucca, Dan Lawton and Travis Venables.

Venables placed in the top three in two events for the Pennsbury boys, taking second in the 50 free (22.78) and third in the 100 free (49.83). Nicholas Jeronis was third in the 200 IM (2:06.97).

The 200 medley relay of Doyle, Jeronis, Lucca and Venables took second (1:44.01).

"It was really fun to be there with my Pennsbury teammates," Doyle said. "I love being part of the high school team, and the competition at that meet was really great."

"I'm really happy I swam well against that level, so now I have confidence. Our team also swam really well. I think we can build on that and go strong."

In addition to winning his events

at the Pirate, Doyle set a school record of 53.41 in the 100 backstroke in Pennsbury's 86-84 nonleague win over Unionville right before the holiday break, lowering the standard of 54.04, established by Jake Lewing in 2005.

The Pennsbury girls team also took second at the Pirate Invitational, scoring 198 points to Hunterdon Central's 359.

Alison Barahona was second in the 100 breaststroke (1:11.83), the 200 medley relay of Deanna Shuster, Bridget Perdoch, Hannah Maslow and Barahona took third (2:00.43), and the 200 freestyle relay of Kate Deitch, Sylvia Fisher, Perdoch and Barahona was also third (1:48.01).

Neshaminy Basket Bingo

Neshaminy is hosting a Basket Bingo at Poquessing Middle School on Friday. Doors open at 6:30 p.m. and the event begins at 7 p.m.

Cost is \$10 and includes 15 games of Bingo, \$10 additional game card for a chance to win a Vera Bradley basket that includes a backpack, three purses and a clip zip ID. Extra board games are available for \$5, and there will be a 50/50 with tickets costing \$1 for three or an arm length for \$5.

Stroudsburg Winter Classic

Katharine Buliga of Archbishop Wood was second in two individual events at the Stroudsburg Winter Swim Classic, held Jan. 4 at East Stroudsburg University and hosted by the Stroudsburg Area School District.

Sangillo's Top 5

Boys

1. Council Rock North (3-1)
2. Pennsbury (3-0)
3. William Tennent (2-2)
4. Council Rock South (2-2)
5. Neshaminy (3-1)

Girls

1. Council Rock North (3-1)
2. Pennsbury (2-1)
3. Council Rock South (2-2)
4. Archbishop Wood (2-1)
5. William Tennent (1-3)

Buliga was second in the 200 free (2:08.81) and 500 free (5:40.58). Teammate Hannah Cochrane took second in the 100 back (1:03.45).

Wood's 400 free relay of Buliga, Caitlin Bedesem, Claire Cochrane and Hannah Cochrane finished second (3:59.91).

Meets to watch

On Tuesday, Council Rock North travels to Pennsbury for a Suburban One League National Conference double dual meet at 3:30 p.m. The Indians and Falcons are undefeated in conference meets in both genders and the winners will be in the driver's seat as the teams head into the rest of the league season.

On Friday, Bensalem heads to Atlantic City for a nonleague meet at 4 p.m.

Karen Sangillo, 215-345-3070; email, ksangillo@calkins.com

Neshaminy's Winther makes big commitment

Karen Sangillo



Bobby Winther heard the call. And he responded.

The Neshaminy senior has committed to the Navy for special operations.

"It was a decision I made when I was in ninth grade," he said.

"I've always wanted to do it, so it wasn't something I did on a whim. My goal is to be a Navy SEAL."

Winther was chosen to participate in a mock swearing in at this year's Army-Navy game with Secretary of the Navy Ray Mabus.

"It was really awesome," he said. "I was so excited to be there. It really made me think about what I was going to become a part of."

"It's a big commitment. I looked at all of the different armed forces, but Navy was the one I was interested in, and special ops especially was something I always wanted to do. So, in my heart, I knew all along it was Navy for me."

"I just signed my contract with them and the training will take about two years to become a SEAL. It's a very intense program, but I'm really looking forward to it."

Winther is a four-year varsity swimmer for Neshaminy.

"I think high school swimming prepared me for the kind of training I'm

going to get," he said. "I have a lot of stamina going into the program, and swimming certainly requires discipline, which will be an important thing for me to have."

"I think being on the swim team will have a big impact on what I'll need to do. I really joined the swim team for those things. I wanted that structure and work ethic and that team environment."

"Training has always been No. 1 for me, so I can't wait to get there and do it. It's going to be awesome."

Several relatives have service records.

"I had two grandparents drafted into the Army for the Korean War, and my older brother Stephen is a corporal in the Marines and just got back from a tour of Afghanistan," he said. "My grandparents gave me a lot of advice on basic training and how to handle it and how to act, but I'm really excited to see for myself."

"My parents are nervous about it, but they like it, and they support my brother and me 100 percent. They know this is what we want to do; we want to serve our country."

"I'm so glad to have it all situated. I'm really excited to finish out my final year of high school swimming. We have a young team and, as a senior, I feel that I have to try to become more of a leader and step it up."

"Hopefully that experience will carry over into the Navy for me."

Sangillo's Top 5

Boys

1. Council Rock North (1-1)
2. Pennsbury (1-0)
3. William Tennent (2-1)
4. Council Rock South (1-1)
5. Neshaminy (1-1)

Girls

1. Council Rock North (1-1)
2. Pennsbury (1-0)
3. Council Rock South (1-0)
4. William Tennent (1-2)
5. Archbishop Wood (2-0)

Meets to watch

On Tuesday, Pennsbury travels to William Tennent for a Suburban One League National Conference double dual meet at 3:30 p.m.

On Wednesday, Archbishop Wood plays host to Archbishop Ryan in a Philadelphia Catholic League double dual meet at 6 p.m. The winner of the girls meet should be in the driver's seat for the league title.

On Thursday, Council Rock South travels to Pennsbury for an SOL National Conference double dual meet at 3:30 p.m.

Karen Sangillo, 215-345-3070; email, ksangillo@phillyburbs.com

BOYS SWIMMING: La Salle splashes past Archbishop Wood

By Mike Prince mprince@montgomerynews.com GameTimePA

Posted:

GameTimePA.com

Despite bringing back only three seniors from last year's state championship-winning team, La Salle entered the week still undefeated in Philadelphia Catholic League meets.

After Monday, the Explorers still are without a loss in league play following a 96-83 La Salle win over PCL counterpart and host Archbishop Wood in an evening meet at Eugene Klinger Middle School in Southampton.

The Explorers, who are now 7-1 overall and 5-0 in league meets, started out by winning the 200-yard medley relay and never relinquished their lead, despite the Vikings keeping the score close throughout the evening.

"I brought most of my younger kids today and Thomas Conroy had a really nice day with the 100 backstroke and while anchoring a relay," La Salle coach Fran Lichtner said. "The idea (tonight) was to get these younger kids some experience and get them a chance to shine a little bit and they all did a really nice job. I'm very pleased. We worked very hard, but we're also almost at the time of the season where we're going to be getting ready for the big meet."

Conroy led off the 200 medley relay to start the meet, swimming a 27.44 to help the Explorers win the race by more than eight full seconds. Liam Duffy, Gabe Labella and Evan Wilt were part of the relay team which finished with a time of 1:49.09 to help the Explorers to an early eight points.

After Gus Lawn helped the Vikings (3-3, 3-3) to a win in the next event, the 200 freestyle, the Explorers ripped off a pair of consecutive wins, with Duffy leading the 200 individual medley with a time of 2:10.19, which was followed by a 23.66 second showing by Harrison Schultz in the 50 freestyle.

Wood won the next event, with James Brazukas scoring a 133.30 to easily capture first place in the one-meter diving portion of the meet, but La Salle came right back, as Thomas Rogers swam a 57.32 to win the 100 butterfly.

Wood's Timothy Quigley, who finished second in the 100 butterfly, went on to win the 100 breaststroke with a time of 1:05.69. Quigley then led the 400 freestyle relay team which also finished in first, beating out La Salle's team — one which was anchored by Conroy — by 1.25 seconds. Wood's time of 3:39.18 gave the Vikings eight points and a very respectable finish in the tough league meet.

"My kids really swam well," Wood coach Charlie Stillwell said. "They knew it was going to be a good meet and La Salle brought enough kids for it to be competitive and my boys wanted to make it competitive and they did. They swam well, they represented themselves well and they've been getting a lot better over the years. This is our best year by far and we're going to have a winning record at the end of the year. We have a really good shot to win District 12 and send a few kids to states with 1-2 in relays and lot of individuals. We're really looking forward to it."

The Vikings got a solid showing from Lawn, who finished in second place in the 100 freestyle to go along with his win in the 200. Lawn also started off Wood's 200 freestyle relay team which finished in second

place.

Stillwell, who will have his Vikings take on Bonner-Prendergast this Wednesday, is very impressed with his team, especially his younger swimmers.

"I have a very good freshman class with six new guys,' he said. "They've infused a lot of the older kids, so I have a really good mix of young and old and it has really helped the team a lot.'

Other winners for La Salle, which is off until it faces St. Joseph's Prep at La Salle University on Feb. 4 in the final dual meet of the year, include Kevin Durning, who won the 500 freestyle with a time of 5:09.00.

Durning also anchored the winning 200 freestyle relay team, which included Harrison Schultz, Rogers and Evan Wilt.

When asked if he believes his team has what it takes to return to the state championship, Lichtner said he believes his team is one of the few in the hunt for a title.

"We will be very competitive,' he said. "There are probably 3-4 teams in the mix and I believe we are one of them. This is a much younger team than last year. I only have three seniors, so we're going to find out who is really going to step up when we have our district meet in three weeks, and ultimately when we get up to Bucknell. I don't know if I can really name anybody that will step up the most yet. That remains to be seen.'

La Salle 96, Archbishop Wood 83

200 medley relay: La Salle (Thomas Conroy, Liam Duffy, Gabe LaBella, Evan Wilt) 1:49.09; 200 freestyle: Gus Lawn (AW) 1:58.60; 200 individual medley: Duffy (L) 2:10.19; 50 freestyle: Harrison Schultz (L) 23.66; Diving: James Brazukas (AW) 133.30; 100 butterfly: Thomas Rogers (L) 57.32; 100 freestyle: Schultz (L) 52.29; 500 freestyle: Kevin Durning (L) 5:09.00; 200 freestyle relay: La Salle (Shultz, Rogers, Wilt, Durning) 1:36.75; 100 backstroke: Conroy (L) 58.69; 100 breaststroke: Tim Quigley (AW) 1:05.69; 400 freestyle relay: Archbishop Wood (Quigley, Lawn, John Waltrich, Lucas Dyke) 3:39.18.

Changes made to championship schedule

Karen Sangillo



This year's PIAA meet will have a slightly different look.

In response to requests that in addition to flip-flopping the classes of AAA and AA each year, the PIAA announced that

it will also annually flip the boys and girls events.

As a result, this year the boys events will be contested first and the girls second. This is a first for the state championships.

"It won't make much of a difference for us as far as swimming the meet," Archbishop Wood coach Charlie Stillwell said. "We're used to the girls getting up early, swimming and then going out for lunch, and the boys going out for breakfast and then going to the pool. So all that will really happen to us is that our girls will go out for lunch instead of breakfast and our boys will go out for breakfast instead of lunch."

Unlike Stillwell, who coaches both genders at Wood, Council Rock North boys coach Brian Johnson is only concerned with one gender.

"I don't feel that the earlier start time at states this season will be a problem for the boys," Johnson said. "They have been competing in the early time slot for the district meet for a number of years, and many of them like the early time."

"We may modify our prep for the meet slightly, but overall, it will not have any great impact on us."

Additionally, the PIAA announced that host Bucknell University does not and will not have wedges on the starting blocks.

Wedges are sometimes added to the backs of blocks to give swimmers an extra push on their starts.

"I personally don't like them and I've never used them," CR North senior Tommie Dillione said. "I don't



BRYAN E. WOOLSTON / FOR THE BCCT Pennsbury's Alex Costello performs an inboard 1.5 tuck somersault during a meet against CR North on Jan. 14.

see them that often, so I'm not very familiar with them, and I'm sure there are a lot of other people like that.

"I think it's good that they're not allowing them, because some people know how to use them and some people don't, so this way no one can use them. Everyone will have the same start, and that's more fair."

Dillione qualified for the PIAA Class AAA meet in individual events in her freshman, sophomore and junior years.

Sangillo's Top 5

Boys

1. Council Rock North (5-1)
2. Pennsbury (4-1)
3. William Tennent (3-2)
4. Council Rock South (4-2)
5. Neshaminy (3-3)

Girls

1. Council Rock North (5-1)
2. Pennsbury (4-1)
3. Council Rock South (4-2)
4. Archbishop Wood (3-1)
5. William Tennent (1-4)

Make-up dates

Villa Joseph Marie has rescheduled two Athletic Association of Catholic Academies meets that had been postponed because of snow earlier this season.

On Tuesday, Jan. 28, the Jems host Gwynedd-Mercy at 7:45 p.m., and, on Friday, Jan. 31, they host Nazareth Academy at 3:45 p.m. Both meets are at Carl Sandburg Middle School in Levittown.

Council Rock South has also rescheduled a nonleague double dual meet against Spring-Ford. It will take place Friday, Jan. 24, at Council Rock North.

Meets to watch

On Tuesday, William Tennent hosts Council Rock South in a Suburban One League National Conference double dual meet at 3:30 p.m. Last year, Tennent won the boys meet by two points with a victory in the 400 free-style relay.

On Wednesday, Archbishop Wood plays host to Lansdale Catholic for a Philadelphia Catholic League double dual meet at Klinger Middle School at 6 p.m.

Karen Sangillo, 215-345-3070; email, ksangillo@catkins.com

Girls' Swimming

Philadelphia Catholic League Championships Day One

Track Carnival at Lehigh University

200-yard medley relay: 1. Archbishop Ryan (Jenna Sheffold, Maria Rocchi, Mary O'Leary, Shea McKinstry), 1:53.42; 2. Archbishop Carroll, 1:58.62; 3. Lansdale Catholic, 2:00.42.

200 freestyle: 1. Allyson McHugh, Little Flower, 1:54.54; 2. Katharine Buliga, Archbishop Wood, 2:01.09; 3. Mary O'Leary, Archbishop Ryan, 2:07.07.

200 individual medley: 1. Kelley McHugh, Little Flower, 2:17.60; 2. Jillian Salwach, St. Hubert, 2:19.26; 3. Maria Rocchi, Archbishop Ryan, 2:20.68.

50 freestyle: 1. Hanna Blewett, Cardinal O'Hara, 24.47; 2. Shea McKinstry, Archbishop Ryan, 24.90; 3. Julia Boyle, Cardinal O'Hara, 26.25.

100 butterfly: 1. Mary O'Leary, Archbishop Ryan, 1:00.53; 2. Jillian Salwach, St. Hubert, 1:01.20; 3. Hannah Cochrane, Archbishop Wood, 1:03.61.

200 freestyle relay: 1. Archbishop Ryan (Jenna Sheffold, Maria Rocchi, Mary O'Leary, Shea McKinstry), 1:43.08; 2. Little Flower, 1:43.66; 3. Cardinal O'Hara, 1:46.08.

District 12 Championships Day One

200-yard medley relay AA: 1. Archbishop Carroll (Caroline, Quindlen, Zoie Octaviano, Olivia Snyder, Molly Santoro), 1:55.46; 2. Lansdale Catholic, 1:58.70; 3. Archbishop Wood, 2:06.22.

200 medley relay AAA: 1. Archbishop Ryan (Jenna Sheffold, Maria Rocchi, Mary O'Leary, Shea McKinstry), 1:52.15; 2. Cardinal O'Hara, 1:57.33; 3. Little Flower, 2:03.02.

200 freestyle AA: 1. Katharine Buliga, Archbishop Wood, 2:01.07; 2. MaryCate Coyle, Lansdale Catholic, 2:09.36; 3. Zoie Octaviano, Archbishop Carroll, 2:17.04.

200 freestyle AAA: 1. Shea McKinstry, Archbishop Ryan, 1:58.40; 2. Kelley McHugh, Little Flower, 2:00.59; 3. Nadhia Engle, Archbishop Ryan, 2:14.25.

200 individual medley AA: 1. Caroline Quindlen, Archbishop Carroll, 2:18.05; 2. Cassidy Fries, Lansdale Catholic, 2:19.86; 3. Megan Cook, Archbishop Wood, 2:33.58.

200 individual medley AAA: 1. Allyson McHugh, Little Flower, 2:05.03; 2. Maria Rocchi, Archbishop Ryan, 2:13.29; 3. Brianna O'Donnell, St. Hubert, 2:24.30.

50 freestyle AA: 1. Victoria Brooks, Bonner-Prendergast, 25.94; 2. Olivia Snyder, Archbishop Carroll, 26.29; 3. MaryAnne Wietecha, Lansdale Catholic, 26.63.

50 freestyle AAA: 1. Hanna Blewett, Cardinal O'Hara, 24.42; 2. Julia Boyle, Cardinal O'Hara, 26.23; 3. Mary O'Leary, Archbishop Ryan, 26.46.

100 butterfly AA: 1. Hannah Cochrane, Archbishop Wood, 1:02.46; 2. Caitlin Bedesem, Archbishop Wood, 1:04.36; 3. Stephanie Connor, Archbishop Carroll, 1:07.45.

100 butterfly AAA: 1. Mary O'Leary, Archbishop Ryan, 1:00.77; 2. Jillian Salwach, St. Hubert, 1:01.24; 3. Brianna O'Donnell, St. Hubert, 1:04.52.

200 freestyle relay AA: 1. Archbishop Wood (Claire Cochrane, Caitlin Bedesem, Katharine Buliga, Hannah Cochrane), 1:44.96; 2. Archbishop Carroll, 1:46.17; 3. Lansdale Catholic, 1:47.50.

200 freestyle relay AAA: 1. Archbishop Ryan (Jenna Sheffold, Maria Rocchi, Mary O'Leary, Shea McKinstry), 1:42.33; 2. Little Flower, 1:42.91; 3. Cardinal O'Hara, 1:44.41.

Girls' Swimming

Catholic League Championships Day Two

At Widener

Team scoring: 1. Little Flower, 469.5; 2. Archbishop Ryan, 457; 3. Archbishop Wood, 393; 4. Archbishop Carroll, 316; 5. Cardinal O'Hara, 280.5; 6. St. Hubert, 268; 7. Bonner-Prendergast, 145; 8. Lansdale Catholic, 92; 9. Hallahan, 70.

100-yard freestyle: 1. Hanna Blewett, Cardinal O'Hara, 53.42; 2. Shea McKinstry, Archbishop Ryan, 54.67; 3. MaryCate Coyle, Lansdale Catholic, 58.40.

500 freestyle: 1. Katharine Buliga, Archbishop Wood, 5:18.27; 2. Kelley McHugh, Little Flower, 5:27.57; 3. Brianna O'Donnell, St. Hubert, 5:45.36.

100 backstroke: 1. Caroline Quindlen, Archbishop Carroll, 59.42; 2. Hannah Cochrane, Archbishop Wood, 1:02.45; 3. Jenna Sheffold, Archbishop Ryan, 1:04.55.

100 breaststroke: 1. Allyson McHugh, Little Flower, 1:06.18; 2. Maria Rocchi, Archbishop Ryan, 1:08.34; 3. Cassidy Fries, Lansdale Catholic, 1:10.03.

400 freestyle relay: 1. Little Flower (Kelley McHugh, Jillian Blaney, Sarah Coleman, Allyson McHugh), 3:47.08; 2. Archbishop Wood, 3:47.85; 3. Cardinal O'Hara, 3:53.43.

District 12 Championships Day Two

At La Salle University

Team scoring: 1. Archbishop Wood, 503; 2. Little Flower, 456; 3. Archbishop Ryan, 455; 4. Archbishop Carroll, 419; 5. Cardinal O'Hara, 281; 6. St. Hubert, 279; 7. Lansdale Catholic, 241; 8. Bonner-Prendergast, 225; 9. Hallahan, 84; 10. Central, 22; 11. Girls High, 9.

100-yard backstroke AA: 1. Caroline Quindlen, Archbishop Carroll, 1:00; 2. Hannah Cochrane, Archbishop Wood, 1:02.24; 3. Stephanie Connor, Archbishop Carroll, 1:09.58.

100 backstroke AAA: 1. Kelly McHugh, Little Flower, 1:02.88; 2. Jenna Sheffold, Archbishop Ryan, 1:04.50; 3. Julia Boyle, Cardinal O'Hara, 1:05.29.

100 breaststroke AA: 1. Cassidy Fries, Lansdale Catholic, 1:08.91; 2. Claire Cochrane, Archbishop Wood, 1:15.44; 3. Zoie Octaviano, Archbishop Carroll, 1:17.47.

100 breaststroke AAA: 1. Maria Rocchi, Archbishop Ryan, 1:06.08; 2. Jessica Seiple,

Little Flower, 1:14.64; 3. Catherine Spreckley, Little Flower, 1:15.54.

400 freestyle relay AA: 1. Archbishop Wood (Claire Cochrane, Caitlin Bedesem, Katharine Buliga, Hannah Cochrane), 3:52.57; 2. Archbishop Carroll, 4:13.20; 3. Bonner-Prendergast, 4:33.03.

400 freestyle relay AAA: 1. Little Flower (Kelley McHugh, Jillian Blaney, Sarah Coleman, Allyson McHugh), 3:50.83; 2. St. Hubert, 4:00.41; 3. Archbishop Ryan, 4:17.74.

Boys' Swimming

Philadelphia Catholic League Championships Day One

At Archbishop Wood

200-yard medley relay: 1. La Salle (Kyle Shurmer, Michael McBryan, Greg Brocato, Nick Stachel), 1:35.51; 2. St. Joseph's Prep, 1:37.86; 3. Father Judge, 1:41.7.

200 freestyle: 1. Jake Sannem, La Salle, 1:43.97; 2. Colin Happ, La Salle, 1:45.42; 3. Kyle McParland, Roman Catholic, 1:46.56.

200 individual medley: 1. Joseph Vizza, La Salle, 1:56.11; 2. Brandon McKenzie, St. Joseph's Prep, 1:57.86; 3. John Brady, La Salle, 1:59.78.

50 freestyle: 1. Vince Everman, La Salle, 21.50; 2. Nick Stachel, La Salle, 21.76; 3. Kyle McElwee, La Salle, 22.02.

100 butterfly: 1. Greg Brocato, La Salle, 50.97; 2. David Ciavarelli, Cardinal O'Hara, 52.14; 3. Nicholas Belecanech, St. Joseph's Prep, 52.42.

200 freestyle relay: 1. La Salle (Vince Everman, Kyle McElwee, Jake Sannem, Joseph Vizza), 1:26.47; 2. St. Joseph's Prep, 1:30.14; 3. Father Judge, 1:30.67.

District 12 Championships Day One

200-yard medley relay AA: 1. Archbishop Wood (John Waltrich, Timothy Quigley, Kevin Harte, Gus Lawn), 1:51.40; 2. Bonner-Prendergast, 1:54.26; 3. Lansdale Catholic, 1:55.71.

200 medley relay AAA: 1. La Salle (Kyle Shurmer, Michael McBryan, Greg Brocato, Nick Stachel), 1:32.14; 2. St. Joseph's Prep, 1:38.32; 3. Archbishop Ryan, 1:39.18.

200 freestyle AA: 1. Gus Lawn, Archbishop Wood, 1:53.53; 2. John Waltrich, Archbishop Wood, 2:00.10; 3. Conor Lynskey, Archbishop Wood, 2:04.09.

200 freestyle AAA: 1. Jake Sannem, La Salle, 1:39.75; 2. Joseph Vizza, La Salle, 1:41.89; 3. Kyle McElwee, La Salle, 1:43.27; 3. Kevin Durning, La Salle, 1:47.93.

200 individual medley AA: 1. Timothy Quigley, Archbishop Wood, 2:12.23.

200 individual medley AAA: 1. Michael McBryan, La Salle, 1:52.71; 2. Vince Everman, La Salle, 1:54.94; 3. Colin Happ, La Salle, 1:56.00.

50 freestyle AA: 1. Elijah Luckey, Engineering & Science, 21.90; 2. Matthew Maerz, Archbishop Carroll, 24.37; 3. Dylan Yurastis, Lansdale Catholic, 24.93.

50 freestyle AAA: 1. Greg Brocato, La Salle, 21.17; 2. Nick Stachel, La Salle, 21.53; 3. Kyle Shurmer, La Salle, 21.59.

100 butterfly AA: 1. Timothy Quigley, Archbishop Wood, 57.44; 2. Brian Lockhart, Lansdale Catholic, 59.59; 3. Martin Fay, Bonner-Prendergast, 1:01.11.

100 butterfly AAA: 1. Jacob Lubinski, La Salle, 52.42; 2. Nicholas Belecanech, St. Joseph's Prep, 52.53; 3. Luke Chadwick, La Salle, 53.47.

200 freestyle relay AA: 1. Archbishop Carroll (Matthew Maerz, Patrick Hislop, Matthew Crawford, Richie Giuliani), 1:38.07; 2. Bonner-Prendergast, 1:39.72; 3. Archbishop Wood, 1:41.21.

200 freestyle relay AAA: 1. La Salle (Nick Stachel, Jake Sannem, Kyle McElwee, Vince Everman), 1:25.73; 2. Father Judge, 1:30.06; 3. St. Joseph's Prep, 1:30.53.

Boys' Swimming

Catholic League Championships Day Two

At Widener

Team scoring: 1. La Salle, 924.5; St. Joseph's Prep, 559; 3. Father Judge, 230; 4. Archbishop Ryan, 174; 5. Cardinal O'Hara, 169; 6. Roman Catholic, 166.5; 7. Archbishop Wood, 137; 8. Archbishop Carroll, 79; 9. Bonner-Prendergast, 72.

100-yard freestyle: 1. Greg Brocato, La Salle, 46.99; 2. Joseph Barclay, Father Judge, 48.11; 3. Kyle McElwee, La Salle, 48.42.

500 freestyle: 1. Nicholas Belecanech, St. Joseph's Prep, 4:43.27; 2. Colin Happ, La Salle, 4:47.88; 3. Jacob Lubinski, La Salle, 4:50.67.

100 backstroke: 1. Kyle Shurmer, La Salle, 52.52; 2. Vince Everman, La Salle, 52.90; 3. David Ciavarelli, Cardinal O'Hara, 53.28.

100 breaststroke: 1. Michael McBryan, La Salle, 58.58; 2. Paul Rocchi, Archbishop Ryan, 59.35; 3. Nick Stachel, La Salle, 1:00.07.

400 freestyle relay: 1. La Salle (Joseph Vizza, Kyle Shurmer, Colin Happ, Jake Sannem), 3:13.55; 2. St. Joseph's Prep, 3:20.46; 3. Cardinal O'Hara, 3:26.87.

District 12 Championships Day Two

At La Salle University

Team scoring: 1. La Salle, 640; 2. St. Joseph's Prep, 421; 3. Archbishop Wood, 346; 4. Archbishop Carroll, 234; 5. Bonner-Prendergast, 231; 6. Father Judge, 219; 7. Archbishop Ryan, 183; 8. Roman Catholic, 168; 9. Lansdale Catholic, 162; 10. Cardinal O'Hara, 148.

100-yard backstroke AA: 1. Richie Giuliani, Archbishop Carroll, 58.05; 2. Daniel Dwyer, Bonner-Prendergast, 1:03.92.

100 backstroke AAA: 1. Vince Everman, La Salle, 51.07; 2. Kyle Shurmer, La Salle, 51.15; 3. Joseph Barclay, Father Judge, 55.65.

100 breaststroke AA: 1. Elijah Luckey, Engineering and Science, 1:01.34; 2. Dang Khoa Tran, Lansdale Catholic, 1:07.91; 3. Conor Lynskey, Archbishop Wood, 1:11.45.

100 breaststroke AAA: 1. La Salle, 55.93; 2. Sean Finlay, La Salle, 58.19; 3. Nick Stachel, La Salle, 59.03.

400 freestyle relay AA: 1. Archbishop Wood (Timothy Quigley, John Waltrich, Lucas Dyke, Gus Lawn), 3:38.11; 2. Bonner-Prendergast, 3:59.59; 3. Archbishop Carroll, 4:22.18.

400 freestyle relay AAA: 1. La Salle (Greg Brocato, Kyle McElwee, Jake Sannem, Joseph Vizza), 3:38.11; 2. Bonner-Prendergast, 3:59.59; 3. Archbishop Carroll, 4:22.18.

DISTRICT 12 SWIMMING CHAMPIONSHIPS

Archbishop Wood sweeps team titles

By RICK WOELFEL
CORRESPONDENT

PHILADELPHIA —
Championship Weekend is a time for swimmers to step up.

Archbishop Wood did just that Sunday. The Vikings won five events and rolled to both the boys and girls team titles at La Salle University's Kirk Natatorium.

The Wood boys collected 346 team points, which topped the four Class AA schools in the meet and put them third overall in the field of 12 behind champion La Salle and runner-up St. Joseph's Prep.

The Viking girls piled up 503 points to lead a field of 11.

The real point of the day, however, was to qualify athletes for next month's state meet, and the Vikings succeeded in that effort as well.

Senior Gus Lawn picked up his second gold medal of the weekend Sunday, taking the 500 freestyle to go with his win in the 200 freestyle Saturday.

Swimming in a heat that featured four Class AAA swimmers, Lawn touched in 5:22.52, a drop of more than four seconds from his seed time.

Only the district champion was assured of a place at the state meet, which contributed to the pressure of the moment. Lawn conceded afterward he pushed the pace harder than usual.

"I think I took it out a little too fast," he said, "but overall, I liked what I did. I liked my times."

Wood's Katharine Buliga also completed the distance-freestyle double. After taking the 200 on Saturday, Buliga came back Sunday to win the 500 in 5:21.72, a drop of more than nine seconds from her seed time. It was also the second fastest time of the 19 girls who swam the 500 on Sunday; the only swimmer to better her time

was Little Flower's Allyson McHugh, the Class AAA champion.

Wood's most impressive efforts, however, came in the 400 freestyle relays. The girls quartet of Claire Cochran, Caitlin Bedesem, Buliga and Hannah Cochran turned in a clocking of 3:52.57. Archbishop Carroll was a distant second in 4:13.20.

The boys were equally dominant. Tim Quigley, John Waltrich, Lucas Dyke and Lawn were clocked in 3:38.11.

The Vikings also found success in the diving well. Dominique DiRienzo, the only female diver on hand, tuned up for the state meet with a score of 350.75. She'll be making her third trip to states next month.

"That takes the pressure off," she said. "The first time it was really nerve-wracking."

DiRienzo felt she dove consistently Sunday.

"I did them all pretty well," she said. "One of them, I messed up, I know I could have done better."

Lansdale Catholic also had success in the diving competition. Dylan Yurasits set new school and Catholic League records with a score of 531.40.

"I knew I had my dives pretty consistent," he said, "so I was just going to have fun and dive my best. I was trying to go for my school record and Philadelphia Catholic League record."

The Crusaders also crowned a district Class AA champion in the pool. Cassidy Fries punched a ticket to the state meet in the girls 100 breaststroke with a time of 1:08.91. Only the Class AAA champion, Maria Rocchi of Archbishop Ryan, was faster.

"I wanted to get a 1:08," Fries said, "so I would have a good seed for states. Last year, I didn't have the best seed so I was really focused on getting a good seed."

District 12 Swimming Championships

Boys

Team scores: 1. La Salle 640; 2. St. Joseph's Prep 421; 3. Archbishop Wood 346; 4. Archbishop Carroll 234; 5. Bonner-Prendergast 231; 6. Father Judge 219; 7. Archbishop Ryan 183; 8. Roman Catholic 168; 9. Lansdale Catholic 162; 10. Cardinal O'Hara 148; 11. G.W. Carver/E&S 40; 12. Central 11.

Class AA individual results

200 medley relay: 1. Wood (John Waltrich, Tim Quigley, Kevin Harte, Gus Lawn) 1:51.40; 2. Bonner-Prendergast 1:54.26; 3. Lansdale Catholic 1:55.71; 4. Archbishop Carroll 1:55.86.

200 freestyle: 1. Gus Lawn (Wood) 1:53.33

200 individual medley: 1. Tim Quigley (Wood) 2:12.23

50 freestyle: 1. Elijah Luckey (G.W. Carver/E&S) 21.90; 2. Matthew Maerz (Carroll) 24.37; 3. Dylan Yurasits (Lansdale Catholic) 24.93; 4. Marc DiLucia (Bonner-Prend.) 25.48; 5. Dang Khoa S. Tran (Lans. Cath.) 25.69; 6. James Brazukas (Wood) 25.81.

100 butterfly: 1. Tim Quigley (Wood) 58.17; 2. Brian Lockhart (Lans. Cath.) 59.59; 3. Martin Fay (Bonner-Prend.) 1:01.11.

200 freestyle relay: 1. Carroll (Matthew Maerz, Patrick Hislop, Matt Crawford, Richie Giuliani) 1:38.07; Bonner-Prendergast 1:39.72; 3. Wood (Andrew Repisky, Conor Lynskey, Liam Whelihan, Daniel Johnson) 1:41.21; 4. Lansdale Catholic (Garrett Moore, Dang Khoa S. Tran, Brian Lockhart, Dylan Yurasits) 1:42.45.

100 freestyle: 1. Richie Giuliani (Carroll) 51.41; 2. Daniel Dwyer (Bonner-Prend.) 53.30; 3. John Waltrich (Wood) 53.38; 4. Matthew Maerz (Carroll) 53.92; 5. Brian Lockhart (Lans. Cath.) 55.65; 6. Marc DiLucia (Bonner-Prend.) 56.05.

500 freestyle: 1. Gus Lawn (Wood) 5:22.52; 2. Lucas Dyke (Wood) 5:38.21; 3. Jack Ellis (Bonner-Prend.) 5:46.62; 4. Thomas Patota (Carroll) 5:55.88.

100 backstroke: 1. Richie Giuliani (Carroll) 58.05; 2. Dan Dwyer (Bonner-Prend.) 1:03.92.

100 breaststroke: Elijah Luckey (G.W. Carver/E&S) 1:01.34; 2. Dang Khoa S. Tran (Lans. Cath.) 1:07.91; 3. Conor Lynskey (Wood) 1:11.45.

400 freestyle relay: 1. Wood (Tim Quigley, John Waltrich, Lucas Dyke, Gus Lawn) 3:38.11; 2. Bonner-Prendergast 3:59.59; 3. Carroll 4:22.18.

Note: Champions automatically qualify for the state meet.

Girls

Team scores: 1. Wood 503; 2. Little Flower 456; 3. Ryan 455; 4. Carroll 419; 5. Cardinal O'Hara 281; 6. St. Hubert 279; 7. Lansdale Catholic 241; 8. Bonner-Prendergast 225; 9. John W. Hallahan 84; Central 22; Girls High 9.

Class AA individual results

200 medley relay: 1. Carroll (Caroline Quindlen, Zoie Octaviano, Olivia Snyder, Molly Santoro) 1:55.46; 2. Lansdale Catholic (Courtney Fries, Cassidy Fries, Mary Anne Aletachia, MaryCate Coyle) 1:58.70; 3. Wood (Taylor Goldstein, Allison Coady, Brigid Grant, Megan Cook) 2:06.22; 4. Bonner-Prendergast 2:12.64.

200 freestyle: 1. Katharine Buliga (Wood) 2:01.07; 2. MaryCate Coyle (Lans. Cath.) 2:09.36; 3. Zoie Octaviano (Carroll) 2:17.04; 4. Colleen King (Bonner-Prend.) 2:19.06; 5. Brigid Grant Wood) 2:20.08; 6. Kaeleigh Mahon (Wood) 2:21.22.

200 individual medley: 1. Caroline Quindlen (Arch. Carroll) 2:18.05; 2. Cassidy Fries (Lans. Cath.) 2:19.86; 3. Megan Cook (Wood) 2:33.58; 4. Stefanie Barkolski (Carroll) 2:37.13; 5. Allison Coady (Wood) 2:42.57; 6. Emily Bomberger (Carroll) 2:43.02.

50 freestyle: 1. Victoria Brooks (Bonner-Prend.) 25.94; 2. Olivia Snyder (Carroll) 26.29; 3. MaryAnne Wietecha (Lans. Cath.) 26.63; 4. Courtney Fries (Lans. Cath.) 27.71; 5. MaryGrace MacDonald (Wood) 28.04; 6. Emily Caldwell (Wood) 28.65.

100 butterfly: 1. Hannah Cochran (Wood) 1:02.46; 2. Caitlin Bedesem (Wood) 1:04.36; 3. Stephanie Connor (Carroll) 1:07.45; 4. MaryAnne Wietecha (Lans. Cath.) 1:07.77; 5. Molly Santoro (Carroll) 1:11.62; 6. Meredith Benson (Bonner-Prend.) 1:13.86.

200 freestyle relay: 1. Wood (Claire Cochran, Caitlin Bedesem, Katharine Buliga, Hannah Cochran) 1:44.96; 2. Carroll 1:46.17; 3. Lansdale Catholic (MaryAnne Wietecha, Courtney Fries, MaryCate Coyle, Cassidy Fries) 1:47.50; 4. Bonner-Prendergast 1:56.45.

Diving: 1. Dominique DiRienzo (Wood) 350.75

100 freestyle: 1. Victoria Brooks (Bonner-Prend.) 57.20; 2. MaryCate Coyle (Lans. Cath.) 57.37; 3. Caitlin Bedesem (Wood) 57.97; 4. Claire Cochran (Wood) 58.28; 5. Olivia Snyder (Carroll) 58.52; 6. Stefanie Barkolski (Carroll) 1:00.31.

500 freestyle: 1. Katharine Buliga (Wood) 5:21.72; 2. Molly Santoro (Carroll) 5:51.00; 3. Megan Cook (Wood) 6:03.97; 4. Amanda Matlewicz (Lans. Cath.) 6:14.21; 5. Kristen Quindlen (Carroll) 6:18.87; 6. Brigid Grant (Wood) 6:22.27.

100 backstroke: 1. Caroline Quindlen (Carroll) 1:00; 2. Hannah Cochran (Wood) 1:02.24; 3. Stephanie Connor (Carroll) 1:09.58; 4. Courtney Fries (Lans. Cath.) 1:11.03; 5. Taylor Goldstein (Wood) 1:11.57; 6. Anigall Moore (Bonner-Prend.) 1:14.96.

100 breaststroke: 1. Cassidy Fries (Lans. Cath.) 1:08.91; 2. Claire Cochran (Wood) 1:15.44; 3. Zoie Octaviano (Carroll) 1:17.47; 4. Katie Hageney (Carroll) 1:19.30; 5. Allison Coady (Wood) 1:19.94; 6. Mary Murphy (Lans. Cath.) 1:22.06.

400 freestyle relay: 1. Wood (Claire Cochran, Caitlin Bedesem, Katharine Buliga, Hannah Cochran) 3:52.57; 2. Carroll 4:13.20; 3. Bonner-Prendergast 4:33.03.

Note: Champions automatically qualify for the state meet.

DISTRICT 12 SWIMMING CHAMPIONSHIPS

Wood wins boys and girls AA team titles

District 12 Swimming Championships

Boys

Team scores: 1. La Salle 640; 2. St. Joseph's Prep 421; 3. Archbishop Wood 346; 4. Archbishop Carroll 234; 5. Bonner-Prendergast 231; 6. Father Judge 219; 7. Archbishop Ryan 183; 8. Roman Catholic 168; 9. Lansdale Catholic 162; 10. Cardinal O'Hara 148; 11. G.W. Carver/E&S 40; 12. Central 11.

Class AA individual results

200 medley relay: 1. Wood (John Waltrich, Tim Quigley, Kevin Harte, Gus Lawn) 1:51.40; 2. Bonner-Prendergast 1:54.26; 3. Lansdale Catholic 1:55.71; 4. Archbishop Carroll 1:55.86.

200 freestyle: 1. Gus Lawn (Wood) 1:53.33

200 individual medley: 1. Tim Quigley (Wood) 2:12.23

50 freestyle: 1. Elijah Luckey (G.W. Carver/E&S) 21.90; 2. Matthew Maerz (Carroll) 24.37; 3. Dylan Yurasits (Lansdale Catholic) 24.93; 4. Marc DiLucia (Bonner-Prend.) 25.48; 5. Dang Khoa S. Tran (Lans. Cath.) 25.69; 6. James Brazukas (Wood) 25.81.

100 butterfly: 1. Tim Quigley (Wood) 58.17; 2. Brian Lockhart (Lans. Cath.) 59.59; 3. Martin Fay (Bonner-Prend.) 1:01.11.

200 freestyle relay: 1. Carroll (Matthew Maerz, Patrick Hslop, Matt Crawford, Richie Giuliani) 1:38.07; Bonner-Prendergast 1:39.72; 3. Wood (Andrew Repisky, Conor Lynskey, Liam Whelan, Daniel Johnson) 1:41.21; 4. Lansdale Catholic (Garrett Moore, Dang Khoa S. Tran, Brian Lockhart, Dylan Yurasits) 1:42.45.

100 freestyle: 1. Richie Giuliani (Carroll) 51.41; 2. Daniel Dwyer (Bonner-Prend.) 53.30; 3. John Waltrich (Wood) 53.38; 4. Matthew Maerz (Carroll) 53.92; 5. Brian Lockhart (Lans. Cath.) 55.65; 6. Marc DiLucia (Bonner-Prend.) 56.05.

500 freestyle: 1. Gus Lawn (Wood) 5:22.52; 2. Lucas Dyke (Wood) 5:38.21; 3. Jack Ellis (Bonner-Prend.) 5:46.62; 4. Thomas Patota (Carroll) 5:55.88.

100 backstroke: 1. Richie Giuliani (Carroll) 58.05; 2. Dan Dwyer (Bonner-Prend.) 1:03.92.

100 breaststroke: Elijah Luckey (G.W. Carver/E&S) 1:01.34; 2. Dang Khoa S. Tran (Lans. Cath.) 1:07.91; 3. Conor Lynskey (Wood) 1:11.45.

400 freestyle relay: 1. Wood (Tim Quigley, John Waltrich, Lucas Dyke, Gus Lawn) 3:38.11; 2. Bonner-Prendergast 3:59.59; 3. Carroll 4:22.18.

Note: Champions automatically qualify for the state meet.

By RICK WOELFEL
CORRESPONDENT

PHILADELPHIA —
Championship Weekend is a time for swimmers to step up.

Archbishop Wood did just that Sunday. The Vikings won five events and rolled to both the boys and girls team titles at La Salle University's Kirk Natatorium.

The Wood boys collected 346 team points, which topped the four Class AA schools in the meet and put them third overall in the field of 12 behind champion La Salle and runner-up St. Joseph's Prep.

The Viking girls piled up 503 points to lead a field of 11.

The real point of the day, however, was to qualify athletes for next month's state meet, and the Vikings succeeded in that effort as well.

Senior Gus Lawn picked up his second gold medal of the weekend Sunday, taking the 500 freestyle to go with his win in the 200 freestyle Saturday.

Swimming in a heat that featured four Class AAA swimmers, Lawn touched in 5:22.52, a drop of more than four seconds from his seed time.

Only the district champion was assured of a place at the state meet, which contributed to the pressure of the moment. Lawn conceded afterward he pushed the pace harder than usual.

"I think I took it out a little too fast," he said, "but overall, I liked what I did. I liked my times."

Wood's Katharine Buliga also completed the distance-freestyle double.

After taking the 200 on Saturday, Buliga came back Sunday to win the 500 in 5:21.72, a drop of more than nine seconds from her seed time. It was also the second fastest time of the 19 girls who swam the 500 on Sunday; the only swimmer to better her time was Little Flower's Allyson McHugh, the Class AAA champion.

Wood's most impressive efforts, however, came in the 400 freestyle relays. The girls quartet of Claire Cochrane, Caitlin Bedesem, Buliga and Hannah Cochrane turned in a clocking of 3:52.57. Archbishop Carroll was a distant second in 4:13.20.

The boys were equally dominant. Tim Quigley, John Waltrich, Lucas Dyke and Lawn were clocked in 3:38.11.

The Vikings also found success in the diving well. Dominique DiRienzo, the only female diver on hand, tuned up for the state meet with a score of 350.75.

She'll be making her third trip to states next month.

The Crusaders crowned a district Class AA champion in the pool. Cassidy Fries punched a ticket to the state meet in the girls 100 breaststroke with a time of 1:08.91. Only the Class AAA champion, Maria Rocchi of Archbishop Ryan, was faster.

Girls

Team scores: 1. Wood 503; 2. Little Flower 456; 3. Ryan 455; 4. Carroll 419; 5. Cardinal O'Hara 281; 6. St. Hubert 279; 7. Lansdale Catholic 241; 8. Bonner-Prendergast 225; 9. John W. Hallahan 84; Central 22; Girls High 9.

Class AA individual results

200 medley relay: 1. Carroll (Caroline Quindlen, Zoie Octaviano, Olivia Snyder, Molly Santoro) 1:55.48; 2. Lansdale Catholic (Courtney Fries, Cassidy Fries, Mary Anne Wietecha, MaryCate Coyle) 1:58.70; 3. Wood (Taylor Goldstein, Allison Coady, Brigid Grant, Megan Cook) 2:06.22; 4. Bonner-Prendergast 2:12.64.

200 Freestyle: 1. Katharine Buliga (Wood) 2:01.07; 2. MaryCate Coyle (Lans. Cath.) 2:09.36; 3. Zoie Octaviano (Carroll) 2:17.04; 4. Colleen King (Bonner-Prendy) 2:19.06; 5. Brigid Grant Wood) 2:20.08; 6. Kaeleigh Mahon (Wood) 2:21.22.

200 individual medley: 1. Caroline Quindlen (Arch. Carroll) 2:18.05; 2. Cassidy Fries (Lans. Cath.) 2:19.86; 3. Megan Cook (Wood) 2:33.58; 4. Stefanie Barkolski (Carroll) 2:37.13; 5. Allison Coady (Wood) 2:42.57; 6. Emily Bomberger (Carroll) 2:43.02.

50 freestyle: 1. Victoria Brooks (Bonner-Prendy) 25.94; 2. Olivia Snyder (Carroll) 26.29; 3. MaryAnne Wietecha (Lans. Cath.) 26.63; 4. Courtney Fries (Lans. Cath.) 27.71; 5. MaryGrace MacDonald (Wood) 28.04; 6. Emily Caldwell (Wood) 28.65.

100 butterfly: 1. Hannah Cochrane (Wood) 1:02.46; 2. Caitlin Bedesem (Wood) 1:04.36; 3. Stephanie Connor (Carroll) 1:07.45; 4. MaryAnne Wietecha (Lans. Cath.) 1:07.77; 5. Molly Santoro (Carroll) 1:11.62; 6. Meredith Benson (Bonner-Prendy) 1:13.86.

200 freestyle relay: 1. Wood (Claire Cochrane, Caitlin Bedesem, Katharine Buliga, Hannah Cochrane) 1:44.96; 2. Carroll 1:46.17; 3. Lansdale Catholic (MaryAnne Wietecha, Courtney Fries, MaryCate Coyle, Cassidy Fries) 1:47.50; 4. Bonner-Prendergast 1:56.45.

Diving: 1. Dominique DiRienzo (Wood) 350.75

100 freestyle: 1. Victoria Brooks (Bonner-Prend.) 57.20; 2. MaryCate Coyle (Lans. Cath.) 57.37; 3. Caitlin Bedesem (Wood) 57.97; 4. Claire Cochrane (Wood) 58.28; 5. Olivia Snyder (Carroll) 58.52; 6. Stefanie Barkolski (Carroll) 1:00.31.

500 freestyle: 1. Katharine Buliga (Wood) 5:21.72; 2. Molly Santoro (Carroll) 5:51.00; 3. Megan Cook (Wood) 6:03.97; 4. Amanda Matyewicz (Lans. Cath.) 6:14.21; 5. Kristen Quindlen (Carroll) 6:18.87; 6. Brigid Grant (Wood) 6:22.27.

100 backstroke: 1. Caroline Quindlen (Carroll) 1:00; 2. Hannah Cochrane (Wood) 1:02.24; 3. Stephanie Connor (Carroll) 1:09.58; 4. Courtney Fries (Lans. Cath.) 1:11.03; 5. Taylor Goldstein (Wood) 1:11.57; 6. Anigall Moore (Bonner-Prend.) 1:14.96.

100 breaststroke: 1. Cassidy Fries (Lans. Cath.) 1:08.91; 2. Claire Cochrane (Wood) 1:15.44; 3. Zoie Octaviano (Carroll) 1:17.47; 4. Katie Hageney (Carroll) 1:19.30; 5. Allison Coady (Wood) 1:19.94; 6. Mary Murphy (Lans. Cath.) 1:22.06.

400 freestyle relay: 1. Wood (Claire Cochrane, Caitlin Bedesem, Katharine Buliga, Hannah Cochrane) 3:52.57; 2. Carroll 4:13.20; 3. Bonner-Prendergast 4:33.03.

Note: Champions automatically qualify for the state meet.

SWIMMING: PIAA CHAMPIONSHIPS

Field set for state meet

Plenty of area swimmers received at-large bids to compete in the PIAA championship meet.

By KAREN SANGILLO
STAFF WRITER

Some area swimmers got good news Sunday when the PIAA posted the list of time qualifiers for the state championships, slated for March 12-15 at Bucknell University's Albert Kinney Natatorium.

The group joins the swimmers who automatically qualified at the District One Class AAA meet, which was held Friday and Saturday at La Salle.

In Class AAA boys, North Penn led the way with qualifiers in four individual events and one relay.

Brett Else got the nod in the 200-yard freestyle, Corey Smith in the 200 individual medley, Greg Neidlinger in the 50 freestyle and Liam Kelly in the 100 freestyle.

The Knights' 200 medley relay of Smith, Jonathan Krail, Jacob Schellinger and Neidlinger earned a bid.

Andrew Zhugayevich of Central Bucks East received spots in two events — the 50 and 100 freestyles — and he will anchor the 400 freestyle relay for Jared Becker, Zach Colleser and Collin Villari.

Curtis Summer will swim the 200 freestyle for Haboro-Horsham before anchoring the 400 freestyle relay for Tom Fisher, Sean Claggett and Michael Thomas.

Council Rock North's Jake Goroshko will compete in the 50 freestyle. He will also lead off the 200 medley relay for Jack Donnelly, Brandon McCredie and Ryan Mitchell.

William Tennent's 200 freestyle relay of Brennen Bastian, Tom Del Conte, Matt Patrick and Ian Fortini qualified.

"I saw it online on Sunday and I was really excited," said Patrick, a junior. "We had a pretty good idea we'd get in, so I wasn't constantly checking online, but I was looking."

"It's my first trip to states and I don't know what to expect. Probably our heat will be a lot faster than our heat at districts. At districts, we broke the school record, so hopefully at states, we'll go faster than that."

"It's great that our hard

AREA QUALIFIERS

Class AAA

Boys

200-yard medley relay: Haboro-Horsham; Council Rock North
200 freestyle: Thanaos Kountouris, North Penn; Curtis Summer, Haboro-Horsham; Brett Else, North Penn
200 individual medley: Michael Thomas, Haboro-Horsham; Tristan Loux, Souderston; Corey Smith, North Penn; Ryan Anderson, Pennridge
50 freestyle: Brandon McCredie, Council Rock North; Kevin Mustarait, Souderston; Liam Kelly, North Penn; Andrew Zhugayevich, Central Bucks East; Greg Neidlinger, North Penn; Jake Goroshko, Council Rock North
100 butterfly: Tristan Loux, Souderston
200 freestyle relay: North Penn; Council Rock North; Souderston; William Tennent
Diving: Ian Fortini, William Tennent; Matt Anderson, Council Rock North; Nick Zupiro, Haboro-Horsham; Ian Boland Biner, North Penn; Geoffrey Gagnon, North Penn; Quinn Mitchell, North Penn; Nash Nielsen, Central Bucks South
100 freestyle: Brandon McCredie, Council Rock North; Kevin Mustarait, Souderston; Andrew Zhugayevich, Central Bucks East; Liam Kelly, North Penn
500 freestyle: Thanaos Kountouris, North Penn; Steven Kaashon, Nashaminy
100 backstroke: Michael Thomas, Haboro-Horsham; Greg Neidlinger, North Penn; Jake Goroshko, Council Rock North; Connor Doyle, Pennsbury
400 freestyle relay: North Penn; Souderston; Central Bucks East; Haboro-Horsham
Girls
200 medley relay: North Penn; Haboro-Horsham; Souderston
200 freestyle: Tommie Dillione, Council Rock North; Quinn MacMillan, Central Bucks West; Tara Rogers, North Penn
200 individual medley: Hannah Wittman, Central Bucks East; Kailyn Evans, North Penn; Hannah Blaser, Central Bucks West
50 freestyle: Olivia DeStefano, North Penn
100 butterfly: Brittany Weiss, Pennridge; Jess Jozefiak, Central Bucks East
200 freestyle relay: North Penn; Central Bucks East; Council Rock North
Diving: Marie Yacopino, North Penn; Madison Tanis, North Penn; Kelly Magri, Central Bucks West; Moddie Campbell, William Tennent; Nicole Costello, Pennsbury; Alex Costello, Pennsbury
100 freestyle: Quinn MacMillan, Central Bucks West; Lauren Mitchell, Council Rock North
500 freestyle: Tommie Dillione, Council Rock

North; Tara Rogers, North Penn; Emma O'Neill, Abington
100 backstroke: Olivia DeStefano, North Penn; Haley Sutton, Haboro-Horsham; Kailyn Evans, North Penn
100 breaststroke: Hannah Wittman, Central Bucks East; Brittany Weiss, Pennridge; Hannah Blaser, Central Bucks West; Emily Hodges, Souderston
400 freestyle relay: North Penn; Council Rock North; Central Bucks East; Haboro-Horsham

Class AA

Boys

200 medley relay: Archbishop Wood
200 freestyle: Nelson Kane, Upper Moreland; Dan Maixian, New Hope-Solebury; Gus Lawn, Archbishop Wood
200 individual medley: Ondrej Maixian, New Hope-Solebury; Timothy Quigley, Archbishop Wood
50 freestyle: Iain Smith, Upper Moreland
100 butterfly: Kane Nelson, Upper Moreland; Timothy Quigley, Archbishop Wood
200 freestyle relay: Upper Moreland
Diving: Dan Wilcox, Upper Moreland; Dylan Yuravits, Lansdale Catholic
500 freestyle: Ondrej Maixian, New Hope-Solebury; Gus Lawn, Archbishop Wood
100 breaststroke: Iain Smith, Upper Moreland
400 freestyle relay: Upper Moreland; Archbishop Wood
Girls
200 medley relay: Gwynedd Mercy
200 freestyle: Steph Szekely, Gwynedd Mercy; Mary Kate Curley, Gwynedd Mercy; Katharine Bulga, Archbishop Wood
200 individual medley: Allie Szekely, Gwynedd Mercy
100 butterfly: Alexa Fabbri, Villa Joseph Marie; Emily Messina, Villa Joseph Marie; Amber Saint Clair, Upper Moreland; Hannah Cochrane, Archbishop Wood
200 freestyle relay: Archbishop Wood
Diving: Sydney Szop, Upper Moreland; Shannon Chambers, Upper Moreland; Dominique DiPierzo, Archbishop Wood
100 freestyle: Alexa Fabbri, Villa Joseph Marie
500 freestyle: Mary Kate Curley, Gwynedd Mercy; Steph Szekely, Gwynedd Mercy; Katharine Bulga, Archbishop Wood
100 backstroke: Allie Szekely, Gwynedd Mercy; Amber Saint Clair, Upper Moreland
100 breaststroke: Cassidy Fries, Lansdale Catholic
400 freestyle relay: Gwynedd Mercy; Archbishop Wood

work paid off and got us somewhere. We're all good friends, so it's a good group to go to states with and I'm really looking forward to it."

Ryan Anderson of Pennridge will swim the 200 individual medley and Pennsbury's Connor Doyle is in the 100 backstroke.

In Class AAA girls, Souderston's Emily Hodges will swim the 100 breaststroke. She will be joined by Ariana Crossgrove, Gabriella Pagano and Rickilee Hodges in the 200 medley relay.

Hannah Blaser of Central Bucks West will swim the 200 individual medley, Jess Jozefiak of Central Bucks East the 100 butterfly, Abington's Emma O'Neill the 500 freestyle and Kailyn Evans of North Penn the 100 backstroke.

Haboro-Horsham's 400 freestyle relay of Elyse Bedics, Nicole Pellecchia, Haley Sutton and Perie

Sumner will compete, as will Council Rock North's 200 freestyle relay of Katie Craig, Madison Schluchterer, Lauren Mitchell and Tommie Dillione.

In Class AA boys, Upper Moreland got spots for one individual and two relays.

Nelson Kane will swim the 200 freestyle for the Golden Bears.

He will also anchor the 200 freestyle relay of Iain Smith, Alex Perkins and Mike Freeman, and lead off the qualifying 400 freestyle relay for Jake Winter, Freeman and Smith.

New Hope-Solebury will be represented by two swimmers in three events.

Ondrej Maixian will compete in the 200 individual medley and 500 freestyle for the Lions, while brother Dan will swim the 200 freestyle.

Karen Sangillo, 215-345-3070; email, ksangillo@calkins.com

SWIMMING: PIAA CLASS AA CHAMPIONSHIPS

Wood's Buliga has high hopes

By KAREN SANGILLO
STAFF WRITER

Katharine Buliga is aiming higher.

The Archbishop Wood sophomore thinks her second trip to the PIAA Class AA swimming and diving championships will be better than her first.

"Last year, I was a freshman and it was so overwhelming," she said. "I didn't know what to expect. I had never been to the pool before, and everything was so different. I was so nervous. I think I could have swum better.

"This year, I know what to expect and I think I'll be more comfortable, and I hope that means I'll do better. I would love to be able to come back for one of the night swims (finals or consolations), and hopefully this year I'll do it."

The meet will be held at Bucknell University's Albert Kinney Natatorium. Class AAA competition will be held Wednesday and Thursday, and Class AA on Friday and Saturday.

Last year, Buliga competed in two individual events — the 200- and 500-yard freestyles. She was also on the 200 freestyle relay along with Claire Cochrane, Caitlin Bedesem and Hannah Cochrane.

This year, Buliga will compete in those three events as well as the 400 freestyle relay. The Cochranes and Bedesem return for both relays, and Hannah Cochrane will compete in the 100 butterfly.

Diver Dominique DiRienzo rounds out the female contingent for the Vikings.

Five Wood boys will be at the meet. John Waltrich, Timothy Quigley, Kevin

Harte, Lucas Dyke and Gus Lawn combined to qualify for four individual events and two relays.

"We have a really big group at states this year, and that's going to help," Buliga said. "It makes the meet more exciting to have a lot of people there supporting you."

Buliga began her swimming career at the tender age of 4.

"I started swimming competitively in summer league and then started to take it more seriously," she said. "I was also playing softball and basketball but, in seventh grade, I quit my other sports to focus on swimming.

"I liked it so much more than my other sports, and I just can't imagine not swimming, so it was an easy decision for me."

In the early going she realized she was a distance swimmer.

"I've always done the longer distances," she said. "When I swim a 50 on a relay, it's just a completely different mindset for me.

"When I'm doing the longer distances, I can pace myself without even thinking about it. A lot of people don't like to swim those events, but I really do."

Buliga is also looking to do more out of the pool. She recently joined the Community Service Corps at Wood.

"I just started volunteering with them so I haven't gotten to do much yet, but I really enjoyed the things I was able to do and I want to become more involved," she said. "I want to do more than just swim and study and this was a good opportunity for me to do that."

Karen Sangillo, 215-345-3070; email, ksangillo@calkins.com



BRYAN WOOLSTON / FOR THE COURIER TIMES
Archbishop Wood's Katharine Buliga will compete in four events at the state swimming championship.

Bits and pieces

"Wanted, head coach for Central Bucks South girls swimming team. Candidate must be veteran competitor, have solid credentials as an assistant coach and must be named Kevin."

That really wasn't the job listing after Kevin Murray stepped down, but it could have been considering Murphy's replacement is Kevin Whalen, a 2003 graduate of Archbishop Wood. A Philadelphia Catholic League champion under head coach Charlie Stillwell, Murray was an assistant at CB East for five seasons where he got to pick the brains of the new longest-serving head coach, Tom Kane (girls), and the man in second, Ed Walsh (boys).

One more thing. Wednesday won't get here fast enough.

Bill Keen: 215-345-3185; email bkeen@calkins.com

Top 5

Boys

1. Council Rock North (9-1)
2. Pennsbury (7-2)
3. Council Rock South (6-4)
4. William Tennent (7-5)
5. Neshaminy (3-3)

Girls

1. Council Rock North (10-1)
2. Pennsbury (6-3)
3. Council Rock South (5-3)
4. Archbishop Wood (6-3)
5. Neshaminy (4-2)

GOLDEN TEAMS

GIRLS SWIMMING

S W I M M E R O F T H E Y E A R

Tommie Dillione

Council Rock North

The senior capped her career with a state gold medal.

By KAREN SANGILLO
STAFF WRITER

Tommie Dillione really wanted to finish her high school career with a state title.

That dream came true for her when the Council Rock North senior won the 200-yard freestyle at the PIAA Class AAA swim championships.

She also placed third at the state meet in the 500 freestyle.

She was the District One champion in both events and the Suburban One League National Conference champion in the 200 freestyle and 100 freestyle, earning first team all-state, all-district and all-conference honors.

She helped the Indians to their sixth consecutive SOL National Conference team title and a fifth-place finish at the district meet.

For these accomplishments, she is the Courier Times Girls Swimmer of the Year, the third time she has earned the award.

She joins Dianne Bisacky of Pennsbury (1984-86), Tricia Harm of a unified Council Rock (1999, 2001-02) and Melanie Busch of William Tennent (2009-11) as three-time honorees.

“Winning the state title is still pretty surreal for me,” she said. “It was something I wanted to do and worked hard for, and to accomplish that goal is awesome.

“It just shows that the end result is always worth the effort that you put into it. It was very satisfying and, looking back on the whole experience, I wouldn’t trade all those hours in the pool for anything.”

Her race for the gold medal was an exciting one. Quinn MacMillan of Central Bucks West led for much of the race, and the end was so close that three girls, Dillione, second-place finisher Siena Salvaggio of Parkland and MacMillan, the bronze medalist, were within .12 of each other.

“I knew it was close and, when I looked up at the board and saw that I won, it was very emotional,” she said. “I knew it was a fight to the end, and I’m thankful for the other girls for giving me such a great race and for pushing me so hard.

“I ended my high school career with a state gold medal, and I can’t think of a better sendoff than that.”

She will continue her career next year at Penn State, where she is undecided on a major.

“I’m really looking forward to Penn State,” she said. “I think I’ll have room to grow there, and I’m excited to have the opportunity to better myself academically and in the pool.”

CR North coach Ted Schueller appreciated Dillione’s effort.

“She is the hardest working and most focused swimmer I have ever coached,” he said. “She is a team leader and a great example to the other girls.

“She is also a very versatile swimmer. She can do so many different events, and that was a real asset to the team.

“I think Penn State is a great fit for her, and the sky is the limit for her.”

Karen Sangillo, 215-345-3070; email, ksangillo@calkins.com



ART GENTILE / STAFF PHOTOGRAPHER

2014 GOLDEN TEAM: GIRLS SWIMMING

Tommie Dillione

School: Council Rock North (senior)
Event: 200 freestyle
Key facts: PIAA Class AAA champion in this event and third in the 500 freestyle ... District One champion in both events ... SOL National Conference champ in the 200 and 100 freestyles ... All-state, all-district and all-conference first team ... Will swim at Penn State next year

Lauren Mitchell

School: Council Rock North (junior)
Event: 200 individual medley
Key facts: Competed in the District One Class AAA meet in this event and the 100 freestyle ... SOL National Conference first-team selection in the 100 freestyle and second team in the 50 freestyle

Rebecca Rodriguez

School: Neshaminy (senior)

Event: 50 freestyle
Key facts: SOL National Conference champion in this event ... SOL National first-team choice in this event and second team in the 100 freestyle ... District One Class AAA qualifier in this event

Nicole Costello

School: Pennsbury (freshman)
Event: Diving
Key facts: Earned eighth place at the PIAA Class AAA championship ... Finished sixth at the District One meet ... SOL National Conference champion with a meet-record score of 436.25 ... All-state and all-district first team

Faye Melekos

School: Council Rock South (junior)
Event: 100 butterfly
Key facts: Competed at the District One Class AAA meet in this event and the 100 backstroke ... SOL National

third-team choice in the 100 backstroke and honorable mention in the butterfly ... Finished second in the backstroke and third in the butterfly at the conference championship meet

Alexa Fabbri

School: Villa Joseph Marie (junior)
Event: 100 freestyle
Key facts: Third in this event at PIAA Class AA championships ... District One champ in this event and 100 butterfly ... All-district first team in both events and all-state first team in the 100 freestyle

Katharine Buliga

School: Archbishop Wood (sophomore)
Event: 500 freestyle
Key facts: PIAA Class AA qualifier in this event and the 200 freestyle ... District 12 champion in this event and the 200 freestyle ... Philadelphia Catholic League champion in this event and runner-up in the 200 freestyle

Deanna Schuster

School: Pennsbury (sophomore)
Event: 100 backstroke
Key facts: SOL National Conference champion in this event and runner-up in the 100 butterfly ... SOL National first-team selection in the backstroke and third team in the butterfly ... Competed at the District One Class AAA meet in both events

Alison Barahona

School: Pennsbury (senior)
Event: 100 breaststroke
Key facts: SOL National Conference champion in this event and 200 individual medley ... SOL National first-team selection in the 100 breaststroke and 200 individual medley ... Competed at the District One Class AAA meet in both events

— Karen Sangillo

FIRST TEAM

STROKE	NAME	SCHOOL	YEAR
200 free	Tommie Dillione	Council Rock North	senior
200 IM	Lauren Mitchell	Council Rock North	junior
50 free	Rebecca Rodriguez	Neshaminy	senior
Diving	Nicole Costello	Pennsbury	freshman
100 fly	Faye Melekos	Council Rock South	junior
100 free	Alexa Fabbri	Villa Joseph Marie	junior
500 free	Katharine Buliga	Archbishop Wood	sophomore
100 back	Deanna Schuster	Pennsbury	sophomore
100 breast	Alison Barahona	Pennsbury	senior

SECOND TEAM

STROKE	NAME	SCHOOL	YEAR
200 free	Kathryn Deitch	Pennsbury	freshman
200 IM	Rebecca Samson	Council Rock North	senior
50 free	Emily Eastburn	Council Rock South	junior
Diving	Dominique DiRienzo	Archbishop Wood	junior
100 fly	Madison Schluchterer	Council Rock North	sophomore
100 free	Emily Messina	Villa Joseph Marie	junior
500 free	Shannon Battis	William Tennent	junior
100 back	Elizabeth Miller	Neshaminy	junior
100 breast	Sammy Grogan	Council Rock North	sophomore

HONORABLE MENTION

Council Rock North: Melinda Birky, Sr.; Rebecca Samson, Jr.; Shirley Samson, Sr.; Kalli Segel, So.;
Council Rock South: Erika Shevchek, Jr.;
Pennsbury: Alex Costello, Sr.; Bridget Perdoch, Sr.;
William Tennent: Maddie Campbell, So.

By Karen Sangillo Staff writer

LEWISBURG – Alexa Fabbri entered the PIAA Class AA swimming and diving championships with an excellent chance at earning two individual medals for the second consecutive year.

Those hopes were dashed when the Villa Joseph Marie junior was disqualified in the medal heat of the 100-yard butterfly at the opening night of competition on Friday at Bucknell University's Kinney Natatorium.

"They said she false started," VJM coach Ramond Keown said. "I didn't see it, but that's the way it is. There's nothing we can do about it."

Fabbri entered the meet seeded second in the event behind Rebecca Luft of Northern York. After Friday morning's preliminaries, Fabbri was still second behind Luft, posting a time of 55.98 to Luft's 55.55.

Luft touched first in the final with her time of 54.91, and it appeared that Fabbri had gotten second, touching in 56.55, before Keown was informed of the judges' decision.

Last year, Fabbri finished second in the butterfly to Margaret Gruber of Mars Area.

Fabbri will swim the 100 freestyle, an event in which she took third last year, on Saturday.

"She just has to put it behind her and focus on her next race," Keown said. "We're not going to make a big deal out of it. We're just going to move on."

She is seeded second in the 100 freestyle to Luft.

The Jems' Emily Messina was 20th in the 100 butterfly (1:00.53).

Archbishop Wood's Katharine Buliga was 31st in the 200 freestyle (2:02.54), and Hannah Cochrane was 31st in the 100 butterfly (1:04.22).

The Vikings' 200 freestyle relay of Claire Cochrane, Caitlin Bedesem, Buliga and Hannah Cochrane was 22nd (1:45.02).

For the boys, Archbishop Wood's Timothy Quigley was 31st in the 200 individual medley (2:09.40) and 32nd in the 100 butterfly (57.81) and Gus Lawn was 31st in the 200 freestyle (1:54.92).

Wood's 200 medley relay of John Waltrich, Quigley, Kevin Harte and Lawn took 24th (1:48.67).

Trinity is leading the boys team competition with 105 points, and Villa Maria Academy is in first place in girls team scoring with 131.

The meet concludes Saturday.

By Karen Sangillo Staff writer

LEWISBURG – Life is full of setbacks and opportunities. Often, it's how you handle the first that determines your ability to capitalize on the second.

So when opportunities come her way, Alexa Fabbri should be in pretty good shape. She's shown she can deal with the setbacks.

The Villa Joseph Marie junior finished third in the 100-yard freestyle with her time of 50.63 seconds in Saturday's conclusion of the PIAA Class AA swimming and diving championships at Bucknell University's Kinney Natatorium.

The bronze medal took the sting out of Friday's mishap in the 100 butterfly.

Seeded second coming into the meet to Rebecca Luft of Northern York, Fabbri posted a preliminary time of 55.98 that placed her second to Luft for the butterfly final.

In the final, Fabbri appeared to have taken second place for her second consecutive silver medal in that event, but was disqualified for a false start.

"Stuff happens like that," she said. "I think it's more how you react to it that counts. My coach (Raymond Keown) said that when these things happen, you bounce back from them, so that's what I did.

"It stuck with me for a good portion of the night, but as soon as I woke up in the morning, I knew it had to be over and done with for me. It was a new day and a new race."

She started the day as the second seed in the 100 freestyle and swam a 51.20 in the preliminaries to hold that spot before getting third in the final, her second bronze in this event in as many years.

"I'm happy with how I swam. I went into it just wanting a best time, and I did it by a tenth (of a second), so I'll take it," she said. "I wasn't really worried about placement. It's a sport of beating the clock. If I could get second or first, that would be great, but you're really racing yourself.

"This helps me get over what happened in the butterfly a lot. Now I can say that I ended the season on a positive note."

Also for the Jems, Emily Messina was 19th in the 100 freestyle (54.69).

Archbishop Wood's Katharine Buliga finished 19th in the 500 freestyle (5:19.28), and Claire Cochrane, Caitlin Bedesem, Buliga and Hannah Cochrane teamed up to take 22nd in the 400 freestyle relay (3:50.80).

Dominique DiRienzo was 22nd in diving (138.25).

Gus Lawn of Archbishop Wood finished 32nd in the boys 500 freestyle (5:29.95).

Wood's 400 freestyle relay of Timothy Quigley, John Waltrich, Lucas Dyke and Lawn was 23rd (3:34.77).

PIAA Class AA championships

Boys

200 medley relay: 1, Camp Hill Trinity (Ian DiCarlo, Henry Tanguay, Anthony Capper, Lucas Haywood) 1:36.99; 2, Mercyhurst Prep 1:37.08; 3, Bloomsburg 1:37.85; 4, Mars 1:38.14; 5, York Suburban 1:39.78; 6, Grove City 1:39.89; 7, Tunkhannock 1:40.93; 8, Fairview 1:42.35.

Consolation final: 9, Clearfield 1:40.44; 10, Athens 1:41.98; 11, Hopewell 1:42.19; 12, Scranton Prep 1:42.62; 13, Schuylkill Valley 1:42.73; 14, Harrisburg Bishop McDevitt 1:43.10; 15, Big Spring 1:43.15; 16, Springfield Twp. 1:46.01.

200 freestyle: 1, Jarod Kehl, West Allegheny, 1:40.00; 2, Drew Damich, Chartiers Valley, 1:40.05; 3, Matthew Leenhouts, Fleetwood, 1:41.34; 4, Griffin Schaetzle, Mercyhurst Prep, 1:41.45; 5, Josh Kreider, Southern Lehigh, 1:42.40; 6, Trey Shackleton, Northwestern Lehigh, 1:42.68; 7, Ian DiCarlo, Camp Hill Trinity, 1:42.92; 8, Francis Folz, Mars, 1:44.67.

Consolation final: 9, Brendan Leech, Shady Side Academy, 1:44.52; 10, Mahlon Reihman, Salisbury Twp., 1:45.27; 11, Danny Giampietro, Springfield Twp., 1:45.36; 12, Adon Shapiro, Lewisburg, 1:45.58; 13, Zack Miklos, Lancaster Catholic, 1:46.24; 14, Ethan Stinner, Allentown Central Catholic, 1:47.51; 15, Chris Vogler, Blackhawk, 1:47.69; 16, Charlie Pletz, Schuylkill Valley, 1:48.80.

200 individual medley: 1, Christopher Georgiadis, Mars, 1:54.22; 2, Noah Crawford, Bloomsburg, 1:57.10; 3, Cole Davis, Millersburg, 1:57.21; 4, Noah Donovan, Laurel, 1:57.25; 5, Joe Malafronte, Danville, 1:57.65; 6, Matthew Daniel, Manheim Central, 1:57.67; 7, Thomas Pierre, Mars, 1:57.84; 8, Hunter Krum, Central Columbia, 1:59.05.

Consolation final: 9, Ethan Gehenio, Northern Lebanon, 1:59.16; 10, Brandon Umstead, Upper Perkiomen, 1:59.57; 11, Will Massey, York Suburban, 1:59.83; 12, Jarod Anderson, Big Spring, 2:00.54; 13, John Mackowski, Mercyhurst Prep, 2:00.66; 14, Ondrej Maxian, New Hope-Solebury, 2:00.84; 15, Colton Schnars, Bellefonte, 2:02.34; 16, Lyell Hintz, Bloomsburg, 2:03.07.

50 freestyle: 1, Phil Emerson, Franklin, 20.61; 2, Jon Anderson, Salisbury Twp., 21.05; 3, John Paul Zimcomsky, Geibel Catholic, 21.44; 4, Daniel Weekes, Moravian Academy, 21.46; 5, Jay Bleday, Titusville, 21.51; 6, Elijah Luckey, Carver E&S, 21.52; 7, Austin Wilson, Grove City, 21.66; 8, Dylan Knaub, Boiling Springs, 22.20.

Consolation final: 9, Ryan Farrell, Central Columbia, 21.95; 10, James Orzolek, Bloomsburg, Mars, 22.02; 11, Reed McDonough, Mars, 22.02; 12, Matt Noel, Quaker Valley, 22.18; 13, Blake Burlingame, Towanda, 22.24; 14, Chris Lukasewski, Crestwood, 22.27; 15, Michael Spencer, Clearfield, 22.38; 16, Henry Tanguay, Camp Hill Trinity, 22.40.

100 butterfly: 1, Brent Benedict, Corry, 48.57; 2, Brad Kolesar, West Mifflin, 50.66; 3, Ian Buckner, Neshannock, 50.72; 4, Dillon Lancenese, Brandywine Heights, 51.01; 5, Brian Uhrin, Greensburg Catholic, 52.10; 6, Josh Grzech, Crestwood, 52.41; 7, Ian Lloyd, Millersburg, 52.94; 8, Frank Chen, Athens, 53.37.

Consolation final: 9, Casey Marshall, Dover, 52.79; 10, Matt Spinello, York Suburban, 53.14; 11, Nathan Mihalko, Richland, 53.65; 12, Cole Tipper, Cornell, 53.66; 13, Jarod Laselva, Bethlehem Catholic, 53.90; 14, Ian Miller, Fairview, 54.05; 15, Adam Gordish, Marion Center, 54.58; 16, Devon Pettit, Titusville, 54.84.

200 freestyle relay: 1, Salisbury Twp. (Jon Anderson, Tim Costatini, Tyler Ilesko, Mahlon Reihman) 1:27.56; 2, Franklin 1:27.97; 3, Camp Hill Trinity 1:28.09; 4, Chartiers Valley 1:28.20; 5, Southern Lehigh 1:28.21; 6, Bloomsburg 1:28.39; 7, Quaker Valley 1:28.95; 8, Upper Moreland 1:31.40.

Consolation final: 9, Laurel Highlands 1:29.54; 10, Bellefonte 1:30.56; 11, Shady Side Academy 1:31.07; 12, Clearfield 1:31.57; 13, Fairview 1:31.85; 14, Springfield Twp. 1:31.86; 15, Boiling Springs 1:32.18; 16, Tunkhannock 1:32.52.

1-meter diving: 1, Bradley Buchter, Camp Hill, 557.30 (PIAA record. Old: 533.05, Buchter, 2013); 2, Mike Proietto, Sun Valley, 478.95; 3, Jonas Ricci, Palmyra, 469.95; 4, Dylan Yurasits, Lansdale Catholic, 454.90; 5, Nick Crouse, Allentown Central Catholic, 416.95; 6, Ryan Blom, Milton Hershey, 416.65; 7, Dennis Bonner, Salisbury Twp., 415.90; 8, Matthew Edkins, Lakeland, 413.20.

9, Hunter Scott, Harbor Creek, 394.25; 10, Josh Dardeen, Sun Valley, 374.95; 11, Stephen Zombek, South Fayette, 370.50; 12, Patrick Madaya, Dallas, 368.25; 13, Hunter Truitt, General McLane, 359.30; 14, Michael Allison, General McLane, 341.95; 15, Dan Wilcox, Upper Moreland, 340.75; 16, Micah Ringer, Beaver Area, 331.55

100 freestyle: 1, Phil Emerson, Franklin, 45.65; 2, Josh Kreider, Southern Lehigh, 46.22; 3, Jon Anderson, Salisbury Twp., 46.40; 4, Francis Folz, Mars, 47.04; 5, Josh Grzech, Crestwood, 47.41; 6, Ian DiCarlo, Camp Hill Trinity, 47.51; 7, John Paul Zimcosky, Geibel Catholic, 48.00; 8, Ian Buckner, Neshannock, 49.15.

Consolation final: 9, Joe Malafronte, Danville, 48.12; 10, James Orzolek, Bloomsburg, 48.22; 11, Austin Wilson, Grove City, 48.38; 12, Zack Miklos, Lancaster Catholic, 48.68; 13, Daniel Weekes, Moravian Academy, 48.69; 14, Cole Tipper, Cornell, 48.70; 15, Ryan Farrell, Central Columbia, 48.95; 16, Josh Chamberlain, Quaker Valley, 49.33.

500 freestyle: 1, Jarod Kehl, West Allegheny, 4:28.80; 2, Drew Damich, Chartiers Valley, 4:33.20; 3, Trey Shackleton, Northwestern Lehigh, 4:33.93; 4, Matthew Daniel, Manheim Central, 4:35.98; 5, Matthew Leenhouts, Fleetwood, 4:36.08; 6, Thomas Pierre, Mars, 4:44.56; 7, Hunter Krum, Central Columbia, 4:44.97; 8, Noah Donovan, Laurel, 4:47.34.

Consolation final: 9, Danny Giampietro, Springfield Twp., 4:44.98; 10, Adon Shapiro, Lewisburg, 4:46.72; 11, Ondrej Maxian, New Hope-Solebury, 4:47.56; 12, Cole Davis, Millersburg, 4:50.90; 13, Brody Schmidt, Chartiers Valley, 4:54.18; 14, Emmanuel Eppinger, Winchester Thurston, 4:54.60; 15, Mahon Reihman, Salisbury Twp., 4:54.63; 16, Gavin Gunkle, Southern Lehigh, 4:55.65.

100 backstroke: 1, Brent Benedict, Corry, 48.69 (PIAA record. Old: 49.41, David Nolan, Hershey, 2009); 2, Griffin Schaetzle, Mercyhurst Prep, 49.86; 3, Dillon Lancenese, Brandywine Heights, 51.75; 4, Nathan Mihalko, Richland, 51.91; 5, Ethan Gehenio, Northern Lebanon, 52.62; 6, Colton Schnars, Bellefonte, 53.14; 7, Frank

Chen, Athens, 53.90; 8, Brad Kolesar, West Mifflin, 53.96.

Consolation final: 9, Morgan Schreiber, Pottsgrove, 53.92; 10, Brendan Leech, Shady Side Academy, 54.24; 11, Nathan Elzer, Wyomissing, 54.25; 12, Corey Koss, St. Marys, 54.39; 13, Brandon Umstead, Upper Perkiomen, 54.45; 14, David Pepper, Ellwood City Riverside, 54.78; 15, Joseph Grzech, Crestwood, 54.91; 16, Ian Miller, Fairview, 55.07.

100 breaststroke: 1, Noah Crawford, Bloomsburg, 57.61; 2, Iain Smith, Upper Moreland, 58.32; 3, Henry Tanguay, Camp Hill Trinity, 59.02; 4, Elijah Luckey, Carver E&S, 59.32; 5, Luke Raudenbush, Schuylkill Valley, 59.87; 6, Thomas Somora, Grove City, 1:00.64; 7, Tyler Chamberlin, Springfield Twp., 1:01.01; 8, Terry Vrabec, James M. Coughlin, 1:01.08.

Consolation final: 9, Kameron Faychak, Elizabeth Forward, 1:00.60; 10, Corban Murphey, Fairview, 1:00.63; 11, Christopher Giorgiadis, Mars, 1:00.80; 12, Kyle Hrabovsky, Quaker Valley, 1:01.32; 13, Grant Hess, Indiana, 1:02.05; 14, Craig Weeks, Pen Argyl, 1:02.08; 15, John Wilson, Knoch, 1:02.56; 16, Blair Carson, Wellsboro, 1:02.86.

400 freestyle relay: 1, Mars (Reed McDonough, Thomas Pierre, Christopher Giorgiadis, Francis Folz) 3:12.57; 2, Southern Lehigh 3:13.07; 3, Salisbury Twp. 3:13.12; 4, Chartiers Valley 3:15.02; 5, Franklin 3:15.90; 6, Quaker Valley 3:16.87; 7, York Suburban 3:17.88; 8, Shady Side Academy 3:20.01.

Consolation final: 9, Laurel Highlands 3:17.49; 10, Mercyhurst Prep 3:19.30; 11, Bellefonte 3:19.99; 12, Central Columbia 3:20.73; 13, Upper Moreland 3:21.88; 14, Grove City 3:23.45; 15, Hopewell 3:23.53; 16, Allentown Central Catholic 3:24.91.

Team scores (top 10): 1, Mars 153; 2, Camp Hill Trinity 134; 3, Salisbury Twp. 126; 4, Bloomsburg 110; 5, Franklin 102; 6, Chartiers Valley 98; 7, Southern Lehigh 94; 8, Mercyhurst Prep 84; 9, York Suburban 65; 10, Grove City 63.

Girls

200 medley relay: 1, Malvern Villa Maria Academy (Emily Cornell, Olivia Tierney, Olivia Giampietro, Julie Dobson) 1:46.57; 2, Southern Lehigh 1:48.09; 3, Phoenixville 1:49.06; 4, Fairview 1:49.21; 5, Schuylkill Valley 1:49.66; 6, Springfield Twp. 1:49.66; 7, Scranton Prep 1:51.32; 8, Nazareth Academy 1:52.61.

Consolation final: 9, York Suburban 1:50.33; 10, Northern York 1:51.55; 11, Quaker Valley 1:51.67; 12, Gwynedd Mercy Academy 1:52.18; 13, Grove City 1:53.30; 14, Erie Villa Maria Academy 1:53.44; 15, Indiana 1:53.51; 16, Shady Side Academy 1:55.70.

200 freestyle: 1, Courtney Harnish, West York, 1:45.91 (PIAA record. Old: 1:47.05, Adriana Grabski, Mifflinburg, 2013); 2, Lauren Barber, Wilmington, 1:47.32; 3, Sydnee Karam, Bethlehem Catholic, 1:52.56; 4, Colleen Daday, Allentown Central Catholic, 1:54.03; 5, Grace Kowal, Nazareth Academy, 1:54.38; 6, Rachael DePietro, Lancaster Catholic, 1:55.79; 7, Sydney Wareham, Donegal, 1:55.79; 8, Abigail Thomson, Moravian Academy, 1:56.21.

Consolation final: 9, Katie Voitik, Scranton Prep, 1:55.31; 10, Sydney Mercer, Millville and Caroline Colville, Shady Side Academy, 1:55.59; 12, Steph Szekely, Gwynedd Mercy Academy, 1:55.61; 13, Madison Amann, Southern Lehigh, 1:56.02; 14, Devin Javens, Hickory, 1:57.12; 15, Abigail Jones, Knoch, 1:58.81; 16, Erica King, Ellwood City Riverside, 1:59.93.

200 individual medley: 1, Allie Szekely, Gwynedd-Mercy Academy, 1:59.51 (PIAA record. Old: 1:59.66, Szekely, 2013); 2, Mia Nonnenberg, Scranton Prep, 2:00.88; 3, Bailey Bonnett, Highlands, 2:04.59; 4, Shannon Harrington, Nazareth Academy, 2:05.70; 5, Molly Kowal, Nazareth Academy, 2:06.11; 6, Caitlin Foley, Lewisburg, 2:08.90; 7, Bria Otwell, Freeport, 2:09.75; 8, Brooke Zukowski, Knoch, 2:11.91.

Consolation final: 9, Olivia Tierney, Malvern Villa Maria, 2:10.07; 10, Rachel Munger, Springfield Twp., 2:10.45; 11, Sierra Neft, Moon, 2:14.76; 12, Erin Russoniello, Quaker Valley, 2:14.81; 13, Abby German, Fairview, 2:14.83; 14, Hope Reynolds, Malvern Villa Maria, 2:15.17; 15, Nicole Saladino, Malvern Villa Maria, 2:15.19. Disqualified, Peyton Lyons, Palmyra.

50 freestyle: 1, Adrian Grabski, Mifflinburg, 23.10; 2, Emily Zimcosky, Geibel Catholic, 23.21; 3, Maddie Cooke, Phoenixville, 23.63; 4, Claire Mikesell, Clearfield, 23.78; 5, Olivia Giampietro, Malvern Villa Maria, 24.11; 6, Jenna Forrester, Southern Lehigh, 24.17; 7, Carson Gross, York Suburban, 24.21; 8, Lexi Glassmire, Schuylkill Valley, 24.43.

Consolation final: 9, Hannah Feucht, North East, 24.35; 10, Maura McManus, Malvern Villa Maria, 24.38; 11, Ashley Azzarello, Shady Side Academy, 24.46; 12, Joann Butkus, Tamaqua, 24.66; 13, Jules marble, Springfield, Twp., 24.68; 14, Lexy Lopez, Blackhawk, 24.87; 15, Emma Allison, Fairview, 24.98; 16, Mikayla Bisignani, Greensburg Central Catholic, 25.01.

100 butterfly: 1, Rebecca Luft, Northern York, 54.91; 2, Sabria Bowman, St. Joseph, 56.55; 3, Julie Dobson, Malvern Villa Maria, 57.98; 4, Molly Phillips, Mercyhurst Academy, 58.09; 5, Hannah Charlton, West Allegheny, 58.99; 6, Katherine Porter, Sayre, 59.64; 7, Rhyen Rodriguez, Southern Lehigh, 1:00.30. Disqualified, Alex Fabbri, Villa Joseph Marie.

Consolation final: 9, Caroline Wyomissing, 59.06; 10, Syd Mitcheltree, Moon, 59.38; 11, Jessica Cochran, Yough, 59.50; 12, Maddie Bartrug, South Fayette, 59.59; 13, Reney Hess, Palmyra, 59.96; 14, Makena Glemser, Southern Lehigh, 59.99; 15, Meghan Terwilliger, Grove City, 1:00.02; 16, Mia Nardone, Pittston Area, 1:00.06.

200 freestyle relay: 1, Malvern Villa Maria Academy (Julie Dobson, Maura McManus, Emily Cornell, Olivia Giampietro) 1:36.41; 2, Phoenixville 1:38.12; 3, Northern York 1:38.52; 4, Fairview 1:38.83; 5, York Suburban 1:39.18; 6, South Fayette 1:40.20; 7, Schuylkill Valley 1:40.46; 8, Big Spring 1:40.51.

Consolation final: 9, Springfield Twp. 1:40.42; 10, Palmyra 1:41.54; 11, Derry Area 1:41.60; 12, Camp Hill Trinity 1:41.78; 13, Southern Lehigh 1:41.79; 14, Bradford 1:42.82; 15, Blackhawk 1:42.98; 16, Indiana 1:43.77.

100 freestyle: 1, Adrian Grabski, Mifflinbutg, 49.88; 2, Emil Zimcosky, Geibel Catholic, 50.52; 3, Alexa Fabbri, Villa Joseph Marie, 50.36; 4, Rebecca Luft, Northern York, 51.50; 5, Taylor Petrak, Ellwood City, 52.27; 6, Claire Mikesell,

Clearfield, 52.28; 7, Lexi Glassmire, Schuylkill Valley, 52.68; 8, Sydnee Karam, Bethlehem Catholic, 52.73.

Consolation final: 9, Jenna Forrester, Southern Lehigh, 52.67; 10, Maura McManus, Malvern Villa Maria, 52.92; 11, Caroline Edelman, Wyomissing, 53.33; 12, Allison Brownlee, Derry Area, 53.48; 13, Maddie Bartrug, South Fayette, 53.77; 14, Samantha Shirtliff, Camp Hill Trinity, 54.06; 15, Nollaig Noll, Westmont Hilltop, 54.43; 16, Devin Javens, Hickory, 54.52.

500 freestyle: 1, Courtney Harnish, West York, 4:40.04 (PIAA record. Old: 4:43.92, Lindsay Vrooman, Ambridge, 2010); 2, Mia Nonnenberg, Scranton Prep, 4:48.82; 3, Bailey Bonnett, Highlands, 4:56.57; 4, Colleen Daday, Allentown Central Catholic, 4:58.34; 5, Grace Kowal, Nazareth Academy, 4:59.07; 6, Madison Oster, Octorara, 5:01.93; 7, Steph Szekely, Gwynedd-Mercy Academy, 5:06.60; 8, Bria Otwell, Freeport, 5:06.96.

Consolation final: 9, Abigail Thomas, Moravian Academy, 5:01.93; 10, Caroline Colville, Shady Side Academy, 5:08.63; 11, Sydney Mercer, Millville, 5:09.48; 12, Mary Harrington, Nazareth Academy, 5:09.86; 13, Grace Carey, Malvern Villa Maria, 5:13.45; 14, Mary Kate Curley, Gwynedd Mercy Academy, 5:17.12; 15, Kimmi Szajnuk, Camp Hill Trinity, 5:17.15; 16, Fallon Nelson, Mount Pleasant, 5:18.91.

100 backstroke: 1, Allie Szekely, Gwynedd-Mercy Academy, 54.55; 2, Emily Cornell, Malvern Villa Maria, 55.52; 3, Caitlin Foley, Lewisburg, 56.78; 4, Hannah Feucht, North East, 57.39; 5, Abigail Parsons, Slippery Rock, 57.61; 6, Peyton Lyons, Palmyra, 58.12; 7, Amber St. Clair, Upper Moreland, 58.51; 8, Rhyan Rodriguez, Southern Lehigh, 58.76.

Consolation final: 9, Sabrina Bowman, Saint Joseph, 58.33; 10, Taylor Petrak, Ellwood City, 58.51; 11, Madison Amann, Southern Lehigh, 58.76; 12, Caroline Quindlen, Archbishop Carroll, 59.04; 13, Kathleen Lynch, Erie Villa Maria, 59.16; 14, Rachael DePietro, Lancaster Catholic, 59.68; 15, Sydney Archuleta, Northern York, 59.77; 16, Rachel Taylor, Fairview, 59.81.

100 breaststroke: 1, Lauren Barber, Wilmington, 1:03.05; 2, Maddie Cooke, Phoenixville, 1:03.53; 3, Olivia Tierney, Malvern Villa Maria, 1:05.58; 4, Brooke Zukowski, Knoch, 1:05.72; 5, Abby German, Fairview, 1:05.73; 6, Rachel Munger, Springfield Twp., 1:06.49; 7, Molly Kowal, Nazareth Academy, 1:06.75; 8, Shannon Harrington, Nazareth Academy, 1:06.95.

Consolation final: 9, Erin Russoniello, Quaker Valley, 1:06.43; 10, Anna Paccapaniccia, Indiana, 1:07.30; 11, Samantha Carpenter, Shamokin, 1:07.38; 12, Nicole Saladino, Malvern Villa Maria, 1:07.48; 13, Joann Butkus, Tamaqua, 1:08.07; 14, Megan Hunt, York Suburban, 1:08.20; 15, Sami Stoner, Donegal, 1:08.88; 16, Madison Nestor, Yough, 1:09.11.

400 freestyle relay: 1, Malvern Villa Maria Academy (Julie Dobson, Maura McManus, Emily Cornell, Olivia Giampietro) 3:30.09; 2, Scranton Prep 3:33.21; 3, Northern York 3:36.37; 4, Gwynedd-Mercy Academy 3:36.46; 5, Southern Lehigh 3:36.62; 6, York Suburban 3:37.94; 7, Nazareth Academy 3:38.64; 8, South Fayette 3:39.64.

Consolation final: 9, Springfield Twp. 3:37.70; 10, Fairview 3:38.40; 11, Camp

Hill Trinity 3:40.59; 12, Derry Area and Big Spring 3:41.58; 14, Palmyra 3:41.93; 15, Clearfield 3:45.56; 16, Erie Villa Maria Academy 3:47.17.

1-meter diving: 1, Sydney Szopo, Upper Moreland, 427.45; 2, McKenzie Stetler, Mohawk, 418.85; 3, Nicole Sagl, Allentown Central Catholic, 415.20; 4, Allison Brownlee, Derry Area, 393.55; 5, Allie Wonderling, St. Marys, 378.95; 6, Taylor Hockenberry, Mars, 369.40; 7, Morgan Elrick, Derry Area, 363.80; 8, Erica Sarver, West York, 359.80.

9, Brianna Urich, Palmyra, 358.40; 10, Maggie Stebick, Union City, 355.55; 11, Brittany Hart, Ellwood City Riverside, 348.30; 12, Tiffany Melani, South Park, 348.05; 13, Shannon Chambers, Upper Moreland, 327.85; 14, Reilly Diggins, Quaker Valley, 317.75; 15, Erin Donnelly, Southern Lehigh, 316.75; 16, Megan Wurst, West Allegheny, 310.00.

Team scores (top 10): 1, Malvern Villa Maria Academy 220; 2, Nazareth Academy 131; 3, Southern Lehigh 130; 4, Northern York 115; 5, Scranton Prep 101; 6, Gwynedd-Mercy Academy 100; 7, Phoenixville 99; 8, Fairview 95; 9, York Suburban 87; 10, Springfield Twp. 86.