## Athletes of the Week

• Who he is: Thomas Whelan is a junior on the Archbishop Wood boys' swimming team.

• What he did: Whelan recorded the Vikings' boys' team's top individual finish with his second place time of 1:02.12 in the 100 breast-stroke. Whelan, who swam a best time in his qualifying race at Widener University on Saturday, lost by .64 to Father Judge's Matt Harner in the finals at LaSalle University's Kirk Natatorium on Sunday. He also swam on a pair of Wood relay teams that finished in the top-six.

• What he said: "I think I swam well," said Whelan. "I think the excitement of swimming in the sec-



THOMAS WHELAN

ond day really helped me. I was really pumped up to swim that race."

• What his coach said: "I thought he was fantastic this weekend," said coach Charlie Stillwell. "His

brother won the event two years ago and he has really been focused on trying to follow in his footsteps. He keeps improving year after year and I expect nothing less from him in the future."

• Who she
is: Megan
Donovan is a
sophomore
swimmer on
the
Archbishop
Wood girls'
swimming
team.

• What she did: Donovan took



DONOVAN

first place in the 500 freestyle at the Philadelphia Catholic League swimming championships on Sunday at LaSalle University's Kirk Natatorium.

She swam a time of 5:25.53 for first in the 500 and went 1:11.66 to take fourth in the 100 breaststroke.

Donovan also swam on two of Wood's relay teams that finished in the top three places.

• What she said: "I was seventh in both my events last year so I was happy that I was able to come back and be all-Catholic in both this year," said Donovan. "I was pretty happy with my swim in the 500. I went out a little too fast and started to slow up at the end but it ended up working out well."

• What her coach said: "As soon as she came into practice this season you could tell her freestyle had just taken off," said Wood coach Charlie Stillwell. "She has just been dominant in the event this year. She hasn't lost a 500 freestyle race all year."

## **SWIMMING NOTES**

## GS, AW set for Eastern competition

By KAREN SANGILLO COURIER TIMES

The Eastern
Interscholastic Swimming
and Diving competition will
be held Friday and
Saturday at La Salle
University's Kirk
Natatorium.

George School and Archbishop Wood will be sending swimmers to the meet

George School has four girls swimming in individual events. They are Gioia DiMicco, Caroline Marris, Clare Nakajima and Tenley Fread. The girls are also entered in the 200 medley relay and 200 freestyle relay.

George School boys who will be competing in individual events are Ben Goldberg, Mike Halpin, Seth Kallen, Sean Rigby and Luke Sacherman. The boys are also entered in the 200 medley and 400 freestyle relays.

For Wood, Sean Joyce, Jim Hurley, Billy Langlois, Tom Whelan, Brendon McGhee, John Wright, Dave Keller, Dave Zerumski and Tim Miller will be competing in individual events for the boys. The boys are also entered in the 200 medley relay, 200 freestyle relay and 400 freestyle relay.

Wood girls in individual events include Jaclyn Smith, Amy Finn, Megen Donovan, Christina Rios, Sharon Racine, Megan Gannon, Monica Cymerman, Nicole Lydon, Erin Olszak, Erin Lynn and Emily Andrews. Wood girls are also competing in the 200 medley relay, 200 freestyle relay and 400 freestyle relay.

The Easterns is the largest prep school aquatic event in the United States for both boys and girls swimming and diving competitions.