

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

Event 1 Women 200 Yard Medley Relay**Record: 1:56.47 * 1/1998****Whitehall**

Team	Relay	Finals Time
1 Vernon Township High School	A	2:03.30
1) Bravenboer, Amy	2) Tomasula, Kim	4) Abner, Kelly
32.62 34.58 27.82 28.28		
2 High Point Regional High School	A	2:04.99
1) Ferlo, Nicole	2) Schreyer, Rebecca	4) Cotter, Eliza
31.53 35.45 30.85 27.16		
3 Pocono Mt. West	A	2:05.26
1) Merritt, Amber	2) Jordan, Liz	4) Scoppetta, Lucia
34.93 32.13 30.74 27.46		
4 Archbishop Wood High School	B	2:10.14
1) Horlacher, Amanda	2) Olszak, Erin M	4) Lutz, Laura E
33.13 37.26 29.66 30.09		
5 High Point Regional High School	B	2:10.58
1) Dunn, Brittany	2) Winfield, Kara	4) Sheldon, McKenzie
33.92 36.36 31.31 28.99		
6 Pocono Mountain East High School	A	2:11.41
1) Williams, Lori	2) Pankratz, Erika	4) Dilger, Monica
33.14 36.70 32.78 28.79		
7 High Point Regional High School	C	2:13.21
1) Ferlo, Emily	2) Schreyer, Kimberly	4) Martin, Madyson
35.62 36.20 32.38 29.01		
8 Vernon Township High School	B	2:13.89
1) Lalley, Blythe	2) Arahill, Meghan	4) Marinaro, Brittany
34.16 38.68 30.90 30.15		
9 Jths Swim Team	A	2:14.15
1) Dallicardillo, Samantha	2) Fahy, Jodi	4) Woomer, Susan
35.23 38.52 31.76 28.64		
10 Archbishop Wood High School	C	2:15.99
1) Yeung, Angela K	2) Cook, MariKate	4) Nelling, Laura B
37.50 38.23 32.87 27.39		
11 East Stroudsburg South	A	2:17.01
1) Johnson, Melody	2) Shaw, Amanda	4) Johnson, Aleda
32.89 37.85 33.81 32.46		
12 Kittatinny Regional High School	A	2:17.22
1) Hennessey, Caitlin	2) Welles, Michelle	4) Nader, Briana
37.56 35.50 34.20 29.96		
13 Stroudsburg High School	A	2:17.66
1) Bartolome, Giulienne	2) Keaney, Quinn	4) Mendez, Michelle
38.32 38.02 32.50 28.82		
14 Kittatinny Regional High School	B	2:18.42
1) Tomlinson, Abby	2) Tracey, Jill	4) Nugent, Danielle
34.95 39.36 34.31 29.80		
15 Pocono Mountain East High School	B	2:23.78
1) Mertz, Amanda	2) Pankratz, Stefani	4) Levitin, Emily
16 Pocono Mt. West	B	2:23.79
1) Frantz, Christine	2) Badik, Deanna	4) Adams, Maxine
39.04 42.93 31.26 30.56		
17 Kittatinny Regional High School	C	2:23.81
1) Taylor, Nicole	2) Galinski, Emileigh	4) Harp, Emily
38.98 40.28 34.61 29.94		

Winter Swim Clasic - 1/6/2007
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Results - All

(Event 1 Women 200 Yard Medley Relay)

Team	Relay	Finals Time
18 Pocono Mountain East High S	C	2:24.15
1) Seese, Melissa	2) Morgan, Caitlin	3) Blackmer, Amy
4.88 2:19.27		4) Hall, Kayla
19 East Stroudsburg North	A	2:24.50
1) Paredes, Veronica	2) Decker, Brittany	3) Cho, Lisa
44.19 35.78 33.41	31.12	4) Pilato, Chelsea
20 East Stroudsburg South	B	2:27.65
1) Ettinger, Sophia	2) Miller, Chrissy	3) Kearns, Ali
38.44 16.19 1:00.70	32.32	4) Finn, Rosie
21 Stroudsburg High School	B	2:28.10
1) Luna, Nicole	2) Kanaley, Kelly	3) Butz, Emily
37.63 41.86 37.09	31.52	4) Kanaley, Erin
22 East Stroudsburg North	B	2:29.51
1) Leone, Caitriona	2) Cruz, Priscilla	3) Haese, Amanda
38.32 39.43 39.09	32.67	4) Carter, Danae
23 Jths Swim Team	B	2:34.03
1) Lopes, Julie	2) Iaconetti, Nicole	3) Sparling, April
41.64 17.86 1:01.52	33.01	4) Simeone, Christina
24 Pocono Mt. West	C	2:39.76
1) Pintos, Jen	2) Smith, Stephanie	3) Angus, Erin
5.32 2:34.44		4) Majewski, Ashley
25 Stroudsburg High School	C	2:40.25
1) Niemann, Amie	2) Rios, Leanne	3) Martell, Mel
39.71 49.82 36.91	33.81	4) Woodson, Myia
26 Jths Swim Team	C	2:47.79
1) Johnson, Amanda	2) McLaughlin, Corrine	3) Cutter, Alissa
5.28 2:42.51		4) Nagy, Carly
27 East Stroudsburg North	C	2:47.84
1) Kulenty, Samantha	2) Barrieres, Kelly	3) Rawlinson, Charle
4.63 2:43.21		4) Gaeta, Samantha
--- Archbishop Wood High School	A	DQ
1) Rios, Christina A	2) Donovan, Megan T	3) Finn, Amy M
30.54 32.93 30.23	27.28	4) Gannon, Bridget

Event 2 Men 200 Yard Medley Relay

Record: 1:44.07 * 1/1998	Pottsville	Finals Time
Team	Relay	
1 High Point Regional High Sch	A	1:47.01
1) Greer, Shaun	2) Opilla, Corbin	3) Klaus, Dan
29.39 29.98 24.81	22.83	4) Vealey, Steve
2 Stroudsburg High School	A	1:49.95
1) Dougherty, Mike	2) Nilsen, Wayne	3) Donovan, Kevin
28.95 30.02 26.76	24.22	4) Vaca, Miguel
3 Father Judge High School	A	1:51.24
1) Moore, Nick	2) Kirwin, Sean	3) Quigley, Brian
28.47 30.92 26.87	24.98	4) Zielinski, Dan
4 East Stroudsburg South	A	1:51.56
1) Dayowan, Nick	2) Anger, Kyle	3) Pappalardo, Peter
30.20 28.11 28.68	24.57	4) Hess, Kyle
5 Archbishop Wood High School	A	1:54.73
1) Keller, David	2) Miller, Timothy J	3) McIntire, Ron E
29.12 32.68 28.79	24.14	4) Wright, John B

Winter Swim Clasic - 1/6/2007
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Results - All

(Event 2 Men 200 Yard Medley Relay)

	Team				Relay		Finals Time
6	Father Judge High School				B		1:55.49
	1) Konicki, Joseph				2) Ozimkiewicz, Kevin	3) Petrosky, Steven	4) Ozimkiewicz, Kyle
	31.10	31.45	26.60	26.34			
7	Pocono Mt. West				A		1:55.90
	1) Abbazio, Chris				2) Capotorto, Tom	3) Zangwill, Nik	4) Cavanaugh, Brian
	31.78	31.28	28.57	24.27			
8	Stroudsburg High School				B		1:57.83
	1) Pickarski, Chris				2) Fried, Brian	3) Bradley, Chris	4) Kanaley, Mark
	32.39	32.12	28.24	25.08			
9	Jths Swim Team				A		1:59.88
	1) Hanisch, Steven				2) Burdi, Alex	3) Brezina, Joseph	4) Bohdan, Dmitry
	33.49	34.01	29.01	23.37			
10	High Point Regional High Sch				B		2:02.23
	1) Martin, Sean				2) Fasino, Dominic	3) Klics, Mike	4) Bayconich, Nick
	31.63	33.49	27.62	29.49			
11	Father Judge High School				C		2:03.35
	1) Barth, Bryan				2) Field, Evan	3) Houser, Dan	4) Milligan, Brian
	34.62	34.27	29.99	24.47			
12	Pocono Mountain East High S				A		2:03.72
	1) Winston, Drew				2) Field, Tad	3) Kistler, Jay	4) Benson, Alex J
	33.54	34.00	31.07	25.11			
13	Pocono Mt. West				B		2:04.01
	1) Jaimes, Marco				2) Morris, Justin	3) Rizzo, Jerry	4) Young, Devon
	33.82	32.45	28.32	29.42			
14	East Stroudsburg South				B		2:04.18
	1) Finn, Dan				2) Arnold, Sam	3) Gherardi, Jim	4) Dennis, John
	34.20	34.81	30.24	24.93			
15	Kittatinny Regional High Sch				A		2:06.04
	1) Glowatski, Sean				2) Maniscalco, Christopher	3) Simpson, Dan	4) Cutler, Niles
	34.77	35.68	29.05	26.54			
16	High Point Regional High Sch				C		2:06.23
	1) Jones, Nathan				2) Kristiansen, Erik	3) Zabriskie, Jeremy	4) Jackson, Mark
	32.89	36.07	30.90	26.37			
17	East Stroudsburg North				A		2:07.37
	1) Pellington, Corey				2) Brower, Zach	3) Panesso, Diego	4) Bayer, Kyle
	31.87	38.02	30.64	26.84			
18	Stroudsburg High School				C		2:09.39
	1) Leinhauser, John				2) Alexander, Delvon	3) Michniewicz, Andy	4) Staskowski, Tom
	36.44	36.37	30.27	26.31			
19	Pocono Mountain East High S				B		2:10.13
	1) Hosie, Mark				2) Maysonet, Jonathan	3) Rosin-Costa, Cris	4) McDermott, Kevin
	34.88	36.94	31.31	27.00			
20	East Stroudsburg North				B		2:10.32
	1) Gambino, Vinny				2) Duffy, Jon	3) Gambino, Danny	4) Langston, Ashley
	32.55	37.29	33.45	27.03			
21	Kittatinny Regional High Sch				B		2:10.83
	1) Gargin, Frank				2) Bates, Andrew	3) Galinski, Michael	4) Carr, Dan
	33.45	36.41	35.48	25.49			
22	Jths Swim Team				B		2:16.43
	1) Hanisch, Leif				2) Burrafato, Jon	3) Allemand, Matt	4) Meyer, Patrick
	34.88	41.23	33.00	27.32			
23	Archbishop Wood High Scho				B		2:19.27
	1) Atras, Kyle W				2) Delvalle, Andre F	3) Reuter, Eric D	4) Lorditch, Thomas J
	37.55	40.23	29.76	31.73			

Winter Swim Clasic - 1/6/2007
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(Event 2 Men 200 Yard Medley Relay)

Team	Relay			Finals Time
24 Pocono Mountain East High S	C			2:21.31
1) LoDuca, Tim	2) Pirrocco, Nick	3) Nicolescu, Mike	4) Diver, Connor	
37.24 39.76 34.00	30.31			
25 East Stroudsburg South	C			2:23.48
1) Hess, Mike	2) Bartlett, Casey	3) Faryson, Rich	4) Favini, John	
40.27 42.84 32.00	28.37			
26 Pocono Mt. West	C			2:43.45
1) Alvarado, Abel	2) Adams, John	3) Learn, Jimmy	4) Mays, Brandon	
41.29 44.73 33.23	44.20			
--- East Stroudsburg North	C			DQ
1) Carter, Charles	2) Barrieres, Stefan	3) Streebel, Steven	4) Vasquez, Stephen	
43.72 43.69 34.72	29.09			
--- Jths Swim Team	C			DQ
1) McGuire, Matt	2) Di Fillipo, Chris	3) Knapp, Jeremy	4) Hutnik, Richard	
39.81 41.91 52.82	29.21			

Event 3 Women 200 Yard Freestyle

Record: 2:00.94 * 1/1993	M. Hast	Finals Time
Name	School	
1 Smith, Jaclyn M	Archbishop Wood High School	2:04.89
28.65 30.80 32.35	33.09	
2 Kuchinkas, Shelby	Stroudsburg High School	2:06.89
28.94 32.07 33.83	32.05	
3 Ferlo, Nicole	High Point Regional High Schoo	2:09.75
29.56 32.51 34.07	33.61	
4 Gnias, Rachael I	Archbishop Wood High School	2:14.06
31.57 34.51 34.18	33.80	
5 Abner, Kelly	Vernon Township High School	2:15.44
30.79 34.15 35.28	35.22	
6 Ferlo, Emily	High Point Regional High Schoo	2:17.77
32.08 35.04 35.55	35.10	
7 Basgil, Megan S	Archbishop Wood High School	2:18.67
32.12 35.74 36.14	34.67	
8 Refolo, Melissa	Pocono Mt. West	2:19.98
32.08 35.59 37.08	35.23	
9 Smith, Emily K	Archbishop Wood High School	2:20.57
32.96 36.14 36.17	35.30	
10 Schreyer, Rebecca	High Point Regional High Schoo	2:23.15
32.59 36.21 37.73	36.62	
11 Abramcheck, Alexann	Crestwood High School	2:23.46
32.74 36.90 37.27	36.55	
12 Cassar, Vicky	East Stroudsburg North	2:24.11
33.59 36.51 37.98	36.03	
13 Mendez, Michelle	Stroudsburg High School	2:24.29
32.15 36.98 38.55	36.61	
13 Smickley, Megan	Pocono Mountain East High Scho	2:24.29
32.64 36.83 38.39	36.43	
15 Acker, Erin	Vernon Township High School	2:25.83
33.87 37.24 37.59	37.13	
16 Suitch, Mollie	Crestwood High School	2:27.26
33.94 36.67 38.84	37.81	
17 Volpe, Jackie	Pocono Mt. West	2:28.87
33.35 37.44 39.12	38.96	

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 3 Women 200 Yard Freestyle)

	Name				School	Finals Time
18	Shaw, Amanda				East Stroudsburg South	2:29.29
	33.84	38.91	40.07	36.47		
19	Campbell, Erica				Kittatinny Regional High Schoo	2:31.00
	34.84	38.77	40.03	37.36		
20	Allshouse, Ashley				High Point Regional High Schoo	2:31.85
	34.01	37.96	40.07	39.81		
21	Pilato, Chelsea				East Stroudsburg North	2:32.61
	33.90	38.65	40.19	39.87		
21	Harp, Emily				Kittatinny Regional High Schoo	2:32.61
	35.23	37.77	1:19.61			
23	Couser, Christine				Vernon Township High School	2:35.59
	35.52	39.01	40.99	40.07		
24	Tracey, Kate				Kittatinny Regional High Schoo	2:39.15
	36.72	41.04	42.35	39.04		
25	Diehl, Rebeccah				East Stroudsburg South	2:39.28
	36.90	42.06	41.88	38.44		
26	Zarzecki, Nicole				Jths Swim Team	2:43.51
	37.04	42.44	43.67	40.36		
27	McGrath, Lauren				Kittatinny Regional High Schoo	2:45.42
	36.85	42.29	44.31	41.97		
28	Keaney, Quinn				Stroudsburg High School	2:46.26
	37.79	41.95	42.80	43.72		
29	Paccioretti, Katie				Jths Swim Team	2:46.44
	37.54	42.71	44.73	41.46		
30	Seese, Melissa				Pocono Mountain East High Scho	2:46.48
	32.35			48.90		
31	Finn, Rosie				East Stroudsburg South	2:48.88
	38.19	42.70	45.57	42.42		
32	Pessolano, Jennifer				Jths Swim Team	2:49.12
	37.50	43.90	44.81	42.91		
33	Justiano, Veronica				East Stroudsburg South	2:50.45
	36.86	42.93	46.30	44.36		
34	Johnson, Amanda				Jths Swim Team	2:50.83
	37.64	44.55	45.05	43.59		
35	Paredes, Veronica				East Stroudsburg North	2:52.56
	37.19	42.17	43.79	49.41		
36	Kulenty, Samantha				East Stroudsburg North	2:57.94
	37.70	45.08	46.86	48.30		
37	Woodson, Myia				Stroudsburg High School	3:06.22
	39.26	46.08	48.59	52.29		
38	Hatch, Jacqui				Pocono Mt. West	3:06.48
	39.66	46.82	51.05	48.95		

Event 4 Men 200 Yard Freestyle**Record: 1:47.78 * 1/1998****C. Grabowski - Pottsville**

	Name				School	Finals Time
1	Macaulay, Darby				Kittatinny Regional High Schoo	1:56.05
	26.40	29.38	29.91	30.36		
2	Woods, Kevin				East Stroudsburg North	1:57.96
	25.88	29.50	31.28	31.30		
3	Liguori, John				East Stroudsburg South	1:59.60
	26.81	29.30	31.70	31.79		

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 4 Men 200 Yard Freestyle)

	Name				School	Finals Time
4	Ozimkiewicz, Kevin				Father Judge High School	2:01.79
	27.97	31.37	32.85	29.60		
5	Donovan, Kevin				Stroudsburg High School	2:03.14
	27.31	31.57	32.39	31.87		
6	Hess, Kyle				East Stroudsburg South	2:05.62
	28.93	30.40	32.88	33.41		
7	Mitkus, Shawn				Father Judge High School	2:08.71
	28.77	31.89	34.17	33.88		
8	Kanaley, Mark				Stroudsburg High School	2:09.81
	28.95	31.75	34.84	34.27		
9	Jackson, Mark				High Point Regional High Schoo	2:10.97
	28.96	33.01	35.22	33.78		
10	Kristiansen, Erik				High Point Regional High Schoo	2:11.29
	28.52	33.73	34.79	34.25		
11	Gambino, Danny				East Stroudsburg North	2:13.60
	31.04			33.43		
12	Helbers, Andrew				East Stroudsburg South	2:15.58
	29.56	34.99	35.47	35.56		
13	McIntire, Ron E				Archbishop Wood High School	2:16.55
	28.82	33.05	36.96	37.72		
14	Michniewicz, Andy				Stroudsburg High School	2:17.69
	31.66	35.42	36.32	34.29		
15	Nicolescu, Mike				Pocono Mountain East High Scho	2:19.12
	31.03	35.21	36.57	36.31		
16	Favini, John				East Stroudsburg South	2:21.55
	32.56	36.45	37.23	35.31		
17	Glowatski, Sean				Kittatinny Regional High Schoo	2:22.65
	32.62	35.77	37.83	36.43		
18	Milligan, Brian				Father Judge High School	2:23.63
	29.91	34.51	1:19.21			
19	Malaney, Shawn				Father Judge High School	2:24.41
	31.41	35.72	36.46	40.82		
20	Meyer, Patrick				Jths Swim Team	2:27.51
	33.11	37.17	39.08	38.15		
21	Reuter, Eric D				Archbishop Wood High School	2:29.88
	32.59	37.76	40.67	38.86		
22	Vasquez, Stephen				East Stroudsburg North	2:30.12
	32.11	38.48	43.34	36.19		
23	Silva, Jared				Kittatinny Regional High Schoo	2:32.64
	32.89	38.68	41.34	39.73		
24	Young, Devon				Pocono Mt. West	2:33.46
	33.42	39.30	39.40	41.34		
25	Duffy, Jon				East Stroudsburg North	2:33.92
	32.51	38.32	42.17	40.92		
26	Alexander, Delvon				Stroudsburg High School	2:38.19
	34.61	40.08	43.05	40.45		
27	Manzo, Mike				Pocono Mt. West	2:38.79
	37.02			37.88		
28	Bamberger, Christian				Pocono Mt. West	2:39.37
	35.31	40.04	43.62	40.40		
29	McGuire, Matt				Jths Swim Team	2:41.17
	34.81	40.77	43.07	42.52		

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 4 Men 200 Yard Freestyle)

	Name		School	Finals Time
30	Atras, Kyle W		Archbishop Wood High School	2:46.67
31	Burrafato, Jon		Jths Swim Team	2:48.39
	35.40 43.13 46.83 43.03			
32	Hutnik, Richard		Jths Swim Team	2:48.85
	36.29 43.93 46.57 42.06			
---	Lawley, Mike		Father Judge High School	X2:10.44
	30.08 34.28 35.52 30.56			

Event 5 Women 200 Yard IM

Record: 2:15.84 * 1/5/2002 Sarah Keeley				Stroudsburg
	Name		School	Finals Time
1	Donovan, Megen T		Archbishop Wood High School	2:18.41
	31.80 35.60 38.70 32.31			
2	Shaw, Lauren		Vernon Township High School	2:23.36
	32.34 37.05 40.40 33.57			
3	Davis, Alyse A		Archbishop Wood High School	2:27.86
	32.32 38.93 43.21 33.40			
4	Rose, Jessica		Stroudsburg High School	2:29.17
	33.56 36.55 44.29 34.77			
5	Pickarski, Megan		Stroudsburg High School	2:32.94
	33.24 39.98 41.40 38.32			
6	Cook, MariKate A		Archbishop Wood High School	2:36.23
	34.51 39.98 46.31 35.43			
7	Grimm, Jessica		High Point Regional High Schoo	2:39.16
	33.11 40.62 46.54 38.89			
8	Williams, Lori		Pocono Mountain East High Scho	2:40.81
	34.71 39.65 48.45 38.00			
9	Seraut, Lauren		East Stroudsburg North	2:41.47
	38.18 40.56 46.32 36.41			
10	Mearkle, Kylie		High Point Regional High Schoo	2:41.68
	34.87 41.82 46.75 38.24			
11	Merritt, Amber		Pocono Mt. West	2:41.83
	36.34 40.34 49.31 35.84			
12	Jackson, Georgina		Stroudsburg High School	2:42.37
	34.81 42.30 49.17 36.09			
13	Johnson, Melody		East Stroudsburg South	2:43.04
	36.17 40.36 49.83 36.68			
14	Horlacher, Amanda		Archbishop Wood High School	2:43.79
	36.41 39.31 50.39 37.68			
15	Schreyer, Kimberly		High Point Regional High Schoo	2:43.94
	37.14 43.97 45.82 37.01			
16	Zeedyk, Kaitlyn		Vernon Township High School	2:44.26
	34.78 44.93 49.36 35.19			
17	Tomasula, Kim		Vernon Township High School	2:44.99
	39.26 42.07 44.64 39.02			
18	Tracy, Michelle		High Point Regional High Schoo	2:48.39
	37.02 43.04 49.15 39.18			
19	Cruts, Kaitlyn		Kittatinny Regional High Schoo	2:48.86
	34.81 43.71 48.17 42.17			
20	Dallicardillo, Samantha		Jths Swim Team	2:50.83
	35.57 43.35 53.55 38.36			
21	Hennessey, Caitlin		Kittatinny Regional High Schoo	2:57.45
	36.89 43.35 53.22 43.99			

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 5 Women 200 Yard IM)

	Name				School	Finals Time
22	Cruz, Priscilla				East Stroudsburg North	3:00.99
	37.22	49.82	51.72	42.23		
23	DeSandre, Ashley				Pocono Mt. West	3:02.23
	34.77	44.08	59.15	44.23		
24	Bartolome, Giulienne				Stroudsburg High School	3:04.65
	44.05	44.05	52.61	43.94		
25	Tracey, Jill				Kittatinny Regional High Schoo	3:05.37
	43.50	50.14	47.97	43.76		
26	Miller, Chrissy				East Stroudsburg South	3:06.79
	43.86	50.85	47.37	44.71		
27	Jackson, Rita				Jths Swim Team	3:07.73
	39.81	48.20	55.79	43.93		
28	Iaconetti, Nicole				Jths Swim Team	3:07.88
	45.12	47.24	51.90	43.62		
29	Taylor, Nicole				Kittatinny Regional High Schoo	3:09.91
	39.96	45.21	56.87	47.87		
30	Graham, Kari				Jths Swim Team	3:12.17
	42.57	50.49	56.86	42.25		
31	Ettinger, Sophia				East Stroudsburg South	3:27.71
	51.71	48.48	1:01.18	46.34		

Event 6 Men 200 Yard IM

Record: 1:57.18 * 12/1999					C.Grabowski -potsville	Pottsville H.S.
	Name				School	Finals Time
1	Kirwin, Sean				Father Judge High School	2:08.98
	28.67	33.15	37.98	29.18		
2	Klaus, Dan				High Point Regional High Schoo	2:09.93
	26.78	36.01	37.86	29.28		
3	Nilsen, Wayne				Stroudsburg High School	2:12.89
	29.32	35.98	36.52	31.07		
4	Lamore, Matt				Crestwood High School	2:13.89
	26.74	32.67	41.86	32.62		
5	Macaulay, Darby				Kittatinny Regional High Schoo	2:18.29
	29.08	35.01	42.32	31.88		
6	Ozimkiewicz, Kyle				Father Judge High School	2:21.84
	31.07	36.09	41.61	33.07		
7	Shaw, Dave				East Stroudsburg South	2:22.64
	29.45	37.14	43.20	32.85		
8	Capotorto, Tom				Pocono Mt. West	2:25.46
	29.19	38.48	42.53	35.26		
9	Rosin-Costa, Cris				Pocono Mountain East High Scho	2:26.68
	32.05	38.25	41.63	34.75		
10	McKeever, Mark				East Stroudsburg North	2:27.75
	30.87	40.09	43.17	33.62		
11	Liguori, John				East Stroudsburg South	2:28.43
	31.49	37.91	47.91	31.12		
12	Klics, Mike				High Point Regional High Schoo	2:29.76
	29.09	39.21	46.10	35.36		
13	Kistler, Jay				Pocono Mountain East High Scho	2:29.86
	33.01	38.19	45.27	33.39		
14	Pellington, Corey				East Stroudsburg North	2:29.89
	30.63	39.04	42.88	37.34		

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 6 Men 200 Yard IM)

	Name				School	Finals Time
15	Cutler, Niles				Kittatinny Regional High Schoo	2:30.32
	31.80	40.02	44.96	33.54		
16	Winston, Drew				Pocono Mountain East High Scho	2:31.86
	32.90	39.29	44.16	35.51		
17	Staskowski, Tom				Stroudsburg High School	2:33.20
	32.63	38.44	46.18	35.95		
18	Lamore, Peter				Crestwood High School	2:33.40
	31.62	37.08	47.11	37.59		
19	Field, Evan				Father Judge High School	2:34.31
	36.35	41.69	42.96	33.31		
20	Miller, Timothy J				Archbishop Wood High School	2:34.65
	33.17	43.35	41.53	36.60		
21	Leinhauser, John				Stroudsburg High School	2:35.10
	34.10	41.80	43.62	35.58		
22	Burdi, Alex				Jths Swim Team	2:38.71
	32.06	42.22	46.30	38.13		
23	Borowski, Greg				Father Judge High School	2:40.35
	32.60	41.02	46.21	40.52		
24	Jones, Nathan				High Point Regional High Schoo	2:41.47
	33.65	39.26	51.41	37.15		
25	Bayer, Kyle				East Stroudsburg North	2:41.75
	34.99	42.34	46.42	38.00		
26	Finn, Dan				East Stroudsburg South	2:45.96
	37.09	45.22	51.98	31.67		
27	Brower, Zach				East Stroudsburg North	2:46.43
	34.05	42.94	50.23	39.21		
28	Hanisch, Leif				Jths Swim Team	2:47.75
	37.36	41.61	53.71	35.07		
29	Hanisch, Steven				Jths Swim Team	2:48.93
	35.70	43.50	51.78	37.95		
30	Galinski, Michael				Kittatinny Regional High Schoo	2:49.59
	35.10	45.09	50.68	38.72		
31	Silva, Jared				Kittatinny Regional High Schoo	2:49.86
	34.57	45.81	51.49	37.99		
32	Burrafato, Jon				Jths Swim Team	3:11.23
	42.50	46.12	55.76	46.85		
33	Bartlett, Casey				East Stroudsburg South	3:21.83
	46.98	51.53	59.65	43.67		

Event 7 Women 50 Yard Freestyle

	Record:	24.51	*	1/7/2006	Kellyanne Tomasula	VERNON-
	Name				School	Finals Time
1	Jordan, Liz				Pocono Mt. West	25.67
2	Nunez, Carla				East Stroudsburg North	26.78
3	Rios, Christina A				Archbishop Wood High School	26.79
4	Cotter, Eliza				High Point Regional High Schoo	27.46
5	Frazier, Kristen				East Stroudsburg North	27.65
6	Pickarski, Rachel				Stroudsburg High School	27.78
7	Scoppetta, Lucia				Pocono Mt. West	27.89
8	Gannon, Bridget				Archbishop Wood High School	27.93
9	Bravenboer, Amy				Vernon Township High School	28.30
10	Fitzgerald, Erin				Notre Dame East Stroudsburg	28.40

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 7 Women 50 Yard Freestyle)

	Name	School	Finals Time
11	Johnson, Melody	East Stroudsburg South	28.55
12	Hutman, Rebecca	Jths Swim Team	28.61
13	Brunngraber, Erica	High Point Regional High Schoo	28.63
14	Badik, Deanna	Pocono Mt. West	28.78
15	Kenny, Jackie	Vernon Township High School	28.88
16	Gannon, Colleen	Archbishop Wood High School	29.04
17	Pankratz, Erika	Pocono Mountain East High Scho	29.14
18	Dilger, Monica	Pocono Mountain East High Scho	29.20
19	Tomlinson, Abby	Kittatinny Regional High Schoo	29.23
20	Woomer, Susan	Jths Swim Team	29.31
21	Levitin, Emily	Pocono Mountain East High Scho	29.49
22	Kirkos, Nicole	Vernon Township High School	29.60
23	Jacinto, Arianna	Kittatinny Regional High Schoo	29.62
24	Dunn, Brittany	High Point Regional High Schoo	29.65
25	Ruzicka, Emily A	Archbishop Wood High School	29.71
26	Sheldon, McKenzie	High Point Regional High Schoo	29.86
27	Nader, Briana	Kittatinny Regional High Schoo	30.11
27	Maron, Samantha	Jths Swim Team	30.11
29	Nugent, Danielle	Kittatinny Regional High Schoo	30.61
30	Riutort, Arielle	East Stroudsburg South	30.66
31	Librizzi, Alexa	Jths Swim Team	30.74
32	DeBacco, Veronica	Vernon Township High School	31.17
33	Kanaley, Erin	Stroudsburg High School	31.69
34	Morgan, Caitlin	Pocono Mountain East High Scho	31.75
35	Leone, Caitriona	East Stroudsburg North	31.99
36	Rivera, Enecia	East Stroudsburg South	32.45
37	Kanaley, Kelly	Stroudsburg High School	32.51
38	Smith, Stephanie	Pocono Mt. West	33.49
39	Miller, Chrissy	East Stroudsburg South	33.59
40	Huntzinger, Kali	Crestwood High School	34.17
41	Carter, Danae	East Stroudsburg North	34.38
42	Luna, Nicole	Stroudsburg High School	34.82
43	Inciti, Chelsea	Crestwood High School	40.46

Event 8 Men 50 Yard Freestyle

Record:	22.16 * 1/7/2006	Ian P Walsh	Panthers
	Name	School	Finals Time
1	Anger, Kyle	East Stroudsburg South	23.38
2	Vealey, Steve	High Point Regional High Schoo	23.49
3	Opilla, Corbin	High Point Regional High Schoo	23.68
4	Velez, Sebastian	East Stroudsburg North	23.83
5	Grzech, Adam	Crestwood High School	23.87
6	Bohdan, Dmitry	Jths Swim Team	23.99
7	Quigley, Brian	Father Judge High School	24.25
8	Morris, Justin	Pocono Mt. West	24.79
9	Wright, John B	Archbishop Wood High School	24.81
10	Petrosky, Steven	Father Judge High School	24.94
11	Vaca, Miguel	Stroudsburg High School	25.13
12	Hess, Kyle	East Stroudsburg South	25.19
13	Dennis, John	East Stroudsburg South	25.22
14	Benson, Alex J	Pocono Mountain East High Scho	25.31

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 8 Men 50 Yard Freestyle)

	Name	School	Finals Time
15	Fasino, Dominic	High Point Regional High Schoo	25.49
16	Carr, Dan	Kittatinny Regional High Schoo	25.82
17	Zielinski, Dan	Father Judge High School	25.87
18	Williams, Scott B	Archbishop Wood High School	25.90
19	Roskowski, Adam	Jths Swim Team	26.19
20	Brezina, Joseph	Jths Swim Team	26.32
21	Pappalardo, Peter	East Stroudsburg South	26.52
22	Bayconich, Nick	High Point Regional High Schoo	26.66
23	Bradley, Chris	Stroudsburg High School	26.94
24	McDermott, Kevin	Pocono Mountain East High Scho	26.95
25	Fried, Brian	Stroudsburg High School	26.96
26	Bayer, Kyle	East Stroudsburg North	27.31
27	Houser, Dan	Father Judge High School	27.34
28	Langston, Ashley	East Stroudsburg North	27.48
29	Soler, Eric	East Stroudsburg North	27.60
30	LoDuca, Tim	Pocono Mountain East High Scho	28.98
31	Learn, Jimmy	Pocono Mt. West	29.54
32	Diver, Connor	Pocono Mountain East High Scho	29.70
33	Atras, Kyle W	Archbishop Wood High School	30.66
34	Lorditch, Thomas J	Archbishop Wood High School	30.89
35	Snyder, Jake	Crestwood High School	31.60
36	Cruz, Manny	Stroudsburg High School	32.32
37	DeGraff, Gary	Kittatinny Regional High Schoo	34.31
38	Adams, John	Pocono Mt. West	35.30
39	Mays, Brandon	Pocono Mt. West	43.72
40	Knapp, Jeremy	Jths Swim Team	44.96
---	Lock, Tyler	Father Judge High School	X28.28
---	Ferry, Joe	Father Judge High School	X28.45
---	Jonas, Michael	Father Judge High School	X30.30
---	McHale, Bryan	Father Judge High School	X30.39

Event 11 Women 100 Yard Butterfly

	Record: 1:01.88 * 1/1998	J. Miller- Northampton	Northampton H.S.
	Name	School	Finals Time
1	Finn, Amy M 31.71 36.02	Archbishop Wood High School	1:07.73
2	Grimm, Jessica 33.64 35.74	High Point Regional High Schoo	1:09.38
3	Kerins, Bridget K 31.78 38.47	Archbishop Wood High School	1:10.25
4	Zeedyk, Kaitlyn 33.48 37.51	Vernon Township High School	1:10.99
5	Davis, Alyse A 33.51 37.84	Archbishop Wood High School	1:11.35
6	Abbazio, Lauren 32.26 39.13	Pocono Mt. West	1:11.39
7	Mearkle, Kylie 34.13 38.51	High Point Regional High Schoo	1:12.64
8	Gannon, Bridget 33.43 39.97	Archbishop Wood High School	1:13.40

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 11 Women 100 Yard Butterfly)

	Name	School	Finals Time
9	Smickley, Megan 35.17 38.24	Pocono Mountain East High Scho	1:13.41
10	Abramcheck, Alexann 36.22 38.45	Crestwood High School	1:14.67
11	Vealey, Monique 34.64 43.03	High Point Regional High Schoo	1:17.67
12	Schreyer, Kimberly 36.75 41.06	High Point Regional High Schoo	1:17.81
13	Dallicardillo, Samantha 35.76 42.26	Jths Swim Team	1:18.02
14	Marra, Gina 32.64 45.57	Jths Swim Team	1:18.21
15	Cruts, Kaitlyn 36.10 45.06	Kittatinny Regional High Schoo	1:21.16
16	Volpe, Jackie 35.33 46.00	Pocono Mt. West	1:21.33
17	Riutort, Arielle 37.87 45.01	East Stroudsburg South	1:22.88
18	Cho, Lisa 39.34 44.02	East Stroudsburg North	1:23.36
19	Butz, Emily 40.20 45.03	Stroudsburg High School	1:25.23
20	Kanaley, Erin 39.97 46.44	Stroudsburg High School	1:26.41
21	Happe, Kathryn 36.82 49.85	Pocono Mountain East High Scho	1:26.67
22	Angus, Erin 40.92 47.77	Pocono Mt. West	1:28.69
23	Haese, Amanda 41.87 47.33	East Stroudsburg North	1:29.20
24	Simonik, Toni 43.36 48.34	Pocono Mt. West	1:31.70
25	Martell, Mel 39.89 52.82	Stroudsburg High School	1:32.71
26	Markovic, Ashley 43.25 50.00	Kittatinny Regional High Schoo	1:33.25
27	Sparling, April 39.13 55.40	Jths Swim Team	1:34.53
28	Welles, Amelia 43.07 52.42	Kittatinny Regional High Schoo	1:35.49
29	Bartolome, Giulienne 43.95 53.17	Stroudsburg High School	1:37.12
30	DiMayo, Nicole 41.87 58.90	Kittatinny Regional High Schoo	1:40.77
31	Vegas, Melanie 46.11 1:00.04	East Stroudsburg South	1:46.15

Event 12 Men 100 Yard Butterfly

Record:	53.17 * 1/5/2002	Joseph Pilewski	PJNJ
	Name	School	Finals Time
1	Klaus, Dan 27.04 30.33	High Point Regional High School	57.37

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 12 Men 100 Yard Butterfly)

	Name	School	Finals Time
2	Lamore, Matt 27.19 31.35	Crestwood High School	58.54
3	Greer, Shaun 27.98 31.97	High Point Regional High Schoo	59.95
4	Klics, Mike 28.71 32.77	High Point Regional High Schoo	1:01.48
5	Quigley, Brian 28.67 34.84	Father Judge High School	1:03.51
6	Shaw, Dave 30.25 34.03	East Stroudsburg South	1:04.28
7	Donovan, Kevin 30.08 34.47	Stroudsburg High School	1:04.55
8	Petrosky, Steven 29.73 35.57	Father Judge High School	1:05.30
9	Velez, Sebastian 30.17 35.64	East Stroudsburg North	1:05.81
10	Pappalardo, Peter 29.93 36.05	East Stroudsburg South	1:05.98
11	Zangwill, Nik 29.66 36.34	Pocono Mt. West	1:06.00
12	Abbazio, Chris 29.60 36.47	Pocono Mt. West	1:06.07
13	Cavanaugh, Brian 29.08 37.04	Pocono Mt. West	1:06.12
14	McIntire, Ron E 30.23 37.27	Archbishop Wood High School	1:07.50
15	Simpson, Dan 31.29 36.39	Kittatinny Regional High Schoo	1:07.68
16	Brezina, Joseph 30.89 37.55	Jths Swim Team	1:08.44
17	Rizzo, Jerry 30.75 38.67	Pocono Mt. West	1:09.42
18	Bradley, Chris 30.65 38.94	Stroudsburg High School	1:09.59
19	Zabriskie, Jeremy 32.97 38.09	High Point Regional High Schoo	1:11.06
20	Field, Tad 32.32 38.77	Pocono Mountain East High Scho	1:11.09
21	Arnold, Sam 32.12 39.05	East Stroudsburg South	1:11.17
22	Panesso, Diego 33.44 39.87	East Stroudsburg North	1:13.31
23	Michniewicz, Andy 33.92 39.52	Stroudsburg High School	1:13.44
24	Houser, Dan 31.88 42.13	Father Judge High School	1:14.01
25	Azzara, Jason 35.04 40.15	Father Judge High School	1:15.19
26	Klopfenstein, Marc 35.71 41.47	Pocono Mountain East High Scho	1:17.18
27	Bates, Andrew 33.46 44.49	Kittatinny Regional High Schoo	1:17.95

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 12 Men 100 Yard Butterfly)

	Name	School	Finals Time
28	Roskowski, Adam 35.59 42.50	Jths Swim Team	1:18.09
29	Allemand, Matt 35.28 43.27	Jths Swim Team	1:18.55
30	Faryson, Rich 33.12 46.99	East Stroudsburg South	1:20.11
31	Hosie, Mark 36.07 44.20	Pocono Mountain East High Scho	1:20.27
32	Gambino, Danny 35.54 44.93	East Stroudsburg North	1:20.47
33	Galinski, Michael 36.16 48.07	Kittatinny Regional High Schoo	1:24.23
34	Duffy, Jon 40.01 48.13	East Stroudsburg North	1:28.14
---	Lee, Alexander 39.65 48.44	Kittatinny Regional High Schoo	DQ
---	Maysonet, Jonathan 41.53 52.99	Pocono Mountain East High Scho	DQ

Event 13 Women 100 Yard Freestyle

Record:	53.59 * 1/7/2006	Kellyanne Tomasula	VERNON-
Name		School	Finals Time
1	Smith, Jaclyn M 28.08 29.38	Archbishop Wood High School	57.46
2	Rios, Christina A 28.70 30.79	Archbishop Wood High School	59.49
3	Pickarski, Rachel 28.67 31.45	Stroudsburg High School	1:00.12
4	Cotter, Eliza 29.39 31.33	High Point Regional High Schoo	1:00.72
5	Gnias, Rachael I 29.83 32.09	Archbishop Wood High School	1:01.92
6	Fitzgerald, Erin 30.02 32.44	Notre Dame East Stroudsburg	1:02.46
7	Abbazio, Lauren 30.11 32.76	Pocono Mt. West	1:02.87
8	Brunngraber, Erica 30.98 31.90	High Point Regional High Schoo	1:02.88
9	Frazier, Kristen 30.95 32.63	East Stroudsburg North	1:03.58
10	Mendez, Michelle 30.39 33.36	Stroudsburg High School	1:03.75
11	Seraut, Lauren 31.40 32.88	East Stroudsburg North	1:04.28
12	Scoppetta, Lucia 30.92 33.54	Pocono Mt. West	1:04.46
13	Hutman, Rebecca 30.61 34.05	Jths Swim Team	1:04.66
14	Marra, Gina 31.35 33.46	Jths Swim Team	1:04.81
15	Tomlinson, Abby 30.80 35.01	Kittatinny Regional High Schoo	1:05.81

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 13 Women 100 Yard Freestyle)

	Name	School	Finals Time
16	Badik, Deanna 31.58 34.49	Pocono Mt. West	1:06.07
17	Jacinto, Arianna 31.90 34.41	Kittatinny Regional High Schoo	1:06.31
18	Slaff, Deena 31.76 34.95	Vernon Township High School	1:06.71
19	Levitin, Emily 33.03 33.75	Pocono Mountain East High Scho	1:06.78
20	Morton, Brielle 32.39 34.72	Vernon Township High School	1:07.11
21	Tracy, Michelle 32.40 34.92	High Point Regional High Schoo	1:07.32
22	Suitch, Mollie 32.99 34.42	Crestwood High School	1:07.41
23	Allshouse, Ashley 32.70 34.73	High Point Regional High Schoo	1:07.43
24	Pankratz, Stefani 33.45 34.22	Pocono Mountain East High Scho	1:07.67
25	Nugent, Danielle 33.25 35.31	Kittatinny Regional High Schoo	1:08.56
26	Lutz, Laura E 33.44 36.66	Archbishop Wood High School	1:10.10
27	McLaughlin, Corrine 34.08 36.67	Jths Swim Team	1:10.75
28	Couser, Christine 34.25 36.52	Vernon Township High School	1:10.77
29	Diehl, Rebecca 34.37 37.02	East Stroudsburg South	1:11.39
30	Riutort, Arielle 34.70 37.47	East Stroudsburg South	1:12.17
31	Johnson, Aleda 34.60 37.62	East Stroudsburg South	1:12.22
32	Leone, Caitriona 35.91 38.28	East Stroudsburg North	1:14.19
33	Hall, Kayla 34.39 40.09	Pocono Mountain East High Scho	1:14.48
34	Niemann, Amie 35.86 41.48	Stroudsburg High School	1:17.34
35	Kozlowski, Erica 35.20 43.42	Kittatinny Regional High Schoo	1:18.62
36	Rios, Leanne 38.13 41.48	Stroudsburg High School	1:19.61
37	Justiano, Veronica 37.02 42.66	East Stroudsburg South	1:19.68
38	Hatch, Jacqui 37.95 43.24	Pocono Mt. West	1:21.19
39	Lopes, Julie 39.01 42.22	Jths Swim Team	1:21.23
40	Huntzinger, Kali 42.02 46.77	Crestwood High School	1:28.79
41	Inciti, Chelsea 41.60 49.89	Crestwood High School	1:31.49

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

Event 14 Men 100 Yard Freestyle**Record: 49.03 * 12/1999**

Name		C. Grabowski-Pottsville School	Pottsville H.S. Finals Time
1	Anger, Kyle 24.86 26.73	East Stroudsburg South	51.59
2	Vealey, Steve 24.89 26.97	High Point Regional High Schoo	51.86
3	Keller, David 25.29 27.58	Archbishop Wood High School	52.87
4	Moore, Nick 26.08 27.43	Father Judge High School	53.51
5	Grzech, Adam 25.94 27.62	Crestwood High School	53.56
6	Bohdan, Dmitry 25.41 28.46	Jths Swim Team	53.87
7	Dougherty, Mike 25.49 28.78	Stroudsburg High School	54.27
8	Wright, John B 26.10 29.40	Archbishop Wood High School	55.50
9	Benson, Alex J 26.87 29.35	Pocono Mountain East High Scho	56.22
10	Martin, Sean 26.73 29.50	High Point Regional High Schoo	56.23
11	Velez, Sebastian 26.23 30.25	East Stroudsburg North	56.48
12	Hess, Kyle 27.44 29.09	East Stroudsburg South	56.53
13	Konicki, Joseph 27.31 30.37	Father Judge High School	57.68
14	Carr, Dan 28.53 29.39	Kittatinny Regional High Schoo	57.92
15	Zangwill, Nik 27.84 30.33	Pocono Mt. West	58.17
16	Shaw, Dave 28.09 30.22	East Stroudsburg South	58.31
17	Fasino, Dominic 27.44 31.26	High Point Regional High Schoo	58.70
18	Jackson, Mark 27.99 31.33	High Point Regional High Schoo	59.32
19	Pickarski, Chris 28.03 31.31	Stroudsburg High School	59.34
20	Milligan, Brian 27.58 32.20	Father Judge High School	59.78
21	McDermott, Kevin 28.23 31.75	Pocono Mountain East High Scho	59.98
22	Cutler, Niles 28.84 31.30	Kittatinny Regional High Schoo	1:00.14
23	McHale, Bryan 29.20 32.19	Father Judge High School	1:01.39
24	Meyer, Patrick 28.73 32.97	Jths Swim Team	1:01.70
25	Pappalardo, Peter 29.00 33.02	East Stroudsburg South	1:02.02

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 14 Men 100 Yard Freestyle)

	Name	School	Finals Time
26	Simpson, Dan 31.24 31.91	Kittatinny Regional High Schoo	1:03.15
27	Maniscalco, Christopher 31.66 32.59	Kittatinny Regional High Schoo	1:04.25
28	Panesso, Diego 30.83 33.64	East Stroudsburg North	1:04.47
29	Gambino, Vinny 31.30 33.83	East Stroudsburg North	1:05.13
30	Langston, Ashley 31.25 34.89	East Stroudsburg North	1:06.14
31	Klopfenstein, Marc 32.65 33.64	Pocono Mountain East High Scho	1:06.29
32	Learn, Jimmy 31.71 35.79	Pocono Mt. West	1:07.50
33	Alvarado, Abel 34.69 34.78	Pocono Mt. West	1:09.47
34	Hutnik, Richard 33.09 37.23	Jths Swim Team	1:10.32
35	McPherson, Scott 35.13 35.32	Pocono Mountain East High Scho	1:10.45
36	Cruz, Manny 33.22 38.07	Stroudsburg High School	1:11.29
37	Snyder, Jake 34.31 37.90	Crestwood High School	1:12.21
38	Jaimes, Marco 1:11.00 15.34	Pocono Mt. West	1:26.34
39	Knapp, Jeremy 46.08 54.74	Jths Swim Team	1:40.82
---	Leneghan, Kevin 28.88 33.23	Father Judge High School	X1:02.11
---	Lock, Tyler 30.11 34.00	Father Judge High School	X1:04.11
---	Ferry, Joe 31.30 35.02	Father Judge High School	X1:06.32
---	Stokley, Paul 32.21 37.15	Father Judge High School	X1:09.36
---	Barth, Bryan 32.57 37.04	Father Judge High School	X1:09.61
---	Jonas, Michael 33.20 36.47	Father Judge High School	X1:09.67
---	Lorditch, Thomas J 34.95 41.71	Archbishop Wood High School	DQ

Event 15 Women 500 Yard Freestyle

Record: 5:16.50 * 1/7/2006		Megan T Donovan	Archbishop Wood
Name	School	Finals Time	
1 Donovan, Megan T 29.61 32.08 32.70 32.86 33.29 33.84 33.13 33.64 33.31 32.42	Archbishop Wood High School	5:26.88	
2 Ferlo, Nicole 30.22 33.34 34.09 34.65 35.01 35.06 35.04 35.20 35.42 34.61	High Point Regional High Schoo	5:42.64	

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 15 Women 500 Yard Freestyle)

Name		School		Finals Time				
3	Finn, Amy M	Archbishop Wood High School						5:50.00
	31.79 34.80 35.36 36.19 36.18 36.58 35.74 35.91							
	34.63 32.82							
4	Kuchinskas, Shelby	Stroudsburg High School						5:50.41
	30.26 33.49 34.93 35.60 36.98 36.48 36.55 36.53							
	36.13 33.46							
5	Ferlo, Emily	High Point Regional High School						5:59.99
	32.89 35.92 36.59 36.84 36.52 37.31 36.63 36.95							
	35.97 34.37							
6	Welles, Michelle	Kittatinny Regional High School						6:13.63
	31.10 35.51 37.33 38.40 39.02 39.49 39.92 39.50							
	39.26 34.10							
7	Abner, Kelly	Vernon Township High School						6:13.85
	31.64 34.84 37.26 37.98 38.49 39.20 39.07 39.77							
	39.49 36.11							
8	Ubhaus, Jackie	Jths Swim Team						6:19.98
	32.38 36.53 37.99 38.64 39.27 39.64 39.77 39.45							
	37.35 38.96							
9	Slaff, Deena	Vernon Township High School						6:33.44
	33.68 36.34 40.04 41.37 40.72 40.87 40.55 40.97							
	40.48 38.42							
10	Cassar, Vicky	East Stroudsburg North						6:43.24
11	Pilato, Chelsea	East Stroudsburg North						6:45.04
12	Harp, Emily	Kittatinny Regional High School						7:06.22
	35.41 39.60 42.64 44.37 44.38 45.28							
	43.80 42.37							

Event 16 Men 500 Yard Freestyle

Record: 4:46.74 * 1/1998		C. Grabowski-Pottsville		Pottsville H.S.				
Name		School		Finals Time				
1	Macaulay, Darby	Kittatinny Regional High School						5:16.02
	27.77 31.37 32.06 32.52 32.53 32.21 32.16 31.91							
	32.39 31.10							
2	Zappile, Eddie	Jths Swim Team						5:23.48
	28.72 31.15 32.20 32.80 32.57 32.28 32.46 33.21							
	34.56 33.53							
3	Greer, Shaun	High Point Regional High School						5:23.63
	29.61 32.19 33.36 33.82 30.57 33.98 33.75 32.05							
	34.81 29.49							
4	Woods, Kevin	East Stroudsburg North						5:30.84
	27.97 31.51 32.02 33.64 34.00 34.30 34.80 34.68							
	34.22 33.70							
5	Liguori, John	East Stroudsburg South						5:33.98
	28.54 31.48 32.86 33.21 33.37 34.36 35.29 35.57							
	35.75 33.55							
6	Cavanaugh, Brian	Pocono Mt. West						5:38.85
	28.32 32.65 34.18 35.27 35.45 35.79 35.60 35.72							
	35.14 30.73							
7	Ozimkiewicz, Kyle	Father Judge High School						5:45.28
	29.82 33.36 34.61 35.32 36.15 35.73							
	1:08.98							

(Event 16 Men 500 Yard Freestyle)

Event 17 Women 200 Yard Freestyle Relay

Lakers

Finals Time

Team	Time			Rank	Time	Rank	Time	Rank	Time
1 Archbishop Wood High School	A			1:49.06					
1) Davis, Alyse A	2) Smith, Jaclyn M			3) Gannon, Bridget			4) Rios, Christina A		
28.13	26.93	27.57	26.43						
2 Stroudsburg High School	A			1:51.21					
1) Kuchinkas, Shelby	2) Pickarski, Megan			3) Rose, Jessica			4) Pickarski, Rachel		
27.40	29.19	27.43	27.19						
3 Pocono Mt. West	A			1:53.78					
1) Abbazio, Lauren	2) Scoppetta, Lucia			3) Badik, Deanna			4) Jordan, Liz		
29.92	28.52	29.54	25.80						
4 Vernon Township High School	A			1:54.19					
1) Abner, Kelly	2) Bravenboer, Amy			3) Kenny, Jackie			4) Shaw, Lauren		
29.24	28.77	29.09	27.09						
5 East Stroudsburg North	A			1:54.20					
1) Seraut, Lauren	2) Cassar, Vicky			3) Frazier, Kristen			4) Nunez, Carla		
29.55	29.60	27.73	27.32						
6 High Point Regional High School	A			1:54.38					
1) Cotter, Eliza	2) Brunngraber, Erica			3) Grimm, Jessica			4) Martin, Madyson		
28.09	29.10	28.45	28.74						
7 Jths Swim Team	A			1:56.46					
1) Woomer, Susan	2) Marra, Gina			3) Ubhaus, Jackie			4) Buglino, Carly		
29.64	29.55	28.72	28.55						
8 Pocono Mountain East High School	B			1:58.03					
1) Williams, Lori	2) Seese, Melissa			3) Blackmer, Amy			4) Seese, Nicole		
27.99	29.72	29.89	30.43						

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 17 Women 200 Yard Freestyle Relay)

Team	Relay				Finals Time				
9	High Point Regional High School				B				1:58.74
	1) Sheldon, McKenzie		2) Vealey, Monique		3) Ferlo, Emily		4) Tracy, Michelle		
	29.45	28.40	30.05	30.84					
10	Kittatinny Regional High School				A				1:59.08
	1) Nader, Briana		2) Tomlinson, Abby		3) Nugent, Danielle		4) Jacinto, Arianna		
	30.17	29.38	30.51	29.02					
11	East Stroudsburg South				A				2:01.20
	1) Johnson, Aleda		2) Shaw, Amanda		3) Riutort, Arielle		4) Johnson, Melody		
	33.45	28.87	30.80	28.08					
12	Vernon Township High School				B				2:03.09
	1) Morton, Brielle		2) Tedeschi, Jen		3) Zeedyk, Kaitlyn		4) Kirkos, Nicole		
	1:02.38	29.59	31.12						
13	High Point Regional High School				C				2:03.81
	1) Winfield, Kara		2) Allshouse, Ashley		3) Dunn, Brittany		4) Schreyer, Rebecca		
	33.63	30.35	29.66	30.17					
14	Pocono Mountain East High School				A				2:04.32
	1) Morgan, Caitlin		2) Pankratz, Stefani		3) Happe, Kathryn		4) Dilger, Monica		
	32.26	32.11	30.60	29.35					
15	East Stroudsburg North				B				2:05.78
	1) Cruz, Priscilla		2) Leone, Caitriona		3) Paredes, Veronica		4) Cho, Lisa		
	31.52	32.33	32.59	29.34					
16	Stroudsburg High School				B				2:06.84
	1) Mendez, Michelle		2) Niemann, Amie		3) Jackson, Georgina		4) Keaney, Quinn		
	29.16	32.28	30.24	35.16					
17	Vernon Township High School				C				2:07.74
	1) Arahill, Meghan		2) Couser, Christine		3) DeBacco, Veronica		4) Acker, Erin		
	33.90	32.87	30.68	30.29					
18	Kittatinny Regional High School				B				2:07.79
	1) Johnson, Danielle		2) DiMayo, Nicole		3) Welles, Amelia		4) Cruts, Kaitlyn		
	30.42	33.27	35.43	28.67					
19	Pocono Mountain East High School				C				2:11.15
	1) Smickley, Megan		2) Koert, Briana		3) Mertz, Amanda		4) Hall, Kayla		
	32.82	35.66	30.92	31.75					
20	Pocono Mt. West				B				2:12.71
	1) DeSandre, Ashley		2) Smith, Stephanie		3) Saltykova, Diana		4) Frantz, Christine		
	30.65	32.49	37.31	32.26					
21	Archbishop Wood High School				C				2:13.63
	1) Harney, Caitlin A		2) Kelly, Ashleen P		3) Drob, Chelsea P		4) Sutton, Lindsay A		
	33.09	15.91	18.37	1:06.26					
22	Archbishop Wood High School				B				2:13.99
	1) Ruzicka, Emily A		2) Tuscano, Nicole M		3) Keown, Kellina A		4) Fernandes, Cecilia M		
	29.49	37.13	31.75	35.62					
23	East Stroudsburg South				B				2:15.91
	1) Finn, Rosie		2) Frediani, Ashley		3) Kearns, Julie		4) Stephens, Cassandra		
	35.52	32.91	33.27	34.21					
24	East Stroudsburg North				C				2:16.65
	1) Carter, Danae		2) Jablonski, Amanda		3) Haese, Amanda		4) Pilato, Chelsea		
	32.88	36.97	35.46	31.34					
25	Stroudsburg High School				C				2:16.96
	1) Woodson, Myia		2) Kanaley, Kelly		3) Rios, Leanne		4) Martell, Mel		
	36.08	35.92	32.27	32.69					
26	Kittatinny Regional High School				C				2:19.36
	1) Saunders, Connie				3) Kozlowski, Erica		4) Charlton, Maggie		
	36.20	34.39	1:08.77						

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 17 Women 200 Yard Freestyle Relay)

Team	Relay	Finals Time
27 Jths Swim Team	C	2:22.35
1) Graham, Kari	2) Lopes, Julie	3) Iaconetti, Nicole
34.66 38.06 35.62	34.01	4) Paccioretti, Katie
28 East Stroudsburg South	C	2:29.37
1) Zean, Yasmine	2) Miller, Tiffany	3) Billanus, Natassja
37.06 15.71 18.94	1:17.66	4) Vegas, Diane
29 Pocono Mt. West	C	2:34.50
1) King, Jasmine	2) Grant, Euricia	3) Angus, Sammi
35.73 39.19 1:19.58		4) Simonik, Toni
--- Jths Swim Team	B	DQ
1) Librizzi, Alexa	2) Jackson, Rita	3) Maron, Samantha
32.65 28.73 30.58	29.04	4) Hutman, Rebecca

Event 18 Men 200 Yard Freestyle Relay**Record: 1:31.79 * 1/8/2005**

Father Judge High School
M Harner, C Prybella, M Rosenello, J Parker

Father Judge-

Team	Relay	Finals Time
1 High Point Regional High Sch	A	1:36.78
1) Klaus, Dan	2) Martin, Sean	3) Vealey, Steve
24.71 23.77 24.87	23.43	4) Opilla, Corbin
2 Father Judge High School	A	1:36.84
1) Quigley, Brian	2) Zielinski, Dan	3) Petrosky, Steven
24.22 24.81 24.38	23.43	4) Moore, Nick
3 Stroudsburg High School	A	1:38.60
1) Dougherty, Mike	2) Vaca, Miguel	3) Donovan, Kevin
24.88 24.59 24.90	24.23	4) Nilsen, Wayne
4 East Stroudsburg North	A	1:41.85
1) Velez, Sebastian	2) Bayer, Kyle	3) McKeever, Mark
24.52 26.83 26.14	24.36	4) Woods, Kevin
5 Pocono Mt. West	A	1:42.09
1) Capotorto, Tom	2) Morris, Justin	3) Zangwill, Nik
25.50 25.06 26.36	25.17	4) Cavanaugh, Brian
6 Jths Swim Team	A	1:42.51
1) Zappile, Eddie	2) Roskowski, Adam	3) Brezina, Joseph
26.29 26.14 25.86	24.22	4) Bohdan, Dmitry
7 Father Judge High School	B	1:43.07
1) Mitkus, Shawn	2) Ozimkiewicz, Kevin	3) Ozimkiewicz, Kyle
26.18 24.97 26.87	25.05	4) Konicki, Joseph
8 High Point Regional High Sch	B	1:43.72
1) Marks, Sean	2) Zabriskie, Jeremy	3) Bayconich, Nick
26.94 26.01 25.37	25.40	4) Fasino, Dominic
9 Archbishop Wood High School	A	1:43.91
1) Wright, John B	2) Williams, Scott B	3) Miller, Timothy J
25.51 26.52 27.73	24.15	4) Keller, David
10 Father Judge High School	C	1:45.03
1) McHale, Bryan	2) Milligan, Brian	3) Lawley, Mike
27.31 25.50 25.57	26.65	4) Leneghan, Kevin
11 East Stroudsburg South	A	1:45.68
1) Finn, Dan	2) Liguori, John	3) Pappalardo, Peter
25.61 26.57 26.57	26.93	4) Dennis, John
12 Stroudsburg High School	B	1:48.24
1) Staskowski, Tom	2) Kanaley, Mark	3) Bradley, Chris
27.39 26.59 27.81	26.45	4) Pickarski, Chris

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 18 Men 200 Yard Freestyle Relay)

	Team	Relay	Finals Time
13	Kittatinny Regional High School	A	1:48.53
	1) Silva, Jared	2) Cutler, Niles	3) Carr, Dan
	28.61 27.42 27.20	25.30	4) Macaulay, Darby
14	East Stroudsburg South	B	1:49.92
	1) Shaw, Dave	2) Dayowan, Nick	3) Helbers, Andrew
	26.37 28.96 29.00	25.59	4) Hess, Mike
15	East Stroudsburg North	B	1:52.19
	1) Brower, Zach	2) Duffy, Jon	3) Gambino, Vinny
	27.81 28.63 27.85	27.90	4) Langston, Ashley
16	Jths Swim Team	B	1:53.90
	1) Meyer, Patrick	2) Hanisch, Steven	3) Zappile, Chris
	27.88 29.54 26.83	29.65	4) Burdi, Alex
16	Stroudsburg High School	C	1:53.90
	1) Fried, Brian	2) Leinhauser, John	3) Michniewicz, Andy
	27.17 29.29 27.65	29.79	4) Alexander, Delvon
18	Kittatinny Regional High School	B	1:54.02
	1) Simpson, Dan	2) Gargin, Frank	3) Glowatski, Sean
	28.02 28.83 29.39	27.78	4) Maniscalco, Christopher
19	East Stroudsburg North	C	1:55.28
	1) Soler, Eric	2) Barrieres, Stefan	3) Panesso, Diego
	28.99 30.69 27.62	27.98	4) Vasquez, Stephen
20	Pocono Mt. West	B	1:57.22
	1) Rizzo, Jerry	2) Alvarado, Abel	3) Learn, Jimmy
	27.34 30.05 30.39	29.44	4) Young, Devon
21	East Stroudsburg South	C	1:58.18
	1) Zhuravlyov, Ivan	2) Favini, John	3) Skoranski, Allen
	29.34 30.07 31.07	27.70	4) Marcogleise, Dominick
22	Archbishop Wood High School	B	2:00.55
	1) Atras, Kyle W	2) Reuter, Eric D	3) Lorditch, Thomas J
	30.32 26.64 33.06	30.53	4) Delvalle, Andre F
23	Pocono Mountain East High School	A	2:00.92
	1) Diver, Connor	2) LoDuca, Tim	3) Nicolescu, Mike
	30.48 29.49 28.99	31.96	4) Pirrocco, Nick
24	Pocono Mountain East High School	B	2:02.30
	1) Klopfenstein, Marc	2) Maysonet, Jonathan	3) McKeown, Ryan
	28.50 30.52 30.24	33.04	4) McPherson, Scott
25	Pocono Mountain East High School	C	2:18.72
	1) Cozier, Kyle	2) Dilger, George	3) Maysonet, Steven
	37.89 32.87 39.73	28.23	4) Furino, Chris
26	Jths Swim Team	C	2:21.30
	1) Knapp, Jeremy	2) Di Fillipo, Chris	3) Hutnik, Richard
	47.49 32.38 31.17	30.26	4) Burrafato, Jon
27	Pocono Mt. West	C	2:23.74
	1) Bamberger, Christian	2) Mays, Brandon	3) Adams, John
	31.12 42.96 39.84	29.82	4) Manzo, Mike

Event 19 Women 100 Yard Backstroke

Record:	58.29 * 1/7/2006	Kellyanne Tomasula	VERNON-
Name		School	Finals Time
1	Rios, Christina A	Archbishop Wood High School	1:07.87
	33.08 34.79		
2	Ferlo, Nicole	High Point Regional High School	1:08.11
	33.17 34.94		

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 19 Women 100 Yard Backstroke)

	Name	School	Finals Time
3	Smith, Jaclyn M 33.96 35.81	Archbishop Wood High School	1:09.77
4	Rose, Jessica 33.84 36.94	Stroudsburg High School	1:10.78
5	Williams, Lori	Pocono Mountain East High Scho	1:11.17
6	Buglino, Carly 35.38 36.28	Jths Swim Team	1:11.66
7	Bravenboer, Amy 35.48 36.29	Vernon Township High School	1:11.77
8	Fitzgerald, Erin 34.49 37.37	Notre Dame East Stroudsburg	1:11.86
9	Abramcheck, Alexann 35.02 36.94	Crestwood High School	1:11.96
10	Horlacher, Amanda 34.38 37.59	Archbishop Wood High School	1:11.97
11	Johnson, Melody 35.88 38.06	East Stroudsburg South	1:13.94
12	Refolo, Melissa 37.12 38.51	Pocono Mt. West	1:15.63
13	Ferlo, Emily 37.16 38.57	High Point Regional High Schoo	1:15.73
14	Acker, Erin 37.36 38.77	Vernon Township High School	1:16.13
15	Lalley, Blythe 36.89 39.25	Vernon Township High School	1:16.14
15	Dunn, Brittany 36.43 39.71	High Point Regional High Schoo	1:16.14
17	Frazier, Kristen 37.78 39.34	East Stroudsburg North	1:17.12
18	Merritt, Amber 37.20 40.33	Pocono Mt. West	1:17.53
19	Martin, Madyson 38.49 40.83	High Point Regional High Schoo	1:19.32
20	Slaff, Deena 38.73 40.95	Vernon Township High School	1:19.68
21	Yeung, Angela K 38.82 42.27	Archbishop Wood High School	1:21.09
22	Cho, Lisa 39.75 41.66	East Stroudsburg North	1:21.41
23	Seese, Melissa 40.20 41.31	Pocono Mountain East High Scho	1:21.51
24	Johnson, Danielle 38.65 43.88	Kittatinny Regional High Schoo	1:22.53
25	Johnson, Amanda 40.62 42.63	Jths Swim Team	1:23.25
26	Winfield, Kara 40.28 43.05	High Point Regional High Schoo	1:23.33
27	Adams, Maxine 41.03 43.20	Pocono Mt. West	1:24.23
28	Seese, Nicole 41.20 43.09	Pocono Mountain East High Scho	1:24.29
29	Ettinger, Sophia	East Stroudsburg South	1:25.21

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 19 Women 100 Yard Backstroke)

	Name	School	Finals Time
30	Luna, Nicole	Stroudsburg High School	1:25.45
31	Paredes, Veronica 42.58 46.23	East Stroudsburg North	1:28.81
32	Niemann, Amie 43.82 45.91	Stroudsburg High School	1:29.73
33	Zarzecki, Nicole 42.90 48.40	Jths Swim Team	1:31.30
34	Nagy, Carly 45.88 47.67	Jths Swim Team	1:33.55
35	Angus, Erin	Pocono Mt. West	1:35.61
36	Barrieres, Kelly 43.77 52.21	East Stroudsburg North	1:35.98
37	Charlton, Maggie	Kittatinny Regional High Schoo	1:38.34
38	Stephens, Cassandra	East Stroudsburg South	1:39.32
39	Saunders, Connie 49.90 52.38	Kittatinny Regional High Schoo	1:42.28

Event 20 Men 100 Yard Backstroke

Record: 53.28 * 12/1999		C. Grabowski-Pottsville	Pottsville H.S.
	Name	School	Finals Time
1	Grzech, Adam 27.76 29.30	Crestwood High School	57.06
2	Lamore, Matt 28.21 30.71	Crestwood High School	58.92
3	Kirwin, Sean 29.18 30.40	Father Judge High School	59.58
4	Moore, Nick 31.35 31.30	Father Judge High School	1:02.65
5	Dougherty, Mike 30.98 31.85	Stroudsburg High School	1:02.83
6	Woods, Kevin 30.70 32.79	East Stroudsburg North	1:03.49
7	Dayowan, Nick 31.03 33.29	East Stroudsburg South	1:04.32
8	Zappile, Eddie 31.51 33.20	Jths Swim Team	1:04.71
9	Greer, Shaun 31.59 33.15	High Point Regional High Schoo	1:04.74
10	Vaca, Miguel 32.42 33.86	Stroudsburg High School	1:06.28
11	Martin, Sean 32.43 34.24	High Point Regional High Schoo	1:06.67
12	Konicki, Joseph 31.92 34.80	Father Judge High School	1:06.72
13	Zabriskie, Jeremy 33.60 34.96	High Point Regional High Schoo	1:08.56
14	Winston, Drew 34.37 34.23	Pocono Mountain East High Scho	1:08.60
15	Pellington, Corey 33.40 35.24	East Stroudsburg North	1:08.64
16	Lamore, Peter 34.29 35.19	Crestwood High School	1:09.48

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 20 Men 100 Yard Backstroke)

	Name	School	Finals Time
17	Lawley, Mike 34.64 35.05	Father Judge High School	1:09.69
18	Jones, Nathan 35.15 36.54	High Point Regional High Schoo	1:11.69
19	Abbazio, Chris	Pocono Mt. West	1:12.10
20	Gargin, Frank 35.04 37.47	Kittatinny Regional High Schoo	1:12.51
21	Staskowski, Tom 35.64 37.26	Stroudsburg High School	1:12.90
21	Finn, Dan 36.04 36.86	East Stroudsburg South	1:12.90
23	Vasquez, Stephen 36.54 36.94	East Stroudsburg North	1:13.48
24	Hanisch, Leif 35.82 38.17	Jths Swim Team	1:13.99
25	Allemand, Matt 35.48 38.74	Jths Swim Team	1:14.22
26	Gambino, Vinny 36.85 38.14	East Stroudsburg North	1:14.99
27	Snyder, Jake 36.72 38.87	Crestwood High School	1:15.59
28	Glowatski, Sean 37.09 38.52	Kittatinny Regional High Schoo	1:15.61
29	Jaimes, Marco 36.05 39.61	Pocono Mt. West	1:15.66
30	Rizzo, Jerry 37.30 39.03	Pocono Mt. West	1:16.33
31	Hanisch, Steven 37.07 39.60	Jths Swim Team	1:16.67
32	McKeown, Ryan 37.25 39.91	Pocono Mountain East High Scho	1:17.16
33	Hosie, Mark 38.06 39.34	Pocono Mountain East High Scho	1:17.40
34	Faryson, Rich 37.01 41.22	East Stroudsburg South	1:18.23
35	LoDuca, Tim 38.10 40.61	Pocono Mountain East High Scho	1:18.71
36	Leinhauser, John 39.94 39.86	Stroudsburg High School	1:19.80
37	Delvalle, Andre F 38.27 41.72	Archbishop Wood High School	1:19.99
38	Bamberger, Christian	Pocono Mt. West	1:24.79
39	Favini, John 41.72 44.03	East Stroudsburg South	1:25.75
40	Atras, Kyle W	Archbishop Wood High School	1:27.12
---	Barth, Bryan 36.66 39.01	Father Judge High School	X1:15.67
---	Malaney, Shawn 37.99 40.47	Father Judge High School	X1:18.46

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

Event 21 Women 100 Yard Breaststroke**Record: 1:09.32 * 1/7/2006**

Name		Megen T Donovan School	Archbishop Wood Finals Time
1	Donovan, Megen T 34.01 36.86	Archbishop Wood High School	1:10.87
2	Jordan, Liz 34.30 37.24	Pocono Mt. West	1:11.54
3	Shaw, Lauren 35.40 39.40	Vernon Township High School	1:14.80
4	Buglino, Carly 36.64 38.79	Jths Swim Team	1:15.43
5	Ubhaus, Jackie 36.46 39.35	Jths Swim Team	1:15.81
6	Pickarski, Megan 36.32 41.36	Stroudsburg High School	1:17.68
7	Davis, Alyse A 37.21 41.40	Archbishop Wood High School	1:18.61
8	Schreyer, Kimberly 37.54 41.59	High Point Regional High Schoo	1:19.13
9	Smith, Emily K 37.98 42.07	Archbishop Wood High School	1:20.05
10	Vealey, Monique 38.55 41.98	High Point Regional High Schoo	1:20.53
11	Schreyer, Rebecca 37.71 42.85	High Point Regional High Schoo	1:20.56
12	Welles, Michelle 37.67 42.95	Kittatinny Regional High Schoo	1:20.62
13	Winfield, Kara 38.04 42.74	High Point Regional High Schoo	1:20.78
14	Pankratz, Erika 38.75 42.82	Pocono Mountain East High Scho	1:21.57
15	Olszak, Erin M 38.40 44.69	Archbishop Wood High School	1:23.09
16	Decker, Brittany 39.36 43.92	East Stroudsburg North	1:23.28
17	Shaw, Amanda 39.75 44.51	East Stroudsburg South	1:24.26
18	Arahill, Meghan 40.95 44.39	Vernon Township High School	1:25.34
19	Wilson, Courtney 40.62 45.57	Kittatinny Regional High Schoo	1:26.19
20	Galinski, Emileigh 39.95 46.48	Kittatinny Regional High Schoo	1:26.43
21	Seraut, Lauren 40.68 45.85	East Stroudsburg North	1:26.53
22	Cruz, Priscilla 40.99 45.69	East Stroudsburg North	1:26.68
23	Tracey, Jill 41.01 45.73	Kittatinny Regional High Schoo	1:26.74
24	Johnson, Aleda 40.81 45.98	East Stroudsburg South	1:26.79
25	Keaney, Quinn 40.99 45.83	Stroudsburg High School	1:26.82

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 21 Women 100 Yard Breaststroke)

	Name	School	Finals Time
26	Miller, Chrissy 40.16 46.77	East Stroudsburg South	1:26.93
27	Fahy, Jodi 40.64 47.99	Jths Swim Team	1:28.63
28	Simeone, Christina 41.76 48.93	Jths Swim Team	1:30.69
29	Dilger, Monica 43.89 47.46	Pocono Mountain East High Scho	1:31.35
30	Suitch, Mollie 43.84 49.40	Crestwood High School	1:33.24
31	Kanaley, Kelly 44.77 48.86	Stroudsburg High School	1:33.63
32	Majewski, Ashley 45.48 51.61	Pocono Mt. West	1:37.09
33	Tomasula, Kim 35.54 1:03.19	Vernon Township High School	1:38.73
34	Inciti, Chelsea 47.83 53.07	Crestwood High School	1:40.90
35	Butz, Emily 49.58 51.87	Stroudsburg High School	1:41.45
36	Pintos, Jen 48.43 54.04	Pocono Mt. West	1:42.47
37	Haese, Amanda 49.00 55.06	East Stroudsburg North	1:44.06
---	Billanus, Natassja 47.25 54.90	East Stroudsburg South	DQ
---	Saltykova, Diana 46.67 56.78	Pocono Mt. West	DQ

Event 22 Men 100 Yard Breaststroke

Record:	1:00.54 * 1/7/2006	Ian P Walsh	Panthers
Name		School	Finals Time
1	Anger, Kyle 29.40 33.59	East Stroudsburg South	1:02.99
2	Nilsen, Wayne 31.24 35.71	Stroudsburg High School	1:06.95
3	Opilla, Corbin 32.15 36.89	High Point Regional High Schoo	1:09.04
4	Capotorto, Tom 32.03 37.18	Pocono Mt. West	1:09.21
5	Ozimkiewicz, Kevin 32.71 36.60	Father Judge High School	1:09.31
6	Keller, David 33.08 37.22	Archbishop Wood High School	1:10.30
7	Pickarski, Chris 33.95 38.50	Stroudsburg High School	1:12.45
7	Fried, Brian 34.05 38.40	Stroudsburg High School	1:12.45
9	Zappile, Chris 33.55 39.47	Jths Swim Team	1:13.02
10	Miller, Timothy J 33.93 39.45	Archbishop Wood High School	1:13.38

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 22 Men 100 Yard Breaststroke)

	Name	School	Finals Time
11	Field, Tad 34.82 39.02	Pocono Mountain East High Scho	1:13.84
12	Field, Evan 34.99 39.89	Father Judge High School	1:14.88
13	Azzara, Jason 35.66 39.85	Father Judge High School	1:15.51
14	McKeever, Mark 35.35 40.52	East Stroudsburg North	1:15.87
15	Gherardi, Jim 36.64 40.15	East Stroudsburg South	1:16.79
16	Morris, Justin 35.09 41.88	Pocono Mt. West	1:16.97
17	Burdi, Alex 36.59 40.64	Jths Swim Team	1:17.23
18	Pellington, Corey 36.20 41.14	East Stroudsburg North	1:17.34
19	Fasino, Dominic 36.15 41.80	High Point Regional High Schoo	1:17.95
20	Diver, Connor 37.20 41.10	Pocono Mountain East High Scho	1:18.30
21	Reuter, Eric D 36.22 42.12	Archbishop Wood High School	1:18.34
22	Bayer, Kyle 36.90 41.55	East Stroudsburg North	1:18.45
23	Maniscalco, Christopher 37.45 41.80	Kittatinny Regional High Schoo	1:19.25
24	Williams, Scott B 36.40 43.09	Archbishop Wood High School	1:19.49
25	Borowski, Greg 39.15 42.11	Father Judge High School	1:21.26
26	Maysonet, Jonathan 37.94 43.51	Pocono Mountain East High Scho	1:21.45
27	Lamore, Peter 39.87 42.40	Crestwood High School	1:22.27
28	Gargin, Frank 39.01 43.41	Kittatinny Regional High Schoo	1:22.42
29	Alexander, Delvon 38.47 44.27	Stroudsburg High School	1:22.74
30	Bates, Andrew 39.31 43.56	Kittatinny Regional High Schoo	1:22.87
31	Duffy, Jon 40.94 43.85	East Stroudsburg North	1:24.79
32	Marcogleise, Dominick 39.93 46.27	East Stroudsburg South	1:26.20
33	Pirrocco, Nick 40.94 47.00	Pocono Mountain East High Scho	1:27.94
34	McGuire, Matt 45.17 50.60	Jths Swim Team	1:35.77
35	Di Fillipo, Chris 45.36 51.50	Jths Swim Team	1:36.86
36	Adams, John 45.71 56.61	Pocono Mt. West	1:42.32

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 22 Men 100 Yard Breaststroke)

Name	School	Finals Time
--- Leneghan, Kevin 38.50 43.75	Father Judge High School	X1:22.25
--- Stokley, Paul 40.51 45.49	Father Judge High School	X1:26.00
--- Manzo, Mike 40.27 46.49	Pocono Mt. West	DQ
--- Hess, Mike 38.20 44.03	East Stroudsburg South	DQ

Event 23 Women 400 Yard Freestyle Relay**Record: 3:52.19 * 1/7/2006****MLhs Swim Team****Lakers****N Patracuolla, D Carrazza, K Finnegan, A Carrazza**

Team	Relay	Finals Time
1 Archbishop Wood High School 1) Smith, Jaclyn M 29.45 1:01.76 27.22 2) Finn, Amy M 57.36 28.85 1:00.94 3) Davis, Alyse A 27.46 58.24 4) Donovan, Megan T	A	3:58.30
2 Stroudsburg High School 1) Kuchinskis, Shelby 28.26 59.33 29.95 2) Pickarski, Megan 1:03.69 28.87 1:02.35 3) Rose, Jessica 28.19 1:00.15 4) Pickarski, Rachel	A	4:05.52
3 High Point Regional High School 1) Ferlo, Nicole 29.96 1:02.72 29.83 2) Grimm, Jessica 1:02.84 31.02 1:05.24 3) Brunngraber, Erica 29.89 1:02.88 4) Cotter, Eliza	A	4:13.68
4 Vernon Township High School 1) Abner, Kelly 29.99 1:02.10 31.91 2) Bravenboer, Amy 1:06.84 1:05.81 3) Zeedyk, Kaitlyn 29.57 1:01.14 4) Shaw, Lauren	A	4:15.89
5 Pocono Mt. West 1) Refolo, Melissa 31.18 1:05.27 30.49 2) Abbazio, Lauren 1:04.18 32.17 1:08.53 3) Scoppetta, Lucia 28.53 59.19 4) Jordan, Liz	A	4:17.17
6 Jths Swim Team 1) Ubhaus, Jackie 31.05 1:04.45 31.75 2) Dallicardillo, Samantha 1:07.31 29.82 1:04.62 3) Hutman, Rebecca 29.72 1:02.51 4) Buglino, Carly	A	4:18.89
7 Archbishop Wood High School 1) Gnias, Rachael I 31.52 1:06.31 29.67 2) Horlacher, Amanda 1:02.97 30.26 1:05.29 3) Ruzicka, Emily A 30.86 1:04.49 4) Gannon, Bridget	B	4:19.06
8 East Stroudsburg North 1) Seraut, Lauren 33.01 1:07.44 31.58 2) Pilato, Chelsea 1:06.86 30.60 1:04.20 3) Frazier, Kristen 29.33 1:00.94 4) Nunez, Carla	A	4:19.44
9 Kittatinny Regional High School 1) Jacinto, Arianna 31.85 1:07.00 1:08.36 2) Harp, Emily 1:39.58 38.77 3) Tomlinson, Abby 27.97 1:01.89 4) Welles, Michelle	A	4:27.24
10 High Point Regional High School 1) Allshouse, Ashley 32.80 1:08.22 32.70 2) Tracy, Michelle 1:07.67 31.86 1:08.24 3) Martin, Madyson 30.10 1:04.60 4) Sheldon, McKenzie	B	4:28.73
11 Pocono Mountain East High School 1) Williams, Lori 30.46 1:04.27 32.04 2) Dilger, Monica 1:09.03 33.60 1:08.02 3) Pankratz, Stefani 32.77 1:07.67 4) Pankratz, Erika	A	4:28.99
12 Vernon Township High School 1) Acker, Erin 32.48 1:08.17 31.13 2) Kenny, Jackie 1:05.06 32.72 1:09.73 3) Kirkos, Nicole 31.80 1:08.33 4) Tedeschi, Jen	B	4:31.29
13 Pocono Mt. West 1) Merritt, Amber 31.56 1:04.88 32.74 2) DeSandre, Ashley 1:09.67 35.46 1:14.86 3) Adams, Maxine 31.57 1:08.53 4) Badik, Deanna	B	4:37.94

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 23 Women 400 Yard Freestyle Relay)

	Team		Relay		Finals Time	
14	Vernon Township High School		C		4:39.82	
	1) Slaff, Deena	33.63	2) Lalley, Blythe	32.33	3) DeBacco, Veronica	4) Couser, Christine
	1:10.32	1:09.95	1:09.03	1:10.52		
15	Pocono Mountain East High School		B		4:40.03	
	1) Blackmer, Amy	34.33	2) Smickley, Megan	33.01	3) Levitin, Emily	4) Seese, Melissa
	1:09.80	1:10.96	1:08.24	1:11.03		
16	Kittatinny Regional High School		B		4:42.34	
	1) Nader, Briana	31.60	2) Johnson, Danielle	35.45	3) Markovic, Ashley	4) Wilson, Courtney
	1:08.00	1:07.19	1:13.54	1:13.61		
17	Archbishop Wood High School		C		4:44.28	
	1) Harney, Caitlin A	35.59	2) Gannon, Colleen	34.86	3) Lutz, Laura E	4) Basgil, Megan S
	1:15.30	1:08.35	1:13.94	1:06.69		
18	East Stroudsburg North		B		4:48.28	
	1) Cruz, Priscilla	34.91	2) Carter, Danae	35.64		4) Cassar, Vicky
	1:14.94	1:12.86	1:11.66	1:08.82		
19	Jths Swim Team		B		4:48.72	
	1) Jackson, Rita	34.23	2) Zarzecki, Nicole	33.34	3) Maron, Samantha	4) Woomer, Susan
	1:10.41	1:18.40	1:11.91	1:08.00		
20	Pocono Mountain East High School		C		4:51.30	
	1) Koert, Briana	34.30	2) Hall, Kayla	34.58	3) Happe, Kathryn	4) Seese, Nicole
	1:12.67	1:14.21	1:13.28	1:11.14		
21	Kittatinny Regional High School		C		4:55.48	
	1) Campbell, Erica	34.98	2) Hennessey, Caitlin	36.07	3) McGrath, Lauren	4) Tracey, Kate
	1:11.91	1:14.26	1:17.25	1:12.06		
22	Stroudsburg High School		B		5:10.53	
	1) Luna, Nicole	38.66	2) Kanaley, Erin	37.31	3) Niemann, Amie	4) Martell, Mel
	1:20.07	1:15.71	1:19.53	1:15.22		
23	East Stroudsburg South		A		5:12.58	
	1) Stephens, Cassandra	36.74	2) Ettinger, Sophia	35.28	3) Miller, Chrissy	4) Billanus, Natassja
	1:21.12	1:17.50	1:15.42	1:18.54		
24	Stroudsburg High School		C		5:13.03	
	1) Bartolome, Giulienne	35.13	2) Butz, Emily	36.58	3) Woodson, Myia	4) Rios, Leanne
	1:14.70	1:18.91	1:18.86	1:20.56		
25	Jths Swim Team		C		5:13.05	
	1) Sparling, April	34.56	2) Cutter, Alissa	33.51	3) McLaughlin, Corrine	4) Pessolano, Jennifer
	1:15.12	1:14.76	1:10.72	1:32.45		
26	East Stroudsburg North		C		5:18.84	
	1) Haese, Amanda	38.49	2) Jablonski, Amanda	38.39	3) Gaeta, Samantha	4) Paredes, Veronica
	1:19.02	1:23.55	1:21.29	1:14.98		
27	East Stroudsburg South		C		5:19.26	
	1) Kearns, Ali	35.85	2) Zean, Yasmine	35.66	3) Frediani, Ashley	4) Finn, Rosie
	1:16.50	1:24.03	1:17.27	1:21.46		
28	East Stroudsburg South		B		5:42.10	
	1) Miller, Tiffany	40.33	2) Vegas, Diane	33.03	3) Vegas, Melanie	4) Kearns, Julie
	1:23.80	1:45.01	1:18.16	1:15.13		
29	Pocono Mt. West		C		5:52.37	
	1) King, Jasmine	38.07	2) Angus, Sammi	22.05	3) Grant, Euricia	4) Frantz, Christine
	1:20.84	1:35.98	49.04	2:06.51		

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

Event 24 Men 400 Yard Freestyle Relay**Record: 3:25.95 * 1/2001****Father Judge H.S.****Sylvester,Sanderbeck,Williams,Frigo**

Team	Relay	Finals Time
1 High Point Regional High Sch	A	3:33.40
1) Klaus, Dan	2) Vealey, Steve	4) Martin, Sean
26.18 53.20 26.97	56.55 24.84 52.36	24.51 51.29
2 Stroudsburg High School	A	3:38.47
1) Dougherty, Mike	2) Donovan, Kevin	4) Nilsen, Wayne
26.19 55.29 25.79	54.04 25.83 55.80	25.53 53.34
3 Father Judge High School	A	3:39.55
1) Kirwin, Sean	2) Moore, Nick	4) Petrosky, Steven
25.91 53.92 26.18	55.21 25.60 53.65	26.83 56.77
4 East Stroudsburg South	A	3:47.81
1) Helbers, Andrew	2) Hess, Kyle	4) Anger, Kyle
27.53 57.21 27.84	1:02.42 26.23 55.74	25.09 52.44
5 Father Judge High School	B	3:47.82
1) Lawley, Mike	2) Konicki, Joseph	4) Mitkus, Shawn
28.27 58.77 27.31	57.06 26.10 55.21	27.29 56.78
6 Jths Swim Team	A	3:52.96
1) Zappile, Chris	2) Brezina, Joseph	4) Bohdan, Dmitry
28.97 1:01.95 28.71	1:01.11 26.69 56.31	25.76 53.59
7 East Stroudsburg North	A	3:53.56
1) Velez, Sebastian	2) Pellington, Corey	4) Woods, Kevin
27.02 56.93 29.09	1:00.81 27.89 1:01.14	25.33 54.68
8 High Point Regional High Sch	B	3:54.62
1) Greer, Shaun	2) Kristiansen, Erik	4) Zabriskie, Jeremy
27.16 56.40 28.12	59.91 27.08 1:02.43	25.60 55.88
9 Archbishop Wood High School	A	3:55.13
1) Keller, David	2) Miller, Timothy J	4) Wright, John B
27.13 56.60 29.39	1:02.81 27.72 59.15	26.03 56.57
10 Pocono Mt. West	A	3:56.49
1) Cavanaugh, Brian	2) Abbazio, Chris	4) Capotorto, Tom
26.51 55.87 28.73	1:01.56 27.81 59.63	27.48 59.43
11 Kittatinny Regional High Sch	A	4:00.60
1) Cutler, Niles	2) Carr, Dan	4) Macaulay, Darby
29.55 1:01.75 29.06	1:00.80 30.63 1:02.47	26.59 55.58
12 Pocono Mountain East High S	A	4:02.81
1) Benson, Alex J	2) Nicolescu, Mike	4) Field, Tad
27.65 57.73 30.59	1:04.02 29.81 1:01.06	29.00 1:00.00
13 Stroudsburg High School	B	4:03.82
1) Kanaley, Mark	2) Pickarski, Chris	4) Michniewicz, Andy
28.34 58.30 28.68	1:01.73 28.43 1:01.14	30.07 1:02.65
14 East Stroudsburg North	B	4:17.15
1) Gambino, Danny	2) Gambino, Vinny	4) Panesso, Diego
1:02.56 1:33.79 34.91	1:06.30 35.85	
15 Pocono Mountain East High S	B	4:18.75
1) Winston, Drew	2) McDermott, Kevin	4) Diver, Connor
29.90 1:02.12 28.52	1:00.99 31.03 1:06.13	32.84 1:09.51
16 Jths Swim Team	B	4:19.01
1) Meyer, Patrick	2) Hanisch, Steven	4) Roskowski, Adam
30.51 1:04.09 32.88	1:14.13 27.34 1:01.14	28.35 59.65
17 Stroudsburg High School	C	4:20.09
1) Leinhauser, John	2) Bradley, Chris	4) Alexander, Delvon
30.01 1:04.14 28.56	1:03.18 1:10.00	30.36 1:02.77

Winter Swim Clasic - 1/6/2007
Stroudsburg High School
Results - All

(Event 24 Men 400 Yard Freestyle Relay)

	Team			Relay			Finals Time		
18	Father Judge High School			C			4:22.65		
	1) Hajna, Alex	2) Milligan, Brian	3) McHale, Bryan	4) Lock, Tyler					
	31.48 1:06.47 28.32	1:01.68 29.23 1:04.35	33.41 1:10.15						
19	Pocono Mt. West			B			4:26.87		
	1) Rizzo, Jerry	2) Jaimes, Marco	3) Learn, Jimmy	4) Morris, Justin					
	29.06 1:02.41	1:13.36 33.71 1:11.99	26.80 59.11						
20	East Stroudsburg South			C			4:28.21		
	1) Faryson, Rich	2) Zhuravlyov, Ivan	3) Janes, Bryan	4) Arnold, Sam					
	30.21 1:03.47 34.01	1:14.10 30.12 1:04.79	30.61 1:05.85						
21	Kittatinny Regional High School			B			4:31.69		
	1) Simpson, Dan	2) Galinski, Michael	3) Glowatski, Sean	4) Maniscalco, Christopher					
	31.51 1:09.67 32.82	1:09.47 31.50 1:05.89	28.65 1:06.66						
22	Archbishop Wood High School			B			4:31.99		
	1) Reuter, Eric D	2) Delvalle, Andre F	3) Lorditch, Thomas J	4) Williams, Scott B					
	31.76 1:06.07 32.51	1:08.12 35.56 1:17.16	28.85 1:00.64						
23	East Stroudsburg North			C			4:33.20		
	1) Vasquez, Stephen	2) Streebel, Steven	3) Montante, Lou	4) Soler, Eric					
	30.38 1:07.81 32.74	1:10.21 31.44 1:08.74	31.82 1:06.44						
24	East Stroudsburg South			B			4:37.48		
	1) Favini, John	2) Skoranski, Allen	3) Marcogleise, Dominick	4) Hess, Mike					
	32.41 1:08.45 33.32	1:11.80 32.85 1:10.06	32.48 1:07.17						
25	Pocono Mt. West			C			4:48.92		
	1) Bamberger, Christian	2) Alvarado, Abel	3) Manzo, Mike	4) Young, Devon					
	31.63 1:08.75 33.57	1:10.31 36.67 1:17.40	33.14 1:12.46						
26	Jths Swim Team			C			4:51.05		
	1) Allemand, Matt	2) Hutnik, Richard	3) McGuire, Matt	4) Hanisch, Leif					
	32.35 1:09.88 36.34	1:16.58 37.36 1:18.54	30.85 1:06.05						
27	Pocono Mountain East High School			C			5:02.48		
	1) Maysonet, Steven	2) Klopfenstein, Marc	3) Dilger, George	4) Furino, Chris					
	33.57 1:11.94 40.39	1:25.31 37.69 1:16.88	34.03 1:08.35						

Women - Team Rankings - Through Event 24

1. Archbishop Wood High School	366	2. High Point Regional High School	246
3. Vernon Township High School	158	4. Stroudsburg High School	142
5. Pocono Mt. West	129	6. Jths Swim Team	76
7. East Stroudsburg North	69	8. Pocono Mountain East High School	51
9. Kittatinny Regional High School	27	10. Notre Dame East Stroudsburg	17
11. East Stroudsburg South	12	12. Crestwood High School	9

Men - Team Rankings - Through Event 24

1. Father Judge High School	260	2. High Point Regional High School	253
3. Stroudsburg High School	174	4. East Stroudsburg South	158
5. East Stroudsburg North	93	6. Jths Swim Team	88
7. Pocono Mt. West	73	7. Crestwood High School	73
9. Archbishop Wood High School	69	10. Kittatinny Regional High School	46
11. Pocono Mountain East High School	15		