

PIAA District 12 - Official Meet Record

Yards / Meters

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Date: 2/6 Time: 5:30

Pool: Klinger

Home Team: Wood Girls

Visiting Team: Lansdale Catholic

Event	Time	LN	Swimmer Name	PL	Points	Points	PL	Swimmer Name	LN	Time
# 1 200 Medley Relay	2:25.15		K. Meyer					X. Gower		
			G. Becker					M. Conley		
			M. Marney					J. Matyjaszewski		
			J. Whelan					J. Vaina		
210.75			H. Fitzgerald							2:17.15
			O. Martini							
			J. Di Paolo							
			E. Ruzicka							
# 2 200 Free	2:10.53	1	E. Smith	2	7	14	4	J. Young	2	2:27.62
	2:07.15	4	T. Kane	1	14	4	3	A. Hall	5	2:18.27
# 3 200 IM	2:35.41	1	M. Kuc Cook	3	5	19	4	M. Conley	2	2:47.41
	2:17.59	4	G. Cochrane	1	19	7	2	J. GAZNIKE	5	2:19.44
# 4 50 Free	2:77.8	1	A. Davis	3	4	11	4	J. GABEL	2	2:77.5
	2:69.1	4	B. Kerins	2	11	4	1	B. AUSTINE	5	2:67.5
# 5 Diving 6 Dives	X	1	E. MacLeod		4	3		J.	2	
		4	C. Gifford		27	14			5	
# 6 100 Fly	1:04.88	1	B. Kerins	2	7	15				
	1:04.06	4	G. Cochrane	1	15	3	3	Jen Matyjaszewski	5	1:15.32
# 7 100 Free	1:05.62	1	E. Ruzicka	3	5	18	4	C. Rahmoo	2	1:09.69
	59.90	4	E. Smith	1	18	3	2	Katie Meyer	5	1:00.34
# 8 500 Free	6:02.10	1	M. Basgill	3	5	21	4	H. Husk	2	6:09.41
	5:15.06	4	T. Kane	1	21	3	2	J. Gierowski	5	5:37.81
					44	21				

Score Forward

Scoring System:	4/5 Lanes	6+ Lanes
Relays:	6,3,1	8,4,2
Individual:	4,3,1,0	6,4,3,2,1

ools of more than 6 lanes, only THREE swimmers from each team swim officially.

PIAA District 12 - Official Meet Record

GIRLS

Page 2

Home Team:

WOOD

Visiting Team:

Lewistown

44 21

Event	Time	LN	Swimmer Name	PL	Points	Points	PL	Swimmer Name	LN	Time	
# 9 200 Free Relay	238.66	1	E. Abecasis	4	4	1	3	J. And Velez	2	204.63	
			D. Walsh					C. Korman			
			T. Hoilo					T. Young			
			V. Hoilo					T. Gabel			
	157.13	4	C. Gannon	2	3	6	1	B. Augustine	5	150.57	
			J. Colbridge					K. Murphy			
			A. Young					A. Holsby			
			G. Cochrane					J. G. B. Kelly			
					47	28					
# 10 100 Back	112.88	1	M.K. Cook	3	5	3	-	-	2	N3	
	110.23	4	A. Fitzgerald	1	52	31	2	K. Murphy	5	110.69	
	# 11 100 Breast	120.47	1	B. McGrath			7	1	M. Conley	2	126.62
		129.06	4	A. Davis		52	38	2	B. Augustine	5	110.37
# 12 400 Free Relay	521.59	1	J. Hennessey		-	6	1	J. Gidycz	5	464.57	
			C. Loughrane					A. Huls			
			K. Katsenky					K. Murphy			
			C. Drab					B. Augustine			
	422.73	4	K. Halner		-						
			B. Deegan								
			E. Hudson								
			M. Basgali								
					-	1					
					-						
				-							

Final Score

Home Visitor

Winning Team:

WOOD

Score Keeper:

Dino Parnis

Referee:

Shig Gmy

Timer/Judge:

Emile Hest

GIRLS

Yards / Meters

Visiting Team

LANDALE CATHOLIC

11A



UNITED STATES DIVING OFFICIAL DIVING FORM



Diver's Name GAB GIOFFRE	Meet WOOD vs. Hubert vs. Landack	Place		
Federation/Club Affiliation ARCW WOOD	Site RIINGER	Men	Women	
City-State WARMISHER PA	Date Feb 6th 09	1M	3M	Platform
Diver's Signature Gab Gioffre	Diver's Coach	Preliminary	Semi-final	Final

DIVE NUMBER	POS A, B, C, D	DIVE DESCRIPTION						D.D.	JUDGES' SCORES									NET TOTAL	AWARD		
		FWD	BACK	REV	INW	1/2 TW	ARM		1	2	3	4	5	6	7	8	9				
1	301	C	DIVE		SOM		TW	CUT THRU	1.6	6.0	6.5	5.5							18.0	28	80
			S R	FLY	TUCK	PIKE	LAY	FREE													
2	201	A	FWD	BACK	REV	INW	1/2 TW	ARM	1.7	6.5	5.5	5.5							17.5	29	75
			DIVE		SOM		TW	CUT THRU													
			S R	FLY	TUCK	PIKE	LAY	FREE													
3	103	C	FWD	BACK	REV	INW	1/2 TW	ARM	1.4	6.5	6	6							18.5	29	60
			DIVE		SOM		TW	CUT THRU													
			S R	FLY	TUCK	PIKE	LAY	FREE													
4	401	B	FWD	BACK	REV	INW	1/2 TW	ARM	1.5	6.5	7.0	6.0							19.5	29	25
			DIVE		SOM		TW	CUT THRU													
			S R	FLY	TUCK	PIKE	LAY	FREE													
5	511	A	FWD	BACK	REV	INW	1/2 TW	ARM	1.8	6.5	6.5	6.5							19.5	35	10
			DIVE		SOM		TW	CUT THRU													
			S R	FLY	TUCK	PIKE	LAY	FREE													
6	402	C	FWD	BACK	REV	INW	1/2 TW	ARM	1.6	3	4.5	4.5							12.0	19	20
			DIVE		SOM		TW	CUT THRU													
			S R	FLY	TUCK	PIKE	LAY	FREE													
7			FWD	BACK	REV	INW	1/2 TW	ARM													
			DIVE		SOM		TW	CUT THRU													
			S R	FLY	TUCK	PIKE	LAY	FREE													
8			FWD	BACK	REV	INW	1/2 TW	ARM													
			DIVE		SOM		TW	CUT THRU													
			S R	FLY	TUCK	PIKE	LAY	FREE													
9			FWD	BACK	REV	INW	1/2 TW	ARM													
			DIVE		SOM		TW	CUT THRU													
			S R	FLY	TUCK	PIKE	LAY	FREE													
10			FWD	BACK	REV	INW	1/2 TW	ARM													
			DIVE		SOM		TW	CUT THRU													
			S R	FLY	TUCK	PIKE	LAY	FREE													
11			FWD	BACK	REV	INW	1/2 TW	ARM													
			DIVE		SOM		TW	CUT THRU													
			S R	FLY	TUCK	PIKE	LAY	FREE													

INSTRUCTIONS

1. Please print in completing all parts of the diving form.
2. The dive number and position (e.g. 101A, 5136D) are the official description of the dive.
3. All parts of the form must be completed and the diver must sign the form before it can be checked and approved by the Meet Officials.

ONE METER DIVING TABLE

T=Tuck F=Free S=Straight F=Free SS=Somersault

Order of Dives	Dive No.		T	P	S	F
		FORWARD DIVES				
101	Forward Dive	1.2	1.3	1.4		
102	Forward 1 SS	1.4	1.5	1.6		
103	Forward 1 1/2 SS	1.6	1.7			
104	Forward 2 SS	2.2	2.3			
105	Forward 2 1/2 SS	2.4	2.5			
106	Forward 3 SS	2.9				
107	Forward 3 1/2 SS	3.0	3.3			
112	Fwd. Flying 1 SS	1.6	1.7			
113	Fwd. Flying 1 1/2 SS	1.8	1.9			
		BACK DIVES				
201	Back Dive	1.5	1.6	1.7		
202	Back 1 SS	1.5	1.6	1.7		
203	Back 1 1/2 SS	2.0	2.3	2.5		
204	Back 2 SS	2.2	2.5			
205	Back 2 1/2 SS	3.0	3.2			
212	Flying Back 1 SS	1.6	1.7			
		REVERSE DIVES				
301	Reverse Dive	1.6	1.7	1.8		
302	Reverse 1 SS	1.6	1.7	1.8		
303	Reverse 1 1/2 SS	2.1	2.4	2.7		
304	Reverse 2 SS	2.3	2.6			
305	Reverse 2 1/2 SS	3.0	3.2			
312	Flying Reverse SS	1.7	1.8			
		INWARD DIVES				
401	Inward Dive	1.4	1.5	1.8		
402	Inward 1 SS	1.6	1.7			
403	Inward 1 1/2 SS	2.2	2.4			
404	Inward 2 SS	2.8				
405	Inward 2 1/2 SS	3.1	3.4			
412	Inward Flying SS	2.0	2.1			
413	Inward Flying 1 1/2 SS	2.7				
		TWIST DIVES				
5111	Fwd. Dive, 1/2 Twist		1.7	1.8		
5112	Fwd. Dive, 1 Twist		1.9	2.0		
5121	Fwd. 1 SS, 1/2 Twist		1.8	1.9	1.7	
5122	Fwd. 1 SS, 1 Twist				1.9	
5134	Fwd. 1 SS, 2 Twists				2.3	
5126	Fwd. 1 SS, 3 Twists				2.7	
5131	Fwd. 1 1/2 SS, 1/2 Twist	2.0	2.1			
5132	Fwd. 1 1/2 SS, 1 Twist				2.2	
5134	Fwd. 1 1/2 SS, 2 Twists				2.6	
5136	Fwd. 1 1/2 SS, 3 Twists				3.0	
5152	Fwd. 2 1/2 SS, 1 Twist	3.0	3.2			
5211	Back Dive, 1/2 Twist			1.8		
5212	Back Dive, 1 Twist			2.0		
5221	Back 1 SS, 1/2 Twist				1.7	
5222	Back 1 SS, 1 Twist				1.9	
5223	Back 1 SS, 1 1/2 Twists				2.3	
5225	Back 1 SS, 2 1/2 Twists				2.7	
5231	Back 1 1/2 SS, 1/2 Twist				2.1	
5233	Back 1 1/2 SS, 1 1/2 Twists				2.5	
5235	Back 1 1/2 SS, 2 1/2 Twists				2.9	
5251	Back 2 1/2 SS, 1/2 Twist	2.7	2.9			
5311	Reverse Dive, 1/2 Twist			1.9		
5312	Reverse Dive, 1 Twist			2.1		
5321	Reverse 1 SS, 1/2 Twist				1.8	
5322	Reverse 1 SS, 1 Twist				2.0	
5323	Reverse 1 SS, 1 1/2 Twists				2.4	
5325	Reverse 1 SS, 2 1/2 Twists				2.8	
5331	Reverse 1 1/2 SS, 1/2 Twist				2.2	
5333	Reverse 1 1/2 SS, 1 1/2 Twists				2.6	
5335	Reverse 1 1/2 SS, 2 1/2 Twists				3.0	
5411	Inward Dive, 1/2 Twist		1.7	2.0		
5412	Inward Dive, 1 Twist		1.9	2.2		
5421	Inward 1 SS, 1/2 Twist	1.7	1.8			
5422	Inward 1 SS, 1 Twist				2.1	
5432	Inward 1 1/2 SS, 1 Twist				2.7	
5434	Inward 1 1/2 SS, 2 Twists				3.1	

	Judges Scores					DD	Judges Total	Total Award
1	3.5	3.0	3.5			1.5	9.5	14.25
2	4.5	5.5	4.5			1.6	14.5	23.20
								31.45
3	3	2.5	2.5			2.2	8.0	17.60
								55.05
4	4.5	5.5	5.5			1.5	1.6	24.20
								79.85
5	7.5	7.5	7.0			3.2	1.6	35.20
								115.05
6	5.0	5.5	4.5			1.5	2.3	34.50
								149.55
7								
8								
9								
10								
11								
								149.55
								Total

DIVER'S SIGNATURE

COACH'S SIGNATURE

REFEREE'S SIGNATURE

MEET

DATE