

Donovan leads Wood

By Marty Katz
Sportswriter

With five events remaining, and Archbishop Wood clinging to a four-point lead against visiting St. Hubert in a Philadelphia Catholic League girls' swimming meet last Wednesday, it was time for the Vikings' Megen Donovan to step to center stage.

Three Donovan victories later, the Vikings had their victory, by a 95-75 final tally.

It came as no surprise to Wood coach Charlie Stillwell.

"Megen is probably the best swimmer in the league," Stillwell said.

Donovan, a junior, came through with individual wins in the 500 freestyle and 100 breaststroke as well as an anchor leg victory in the 400 freestyle relay.

Then add the 200 individual medley and the 200 freestyle to the events in which the multitalented Donovan competes.

Last year, Donovan took home the gold medal in the PCL's 500 freestyle championship and has already dropped 10 seconds off her time in that event this season.

"Megen wants to go for the 500 freestyle record this year," Stillwell said. "She works extremely hard. She's a very motivated kid."

Donovan's times in the 500 freestyle and the breaststroke are the best in the PCL, while she ranks a very close second in the IM.

Stillwell believes that the junior phenom could possibly dip below the two minute mark in the 200 freestyle in the very near future, maybe even in the upcoming week.

Donovan's is a story of how great things can happen when talent meshes with motivation.

As a freshman, she barely missed earning All-PCL status in two events.

Not one to be deterred by any losses, Donovan came back stronger as a sophomore and in addition to her 500 freestyle victory, also placed second in the PCL breaststroke championship.

Along with Alyse Davis, Amy Finn and Christina Rios, Donovan makes up Wood's very tough 400 freestyle relay squad.

Donovan's favorite event is the 500 freestyle, a grueling event that tests the swimmer's stamina. To help with that, she has been training with a distance team over the past two years.

The 200 IM — which is truly for the all-around swimmer, as it combines backstroke, butterfly, breaststroke and freestyle — has captured the competitor in Donovan.

"I'm working hard on my butterfly," the junior said. "The breaststroke pulls me through. I'm shakiest in the backstroke. I

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Donovan leads Wood

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need to work hard on technique."

Her coach is thrilled to have someone with Donovan's enthusiasm and work ethic for the sport.

"Megen wants to learn how to do things better," Stillwell said. "She's a nice kid, too."

To look at Donovan, one would not know that she is such a fierce competitor.

"She's skinny as a rail," Stillwell said. "She just kicks everybody's butt."

Wood had a tremendous meet against the Bambis last Wednesday night as Jaclyn Smith finished first in both the 100 and 200 freestyle races, while Davis took top-spot in the 200 IM and Rios captured the 50 freestyle as well as the 100 backstroke events.

The Vikings' 200 -relay quartet of Smith, Davis, Rios and Megan Gannon also took home the gold in their 20-point team-victory.

It was truly a red letter night for Archbishop Wood girls swimming.

Archbishop Wood 95, St. Hubert 75
200 medley relay — St. Hubert (Maria Petrosky, Kelsey Homont, Amanda Spaeder, Jen Salwach) 2:06.00; 200 freestyle—Jaclyn Smith (AW) 2:02.18; 200 IM—Alyse Davis (AW) 2:25.90; 50 freestyle—Christina Rios (AW) 26.29; 100 butterfly—Andrea Parissi (SH) 1:05.37; 100 freestyle—Jaclyn Smith (AW) 56.81; 500 freestyle—Megen Donovan (AW) 5:21.40; 200 relay—Archbishop Wood (Jaclyn Smith, Megan Gannon, Alyse Davis, Christina Rios) 1:49.00; 100 backstroke—Christina Rios (AW) 1:08.31; 100 breaststroke—Megen Donovan (AW) 1:10.53; 400 relay—Archbishop Wood (Alyse Davis, Amy Finn, Christina Rios, Megen Donovan) 4:02.96.

2005-06 BOYS SWIMMING PREVIEW

Archbishop Wood

Coach: Charlie Stillwell (ninth year)

Last year's record: 2-6

Swimmers to watch: Sr. Tom Whelan (breaststroke), Sr. Jim Hurley (breaststroke), Sr. Brendon McGhee (sprint free)

The season: There's quality in individual events but a lack of depth could hurt the Vikings in the Philadelphia Catholic League.

Boys Swimming notebook

By Bill Keen



Veteran **Archbishop Wood** coach Charlie Stillwell has seen swimmers like junior Tim Miller before, athletes who get a late start to scholastic competition yet immediately show their potential in different events.

"Tim started as basically a summer swimmer as a freshman," Stillwell said. "Last season as a sophomore he came out for the team towards the end of the year and had his time in the 100-yard breaststroke down around 1 minute, 10 seconds."

A virus left Miller competing at less than top shape for the team's first Philadelphia Catholic League meet of this season, but he has bounced back and is looking much stronger.

"This year we don't have any freshmen on the squad," the coach said. "Everyone must contribute so it's good to see Tim getting better each day. I watched Tim's stroke today and you can see how he's getting a lot stronger and more consistent with his time."

"I'm really going to be pushing these kids hard in practice for about the next two weeks so they'll all be ready to peak by the end of the season and the PCL championships. I think Tim should be down around 1:07 or 1:08 if not better by then,"

The New Year brings the hope of better things to come, but **Archbishop Wood** has some solid evidence on which to base those expectations.

Saturday at Stroudsburg High School's Winter Swim Classic, Wood was third with 244 points behind East Stroudsburg South (255) and team champion Father Judge (270).

"The guys felt really good with the way they did and this should give them a confidence boost," Vikings coach Charlie Stillwell said.

The 400-yard freestyle relay — Brendon McGhee, David Keller, John Wright and Sean Joyce — finished first in 3 minutes, 45.24 seconds.

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Press poses no problem for Wood's

Some athletes may have a contentious relationship with the press, but that is not the case with Megen Donovan of **Archbishop Wood**. That is because, when she is not setting records in the pool for the Vikings, she is the press.

Donovan is the sports editor of the school paper. She has not written any stories about all her accomplishments, however. "I'm really pretty humble," she said. "I'm not really into focusing attention on myself. I wouldn't write about myself."

That is not to say Donovan, a junior, hasn't created a lot of news the paper could report. In the Stroudsburg Invitation-

al last month, Donovan broke meet records in the 500 freestyle and the 100 breaststroke.

She has the fastest time in the 500 freestyle in the Philadelphia Catholic League this season by a margin of almost eight seconds faster than her nearest competitor, Ryan for fastest 200 IM.

"The coach said college coaches look at the junior year the most when recruiting so I'm glad I'm doing well," said Donovan. "I had a 5:25 last year when I won the PCL (in the 500 freestyle) and I'm already at 5:13. I'm pretty excited to see how the rest of the season goes."

Donovan was a good swimmer

for the Maplewood Swim Club

and Our Lady of Good Counsel's

CYO team (where she was named

the school's scholar-athlete), but

she admits she really did not dedicate herself until the last few years. As a freshman at Wood, she joined the Energy club team in Langhorne coached by Bill Trabosh. The intensity level was something she was not used to.

"At Energy they work you real hard, and when I was a freshman, I wasn't prepared," said Donovan. "But now I'm much more focused on swimming. It used to be just a fun thing when I was younger.

"Bill Trabosh has really worked me hard the last couple of years and I think that's why I've gotten better."

Energy conducts practices in the morning and afternoons six days a week and Donovan regularly attends them even when Wood has practice.

"(Wood coach Charlie Stilwell)

is perfectly OK with me going to their practices; he knows they'll work me hard there," said Donovan. "When I go to the Wood

practice, it is more like a social thing where I can be with my friends, although I have made some good friendships at Energy, too."

Donovan

Girls swimming notebook

By Stuart London



2005-06 GIRLS SWIMMING PREVIEW

Archbishop Wood



Coach: Charlie Stillwell (ninth year)

Last year's record: 5-2

Swimmers to watch: Jr. Jaclyn Smith (backstroke, IM); Jr. Megen Donovan (breaststroke, distances); Soph. Christina Rios (sprints, backstroke); Soph. Amy Finn (butterfly, IM); Sr. Monica Cymerman (sprints).

The season: With only three girls lost to graduation and a good freshman class, led by Alyse Davis, the Vikings should be contenders in the Philadelphia Catholic League.

Honorable mention

SWIMMING

Megen Donovan, Archbishop Wood: Continued her stellar junior season with victories in the 500 freestyle and 100 breaststroke in a win over St. Hubert's.

■ Jaclyn Smith had a big day last Wednesday during Wood's 102-68 win over Gwynedd-Mercy. Smith had two individual event wins, capturing the 200 freestyle and 100 backstroke. The junior also helped lead the 200 medley and 400 freestyle relay teams to wins. Teammate Christina Rios was Smith's equal, joining her on the two relay winners and winning both the 50 freestyle and 100 freestyle herself.

FITLIFE ATHLETES OF THE WEEK

Donovan & Co. winning for Wood

Archbishop Wood is quietly having one of its better seasons, and it has just begun its Philadelphia Catholic League season.

The Vikings traveled Jan. 7 to the Stroudsburg Winter Swim Classic held at East Stroudsburg University and won the team competition with 350.5 points to 329 for Mountain Lakes (N.J.).

"Our whole team is swimming well," said Wood coach Charlie Stilwell.

Megen Donovan broke two meet records at East Stroudsburg, in the 500 freestyle (5:16.50) and 100 breaststroke (1:09.32). Donovan also won the 200 individual medley and teamed with Christina Rios, Jaclyn Smith and Amy Finn to finish second in the 400 freestyle relay.

Smith, in addition, won the 200 freestyle.

Last season, Wood finished third in the PCL behind Archbishop Ryan and Cardinal O'Hara. The way things are looking, they might move up a spot.

Wood fell to Ryan, 100-68, in a dual meet last week, but Smith won the 200 freestyle once again and Donovan triumphed in the 200 IM and 500 freestyle. Smith, Rios, Finn and Donovan also won the 400 freestyle relay by more than 11 seconds.

Girls swimming notebook

By Stuart London



By LEE CIENIAWA
COURIER TIMES

An influx of freshman talent combined with a strong returning sophomore class have given Archbishop Wood a much deeper roster than it had last season.

"The difference this year is the team's a lot deeper," Vikings coach Charlie Stilwell said.

"We have a lot of good freshmen, and the freshmen from last year are really stepping it up. We've got a lot of strong girls."

The Vikings are only 1-1 in dual meets this season, with a win against Gwynedd Mercy and a loss to the team directly ahead of them in the standings, Archbishop Ryan. But the youngsters on the team gave the Vikings a boost in the Winter Swim Classic at Stroudsburg High School on Jan. 7, where Wood finished first in the team competition over eight other schools. Last year, the Vikings finished third in the same tournament.

Sophomores Christina Rios and Amy Finn and freshman Alyse Davis all had strong efforts at Stroudsburg, and junior Jaclyn Smith won the 200 freestyle. Megen Donovan had the best individual showing for the Vikings, not only winning the 500 freestyle and 100 breaststroke, but setting meet records in the process.

"I was surprised that they swam that well [at Stroudsburg]," Stillwell said. "The reason we won is that we were pretty deep. We can give everybody a run for their money. I can't complain with anything they've given me this year."

ARCHBISHOP WOOD 95, ST. HUBERT 75
200-yr. medley relay: 1. SH (Petrosky, Homont, Spaeder, Salwach), 2:06.00; 2. AW, 2:09.14; 3. SH, 2:12.41; 200-yr. freestyle: 1. Jaclyn Smith, AW, 2:02.18; 2. Andrea Parissi, SH, 2:06.50; 3. Rachael Gniias, AW, 2:14.08; 200-yr. individual medley: 1. Alyse Davis, AW, 2:25.90; 2. Bridget Fitzgerald, SH, 2:33.35; 3. Maria Petrosky, SH, 2:35.97; 50-yr. freestyle: 1. Christina Rios, AW, 26.29; 2. Jen Salwach, SH, 28.12; 3. Megan Gannon, AW, 28.24; 100-yr. butterfly: 1. Parissi, SH, 1:05.37; 2. Amy Finn, AW, 1:07.19; 3. Amanda Spaeder, SH, 1:08.68; 100-yr. freestyle: 1. Smith, AW, 56.81; 2. Salwach, SH, 1:02.43; 3. Gannon, AW, 1:03.14; 500-yr. freestyle: 1. Megen Donovan, AW, 5:21.40; 2. Finn, AW, 5:55.21; 3. Gina Montanaro, SH, 6:07.03; 200-yr. freestyle relay: 1. AW (Smith, Gannon, Davis, Rios), 1:49.00; 2. SH, 1:53.75; 3. AW, 1:54.03; 100-yr. backstroke: 1. Rios, AW, 1:08.31; 2. Spaeder, SH, 1:09.44; 3. Petrosky, SH, 1:11.00; 100-yr. breaststroke: 1. Donovan, AW, 1:10.53; 2. Alycia Tranchitela, SH, 1:19.59; 3. SH, 1:19.90; 400-yr. freestyle relay: 1. AW (Davis, Finn, Rios, Donovan), 4:02.96; 2. SH, 4:11.25; 3. AW, 4:18.73.

Archbishop Wood 95, Saint Hubert 75

200-yard medley relay: 1. Saint Hubert (Maria Petrosky, Kelsey Homont, Amanda Spaeder, Jen Salwach), 2:06.00, 2. Wood, 2:08.14, 3. Saint Hubert, 2:12.41; 200 freestyle: 1. Jaclyn Smith (AW), 2:02.18, 2. Andrea Parissi (SH), 2:06.50, 3. Rachael Gniias (SH), 2:14.08; 200 IM: 1. Alyse Davis (AW), 2:25.90, 2. Bridget Fitzgerald (SH), 2:33.35, 3. Petrosky (SH), 2:35.97; 50 freestyle: 1. Christina Rios (AW), 26.29, 2. Salwach (SH), 28.12, 3. Megan Gannon (AW), 28.24; 100 butterfly: 1. Andrea Parissi (SH), 1:05.37, 2. Amy Finn (AW), 1:07.19, 3. Spaeder (SH), 1:08.68; 100 freestyle: 1. Smith (AW), 56.81, 2. Salwach (SH), 1:02.43, 3. Megan Gannon (AW), 1:03.14; 500 freestyle: 1. Megen Donovan (AW), 5:21.40, 2. Finn (AW), 5:55.21; 3. Gina Montanaro (SH), 6:07.03; 200 freestyle relay: 1. Wood (Smith Gannon, Davis, Rios), 1:49.00, 2. Saint Hubert, 1:53.75, 3. Wood, 1:54.03; 100 backstroke: 1. Rios (AW), 1:08.31, 2. Spaeder (SH), 1:09.44, 3. Petrosky (SH), 1:11.00; 100 breaststroke: 1. Donovan (AW), 1:10.53, 2. Alycia Tranchitela (SH), 1:19.59, 3. Homont (SH), 1:19.90; 400 freestyle relay: 1. Wood (Davis, Finn, Rios, Donovan), 4:02.96; 2. Saint Hubert, 4:11.25, 3. Wood, 4:18.73.

Swimmer of the week

Archbishop Wood's Megen Donovan continued her stellar junior season in a 95-75 win over St. Hubert last Wednesday. She won the 500 freestyle by a remarkable 33-second margin, won the 100 breaststroke by nine seconds and was part of the winning 400-freestyle relay team.

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SWIMMING NOTES
AW's depth key factor to success

Wood rallies past Father Judge

By Marty Katz
Sportswriter

Right at the heart of Archbishop Wood's exciting Philadelphia Catholic League come-from-behind 88-82 boys swimming victory over visiting Father Judge last Wednesday night were the performances of two seniors who have proven that hard work, patience and four years of steady improvement can lead to great individual and team success when nurtured properly.

Tom Whelan and Jim Hurley have both moved into the heart of their final seasons as Vikings' swimmers with great confidence regarding what they have already accomplished, as well as the potentially great things that the next two months may bring.

With the Vikings trailing Judge 72-68 and only two events remaining, Hurley captured first place in the 100 breaststroke in 1:06.87, with Whelan running second — just a shade over one second behind. The 10 points garnered by these two sent the Vikes into the lead, which they maintained with a victory in the meet's final event, the 400 freestyle relay.

Of course, Hurley and anchor man Whelan played a major role in the meet's decisive race, as they — along with Brendon McGhee and Sean Joyce — swam to victory in 3:37.43, 1.54 seconds better than Judge's foursome of Nick Montenaro, Brian

Quigley, Shawn Mitkus and Matt Hanner.

Whelan is strongest individually in the breaststroke and sprint freestyle events, finishing run-up in last year's PCL 100 breaststroke championship. Named to the All-Catholic team as both a sophomore and junior, Whelan — according to coach Charlie Stillwell — has tremendous ability.

"Far and way, Tom has the most talent on our team," Stillwell said.

Whelan has followed in the footsteps of his older brother, Kevin, who was a senior during Tom's freshman year.

Kevin Whelan holds the Wood breaststroke record that Tom is pushing hard to break. "Tom works very hard in practice," Stillwell said. "That would be something if Tom broke his brother's record."

Whelan — whose favorite

event is the breaststroke — keeps it simple, using Stillwell as his lone instructor.

Earlier in the meet with Judge, Whelan, also a Wood lacrosse standout, captured the 50 freestyle, in 24.34.

Amazingly, Whelan had a bout with mononucleosis around Christmastime and has only recently overcome the after-effects of the disease.

"I'm just getting over it," the senior said.

To improve in the pool, Whelan started weight training

last year.

"I've been working hard," said Whelan.

Jim Hurley is a highly versatile swimmer, participating along the way in the breaststroke, individual medley, butterfly and sprint relays.

Four years ago, it was unlikely that Hurley would become such a major force for the Vikings.

"When Jim was a freshman, he had never swum on a year-round basis," Stillwell said. "He didn't really know how to swim (as a championship-style swimmer)."

So much has changed for Hurley, who has improved tremendously every year. In fact, this winter alone, Hurley's butterfly time has dropped three seconds since the start of the season.

"Jim is so strong in the water," Stillwell said. "He just goes really fast."

As a junior, Hurley wasn't expected to do much.

"Last year, he came out of nowhere," Stillwell said.

In fact, as a junior, Hurley dropped almost five full seconds off his breaststroke time and almost made All-Catholic at the PCL championships.

Hurley really enjoys what he is doing.

"The season's going by too fast," he said. "I've improved my stroke, my turns and my technique."

Hurley, whose favorite event is the 100 butterfly — in which he took home a victory against Judge — credits his improvement to the entire Wood coaching staff.

"The coaches help me out a lot," Hurley said.

Just the Facts

Keen's Top 5

1. North Penn
2. Germantown Academy
3. Souderton
4. Central Bucks South
5. Upper Moreland

Meets to watch

- There is an SOI National Conference meet of note today at 3:45 p.m. when North Penn visits Neshaminy.
- Saturday and Sunday, Archbishop Wood and Lansdale Catholic have a chance to see how they do against some of the nation's top Parochial teams in the National Catholic Swimming Championships at Villanova University.

Recently, the senior has been competing in the grueling 200 individual medley, which combines backstroke, butterfly, breaststroke and freestyle.

"That's really tough," Hurley said. "I'm still working on that one."

Other individual Wood victories last Wednesday night were achieved by Joyce, in the 500 freestyle and David Keller in the 100 backstroke.

Keller, Whelan, Hurley and Brendon McGhee won the 200 medley relay while John Wright, Ron McIntire, Timothy Miller and Keller captured the 200 freestyle relay in the victory over Judge.

Steady improvement got the job done for Wood.

Archbishop Wood 88, Father Judge 82

200 medley relay — Archbishop Wood (David Keller, Thomas Whelan, James Hurley, Brendon McGhee) 1:48.28; 200 freestyle — Kevin Ozimkiewicz (F.J.) 2:05.68; 200 IM — Matt Hanner (F.J.) 2:15.25; 50 freestyle — Tomas Whelan (AW) 24.34; 100 butterfly — James Hanner (AW) 1:00.26; 100 freestyle — Matt Hanner (F.J.) 52.21; 500 freestyle relay — Archbishop Wood (John Wright, Ron McIntire, Timothy Miller, David Keller) 1:42.62; 100 backstroke — James Hurley (AW) 1:06.87; 400 freestyle relay — Archbishop Wood (Brendon McGhee, James Hurley, Sean Joyce, Thomas Whelan) 3:37.43.

Girls swimming

ARCHBISHOP WOOD 102,
GWYNEDD MERCY ACADEMY 68

200-yd. medley relay: 1. AW (Jaclyn Smith, Megen Donovan, Amy Finn, Christina Rios), 2:00.25; 2. GMA, 2:03.62; 3. AW, 2:09.07. 200-yd. freestyle: 1. Smith, AW, 2:06.25; 2. McNulty, GMA, 2:16.31; 3. Grias, AW, 2:17.53. 200-yd. individual medley: 1. Alyse Davis, AW, 2:25.76; 2. Lawn, GMA, 2:30.97; 3. Cook, AW, 2:38.62. 50-yd. freestyle: 1. Rios, AW, 26.52; 2. Sivek, GMA, 27.32; 3. Pavlik, GMA, 28.44. 100-yd. butterfly: 1. Finn, AW, 1:07.25; 2. Lawn, GMA, 1:08.13; 3. Santare, GMA, 1:17.57. 100-yd. freestyle: 1. Rios, AW, 59.08; 2. Gillies, GMA, 1:00.72; 3. Sharon Racine, AW, 1:02.50. 500-yd. freestyle: 1. Donovan, AW, 5:21.09; 2. Finn, 6:06.47; 3. Pavlik, GMA, 6:10.94. 200-yd. freestyle relay: 1. GMA (Lawn, McNulty, Santaron, Sivek), 1:54.31; 2. AW, 1:54.34; 3. AW, 1:57.00. 100-yd. backstroke: 1. Smith, AW, 1:06.05; 2. Gillies, GMA, 1:07.91; 3. Amanda Horlacher, AW, 1:13.32. 100-yd. breaststroke: 1. Donovan, AW, 1:10.03; 2. Davis, AW, 1:18.22; 3. Kristiniak, GMA, 1:18.35. 400-yr. freestyle relay: 1. AW (Rios, Smith, Davis, Donovan), 4:00.13; 2. GMA, 4:16.66; 3. AW, 4:22.25.

Archbishop Wood 102, Gwynedd-Mercy 68

200-yard medley relay: 1. AW (Jaclyn Smith, Megen Donovan, Amy Finn, Christina Rios), 2:00.25; 2. GMA, 2:03.62; 3. AW, 2:09.07. 200 freestyle: 1. Smith (AW) 2:06.25; 2. McNulty (GMA), 2:16.31; 3. Grias (AW), 2:17.53. 200 IM: 1. Alyse Davis (AW), 2:25.76; 2. Lawn (GMA), 2:30.97; 3. Cook (AW), 2:38.62. 50 freestyle: 1. Rios (AW), 26.52; 2. Sivek (GMA), 27.32; 3. Pavlik (GMA), 28.44. 100 butterfly: 1. Finn (AW), 1:07.25; 2. Lawn (GMA), 1:08.13; 3. Santare (GMA), 1:17.57. 100 freestyle: 1. Rios (AW), 59.08; 2. Gillies (GMA), 1:00.72; 3. Sharon Racine (AW), 1:02.50. 500 freestyle: 1. Donovan (AW), 5:21.09; 2. Finn (AW), 6:06.47; 3. Pavlik (GMA), 6:10.94. 200 freestyle relay: 1. GMA (Lawn, McNulty, Santaron, Sivek), 1:54.31; 2. AW, 1:54.34; 3. AW, 1:57.00. 100 backstroke: 1. Smith (AW), 1:06.05; 2. Gillies (GMA), 1:07.91; 3. Amanda Horlacher (AW), 1:13.32. 100 breaststroke: 1. Donovan (AW), 1:10.03; 2. Davis (AW), 1:18.22; 3. Kristiniak (GMA), 1:18.35. 400 freestyle relay: 1. AW (Rios, Smith, Davis, Donovan), 4:00.13; 2. GMA, 4:16.66; 3. AW, 4:22.25.

Girls swimming

Archbishop Wood 102, Gwynedd Mercy 68—The Vikings dominated Gwynedd-Mercy in a non-league meet last Wednesday. Jaclyn Smith won the 200 freestyle and the 100 backstroke to pace Wood.

200 medley relay—Archbishop Wood (Jaclyn Smith, Megan Donovan, Amy Finn, Christina Rios), 2:00.25; 200 freestyle—Smith (AW) 2:06.25; 200 individual medley—Alyse Davis (AW) 2:25.76; 50 freestyle—Rios (AW) 26.52; 100 butter fly—Finn (AW) 1:07.25; 500 freestyle—Donovan (AW) 5:21.09; 200 freestyle relay—Gwynedd Mercy (Lawn, McNulty, Santaron, Sivek), 1:54.31; 100 backstroke—Smith (AW) 1:06.05; 100 breaststroke—Donovan (AW) 1:10.03; 400 freestyle relay—Archbishop Wood (Rios, Smith, Davis, Donovan), 4:00.13

Archbishop Ryan 100, Archbishop Wood 68
(at Archbishop Wood)

200-yard medley relay: 1. AR (Sarah Kuhn, Stephanie Zielinski, Christine Swiker, Kim Krzaczak), 1:55.59; 2. AW, 1:59.19; 3. AR, 2:02.18; 200 freestyle: 1. Bridget Hennessey, AR, 2:03.00; 2. Laura Mastrangelo, AR, 2:03.71; 3. Jaclyn Smith (AW), 2:03.75; 200 IM: 1. Christina Swiker (AR), 2:14.84; 2. Megen Donovan (AW), 2:14.90; 3. Alyse Davis (AW), 2:25.00; 50 freestyle: 1. Zielinski, AR, 25.53; 2. Christina Rios, AW, 26.19; 3. Allison Chardio, AR, 26.59; 100 butterfly: 1. Swiker, AR, 1:03.34; 2. Jessica Hemmingway, AR, 1:04.25; 3. Smith, AW, 1:05.06; 100 freestyle: 1. Zielinski, AR, 1:57.90; 2. Mastrangelo, AR, 1:58.16; 3. Chardio, AR, 1:58.62; 500 freestyle: 1. Donovan, AW, 5:24.75; 2. Hennessey, AR, 5:31.91; 3. Kelley Williams, AR, 5:43.75; 200 freestyle relay: 1. AR (Mastrangelo, Hemmingway, Krzaczak, Hennessey), 1:49.81; 2. AW, 1:51.84; 3. AR, 1:52.86; 100 backstroke: 1. Sarah Kuhn, AR, 1:04.43; 2. Rios, AW, 1:06.97; 3. Bridget Dwyer, AR, 1:08.63; 100 breaststroke: 1. Kim Krzaczak (AR), 1:13.18; 2. Alyse Davis (AW), 1:14.88; 3. Devon Reed (AR), 1:20.09; 400 freestyle relay: 1. AW (Smith, Amy Finn, Rios, Donovan), 3:53.09; 2. AW, 4:22.98; 3. AR, DQ.

Archbishop Ryan 100, Archbishop

Wood 68 — The host Vikings received an individual victory from Megan Donovan in the 500 freestyle as well as strong second place finishes from 50 yard freestyler Christina Zielinski, Christina Rios in the 100 backstroke, Alyse Davis in the 100 breaststroke and from Donovan in the 200 individual medley but still fell to Ryan in a Philadelphia Catholic League Northern Division meet last Wednesday.

Archbishop Ryan 100, Archbishop Wood
68

200 medley relay — Archbishop Ryan (Sarah Kuhn, Christine Swiker, Stephanie Zielinski, Kim Krzaczak) 1:55.59; 200 freestyle — Bridget Hennessey (AR) 2:03.00; 200 IM — Christine Swiker (AR) 2:14.84; 50 freestyle — Stephanie Zielinski (AR) 25.53; 100 butterfly — Christine Swiker (AR) 1:03.34; 100 freestyle — Stephanie Zielinski (AR) 57.90; 500 freestyle — Megan Donovan (AW) 5:24.75; 200 freestyle relay — Archbishop Ryan (Laura Mastrangelo, Kim Krzaczak, Jessica Hemmingway, Bridget Hennessey) 1:49.81; 100 backstroke — Sarah Kuhn (AR) 1:04.43; 100 breaststroke — Kim Krzaczak 1:13.18; 400 freestyle relay — Archbishop Wood (Jaclyn Smith, Christina Rios, Amy Finn, Megan Donovan) 3:53.09.

ARCHBISHOP WOOD 100, ARCHBISHOP RYAN 68

Wednesday

200 medley relay: 1. AR (Sarah Kuhn, Stephanie Zielinski, Christine Swiker, Kim Krzaczak), 1:55.59; 2. AW, 1:59.19; 3. AR, 2:02.18; 200 freestyle: 1. Bridget Hennessey, AR, 2:03.00; 2. Laura Mastrangelo, AR, 2:03.71; 3. Jaclyn Smith (AW), 2:03.75; 200 IM: 1. Christina Swiker (AR), 2:14.84; 2. Megen Donovan (AW), 2:14.90; 3. Alyse Davis (AW), 2:25.00; 50 freestyle: 1. Zielinski, AR, 25.53; 2. Christina Rios, AW, 26.19; 3. Allison Chardio, AR, 26.59; 100 butterfly: 1. Swiker, AR, 1:03.34; 2. Jessica Hemmingway, AR, 1:04.25; 3. Smith, AW, 1:05.06; 100 freestyle: 1. Zielinski, AR, 1:57.90; 2. Mastrangelo, AR, 1:58.16; 3. Chardio, AR, 1:58.62; 500 freestyle: 1. Donovan, AW, 5:24.75; 2. Hennessey, AR, 5:31.91; 3. Kelley Williams, AR, 5:43.75; 200 freestyle relay: 1. AR (Mastrangelo, Hemmingway, Krzaczak, Hennessey), 1:49.81; 2. AW, 1:51.84; 3. AR, 1:52.86; 100 backstroke: 1. Sarah Kuhn, AR, 1:04.43; 2. Rios, AW, 1:06.97; 3. Bridget Dwyer, AR, 1:08.63; 100 breaststroke: 1. Krzaczak, AR, 1:13.18; 2. Davis, AW, 1:14.86; 3. Devon Reed, AR, 1:20.09; 400 freestyle relay: 1. AW (Smith, Amy Finn, Rios, Donovan), 3:53.09; 2. AW, 4:22.98; 3. AR, 3:49.12.

Archbishop Wood 97, Little Flower 63

200-yard medley relay: 1. Little Flower (Branin Rayner, Ali McCrossin, Emily Thomas, Amy Lees), 2:12.36; 2. Wood, 2:27.34; 3. Wood, 2:29.60; 200 freestyle: 1. Laura Nelling (AW), 2:34.98; 2. Laura Lutz (AW), 2:37.50; 3. Kellina Keown (AW), 2:38.26; 200 IM: 1. Jaclyn Smith (AW), 2:26.59; 2. Christina Rios (AW), 2:28.90; 3. Rayner (LF), 2:41.41; 50 freestyle: 1. Rayner (LF), 29.11; 2. Emily Ruzicka (AW), 29.13; 3. Sinead Donnelly (LF), 30.26; 100 butterfly: 1. Thomas (LF), 1:08.54; 2. Bridget Gannon (AW), 1:11.38; 3. Sharon Racine (AW), 1:15.09; 100 freestyle: 1. Lees (LF), 1:05.97; 2. Lutz (AW), 1:08.53; 3. Megan Basgil (AW), 1:12.21; 500 freestyle: 1. MariKate Cook (AW), 6:43.14; 2. Elizabeth Bredin (AW), 7:07.75; 3. Christine Morley (AW), 7:40.06; 200 freestyle relay: 1. Wood (Donovan, Rios, Davis, Smith), 1:50.45; 2. Wood, 2:05.69; 3. Wood, 2:12.44; 100 backstroke: 1. Rayner (LF), 1:14.22; 2. Jessica Rios (AW), 1:16.00; 3. Bredin (AW), 1:23.60; 100 breaststroke: 1. Erin Olszak (AW), 1:20.45; 2. Christina Rios (AW), 1:20.53; 3. McCrossin (LF), 1:31.49; 400 freestyle relay: 1. Little Flower (Lees, McCrossin, Rayner, Thomas), 4:29.52.

Girls swimming

ARCHBISHOP WOOD 97, LITTLE FLOWER 63

200-yr. medley relay: 1. LF (Rayner, McCrossin, Thomas, Lees), 2:12.36; 2. AW, 2:27.34; 3. AW, 2:29.60; 200-yr. freestyle: 1. Laura Nelling, AW, 2:34.98; 2. Laura Lutz, AW, 2:37.50; 3. Kellina Keown, AW, 2:38.26; 200-yr. individual medley: 1. Jaclyn Smith, AW, 2:26.59; 2. Christina Rios, AW, 2:28.90; 3. Branin Rayner, LF, 2:41.41; 50-yr. freestyle: 1. Rayner, LF, 29.11; 2. Emily Ruzicka, AW, 29.13; 3. Sinead Donnelly, LF, 30.26; 100-yr. butterfly: 1. Emily Thomas, LF, 1:08.54; 2. Bridget Gannon, AW, 1:11.38; 3. Sharon Racine, AW, 1:15.09; 100-yr. freestyle: 1. Amy Lees, LF, 1:05.97; 2. Lutz, AW, 1:08.53; 3. Megan Basgil, AW, 1:12.21; 500-yr. freestyle: 1. MariKate Cook, AW, 6:43.14; 2. Elizabeth Bredin, AW, 7:07.75; 3. Christine Morley, AW, 7:40.06; 200-yr. freestyle relay: 1. AW (Donovan, Rios, Davis, Smith), 1:50.45; 2. AW, 2:05.69; 3. LF, 2:16.55; 100-yr. backstroke: 1. Rayner, LF, 1:14.22; 2. Jessica Rios, AW, 1:16.00; 3. Bredin, AW, 1:23.60; 100-yr. breaststroke: 1. Erin Glazak, AW, 1:20.45; 2. C.Rios, AW, 1:20.53; 3. Ali McCrossin, LF, 1:31.49; 400-yr. freestyle relay: 1. LF (Lees, McCrossin, Rayner, Thomas), 4:29.52.

Monsignor Bonner 94, Archbishop Wood 70
(at Monsignor Bonner)

200-yard medley relay: 1. MB (English, Pace, Farrell, Huf), 1:50.57; 2. AW, 1:59.53; 3. MB, 1:59.99;
200 freestyle: 1. Thomas Whelan (AW), 2:00.79; 2. Dan McDevitt (MB), 2:04.36; 3. Sean Joyce (AW), 2:05.59; **200 IM:** 1. Dan English (MB), 2:15.65; 2. Pat McDevitt (MB) 2:16.25; 3. James Hurley (AW), 2:17.42; **50 freestyle:** 1. Brendon McGhee (AW), 25.47; 2. John Wright (AW), 25.50; 3. Myles Huf (MB), 25.72; **100 butterfly:** 1. Josh Pace (MB), 1:00.18; 2. Sean Joyce (AW), 1:04.94; 3. Bob Horn (MB), 1:07.69; **100 freestyle:** 1. Pete Farrell (MB), 52.90; 2. Dan McDevitt (MB), 55.98; 3. David Keller (AW) 57.62; **500 freestyle:** 1. Ryan Buck (MB), 5:54.42; 2. Bob Lamb (MB), 6:09.30; 3. Ian Baxter (MB), 6:13.16; **200 freestyle relay:** 1. MB (English, McDevitt, McDevitt, Farrell), 1:39.02; 2. AW, 1:40.09; 3. MB, 1:49.47; **100 backstroke:** 1. Dan English (MB), 1:03.19; 2. Pat McDevitt (MB), 1:03.92; 3. Bob Horn (MB), 1:09.43; **100 breaststroke:** 1. Thomas Whelan (AW), 1:06.74; 2. James Hurley (AW), 1:10.23; 3. Josh Pace (MB), 1:11.31; **400 freestyle relay:** 1. AW (McGhee, McIntire, Wright, Maher), 3:52.56.

Records: AW (0-2)

Monsignor Bonner 94, Archbishop Wood 70

The visiting Vikings received two individual victories from Thomas Whelan and one from Brendon McGhee in their Monday afternoon loss to the rugged Friars.

200 medley relay—Monsignor Bonner (English, Pace, Farrell, Huf) 1:50.57; 200 freestyle—Thomas Whelan (AW) 2:00.79; 200 individual medley—Dan English (MB) 2:04.36; 50 freestyle—Brendon McGhee (AW) 25.47; 100 butterfly—Josh Pace (MB) 1:00.18; 100 freestyle—Pete Farrell (MB) 52.90; 500 freestyle—Buck Ryan (MB) 5:54.42; 200 freestyle relay—Monsignor Bonner (English, McDevitt, McDevitt, Farrell) 1:39.02; 100 backstroke—Dan English (MB) 1:03.19; 100 breaststroke—Thomas Whelan (AW) 1:06.74; 400 free relay—Archbishop Wood (McGhee, Joyce, McIntire, Whelan) 3:52.56.

LA SALLE 58, ARCHBISHOP WOOD 33
200 medley relay: 1. LS (DiFranco, Szyszko, Wills, Gallagher), 1:43.51; 2. LS, 1:50.20; 3. AW, 2:00.2. 200 freestyle: 1. Ben Dearden, LS, 1:50.61; 2. Brian Jeffers, LS, 1:56.91; 3. Brendon McGhee, AW, 2:09.0. 200 individual medley: 1. Eric Prendergast, LS, 2:07.99; 2. Greg Woods, LS, 2:08.15; 3. James Hurley, AW, 2:20.24. 50 freestyle: 1. Chris Driscoll, LS, 23.31; 2. Thomas Whelan (AW), 23.82; 3. Vince Levito, (LS), 24.17. 100 butterfly: 1. Paul Bonnevie (LS), 59.46; 2. Ian Smith (LS), 1:01.78; 3. James Hurley (AW), 1:05.57. 100 freestyle: 1. Garrett Gallagher (LS), 50.55; 2. John Holt (LS), 51.69; 3. Brendon McGhee (AW), 58.51. 500 freestyle: 1. Mike McGee (LS), 5:16.14; 2. Ed Bonnevie (LS), 5:20.27; 3. Sean Joyce (AW), 6:04.35. **200 freestyle relay:** 1. LS (Gallagher, Holt, Winning, Bonnevie), 1:36.91; 2. LS, 1:39.12; 3. AW, 1:44.92. **100 backstroke:** 1. Nick Hillman, AW, 1:14.94; 2. Kyle Atras, AW, 1:28. 100 breaststroke: 1. Thomas Whelan, AW, 1:04.90; 2. Timothy Miller, AW, 1:14.19. **400 freestyle relay:** 1. AW (McGhee, Joyce, Hurley, Whelan), 4:00.17; 2. AW, 4:36.14.

La Salle 58, Archbishop Wood 33 (at La Salle)

200 medley relay: 1. LS (DiFranco, Szyszko, Wills, Gallagher), 1:43.51; 2. LS, 1:50.20; 3. AW, 2:00.2. **200 freestyle:** 1. Ben Dearden (LS) 1:50.61; 2. Brian Jeffers (LS), 1:56.91; 3. Brendon McGhee (AW), 2:09.0. **200 IM:** 1. Eric Prendergast (LS), 2:07.99; 2. Greg Woods (LS), 2:08.15; 3. James Hurley (AW), 2:20.24. **50 freestyle:** 1. Chris Driscoll (LS), 23.31; 2. Thomas Whelan (AW), 23.82; 3. Vince Levito, (LS), 24.17. **100 butterfly:** 1. Paul Bonnevie (LS), 59.46; 2. Ian Smith (LS), 1:01.78; 3. James Hurley (AW), 1:05.57. **100 freestyle:** 1. Garrett Gallagher (LS), 50.55; 2. John Holt (LS), 51.69; 3. Brendon McGhee (AW), 58.51. **500 freestyle:** 1. Mike McGee (LS), 5:16.14; 2. Ed Bonnevie (LS), 5:20.27; 3. Sean Joyce (AW), 6:04.35. **200 freestyle relay:** 1. LS (Gallagher, Holt, Winning, Bonnevie), 1:36.91; 2. LS, 1:39.12; 3. AW, 1:44.92. **100 backstroke:** 1. Nick Hillman (AW), 1:14.94; 2. Kyle Atras (AW), 1:28. **100 breaststroke:** 1. Thomas Whelan (AW), 1:04.90; 2. Timothy Miller (AW), 1:14.19. **400 freestyle relay:** 1. AW (McGhee, Joyce, Hurley, Whelan), 4:00.17; 2. AW, 4:36.14.

Roman Catholic 91, Archbishop Wood 77

200-yard medley relay: 1. Roman Catholic (Andrew Gillespie, Lou Konrad, Mark Glinski, Rich Presel), 1:50.22; 2. Archbishop Wood, 1:52.94; 3. Roman Catholic, 2:00.06; **200 freestyle:** 1. Rich Mahan, III (RC), 2:03.48; 2. Sean Joyce (AW), 2:04.17; 3. David Keller (AW), 2:10.52; **200 individual medley:** 1. Glinski (RC), 2:11.00; 2. Gillespie (RC), 2:11.71; 3. James Hurley (AW), 2:18.45; **50 freestyle:** 1. Presel (RC), 25.10; 2. Konrad (RC), 25.28; 3. John Wright (AW), 25.73; **100 butterfly:** 1. Glinski (RC), 59.15; 2. Presel (RC), 1:03.13; 3. Hurley (AW), 1:03.67; **100 freestyle:** 1. Tom Whalen (AW), 54.28; 2. Konrad (RC), 55.15; 3. Brendon McGhee (AW), 56.83; **500 freestyle:** 1. Avery Sheridan (RC), 5:45.38; 2. Joyce (AW), 5:57.05; 3. Andrew Thum (RC), 6:05.74; **200 freestyle relay:** 1. Roman Catholic (Konrad, Presel, Glinski, Gillespie), 1:40.30; 2. Archbishop Wood, 1:44.88; 3. Roman Catholic, 1:47.93; **100 backstroke:** 1. Gillespie (RC), 59.81; 2. Keller (AW), 1:05.80; 3. Kerrin Brown (RC), 1:06.12; **100 breaststroke:** 1. Whalen (AW), 1:10.36; 2. Tim Miller (AW), 1:15.16; 3. Ryan Lownes (RC), 1:17.13; **400 freestyle relay:** 1. Archbishop Wood (John Wright, Ron McIntire, Keller, Joyce), 4:01.42; 2. Archbishop Wood, 4:32.11.

ROMAN CATHOLIC 91, ARCHBISHOP WOOD 77

200-yard medley relay: 1. RC (Gillespie, Konrad, Glinski, Presel), 1:50.22; 2. AW, 1:52.94; 3. RC, 2:00.06; 200-yd. freestyle: 1. Rich Mahan, III, RC, 2:03.48; 2. Sean Joyce, AW, 2:04.17; 3. David Keller, AW, 2:10.62; 200-yd. individual medley: 1. Mark Glinski, RC, 2:11.0; 2. 50-yd. freestyle: 1. Rich Presel, RC, 25.10; 2. Andrew Gillespie, RC, 25.28; 3. John Wright, AW, 25.73; 100-yd. butterfly: 1. Glinski, RC, 59.15; 2. Presel, RC, 1:03.13; 3. Hurley, AW, 1:03.67; 100-yd. freestyle: 1. Thomas Whalen, AW, 54.28; 2. Konrad, RC, 55.15; 3. McGhee, AW, 56.83; 500-yd. freestyle: 1. Sheridan, RC, 5:45.38; 2. Joyce, AW, 5:57.05; 3. Thum, RC, 6:05.74; 200-yd. relay: 1. RC (Konrad, Presel, Glinski, Gillespie), 1:40.30; 2. AW, 1:44.88; 3. RC, 1:47.93; 100-yd. backstroke: 1. 1. Gillespie, AW, 59.81; 2. Keller, AW, 1:05.80; 3. Brown, RC, 1:06.12; 100-yd. breaststroke: 1. Whalen, AW, 1:10.36; 2. Timothy Miller, AW, 1:15.16; 3. Lownes, RC, 1:17.13; 400-yd. relay: 1. AW (Wright, McIntire, Keller, Joyce), 4:01.42; 2. AW, 4:32.11.

Boys swimming

Roman Catholic 91, Archbishop

Wood 77—The Vikings lost a close Philadelphia Catholic League Tuesday meet to Roman. Thomas Whelan won two races for Wood, including the 100 freestyle and 100 breastroke. John Wright, Miller McIntire, David Keller and Sean Joyce formed Wood's winning foursome in the 400 freestyle relay.

Roman Catholic 91, Archbishop Wood 77

200 medley relay—Roman Catholic (Andrew Gillespie, Lou Konrad, Mark Glinski, Rich Presel) 1:50.22; 200 freestyle—Rich Mahan III (RC) 2:03.48; 200 IM—Mark Glinski (RC) 2:11.00; 50 freestyle—Rich Presel (RC) 25.10; 100 butterfly—Mark Glinski (RC) 59.15; 100 freestyle—Thomas Whelan (AW) 54.28; 500 freestyle—Avery Sheridan (RC) 5:45.38; 200 free relay—Roman Catholic (Lou Konrad, Rich Presel, Mark Glinski, Andrew Gillespie) 1:40.30; 100 backstroke—Andrew Gillespie (RC) 59.81; 100 breastroke—Thomas Whelan (WT) 1:10.36; 400 freestyle relay—Archbishop wood (John Wright, Miller McIntire, David Keller, Sean Joyce) 4:01.42.

ARCHBISHOP WOOD 88, FATHER JUDGE 82

200-yd. medley relay: 1. AW (Keller, Whelan, Hurley, McGhee), 1:48.28; 2. FJ, 1:48.56; 3. AW, 1:58.49; 200-yd. freestyle: 1. Kevin Ozimkiewicz, FJ, 2:05.68; 2. Nick Montanaro, FJ, 2:07.88; 3. John Wright, AW, 2:10.30; 200-yd. individual medley: 1. Matt Harner, FJ, 2:15.25; 2. Bob McDowell, FJ, 2:25.41; 3. David Keller, AW, 2:25.90; 50-yd. freestyle: 1. Thomas Whelan, AW, 24.34; 2. Dan Zielinski, FJ, 24.78; 3. Brendon McGhee, AW, 24.89; 100-yd. butterfly: 1. James Hurley, AW, 1:00.28; 2. Tom Rowan, FJ, 1:01.22; 3. Brian Quigley, FJ, 1:02.66; 100-yd. freestyle: 1. Harner, FJ, 52.21; 2. McGhee, AW, 54.59; 3. Wright, AW, 57.69; 500-yd. freestyle: 1. Sean Joyce, AW, 5:44.00; 2. Ozimkiewicz, FJ, 5:50.28; 3. Montanar, FJ, 5:51.13; 200-yd. freestyle relay: 1. AW (Wright, McIntire, Miller, Keller), 1:42.62; 2. FJ, 1:44.44; 3. FJ, 1:45.63; 100-yd. backstroke: 1. Keller, AW, 1:04.18; 2. Zielinski, FJ, 1:05.66; 3. Nick Moore, FJ, 1:08.94; 100-yd. breaststroke: 1. Hurley, AW, 1:06.87; 2. Whelan, AW, 1:08.03; 3. Ozimkiewicz, FJ, 1:12.66; 400-yd. freestyle relay: 1. AW (McGhee, Hurley, Joyce, Whelan), 3:37.43; 2. FJ, 3:38.97; 3. FJ, 3:55.37.

ST. JOE'S PREP 122, ARCHBISHOP WOOD 48

200-yd. medley relay: 1. SJP (O'Donnell, Belacane, Mahon, Russom), 1:47.91; 2. AW, 1:52.14; 3. SJP, 1:57.51; 200-yd. freestyle: 1. James McGlone, SJP, 1:57.12; 2. James Hurley, AW, 2:01.62; 3. John McGrath, SJP, 2:02.36; 200-yd. individual medley: 1. Chris Smith, SJP, 2:13.52; 2. Colin Francesco, SJP, 2:13.63; 3. Ryan Belacanech, SJP, 2:15.03; 50-yd. freestyle: 1. Thomas Whelan, AW, 24.52; 2. McGrath, SJP, 24.59; 3. Nelson Russom, SJP, 24.68; 100-yd. butterfly: 1. Carey O'Donnell, SJP, 57.11; 2. Greg Mahon, SJP, 57.53; 3. Mike Gordon, SJP, 1:02.72; 100-yd. freestyle: 1. Francesco, SJP, 53.74; 2. Smith, SJP, 53.87; 3. Hurley, AW, 54.25; 500-yd. freestyle: 1. David Keller, AW, 5:43.44; 2. Ted Warren, SJP, 5:44.11; 3. Daniel Pierson, SJP, 5:55.21; 200-yd. freestyle relay: 1. SJP (Mahon, McGlone, Fenningham, Mahon), 1:35.00; 2. AW, 1:38.65; 3. SJP, 1:43.62; 100-yd. backstroke: 1. Pierson, SJP, 1:04.55; 2. John Sabedra, SJP, 1:07.51; 3. Keller, AW, 1:08.19; 100-yd. breaststroke: 1. Belacanech, SJP, 1:05.98; 2. Whelan, AW, 1:06.72; 3. Eric Hager, SJP, 1:11.84; 400-yd. freestyle relay: 1. SJP (McGlone, O'Donnell, Fenningham, Mahon), 3:29.84; 2. SJP, 3:49.16; 3. AW, 3:1.22.